

# May 2025 Aquatic Schedule

**SCAC** = StoneCroft Aquatics Center

**GCCP** = Garrett Community Center Pool



For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's FaceBook.

***We apologize in advance for any closures.***

***Memorial Day 5/26 GCC will have open pool only 7:30am- 11:00am no classes running. SCAC will be open 7:30am -12:00pm with no class running.***

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Pool &amp; Lap Swim</b>	<b><u>SCAC:</u></b> 7:30am-12:00pm 12:30pm- 3:00pm  <b><u>GCCP:</u></b> 7:30am-9:30am	<b><u>SCAC:</u></b> 7:30am-12:00pm 1:00pm-6:00pm  <b><u>GCCP:</u></b> No Lap swimming due to class running	<b><u>SCAC:</u></b> 7:30am-12:00pm 12:30pm-6:00pm  <b><u>GCCP:</u></b> 7:30am-9:30am	<b><u>SCAC:</u></b> 7:30am-12:00pm 1:00pm-6:00pm  <b><u>GCCP:</u></b> 1:15pm-2:15pm	<b><u>SCAC:</u></b> 7:30am-12:00pm 12:30pm-3:00pm  <b><u>GCCP:</u></b> 7:30am-9:30am	<b><u>SCAC:</u></b> 7:30am-12:00pm  <b><u>GCCP:</u></b> 9:00am-11:00am	<b><u>SCAC:</u></b> Closed  <b><u>GCCP:</u></b> Closed
<b>Spa</b>	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Closed
<b>Water Fitness Classes</b>	<b><u>SCAC:</u></b> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am  <b><u>GCCP:</u></b> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<b><u>SCAC:</u></b> Aqua Spin 8:00am-8:45am Pre- registration required Deep Water 9:15-10:00am Aqua Spin 2:30- 3:15pm Pre-registration required  <b><u>GCCP:</u></b> Ai Chi (water Tai Chi) 1:15-1:45pm	<b><u>SCAC:</u></b> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am Circuit/Interval class 2:15pm-2:45pm Aqua Spin- Staff 3:30pm-4:15pm 4:30-5:15 Pre-registration required  <b><u>GCCP:</u></b> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<b><u>SCAC:</u></b> Aqua Spin 8:00-8:45am Pre-registration required Deep Water 9:15-10:00am  <b><u>GCCP:</u></b> None	<b><u>SCAC:</u></b> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am  <b><u>GCCP:</u></b> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<b><u>SCAC:</u></b> Deep Water 9:15-10:00am  <b><u>GCCP:</u></b> None	<b><u>SCAC:</u></b> None  <b><u>GCCP:</u></b> None
<b>Volley Ball</b>	None	<b><u>GCCP:</u></b> Resident 2:30-3:30pm	None	<b><u>GCCP:</u></b> Resident 2:30-3:30pm	None	None	None Updated 4/22/2025
<b>Swim Team Lessons</b>	None	<b>Lessons</b> 3:45pm-5:50pm	None	<b>Lessons</b> 3:45pm-5:50pm	None	<b>Lessons</b> 8:00am- 11:30am	None