Tel Hai
Redefining Retirement™

What's New

A newsletter for Residential Living

November 2026

JOIN US FOR THESE WEEKLY EVENTS:
***Unless otherwise noted by activity coordinator**
If bolded - new to the weekly events this month

EVERY MONDAY
Cottagers: Place trash out in evening for Tues. AM
10:00 AM – "Jesus in Judea" Bible Study: A/C
10:00 AM - 12:00 PM – Drop off donations and open for shopping at Resale Shop: HZ
11:00 AM – Shuffleboard: Tel Haven (1st floor)
3:00 PM – Crossword Puzzle Group: AOE
7:00 PM – Pinochle: HCSR
7:00-8:30 PM - Women's Walk-in Billiards GCC

EVERY TUESDAY
Trash pick-up day for cottages
8:00 – 10:30 AM – Woodcraft Shop is open. Bring your items that need repair: Drop off at WS
9:30 – 11:30 AM – Clinic Hours with Nurse Lisa: SCHS
10:00 AM – 12:00 PM – Men's Walk in Billiards: GCC
1:00 PM – GriefShare: SPDR
1:00 – 3:00 PM – Chess: HCSR
2:00 - 4:00 PM – Color with Me: DB
6:15 PM – Rummikub: DB
7:00 PM – Mindfulness Meditation: BS Theatre (2)
7:00 PM – Men's Bible Study "Jesus training his disciples, Mark's Gospel": HCR(2) (except 11/24)

EVERY WEDNESDAY
7:30 – 9:30 AM – Breakfast available: Garden Café
11:00 AM–Choir Rehearsal: A/C (except 11/25)
1:00 PM – Mahjong – all are welcome: Conservatory
1:30 PM – Practicing Painters (bring your supplies and enjoy the company of others): AOE
2:00-4:00 PM - Women's Walk-in Billiards GCC
7:00 PM – Bible Study w/ Dan MacDonald: CWPA Middle

EVERY THURSDAY
9:30 - 11:30 AM– Health Clinic with Nurse Lisa: Pool Office (GCC)
10:00 AM – 12:00 PM - Corner Pocket: SC
10:00 AM – Women's Community Bible Study: GVC
6:30 PM – Canasta: Daily Brew

EVERY FRIDAY
10:00 AM – 12:00 Noon – Men's Walk in Billiards: GCC
11:00 AM – Jesus in Galilee Bible Study: GR

EVERY SATURDAY
10:00 AM – 12:00 Noon - SC Corner Pocket
1:30 – 3:30 PM – Men's Walk in Billiards: SC
1:30 – 3:30 PM – Women's Walk-in Billiards: GCC

EVERY SUNDAY
9:00 AM – Chapel Service: CWPA & 1971
10:30 AM – Chapel Service: A/C & 1971

SUNDAY, NOVEMBER 1
9:00 AM – Chapel: CWPA or 1971
10:30 AM – Chapel: A/C or 1971
Message: Pastor Steve Wilson
Music: Danton Arlotto
2:00 PM – Remembrance Service: CWPA

MONDAY, NOVEMBER 2
8:00 AM – Shuttle to LabCorp – (sign up needed)
10:00 AM – 12:00 PM – Sewing Alterations: former GCC salon
12:00 PM – Lunch with Chaplain: SC Grill
1:00 PM – Shady Maple Shuttle – (sign up needed)
1:00-2:00 PM – Around the Table w/ Dining: SCBN

TUESDAY, NOVEMBER 3
Election Day
12:00 PM – Lunch with Chaplain: Garrett Cafe

WEDNESDAY, NOVEMBER 4
1:00 PM – Shuttle to Crops – (sign up needed)
2:00 PM – Fraud Prevention Seminar: CWPA

**Denotes volunteer shuttle is available for this event

THURSDAY, NOVEMBER 5
10:30 AM – Veteran's Coffee Hour: MDR
1:00 – 2:00 PM – Elliker Financial: MP
1:00 – 3:00 PM - Mobile ENT: SCHS Parking Lot
2:00 – 4:00 PM – Nimble Fingers: Conservatory

FRIDAY, NOVEMBER 6
1:30 PM – Ice Cream Social: Daily Brew

SUNDAY, NOVEMBER 8
9:00 AM – Chapel: CWPA or 1971
10:30 AM – Chapel: A/C or 1971
Message: Chaplain David Klingensmith
Music: Becky Sensenig
2:00 PM – Veteran's Day Program with Honey Brook Township and Borough: CWPA

MONDAY, NOVEMBER 9
1:00 PM – Shady Maple Shuttle – (sign up needed)
2:15 PM – LEC Speakers: Barbara & Bruce McCleary

TUESDAY, NOVEMBER 10
2:00 – 4:00 PM – Operation Christmas Child Packing Party: GVC
12:00 PM – Widows Enjoying Lunch (WEL): MDR

WEDNESDAY, NOVEMBER 11
2:00 – 4:00 PM – Operation Christmas Child Packing Party: GVC

