

## **JOIN US FOR THESE WEEKLY EVENTS:**

**\*Unless otherwise noted by activity coordinator**

### **EVERY MONDAY**

10:00 AM - 12:00 PM – Drop off donations and open for shopping at Resale Shop: HZ

1:00 PM – Canasta: Conservatory

3:00 PM – Crossword Puzzle Group: AOE

7:00 PM – Pinochle: HCSR

### **EVERY TUESDAY**

Place trash out in evening for Wed AM pickup

9:00 - 11:00 AM – Clinic Hours with Nurse Sara.

Free blood pressure screenings provided: SCHS

8:00 - 10:30 AM – Woodcraft Shop is open. Bring your items that need a repair: Drop off at WS

2:00 - 4:00 PM – Color with Me: DB

6:15 PM – Rummikub: DB

7:00 PM – Men's Bible Study: HCR (2)

### **EVERY WEDNESDAY**

Trash pick-up day

7:30 – 9:30 AM – Breakfast available: Garden Café

11:00 AM – Choir: A/C (March 5 – 11:15 AM)

1:00 PM – Mahjong – all are welcome: Conservatory

1:30 PM – Practicing Painters (bring your supplies and enjoy the company of others): AOE

### **EVERY THURSDAY**

10:00 AM – Community Bible Study: GVC

10:00 AM – Bible Discussion Group: THSR

6:30 PM – Canasta: Daily Brew

### **EVERY FRIDAY**

10:00 AM - GriefShare: SPDR

### **EVERY SATURDAY**

1:30 – 3:30 PM – Women's Walk-in Billiards – GCC

### **EVERY SUNDAY**

9:00 AM – Chapel Service: CWPA/Dockside

10:30 AM – Chapel Service: A/C & 968

### **Monday, March 3**

8:00 AM – Shuttle to LabCorps – sign up needed

10:00 AM to 12:00 PM – Sewing Alterations by Jennifer Kurtz at Garrett: GR

12:00 PM - Lunch with a Chaplain: Stone Hearth Grille

2:15 PM – Life Enrichment Presents ***New Local State Forest in your Back Yard*** by Rick Hartlieb: A/C

### **TUESDAY, MARCH 4**

1:00 – 3:00 PM – Beginners/Intermediate Chess Matches: HCSR

12:00 PM - Lunch with a Chaplain – Garden Cafe

2:00 PM – Irene Weaver Bible Study: GR

### **WEDNESDAY, MARCH 5**

10:30 AM - Ash Wednesday Service: A/C

12:00 noon – Culinary Catch-up: MP

1:00 PM - Shuttle to Crops – sign up needed

### **THURSDAY, MARCH 6**

8:00 – 12:00 noon -Mobile ENT on site (appts needed): Bluestone Parking lot

10:30 AM – Veterans Coffee Hour: MR

11:30 AM – 12:30 PM – Ask A Nurse: THSR

2:00 - 4:00 PM – Nimble Fingers – bring your knitting, crocheting, or other needle art projects while enjoying conversation: Conservatory

7:00 PM – Dan MacDonald Bible Study on Mark: CWPA Dockside

### **FRIDAY, MARCH 7**

1:30 PM – Ice Cream Social: Daily Brew

1:00 - 3:00 PM - Fiber Arts Club: 3rd Fl Brownstone

### **MONDAY, MARCH 10**

1:00 PM – Shady Maple Shuttle – sign up needed

2:15 PM – Life Enrichment Presents, **Unfortunate historical social lessons: What can we learn? Barbarous nations be overthrown** by Ken Sensenig: A/C

### **TUESDAY, MARCH 11**

12:00 PM – WEL (Widows Enjoying Lunch):

MDR 2:00 PM - Afternoon of Song: A/C

### **WEDNESDAY, MARCH 12**

AARP Tax-Aide: A/C (Appointment needed)  
12:00 Noon- Culinary Catch-Up: Book Nook

### **SATURDAY, MARCH 15**

► Submissions for the April "What's New?"  
are due. Submit to [whatsnew@telhai.org](mailto:whatsnew@telhai.org)

### **THURSDAY, MARCH 13**

9:00 – 11:00 AM – Photo updates: Mantle Pointe  
7:00 PM – Dan MacDonald Bible Study on Mark:  
CWPA Dockside

### **FRIDAY, MARCH 14**

7:30 PM – Tel Hai Performing Art Series presents  
Michael Faircloth (piano): A/C

### **SUNDAY, MARCH 16**

7:00 PM – Hymn Sing in Tel Haven – Social Room

### **MONDAY, MARCH 17**

10:00 AM to 12:00 PM – Sewing Alterations by  
Jennifer Kurtz at StoneCroft: AOE  
2:15 PM – Life Enrichment Presents, **Unfortunate  
historical social lessons: What can we learn? –  
Three Tragic Romances** by Ken Sensenig: A/C

### **TUESDAY, MARCH 18**

2:00 – 3:00 PM Irene Weaver Bible Study: GR  
7:00 PM – Book Club: Conservatory

### **WEDNESDAY, MARCH 19**

12:15 & 1:00 PM - Shuttle to Walmart–sign up  
1:00 – 3:00 PM Photo Updates: Mantle Pointe  
7:00 PM – Lenten Choral Service: A/C

### **THURSDAY, MARCH 20**

8:00 – 12:00 noon -Mobile ENT on site (appts  
needed): Bluestone Parking lot  
10:30 AM – Veteran's Brunch: Azalea Square  
Guest Speaker: Col. Robert Totten, West Point  
Graduate  
2:00 PM - Catholic Mass: A/C  
2:00 - 4:00 PM – Nimble Fingers – bring your  
knitting, crocheting, or other needle art projects  
while enjoying conversation: Conservatory

### **FRIDAY, MARCH 21**

9:00 AM – 1:00 PM – Resale Shop open: HZ  
1:00 – 3:00 PM - Fiber Arts Club: 3<sup>rd</sup> fl Brownstone

### **SATURDAY, MARCH 22**

12:00 PM - departure from SC and 12:15 from GCC  
to Lancaster Symphony Orchestra (members  
only)

### **MONDAY, MARCH 24**

1:00 PM – Shady Maple Shuttle – sign up needed  
2:15 PM – Life Enrichment Presents, **Unfortunate  
historical social lessons: What can we learn?  
Trouble in Paradise** by Ken Sensenig: A/C

### **TUESDAY, MARCH 25**

1:00 – 2:30 PM – Talk with Scott Miller: GCC MP  
1:00 – 3:00 PM – Beginners/Intermediate Chess  
Matches: HCSR  
2:00 – 3:00 PM Irene Weaver Bible Study: GR

### **WEDNESDAY, MARCH 26**

10:30 AM – Wednesday Chapel Service: A/C  
AARP Tax-Aide: CWPA (Appointment needed)  
Stauffer's Vaccine Clinic: SCHS - Sign up for an  
appointment time in the Resident Business Centers.  
1:00 – 2:30 PM – Talk with Scott Miller: SC  
1:00 PM – Tech Time with Tim: MP

### **THURSDAY, MARCH 27**

1:00-3:00 - Meet the Artist Jen McCleary: Clark  
Gallery  
2:00 PM – Care Partner Support group: SPDR  
7:00 PM – Dan MacDonald Bible Study on Mark:  
CWPA Dockside

### **Friday, March 28**

7:30 PM – Tel Hai Performing Arts Series presents  
Music for Magical Mallets: A/C

### **Monday, March 31**

2:15 PM – Life Enrichment presents, **Richie  
Ashburn: Why the Hall Not!** By author Bruce  
Mowday: A/C

## **GENERAL ANNOUNCEMENTS & CAMPUS SPECIAL EVENTS**

**Where Life Happens** March 10 at 11:30 AM  
Marketing is holding a new open house for  
prospective residents; "*Where Life Happens*"  
A self-paced interactive event featuring community  
amenities & common spaces. Thank you for  
welcoming our visitors and sharing your  
experience at Tel Hai as you have the opportunity!

### **Book Club**

The Book Club at StoneCroft will be meeting  
Monday, Mar. 18, at 7:00 PM, in the Conservatory in  
Brownstone. Read one of Gayle Roper's books,  
available in the Book Nook. For information, please  
contact Sandy Koenig at ext. 4794.

### **What! A Murder at Tel Hai?!**

Not really, but a Murder Mystery Dinner is being planned for May 27 in the CWPA. Mark your calendars now and stay tuned for further details.