FRIDAY, NOVEMBER 13
7:30 PM - PA Flute Choir: CWPA

SUNDAY, NOVEMBER 15
►Submissions for the December "What's New" are due. Submit to whatsnew@telhai.org
9:00 AM – Chapel: CWPA or 1971
10:30 AM – Chapel: A/C or 1971
Message: Chaplain David Hicks
Music: Ruthann Stevenson
7:00 PM – Hymn Sing: TSHR

MONDAY, NOVEMBER 16
10:00 AM – 12:00 PM – Sewing Alterations: AOE
1:00 PM – Shady Maple Shuttle – (sign up needed)
2:15 PM – LEC Speaker: Josh Horowitz
7:00 PM – Book Club at StoneCroft: Conservatory

TUESDAY, NOVEMBER 17
9:30 AM – Prayer Group: A/C

WEDNESDAY, NOVEMBER 18
1:00 PM – Walmart Shuttle – (sign up needed)
2:00 PM – Town Meeting: CWPA

THURSDAY, NOVEMBER 19
8:00 – 3:00 PM - Mobile ENT: SCHS Parking Lot
10:30 AM – Veteran's Brunch: MDR
1:30 PM – Rosary: A/C
2:00 PM – Catholic Mass: A/C
2:00 PM – 4:00 PM – Nimble Fingers: Conservatory
2:00 PM – Care Partner Support Group: HCR(2)

FRIDAY, NOVEMBER 20
9:00 AM – 1:00 PM – Resale Shop Open

Saturday, November 21
10:00 AM – 2:00 PM – Holiday Bazaar: CWPA

SUNDAY, NOVEMBER 22
9:00 AM – Chapel: CWPA or 1971
10:30 AM – Chapel: A/C or 1971
Message: Chaplain David Klingensmith
Music: Danton Arlotto

MONDAY, NOVEMBER 23
1:00 PM – Shady Maple Shuttle – (sign up needed)

TUESDAY, NOVEMBER 24
1:00 -2:30 PM–Facilities Roundtable: MP

WEDNESDAY, NOVEMBER 25
10:30 AM – Thanksgiving Eve Service with Tel Hai Choir: A/C
1:00 PM - Tech Time With Tim: MP
7:00 PM – Thanksgiving Eve Service with Tel Hai Choir: CWPA
1:00 PM – 2:30 PM – Facilities Roundtable: BN

SUNDAY, NOVEMBER 29
9:00 AM – Chapel: CWPA or 1971
10:30 AM – Chapel: A/C or 1971
Message: Chaplain David Klingensmith
Music: Virginia Patchel

MONDAY, NOVEMBER 30
1:00 PM – Shady Maple Shuttle – (sign up needed)

GENERAL ANNOUNCEMENTS & CAMPUS SPECIAL EVENTS

General Election
The General Election is November 3. Tel Hai is a polling place and voting will take place at the CWPA. Polls are open from 7:00 AM to 8:00 PM. Residents are encouraged to get out and vote – the least busy times are between 10:00 AM and 2:00 PM. Shuttle service is available from 8:00 AM – 12:00 Noon.

Train Room News
The Tel Hai Train Room, located on the 1st floor of Brownstone, will be closed as of November 1 in order to allow the members to prepare for the Christmas open houses. Please join us when we reopen the room for our open houses starting on Saturday, November 28 from 11 AM till 2 PM. Our open houses will also be held on December 5, 12, and 19 from 11 AM till 2 PM. Come and see our new additions we made during the year. See you then.

Holiday Bazaar:
Get a head start on your holiday shopping at Tel Hai's Holiday Bazaar on Saturday, November 21 from 10:00 AM to 2:00 PM! Browse a variety of unique gifts, handcrafted items, seasonal décor, and more from local vendors. Whether you're shopping for loved ones or treating yourself, you're sure to find something special.

Men's Tuesday Bible Study
They will meet November 3, 10 and 17 and will resume on January 5.

Silent Hero
A "Silent Hero" is recognized for their quiet acts of kindness that make our community such a special place: Dick Rutherford and Robert Zampitella. "The Bench Boys" are keeping the community benches clean.

Check Out The Trail
The trail maintenance team would like to invite everyone to explore the woodland trails. In particular, we would like to invite you to check out the new "spur" at the far end of the woodland trail that goes down to a creek. The trail begins across the bridge that leaves Rolling Hills Circle between cottage 607 and Scott's Pine Court.

Around the Table: A One-on-One with our Culinary Team
Monday, November 2, 1:00-2:00 PM, SC-Book Nook. We invite you to join us for our next one-on-one conversation with our culinary team! This is a fantastic opportunity to share your thoughts, ask questions, and offer feedback on your dining experience. Whether you have menu suggestions, dietary preferences, or want to connect with the team behind your meals, we'd love to hear from you. Let's work together to enhance your dining experience.