### **Sewing Alterations**

Jennifer Kurtz, seamstress, is able to do alterations of any kind from formal to casual wear. This includes a lot of hems for pants and dresses or shortening of sleeves. There's always a zipper or button that needs to be fixed as well. Sometimes she's making drapes shorter or repurposing somebody's shirt into a T-shirt quilt or pillow. She loves to be creative and not afraid of a challenge. Jennifer is planning to set her sewing machine/supplies up twice a month at Tel Hai – once a month at Garrett and once a month at StoneCroft. Her hours will be **10:00 AM to 12:00 PM, the 1<sup>st</sup> Monday of each month at the Garrett Gathering Room, and 10:00 AM to 12:00 PM every 3<sup>rd</sup> Monday of the month at the Art of Everything at SC.** Jennifer will begin on Monday, March 3 in the Gathering Room. Bring any items that need to be fixed, or just stop in and wish her a Tel Hai welcome. There will be a fee for this service. We will give this service a four-month trial to monitor the interest.

### **Fiber Arts Club**

The Tel Hai Fiber Arts Club had a busy January making Fleece Beanies to donate to charities. The Tel Hai group made 31 hats and distributed them to the following groups: the Honey Brook Elementary School received 10 of the hats, Coatesville Youth Initiatives in Coatesville received 10 of the hats and Community Youth and Women's Alliances in Coatesville received 11 of the hats. The charities were most appreciative of the donations. In February the Tel Hai Fiber Arts Club started work of cotton pillowcases to be given to the national charity "Ryan's Case for Smiles". This is a national organization that provides pillowcases to children, ages 1 to 18 years old, who are undergoing treatment for cancer. This is a volunteer organization solely dedicated to helping kids feel better and to heal better. The goal of our group is to complete 25 to 30 pillowcases over the next few weeks.

### **Rent Rebates – You may be eligible**

If your household annual income is less than \$46,520, you may be eligible for a rent rebate through the PA Rent Rebate Program. If you would like assistance with applying for this benefit, please contact Brittany Davis, Tel Haven Apartment Manager at 610-273-9333, extension 2149. Or you may apply online at: [mypath.pa.gov](http://mypath.pa.gov)

### **Photo Updates**

We will give residents an opportunity to update their photo if they have moved in prior to December. 21, 2022. We will be offering drop in sessions on both sides of campus for you to have your photo taken. No appointment or confirmation is necessary. Shuttle service will be available by calling 484-796-3057. Mantle Pointe: Mar. 13 from 9:00 – 11:00 AM and Mar. 19 from 1:00 – 3:00 PM and in CWPA Dockside on April 1 from 9:00 – 11:00 AM and 1:00 – 3:00 PM.

### **Did you know shuffleboard is available at Tel Hai?**

We're looking for more players. The indoor court on the first floor of Tel Haven is available for use. A weekly time for competition is scheduled on Monday mornings at 11:00 AM. This space is also available for use at any time once access has been given. If you're interested in playing, please contact Gwynne at X2441 for more information.

### **Afternoon of Song**

If you are Irish or just like Irish songs, come sing with us Tuesday, March 11, at 2:00 PM in the Garrett A/C. We give a nod to Mardi Gras and the variety of music in our lives. Char and Jim will start the music, the Over the Hill Gang (Men's Quartet) and a couple of solos by our men add to our program. Call Erika @ 610-273-9333, Ext. 2010 or Chris Tabb 484-340-0395 for a car shuttle ride.

### **Billiards**

- St. Patricks Day 9-Ball Tourney - March 17-27 All welcome. Bob LaDrew [bonkersboy@gmail.com](mailto:bonkersboy@gmail.com) 484-722-8395
- Men's Walk-in Billiards, Tuesdays and Fridays 10:00 AM-12:00 PM : Garrett Rec Room and Thursdays, 10:00 AM – 12:00 PM, Corner

Pocket – contact Bob LaDrew,  
[bonkersboy@gmail.com](mailto:bonkersboy@gmail.com), 484-722-8395

- Women's Walk-in Billiards, Saturdays, 1:30-3:30 PM in the Garrett Rec Room  
contact Barbara Dooley, (610) 273-4756  
[btdooley215@gmail.com](mailto:btdooley215@gmail.com)

### **New Class!**

#### **Introducing Circuit/Interval Training**

This is a 30-minute shallow water-based class incorporating intervals with various exercises with the use of aqua steps, hand weights and kickboards. Designed to target all muscle groups as well as condition stamina. All fitness levels encouraged to participate. Class will be held at SCAC Wednesdays at 2:15 PM beginning March 5, 2025.  
No registration required, come as you are able.