OPERATION CHRISTMAS CHILD PACKING PARTIES
Calling all Tel Hai residents! After months of preparation, it is finally time to pack the boxes! Come and help us finish strong for the 2026 project. Pack one box or several and touch children around the world with the love of Jesus. We have a goal of 400 boxes and will be packing over two days. We need volunteers to help assemble the boxes on Tuesday, November 10 and Wednesday, November 11 from 2:00 – 4:00 PM in GVC.
Box assembly team arrives at 12:00 Noon.
This is always an exciting time of ministry and fellowship and all are encouraged to participate.
Any Questions or Comments: Lew and Irene Weaver 484-796-4822

Care Partner Support Group
Care Partner Support Group meetings will be held on November 19th in the Scalies Private Dining Room at 2:00 PM (formerly on November 26th), and on December 17th in the Hillcrest Conference room at 2:00 PM (formerly on December 24th).

Grounds News
Please be sure to unhook your outside hoses so they do not freeze and leak into your house.
Also do not place any landscaping clippings of any sort in the trash containers. Place them by the edge of the driveway and notify facilities for pick up.

Going Away Overnight?
Please remember to fill out a vacation form on the Community App or leave a message at 610-273-2410 if you will be away overnight.

Nimble Fingers
Nimble Fingers, a group of residents who knit, crochet and do other needle arts, will meet Thursday, November 5 and November 19 in the Conservatory in Brownstone from 2:00 – 4:00 PM. All residents are invited to attend. Questions-Contact Meg Schreiter at 484-888-6047.

Book Club
The Book Club at StoneCroft will meet Monday, November 16, at 7:00 PM in the Conservatory in Brownstone. The book selected for discussion is THE SAINTS OF SWALLOW HILL by Donna Everhart. For information, please contact Jan Gauger, Greystone #3418; 610-787-0568.

Art Task Force Display Schedule:

November:

- StoneCroft: Greg Kohlmaier's shell collection
- Garrett: Resident ceramics

Clark Art Gallery: Donna Saurina - Drawings and Paintings

Winter Items Needed for Display Case

The Art Task Force is looking for winter decor or other winter items, like ice skates, to show in the Garrett display case during December and January. Please contact Erika Snyder at esnyder@telhai.org or ext. 2010 and tell her what you'd like to display.

WEL (Widows Enjoying Lunch)

Tuesday, November 10 at Noon: Magnolia Dining Room. Come and meet some of your neighbors. We meet on the 2nd Tuesday of the month at noon. Please bring your lunch and beverage or pick up something from the Garden Café. To make a reservation, contact fellow resident Bebe Holland at 610-999-7907 or email bebeholland28@gmail.com

What's New

The LAST DAY to submit articles for the December "What's New" is Sunday, November 15. Email your article to whatsnew@telhai.org

Billiards

Men's Walk-in Billiards -

Tuesdays and Fridays 10:00 AM-12:00 PM : Garrett Rec Room and Thursdays, 10:00 AM – 12:00 PM, Corner Pocket Monday thru Saturday 2:00 "On Cue Billiards" (SC)

contact Steve Wilson wilson2of7@gmail.com, 570-313-4431

Women's Walk-in Billiards:

Mondays, 7:00-8:30 PM – GCC Rec Room
Wednesdays, 2:00-4:00 PM – GCC Rec Room
Saturdays 10:00 AM – 12:00 PM - SC Corner Pocket
Saturdays, 1:30-3:30 PM - GCC Rec Room
Contact: Barbara Dooley, (610) 273-4756

Women's Autumn Tournament

Saturday, November 7
12:00 Noon - Garrett Gathering Room
Bring your own Lunch (beverage/dessert provided) 12:45 PM - Tournament begins - GCC Rec Room. Signup required by November 2.
Contact: Barbara Dooley (610) 273-4756

Volunteer Engagement Committee

The Volunteer Engagement Committee would like to thank the residents of Tel Hai for their donation of 725 food items for the Honey Brook Food Pantry. The items collected will be used to coincide with their Back to School Backpack drive. The food items will supplement their daily food needs. THANK YOU

WORSHIP

Bi-Annual Remembrance Service – Sunday, November 1

Join us as we remember those residents who passed away between January 1 and June 30, 2026 at a special service of remembrance on **Sunday, November 1 at 2:00 PM in the CWPA.**

Holiday Services

We kick-off the Holiday Season with two Thanksgiving Eve Services featuring our Tel Hai Choir – Join us **Wednesday, November 25 at 10:30 AM in the Chapel or 7:00 PM in the CWPA.** Then have some hot cocoa and enjoy singing a few Christmas Carols as we Light the Christmas Tree on **Wednesday, December 2 at 4:30 PM outside the parking area of Stonecroft.** For the first time ever our Tel Hai Choir will be presenting a Choir Concert Cantata called **"Breath of Heaven" on Wednesday, December 16 at 7:00 PM in the**

CWPA. And then celebrate the birth of Christ at our **Christmas Eve Candlelight Services on Thursday, December 24 at 10:30 AM in the Chapel and again at 3:00 PM in the CWPA.**

HEALTH & WELLNESS

What does a Speech-Language Pathologist do for our Tel Hai community?