### **WEL (Widows Enjoying Lunch)**

**Tuesday, Mar. 11 at 12:00 Noon:** Magnolia Dining Room. Come and meet some of your neighbors. We meet on the 2<sup>nd</sup> Tuesday of the month at noon. Please bring your lunch and beverage or pick up something from the Garden Café. To make a reservation, contact fellow resident Bebe Holland at 610-999-7907 or email [bebeholland28@gmail.com](mailto:bebeholland28@gmail.com)

### **ART TASK FORCE DISPLAYS**

**Stone Croft Display Case:** Knitted Items

**Garrett Display Case:** Owls and Turkeys

**Clark Gallery:** Jen McCleary. Meet the Artist is

**Thursday, Mar. 27<sup>th</sup> from 1:00 – 3:00 PM**

### **What's New**

The LAST DAY to submit articles for the April "What's New?" is Saturday, Mar. 15. Email your article to [whatsnew@telhai.org](mailto:whatsnew@telhai.org).

## **WORSHIP**

### **Sunday Worship Services**

For the month of March, the 9:00 AM service will be in CWPA-Dockside but will not be televised and 10:30 AM Sunday services will be held in the **Chapel** and will be televised. The shuttle will no longer be available on Sundays. For more information, please contact Chaplain Hicks at x-2443.

### **Lenten and Holiday Services**

The season of LENT will begin with an **Ash Wednesday Service on March 5<sup>th</sup> at 10:30 AM in the Chapel**. All denominations are invited to participate in this service of heart preparation as we begin the season of reflection and repentance. The Choir will then inspire us to deepen our devotion during this season in a special **Lenten Choral Service on Wednesday, March 19<sup>th</sup> at 7:00 PM in the Chapel**. Our Holy Week Services will include a **Good Friday Communion Service on April 18<sup>th</sup> at 2:00 PM in the Chapel**. Finally, join us as we celebrate the Resurrection of our Lord on **Sunday, April 20<sup>th</sup> during a Sunrise Service at 6:30 AM in the Amphitheater**, or as part of our regularly Scheduled Services at **9:00 AM in the CWPA, and 10:30 AM in the Chapel**.

## **HEALTH & WELLNESS**

### **Mobile ENT**

To schedule an appointment with the mobile ENT, please call 610-363-2532.

### **McCormick Chiropractic**

McCormick Chiropractic is available for appointments. Call directly to inquire and to schedule an appointment: 610-286-7000.

### **Dr. Lori Wilde – Podiatry**

Mondays in LVHS and Fridays in SCHS. Appointments required. Call Dr. Lori directly to schedule an appointment: 215-696-6078.

### **Amanda Rock – Financial Planner**

Amanda is available for appointments on campus. Please call her directly to schedule an appointment: (800) 626-1190.

### **OnSite Dermatology**

OnSite Dermatology is available for appointments in the SCHS. Call directly to schedule an appointment: 1-877-345-5300.

**Massages at StoneCroft Health Suite** Massages in StoneCroft Health Suite for Mar.: Mondays the 3, 10, 17, and 24 from 11:00 AM – 4:00 PM. Friday the 7th from 11:00 AM – 4:00 PM. Please contact Shelly Hansen at [shellyinlight@verizon.net](mailto:shellyinlight@verizon.net) or 610- 466-7733 to schedule an appointment.

### **Life Enrichment Lectures\*\***

#### **Monday, March 3, 2:15 PM, A/C, “New Local State Forest in your Back Yard, by Rick Hartlieb**

Learn about the new local State Forest in your back yard. In 2018, DCNR Bureau of Forestry acquired 156 acres south of Tel Hai, adjacent to Route 10. The new Honeybrook Tract of the William Penn State Forest occupies the former All Seasons Resort campground. DCNR is working to develop recreation plans, habitat improvements, and native plant conservation. Presentation by Rick Hartlieb, District Forester Department of Conservation & Natural Resources.

#### **Mondays, March 10, 17 and 24, A/C, “Unfortunate Historical Social Lessons: What Can we Learn?” By Ken Sensenig**

March 10 - Barbarous nations be overthrown; The Doctrine of Discovery embraced by European Christians pushed Pennsylvania’s frontier westward. Domination and colonialism disrupted ancient societies. What can we learn?

March 17 - Three tragic romances; The general, the politician, the preacher all experienced the thrill of romance. All ended before marriage. What can we learn?

March 24 - Trouble in paradise; In 1941, Europe festered with a brewing war. Two young men, both part of historic peace church traditions, tangled over a young woman. A murder followed. What can we learn?

#### **Monday, March 31, 2:15 PM, A/C - Richie Ashburn: Why the Hall Not! By Author Bruce E. Mowday**

Author Bruce E. Mowday will give a presentation on his book about Richie Ashburn, a Whiz Kid, member of the Hall of Fame and famed Phillies’ announcer. Ashburn grew up in Nebraska but became a favorite of Philadelphia, and named several times as Philadelphia’s most beloved athlete. His statue graces Citizens Bank Park, where one section is named Ashburn’s Alley.

#### **Monday, April 7, 2:15 PM, A/C – Craig Caltagirone**

Craig Caltagirone brings his one-man song and dance act with “senior friendly” musical selections from Classic Broadway show tunes and the Great American Songbook.

#### **Monday, April 14, 2:15 PM, A/C – Women of the Valley Forge Encampment by Dr. Nancy K. Loane**

Hundreds of women were at Valley Forge during the winter of 1777-1778. Some officers’ wives, like Martha Washington, came long distances to be with their husbands. Some women at camp served with Washington’s military family, or followed the army because they had no where else to go. Their stories are fascinating! Join us for a new look at the Valley Forge encampment.

#### **Monday, April 21, 2:15 PM, A/C, New Zealand and Moorea Tour” February 2024: The Adventures of Scott and Tracy Burkholder**

Join Scott and Tracy Burkholder as they share captivating photos and delightful stories from their 30th wedding anniversary trip to New Zealand and the French Polynesian island of Moorea, taken in February 2024. This journey fulfilled their long-held dream of exploring New Zealand, and along the way, they encountered many exciting “firsts.” They can't wait to share these unforgettable experiences with you. Don't miss this chance to travel vicariously through their adventures!

#### **Monday, April 28, 2:15 PM, A/C “The Lincoln Four: The Pursuit, Capture & Execution of Lincoln’s Conspirators,” by Michael Jesberger, Historian/Lecturer**

On Good Friday, April 14, 1865, Our sixteenth President, Abraham Lincoln, was mortally wounded while attending the play “Our American Cousin at Ford’s Theater as the American Civil War was drawing to a

close. Lincoln was the first American president to be assassinated carried out by the well-known stage actor John Wilkes Booth, as part of a larger conspiracy in a bid to revive the Confederate cause. This program will be presented by historical lecturer, tour guide and re-enactor, Michael Jesberger, who will walk us through the details of the investigation to apprehend the Lincoln conspirators.

## **TRIPS**

### **April 9-16, 2026 Historic Mississippi River**

**Cruise** Available trip brochures are in both RBCs.

**April 22, 2025** – Bird-in-Hand Theater presents, “The Rise & Fall of Miss Fannie’s Biscuits.” Waiting list only

**May 1** – Dutch Apple Dinner Theater to see *Fiddler on the Roof* – brochures are located in both the RBCs

**May 15** – Berks County Amish Historical Tour/lunch – brochures are located in both the RBCs

**June 3** – Williamsport, a one day trip – brochures are located in both the RBCs

**June 26-27** – Whale Watching in Cape May - brochures are located in both the RBCs

**July 10** – Mt. Gretna Theater, *Million Dollar Quartet* with dinner after the program – no brochures available at this time

**August 5** – Chalk Talk, *Birds in all Seasons* at the studio of Elva Hurst (Ladies Day Out) - no brochures available at this time

**September 23** – Gettysburg Battlefield Tour/meal - no brochures available at this time

**October 9** – Ladies Night Out to Dutch Apple Dinner Theater, *Chorus Line* - no brochures available at this time

**November 20** – Meal at Casey Jones and Christmas Program with Lee Productions following the meal - no brochures available at this time

**December 19** – American Music Theater Christmas Show with meal at Hershey’s Restaurant - no brochures available at this time

**December 23** – American Music Theater Christmas Show with meal at Hershey’s Restaurant - no brochures available at this time

## **CONCERT SERIES\*\***

### **Friday, March 14, 7:30 PM, A/C – Michael Faircloth, Pianist**

Michael began playing the piano in church as a child, which started a music ministry that has continued for over 50 years. His concerts are casual and conversational, like visiting friends gathered around a living room piano. The program will include his original arrangements of beloved hymns and gospel songs with a sprinkling of other genres and thoughtful commentary about the music. He enjoys creating new settings of familiar songs to give listeners a fresh appreciation for the timeless truths they contain.