When you hear "speech therapy," do you picture someone helping a person pronounce their R's? Speech therapy is SO much more than that!

A Speech-Language Pathologist (SLP) works with residents to help them communicate, think, eat, drink, and use their voices as safely and independently as possible.

"But I can talk just fine. Why would I need speech therapy?"

Cognition – memory, attention, problem-solving, organization, reasoning, and executive functioning

Communication – finding the right words, expressing thoughts, understanding information, or communicating after a stroke or other neurological change

Swallowing – evaluating and treating difficulty chewing or swallowing food and liquids, including helping determine the safest and most appropriate diet

Voice – improving vocal strength, clarity, endurance, breath support, and overall quality of the voice

Functional skills – managing medications, appointments, finances, schedules, technology, and other everyday tasks that rely on cognitive-communication skills. Caregiver support for strategies and techniques for success and prevent caregiver burnout.

If you would like to explore Speech-Language Pathology Services available to you here at Tel Hai, our team can be contacted at 610-273-9333 (x 2047) or chughes@telhai.org.

Financial Wellness Seminar – Fraud Prevention

Citadel Credit Union invites you to join a hands-on financial wellness session focused on fraud prevention, protecting personal information and recognizing common scams. This will be held on November 4 at 2:00 PM in the CWPA.

Tai Chi

The next session of Tai Chi will begin on November 5, 2026, and continue to December 17, skipping 11/26 & 12/3. All classes will be held in CWPA. This 5-week session will be $22 and will be billed directly to your Tel Hai account. All classes will be held on Thursdays with two options. Registration must be made with Gwynne and will be determined by the time of receipt. Please communicate class preference *(11:45AM-12:45 PM or 1:00-2:00PM)* when registering. Email is preferred: gjohnson@telhai.org or by phone at extension 2441.

Elliker Financial

Steve Elliker from Elliker Financial will be available for drop in questions on November 5th and December 4th at the GCC Mantel Pointe from 1:00 - 2:00 PM.

OnSite Dermatology

OnSite Dermatology is available for appointments in the SCHS. Call directly to schedule an appointment: 1-877-345-5300.

Massages in StoneCroft Health Suite:

Massages will be available in the StoneCroft Health Suite during November on the following dates: Mondays the 2, 9, 16, and 23 from 11:00 AM-3:00 PM. Friday the 13 from 11:00 AM-3:00 PM. Please contact Shelly Hansen at shellyinlight@verizon.net or 610-466-7733 to schedule an appointment.

Dr. Lori Wilde – Podiatry

Mondays in LVHS and Fridays in SCHS. Appointments required. Call Dr. Lori directly to schedule an appointment: 215-696-6078.

TRIPS

ADDITIONAL TRIPS (not by ATT, but by chartering a coach and led by member of trip committee)

Thursday, November 5 – Girls Night Out to Dutch Apple featuring *The Carole King Musical*

Friday, December 4 – American Music Theatre: Winter Wonderland

Tuesday, December 15 – American Music Theatre: Winter Wonderland

CONCERT SERIES**

Bus transportation from Garrett provided for all concerts.

Friday, November 13 @ 7:30 PM – Pennsylvania Flute Choir: CWPA

Experience the beautiful sounds of the flute with the Pennsylvania Flute Choir! This talented ensemble brings together flutists from across the region to perform a diverse selection of music, from classical favorites to contemporary arrangements. Join us for an evening of beautiful melodies, musical expression, and the unique sound of a flute ensemble.

Wednesday, December 9 @ 7:30 PM – Chester County Choral Society: CWPA

Prepare for an inspiring musical experience with the Chester County Choral Society! Founded in 1973, this auditioned community chorus brings together talented singers from across the region to celebrate the beauty and diversity of choral music. Their repertoire spans classical masterworks, contemporary compositions, musical theatre, popular songs and more! Join us as they share their passion for singing and bring the power of music to Tel Hai!

Friday, December 18 @ 7:30 PM – Brandywine String Quartet: CWPA

Enjoy an evening of beautiful chamber music with the Brandywine String Quartet! Founded in 2022 by four colleagues and music educators, this talented ensemble combines traditional string quartet repertoire with accessible musical selections. Their performances reflect a passion for both musical artistry and education, offering audiences an opportunity to experience the richness and versatility of chamber music. We look forward to welcoming them to Tel Hai for an evening of exceptional music!

Wednesday, January 6 @ 7:30 PM – Temple Avenue Band: CWPA

Get ready for an entertaining evening of Jazz with the Temple Avenue Band! Featuring a lively blend of jazz standards, swinging rhythms, and timeless favorites. Join us for an enjoyable musical experience filled with great melodies, toe-tapping rhythms, and the unmistakable charm of jazz.

LIFE ENRICHMENT COMMITTEE Lectures – all in the CWPA at 2:15 PM. Shuttle provided for all lectures, call 484-798-3057.