### **Friday, March 28, 7:30 PM, A/C – Music for Magical Mallets – Classics to Ragtime: Brenda Weckerly, Marimba and Xylophone & Jeffrey Uhlig, Piano**

Classics, Broadway arrangements and Ragtime Music. Percussionist, Brenda Weckerly, is originally from Wisconsin. She earned a Bachelor’s Degree in Percussion Performance at DePaul University in Chicago, and a Master’s Degree at Wichita State University, while also performing with the Wichita Symphony. Her studies led her to auditioning and winning a position as the first female percussionist with “The President’s Own” United States Marine Band in Washington D.C. She served in the Marine Band from 1994-1998 and then continued freelancing in the Washington D.C. area, including performing at the Kennedy Center and touring with the Washington National Opera Orchestra under artistic director, Placido Domingo.

### **Friday, April 4, 7:30 PM, A/C – Inspiration by Perfect Harmony**

Produced by Lee Productions, the *Inspiration!* program by Perfect Harmony features a night of entertainment including folk, film, Broadway, gospel and sacred song favorites. Perfect Harmony is a vocal trio, specializing in stunning original arrangements and soaring vocals.

### **Wednesday, April 30, 7:30 PM – Chester County Youth Orchestra???**

This concert will only happen if the CWPA is finished by the end of April – we cannot house them in the A/C. We will keep you all posted.

## **FOR YOUR INFORMATION**

\*\*Denotes volunteer shuttle is available for this event

- A complete calendar of events is located on the Community App! Check it out on your smartphone, tablet, or computer!
- Tune to **Channel 965** for the daily information slides.
- Tune to **Channel 968** for live streaming of Sunday chapel services. All other programs will be only in-person unless otherwise noted.
- At the time of publication, this edition of ***What's New?*** is as accurate as possible. Any corrections required, will be shown on Channel 965.

## - **ABBREVIATIONS KEY**

### **Garrett CC, Lakeview and Healthcare Center**

A/C – Auditorium/Chapel  
AZSQ – Azalea Square Dining Room  
DB – Daily Brew  
FR – Friendship Room (3<sup>rd</sup> fl. Hillcrest)  
FTR – Fitness Room  
GCC – Garrett Community Center  
GR – Gathering Room  
HCR(2) –Hillcrest Conference Room (2<sup>nd</sup> floor)  
HCSR – Hillcrest Social Room (4<sup>th</sup> floor)  
HZ – Hertzler  
LV – Lakeview  
LVHS – Lakeview Health Suite  
MP – Mantel Pointe (fireplace in GCC)  
MDR – Magnolia Dining Room  
RBC – Resident Business Center  
TH – Tel Haven  
THSR – Tel Haven Social Room

### **StoneCroft (SC) – Ground Floor**

SCHS – StoneCroft Health Suite & Therapy area  
SCAC – StoneCroft Aquatics Center & Pool  
SCWFR – StoneCroft Watson Fitness Room  
SCGER – StoneCroft Group Exercise Room

### **StoneCroft (SC) – 1<sup>st</sup> Floor**

AOE – Art of Everything Room  
CP – Corner Pocket  
FCC – Fireside Ceramics Center (includes pottery)  
SPDR – Scalies Private Dining Room  
BN – The Book Nook  
CWPA – Center for Worship & Performing Arts  
SC Dining Area – SC Grille (informal)  
SC Outdoor Patio – The Terrace  
RBC – Resident Business Center

### **Brownstone**

Train Room – 1<sup>st</sup> Floor  
Theater – 2<sup>nd</sup> Floor  
Textile Arts Room – 3<sup>rd</sup> Floor  
Conservatory – 4<sup>th</sup> floor

**Grandview Commons (GVC)** – across from SC  
Hillside Amenities – bocce, tennis, pickleball court

# Worship Schedule

## March 2025

### Sunday, March 2

9:00 AM – Chapel: CWPA\_Dockside no TV  
10:30 AM – Chapel: A/C or 968  
Message: Chaplain David Hicks  
Piano: Ruthann Stevenson

### Tuesday, March 4

2:00 PM – Irene Weaver Bible Study – GR  
7:00 PM - Men’s Bible Study HCR (2)

### Wednesday, March 5

10:30 AM – Ash Wednesday Service – A/C  
11:15 AM – Choir Rehearsal – A/C

### Thursday, March 6

10:00 AM - Bible Discussion Group – THSR  
10:00 AM - Community Bible Study –  
Grandview Commons  
7:00 PM – Dan MacDonald Bible Study – A/C  
and 968

### Friday, March 7

10:00 AM – GriefShare - SPDR

### Sunday, March 9

9:00 AM – Chapel: CWPA\_Dockside No TV  
10:30 AM – Chapel: A/C or 968  
Message: Chaplain David Klingensmith  
Music: Rebecca Sensenig

### Tuesday, March 11

2:00 PM – Afternoon of Song – A/C  
7:00 PM - Men’s Bible Study HCR (2)

### Wednesday, March 12

11:00 AM – Choir Rehearsal – A/C

### Thursday, March 13

10:00 AM - Bible Discussion Group – THSR  
10:00 AM - Community Bible Study – GC  
7:00 PM – Dan MacDonald Bible Study on  
“Mark” – A/C and 968

### Friday, March 14

10:00 AM – GriefShare - SPDR

### Sunday, March 16

9:00 AM – Chapel: CWPA\_Dockside no TV  
10:30 AM – Chapel: A/C or 968  
Message: Chaplain David Hicks  
Music: Danton Arlotto  
7:00 PM – Hymn Sing THSR

### Tuesday, March 18

2:00 PM – Irene Weaver Bible Study – GR  
7:00 PM - Men’s Bible Study HCR (2)

### Wednesday, March 19

11:00 AM – Choir Rehearsal – A/C  
7:00 PM – Lenten Choral Concert – A/C

### Thursday, March 20

10:00 AM - Bible Discussion Group – THSR  
10:00 AM - Community Bible Study – GC  
2:00 PM – Catholic Mass A/C  
7:00 PM – Bible Study “Mark” – A/C and 968

### Friday, March 21

10:00 AM – GriefShare – SPDR

### Sunday, March 23

9:00 AM – Chapel: CWPA\_Dockside No TV  
10:30 AM – Chapel: A/C or 968  
Message: Chaplain David Klingensmith  
Piano: Virginia Patchel

### Tuesday, March 25

2:00 PM – Irene Weaver Bible Study – GR  
7:00 PM - Men’s Bible Study HCR  
(2)

### Wednesday, March 26

10:30 AM – Chapel Service – A/C  
11:15 AM - Choir A/C



## **Worship Schedule** **March 2025**

### **Thursday, March 27**

10:00 AM - Bible Discussion Group – THSR

10:00 AM - Community Bible Study – GC

7:00 PM – Dan MacDonald Bible Study on  
“Mark” – A/C and 968

### **Friday, March 28**

10:00 AM – Grief Share – SPDR

### **Sunday, March 30**

9:00 AM – Chapel: CWPA\_Dockside no TV

10:30 AM – Chapel: A/C or 968

Message: Chaplain David Hicks

Piano: Ruthann Stevenson

# StoneCroft Aquatics Center Schedule

## March 2025



Check for updates at the following sources: Phone Hotline 610-273-4050, [telhai.org/pool](http://telhai.org/pool), SCAC entrance signs, Channel 965, and Tel Hai's Facebook.

*We apologize in advance for any closures.*

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Hours Open</b>	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
<b>Open/ Lap Swim</b>	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
<b>Spa</b>	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-6:00pm	7:30am-12:00pm & 1:00pm-6:00pm	7:30am-12:00pm & 12:30pm-3:00pm	7:30am-12:00pm	Closed
<b>Water Fitness Classes 3 lanes</b>	<b>Aqua Aerobics</b> 9:30am-10:30am <b>Arthritis</b> 10:30am-11:30am	<b>Aqua Spin</b> 8:00am-8:45am Pre-registration required <b>Deep Water</b> 9:15am-10:00am <b>Aqua Spin</b> 2:30pm - 3:15pm Pre-registration required	<b>Aqua Aerobics</b> 9:30am-10:30am <b>Arthritis</b> 10:30am-11:30am <b>Circuit/Interval Class- NEW</b> 2:15pm-2:45pm <b>Staff Aqua Spin</b> 3:30pm-4:15pm 4:30pm-5:15pm Pre-registration required	<b>Aqua Spin</b> 8:00am-8:45am Pre-registration required <b>Deep Water</b> 9:15am-10:00am	<b>Aqua Aerobics</b> 9:30am-10:30am <b>Arthritis</b> 10:30am-11:30am	<b>Deep Water</b> 9:15am-10:00am	Closed
<b>SCAC Lessons</b>	None	3:45pm-5:50pm	None	3:45pm-5:50pm	None	8:00-11:30am	Closed
<b>Swim Team</b>	None	None	None	None	None	None	Closed Updated 2/20/2025