Life Enrichment Update

The Life Enrichment Speaker Series will take a brief hiatus following our November 16 presentation. We will return on January 11 with Delaware Master Naturalist Andrea McGhee, who will share her research on the fascinating horseshoe crab!

Monday, November 9 – Bruce & Barbara McCleary: Travelogue of Northern Italy

Join Tel Hai's very own Bruce & Barbara McCleary as they take us on an Armchair Travelogue of their recent trip to Northern Italy. Visit Stresa on Lake Maggiore, the Italian Riveria, Cinque Terre, Tuscany, Florence, San Gimignano, Siena, Bologna, and Venice!

Monday, November 16 – Josh Horowitz: History of the Auburn Valley

Josh Horowitz serves as the Public Programs and Events Manager at the Marshall Steam Museum at Auburn Heights, where he manages and develops hands-on programs that explore the intersections of history and technology. Josh holds a B.A in History with minors in Anthropology and Classical and Mediterranean Studies from Penn State University.

Monday, January 11 – Andrea McGhee: Horseshoe Crab

Join us as Delaware Master Naturalist Andrea McGhee presents her research on one of Nature's oldest survivors, the Horseshoe Crab!

FOR YOUR INFORMATION

**Denotes volunteer shuttle is available for this event

- A complete calendar of events is located on the Community App! Check it out on your smartphone, tablet, or computer!
- Tune to **Channel 1970** for the daily information slides.
- Tune to **Channel 1971** for live streaming of Sunday chapel services. All other programs will be only in-person unless otherwise noted.
- At the time of publication, this edition of ***What's New*** is as accurate as possible. Any corrections required**,** will be shown on Channel 1970.

ABBREVIATIONS KEY

Garrett CC, Lakeview and Healthcare Center

A/C – Auditorium/Chapel
AZSQ – Azalea Square Dining Room
DB – Daily Brew
FR – Friendship Room (3rd fl. Hillcrest)
FTR – Fitness Room
GCC – Garrett Community Center
GR – Gathering Room
HCR(2) –Hillcrest Conference Room (2nd floor)
HCRR – Hillcrest Rec Room (Billiards Room)
HCSR – Hillcrest Social Room (4th floor)
HCC – Health Care Center
HZ – Hertzler
LV – Lakeview
LVDR – Lakeview Drawing Room
LVHS – Lakeview Health Suite
MP – Mantel Pointe (fireplace in GCC)
MDR – Magnolia Dining Room
RBC – Resident Business Center
TH – Tel Haven
THSR – Tel Haven Social Room

StoneCroft (SC) – Ground Floor

SCHS – StoneCroft Health Suite & Therapy area
SCAC – StoneCroft Aquatics Center & Pool
SCWFR – StoneCroft Watson Fitness Room
SCGER – StoneCroft Group Exercise Room
SCBN – StoneCroft Book Nook

StoneCroft (SC) – 1st Floor

AOE – Art of Everything Room
CP – Corner Pocket
FCC – Fireside Ceramics Center (includes pottery)
SPDR – Scalies Private Dining Room
BN – The Book Nook
CWPA – Center for Worship & Performing Arts
SC Dining Area – SC Grille (informal)
SC Outdoor Patio – The Terrace
RBC – Resident Business Center

Brownstone

Train Room – 1st Floor
Theater – 2nd Floor
Textile Arts Room – 3rd Floor
Conservatory – 4th floor

Grandview Commons (GVC) – across from SC
Hillside Amenities – bocce, tennis, pickleball court

SCAC and GCCP
November 2026 Calendar

SCAC = StoneCroft Aquatics Center GCCP = Garrett Community Center Pool

Check for updates at the following sources:
Phone Hotline 610-273-4050 · Channel 1970 · Tel Hai's Facebook Page · SCAC Entrance Signs · www.telhai.org/stonecroft-aquatics-center

SCAC + GCCP Closed Thursday, November 26th Thanksgiving Day
There will be no classes Thursday, November 26th or Friday, November 27th

Modified Hours on Friday, November 27th
SCAC 7:30AM - 12:00PM **GCCP** 7:30AM - 9:30AM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Pool + Lap Swim	**SCAC** 7:30AM - 12:00PM 12:30PM - 3:00PM **GCCP** 7:30AM - 9:30AM	**SCAC** 7:30AM - 12:00PM 1:00PM - 7:30PM **GCCP** 1:00PM - 2:15PM	**SCAC** 7:30AM - 12:00PM 1:00PM - 6:00PM **GCCP** 7:30AM - 9:30AM	**SCAC** 7:30AM - 12:00PM 1:00PM - 7:30PM **GCCP** 1:15PM - 2:15PM	**SCAC** 7:30AM - 12:00PM 12:30PM - 3:00PM **GCCP** 7:30AM - 9:30AM	**SCAC** 7:30AM - 12:00PM **GCCP** 9:00AM - 11:00AM	**SCAC** Closed **GCCP** Closed
Aqua Fitness Classes	**SCAC** **Aqua Aerobics** 9:30AM - 10:30AM **Arthritis** 10:30AM - 11:30AM **GCCP** **Aqua Aerobics** 9:30AM - 10:30AM **Arthritis** 10:30AM - 11:30AM	**SCAC** **Aqua Spin** 8:00AM - 8:45AM Pre-Registration Required **Deep Water** 9:00AM - 9:45AM **SAF Aqua Drums** 9:45AM - 10:15AM Pre-Registration Required **Aqua Spin** 2:00PM - 2:45PM Pre-Registration Required **GCCP** None	**SCAC** **Aqua Aerobics** 9:30AM - 10:30AM **Arthritis** 10:30AM - 11:30AM **Circuit/Interval** 2:15PM - 2:45PM **GCCP** **Aqua Aerobics** 9:30AM - 10:30AM **Arthritis** 10:30AM - 11:30AM **Ai Chi** 1:00PM - 1:30PM	**SCAC** **Aqua Spin** 8:00AM - 8:45AM Pre-Registration Required **Deep Water** 9:00AM - 9:45AM **SAF Aqua Drums** 9:45AM - 10:15AM Pre-Registration Required **GCCP** None	**SCAC** **Aqua Aerobics** 9:30AM - 10:30AM **Arthritis** 10:30AM - 11:30AM **GCCP** **Aqua Aerobics** 9:30AM - 10:30AM **Arthritis** 10:30AM - 11:30AM	**SCAC** **Deep Water** 9:00AM - 9:45AM **SAF Aqua Drums** 9:45AM - 10:15AM Pre-Registration Required **GCCP** None	**SCAC** None **GCCP** None
GCCP Volleyball	None	**Resident** 2:30PM - 3:30PM	None	**Resident** 2:30PM - 3:30PM	None	None	None
SCAC Lessons + Swim Team	3:30PM - 6:30PM **Swim Team**	3:45PM - 7:15PM **Swim Lessons**	5:45PM - 8:00PM **Swim Team**	3:45PM - 7:15PM **Swim Lessons**	3:30PM - 5:00PM **Swim Team**	8:30AM - 10:00AM **Swim Lessons**	Closed

Please note: SCAC Swim Team practices will begin the week of November 16th

Updated 10/21/2026

StoneCroft Aquatics Center
November 2026 Calendar
Pool Schedule, Pool Rules + Policies

Tel Hai Retirement Community
StoneCroft Aquatics Center
4000 Tree Line Drive
Honey Brook, PA 19344

Check for updates at the following sources:
Phone Hotline 610-273-4050 · Channel 1970 · Tel Hai's Facebook Page · SCAC Entrance Signs · www.telhai.org/stonecroft-aquatics-center

Pool Closed: Thursday, November 26th Thanksgiving Day **Modified Hours:** Friday, November 27th 7:30AM - 12:00PM (NO CLASSES)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Hours Open + Spa	7:30AM - 12:00PM 12:30PM - 3:00PM	7:30AM - 12:00PM 1:00PM - 7:30PM	7:30AM - 12:00PM 1:00PM - 6:00PM	7:30AM - 12:00PM 1:00PM - 7:30PM	7:30AM - 12:00PM 12:30PM - 3:00PM	7:30AM - 12:00PM	Closed
Aqua Fitness Classes (3 Lanes)	Aqua Aerobics 9:30AM - 10:30AM Arthritis 10:30AM - 11:30AM	Aqua Spin 8:00AM - 8:45AM Pre-Registration Required Deep Water 9:00AM - 9:45AM SAF Aqua Drums 9:45AM - 10:15AM Aqua Spin 2:00PM - 2:45PM	Aqua Aerobics 9:30AM - 10:30AM Arthritis 10:30AM - 11:30AM Circuit/Interval Training 2:15PM - 2:45PM	Aqua Spin 8:00AM - 8:45AM Pre-Registration Required Deep Water 9:00AM - 9:45AM SAF Aqua Drums 9:45AM - 10:15AM	Aqua Aerobics 9:30AM - 10:30AM Arthritis 10:30AM - 11:30AM	Deep Water 9:00AM - 9:45AM SAF Aqua Drums 9:45AM - 10:15AM	Closed
SCAC Lessons + Swim Team	3:30PM - 6:30PM Swim Team	3:45PM - 7:15PM Swim Lessons	5:45PM - 8:00PM Swim Team	3:45PM - 7:15PM Swim Lessons	3:30PM - 5:00PM Swim Team	8:30AM - 10:00AM Swim Lessons	Closed

Please note: SCAC Swim Team practices will begin the week of November 16th

Updated 10/21/2026

SCAC Pool Rules

- **Lifeguard on duty is in charge**
- Signed pool waiver required
- No food on deck
- No glass containers on deck or in locker rooms
- Proper swim attire only - no street clothes
- Please use deck showers to rinse off
- No running
- No diving
- No spitting, spouting water, blowing nose or discharge of bodily waste in the pool
- Children must be fully potty-trained or in swim diapers to be in the pool
- Children under 5 (non-swimmers) must have adult in pool with them. Parent can only take non-swimmer as far as parent can stand
- Children over 5, without an adult in pool, must pass swim test
- Non-swimmers must wear Coast Guard approved lifejackets
- Lap lanes are for lap swimmers, lessons & swim teams only
- Water Fitness equipment is for water fitness only (barbells & gloves)
- Starting blocks for swim team & lessons only
- **Must be 18 years old to use spa**
- No shaving allowed on site
- Shoes and proper attire are required to leave area
- **Pull cords are for EMERGENCIES ONLY**

Swim Meet Schedule

The 2026/2027 swim team season will begin the week of November 16th.

Swim meets to be determined.

Distance Tracker

For a 25 yard pool:
100 yards = 4 lengths
500 yards = 20 lengths
1,000 yards = 40 lengths
1,760 yards (1 mile) = 71 lengths

Swim Lane Etiquette

Lap lanes are for lap swimmers, swim lessons & swim teams only.

If all lanes are occupied, please share with another patron.

How to share a lane:

1. Make sure the other swimmer is aware you are joining them in the lane.
2. Choose a side or both decide to circle swim.
3. More than 2 per lane, circle swimming by all in lane.

Inclement Weather Policies

Call for schedule changes or in case of severe winds, thunder, lightning, snow, ice, tornado warnings, etc.

Update Hotline: (610)273-4050

Please note, we do not offer credits/make-ups for missed lessons, memberships, or swim team practice for inclement weather, school functions, vacations, or minor illnesses.

Thunder + Lightning

Pool must be cleared. Every strike/boom will result in 30 minutes of additional closure. If during swim lessons, our instructors will run deck safety lessons until pool can reopen, or lessons are cancelled.

Snow + Ice

Call the Hotline to confirm before venturing out. Pool will open providing staff can arrive safely. In the event of staff being unable to do so, any delayed openings or closures will be communicated on the hotline.

Interested in learning more or exploring a community membership?

Please visit our website at
www.telhai.org/stonecroft-aquatics-center/
or call us at (610)273-9333 ext. 2441

November 2026 – Land Fitness Programs

Monday	Tuesday	Wednesday	Thursday	Friday
8:15 – 9:00am Stride & Strength Intervals Meet in SC Front Lobby	**9:00 – 11:00am** Tennis Grandview Commons	**9:00 – 9:45am** Power Up SC Group Exercise Room	**9:00 – 11:00am** Tennis Grandview Commons	**10:00am – 12:00pm** Pickleball Grandview Commons or Tel Hai Camp
9:00 – 10:00am **10:30 – 11:30am** Gentle Flow Yoga SC Group Exercise Room	**9:15 – 10:00am** Sit & Stand Yoga CWPA	**10:00am – 12:00pm** Pickleball Grandview Commons or Tel Hai Camp	**10:30 – 11:15am** Drums Alive SC Group Exercise Room *Registration required; contact Josh X2142* ***Not meeting 11/26***	**10:15 – 11:15am** Strengthen & Tone SC Group Exercise Room
10:00am – 12:00pm Pickleball Grandview Commons or Tel Hai Camp	**10:30 – 11:15am** Chair Yoga CWPA	**10:30 – 11:30am** Grooving Games: Fun & Fitness/CWPA *New class-see below*	**10:30 – 11:15am** Chair Yoga CWPA ***Not meeting 11/26***	**3:30 – 4:30pm** Corn Hole Grandview Commons
11:00 – 11:45am Drums Alive GCC Gathering Room *Registration required; contact Josh X2142*	**10:30 – 11:15am** Tune Up Time GCC Gathering Room	**1:15 – 2:00pm** Resident Zumba SC Group Exercise Room ***Not meeting 11/25***	~~**11:15am –12:15pm**~~ ~~Ping Pong~~ ~~Not meeting at this time~~	**SATURDAY** **9:00 – 11:00am** Tennis/Grandview Commons
11:00am Shuffleboard Tel Haven *Not available 23rd & 30th*	~~**11:15am –12:15pm**~~ ~~Ping Pong~~ ~~Not meeting at this time~~	**2:00 – 3:00pm** Strength & Balance GCC Gathering Room ***Not meeting 11/18 & 11/25***	**11:45am – 12:45pm** **1:00 – 2:00pm** Tai Chi CWPA *Fee to participate; contact Gwynne x2441* ***Not meeting 11/26***	**FITNESS ROOMS** Cardio and strength machines are available 24/7 to residents who have been cleared by their physician and have been oriented to the use of the rooms. Call Josh X2142 or Gwynne X2441 for information.
1:00 – 1:45pm Chair Yoga GCC Gathering Room	**1:00 – 1:45pm** Total Body Toning SC Group Exercise Room	**2:30 – 3:15pm** Pilates SC Group Exercise Room ***Not meeting 11/25***		
1:00 – 2:00pm Strength & Balance SC Group Exercise Room	**Contact Information** • Corn Hole: Steve 570-313-4431 • Line Dancing: Bunny 610-960-4154 • Pickleball: Rich 484-722-8329 • Ping Pong: Bruce 610-506-1240 • Tennis: Larry 484-722-8055 • Shuffleboard: Fritz 610-273-4163	**3:30 – 4:30pm** Line Dancing GCC Gathering Room	**1:00 – 1:45pm** Tune Up Time GCC Gathering Room ***Not meeting 11/26***	**Personal Training Sessions** Fee based 1-on-1 training is available for those who want to improve their mobility, increase body awareness, and get back their freedom of movement. And for those seeking help and guidance with weight management through nutrition. Please consider contacting Josh X2142 or jbooker@telhai.org
3:30 – 4:30pm Line Dancing GCC Gathering Room Watch 1970 for updates	 10/21/2026	Grooving Games combines movement, social connection, and everyone's favorite games. A rotating lineup of Bunco, Bingo, Farkle and Fishbowl. Between rounds of games, participants will move with seated fitness activities designed to encourage coordination, balance, heart health and strength. Come to play, move, laugh or make new friends!	**2:15 – 3:00pm** Drums Alive SC Group Exercise Room *Registration required; contact Josh X2142* ***Not meeting 11/26***	

Worship Schedule
November 2026

Sunday, November 1

9:00 AM – Chapel - CWPA or 1971

10:30 AM – Chapel - A/C or 1971
Message: Pastor Stephen Wilson
Music: Danton Arlotto

2:00 PM – Remembrance Service for all those who died between January 1 and June 30, 2026 - CWPA

Monday, November 2

10:00 AM – Bible Study – Jesus in Judea – A/C

Noon – Lunch with Chaplain – SC Grill

Tuesday, November 3

Noon – Lunch with Chaplain – Garrett Café'
1:00 PM – GriefShare – SPDR
7:00 PM – Men's Bible Study – HCR (2)

Wednesday, November 4

11:00 AM – Choir Rehearsal – A/C
7:00 PM – Bible Study with Dan MacDonald - CWPA_Middle

Thursday, November 5

10:00 AM – Women's Community BS - Grandview Commons

Friday, November 6

11:00 AM – Jesus in the Galilee Bible Study with Chaplain Hicks – GR

Sunday, November 8

9:00 AM – Chapel - CWPA or 1971

10:30 AM – Chapel - A/C or 1971
Message: Chaplain David Klingensmith
Music: Becky Sensenig

2:00 PM – Veteran's Day Program with Honey Brook Township and Borough - CWPA

Monday, November 9

10:00 AM – Bible Study with Chaplain Hicks – Jesus in Judea – A/C

Tuesday, November 10

1:00 PM – GriefShare – SPDR

7:00 PM – Men's Bible Study – HCR (2)

Wednesday, November 11

11:00 AM – Choir Rehearsal – A/C

7:00 PM – Bible Study with Dan MacDonald - CWPA_Middle

Thursday, November 12

10:00 AM – Women's Community BS - CWPA_Poolside

Friday, November 13

11:00 AM – Jesus in Galilee Bible Study – GR

Sunday, November 15

9:00 AM – Chapel: CWPA or 1971

10:30 AM – Chapel: A/C or 1971
Message: Chaplain David Hicks
Music: Ruthann Stevenson

7:00 PM – Hymn Sing – THSR

Monday, November 16

10:00 AM – Bible Study – Jesus in Judea – A/C

Tuesday, November 17

9:30 AM – Prayer Group – A/ C

1:00 PM – GriefShare – SPDR

7:00 PM – Men's Bible Study – HCR (2)

Wednesday, November 18

11:00 AM – Choir Rehearsal – A/C

7:00 PM – Bible Study with Dan MacDonald - CWPA_Middle

Thursday, November 19

10:00 AM – Women's Community BS - CWPA_Poolside

1:30 PM – Rosary – A/C

2:00 PM – Catholic Mass – A/C

Worship Schedule
November 2026

Friday, November 20

11:00 AM – Galilee Bible Study – GR

Sunday, November 22

9:00 AM – Chapel: CWPA or 1971

10:30 AM – Chapel: A/C or 1971

Message: Chaplain David Klingensmith
Music: Danton Arlotto

Monday, November 23

10:00 AM – Jesus in Judea Bible Study
– A/C

Tuesday, November 24

1:00 PM – GriefShare – SPDR

7:00 PM – Men's Bible Study – HCR (2)

Wednesday, November 25

10:30 AM – Thanksgiving Eve Service with Tel Hai Choir – A/ C

7:00 PM – Thanksgiving Eve Service with Tel Hai Choir - CWPA

Sunday, November 29

9:00 AM – Chapel: CWPA or 1971

10:30 AM – Chapel: A/C or 1971

Message: Chaplain David Klingensmith
Music: Virginia Patchel

Monday, November 30

10:00 AM – Jesus in Judea Bible Study
– A/C