# StoneCroft Aquatics Center Policies & Swim Team Information

## Pool rules:

- \*Lifeguard on duty is in charge
- \*No food on deck
- \*Pool waivers must be signed
- \*Please use deck showers to rinse off
- \*No running
- \*No diving
- \*Children must be fully potty-trained or in swim diapers to be in the pool.
- \*Children under 5, non-swimmers, must have adult in pool with them. Parent can only take non-swimmer as far as parent can stand
- \*Children over 5, without an adult in pool, must pass swim test
- \*No glass containers on deck or in locker rooms
- \*Non-swimmers must wear Coast Guard approved lifejackets
- \*Lap lanes are for lap swimmers, lessons & swim teams only
- \*Proper swim attire- no street clothes
- \*Water Fitness equipment is for water fitness only (barbells & gloves)
- \*Starting blocks for swim team & lessons only
- \*Must be 18 years old to use spa
- \*Shoes and proper attire are required to leave area
- \*No shaving allowed on site
- \* No spitting, spouting water, blowing nose or discharge of bodily waste in the pool
- \*Pull cords for emergencies only

## Swim meet schedule:

BSSH Swim Team season has concluded.

## Swim Team Contact info:

Upon Request

## Swim Lane Etiquette

### Lap swimming etiquette:

How to share a lane:

- \*Make sure the other swimmer is aware you are joining them in lane.
- \*More than 1 swimmer per lane - swimmers choose a side, or you both choose to circle swim.
- \*More than 2 per lane- Circle swimming only by all in lane.

### 25 Yard Pool

100 yards = 4 lengths  
500 yards = 20 lengths  
1,000 yards = 40 lengths  
1,760 yards (mile) =  
71 lengths

## Update Hotline- 610-273-4050

Call for schedule changes or in case of severe winds, thunder, lightning, snow, ice, tornado warnings, etc.

\*We do not offer credits/make ups for missed lessons, memberships, or swim team practice for inclement weather, school functions, vacations, minor illnesses.

**Thunder/lightning-** Pool must be cleared, every strike/boom will result in 30 minutes additional closure. If during lessons, our instructors will run deck safety lessons until pool can reopen, or lessons are cancelled.

**Snow/ Ice –** Call hotline to confirm before venturing out. Pool will open providing staff can safely arrive. In the event of staff being unable to do so, any delayed openings or closures will be communicated on the hotline.

**\*Please visit [www.telhai.org/pool](http://www.telhai.org/pool) or call 610-273-9333 ext. 2441 for more regarding the following information\***

**Membership information-** Daily, 10 visit punch cards, monthly, quarterly and yearly memberships available for purchase.

Family, Couple, and Individual options are available. Memberships are not required for swim lesson participation.

# March 2025 Aquatic Schedule

**SCAC** = StoneCroft Aquatics Center      **GCCP** = Garrett Community Center Pool



For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's Facebook.

**We apologize in advance for any closures.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Pool &amp; Lap Swim</b>	<p><b>SCAC:</b> 7:30am-12:00pm 12:30pm- 3:00pm</p> <p><b>GCCP:</b> 7:30am-9:30am</p>	<p><b>SCAC:</b> 7:30am-12:00pm 1:00pm-6:00pm</p> <p><b>GCCP:</b> No Lap swimming due to class running</p>	<p><b>SCAC:</b> 7:30am-12:00pm 12:30pm-6:00pm</p> <p><b>GCCP:</b> 7:30am-9:30am</p>	<p><b>SCAC:</b> 7:30am-12:00pm 1:00pm-6:00pm</p> <p><b>GCCP:</b> 1:15pm-2:15pm</p>	<p><b>SCAC:</b> 7:30am-12:00pm 12:30pm-3:00pm</p> <p><b>GCCP:</b> 7:30am-9:30am</p>	<p><b>SCAC:</b> 7:30am-12:00pm</p> <p><b>GCCP:</b> 9:00am-11:00am</p>	<p><b>SCAC:</b> Closed</p> <p><b>GCCP:</b> Closed</p>
<b>Spa</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Closed</b>
<b>Water Fitness Classes</b>	<p><b>SCAC:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p> <p><b>GCCP:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><b>SCAC:</b> <b>Aqua Spin</b> 8:00am-8:45am Pre- registration required <b>Deep Water</b> 9:15-10:00am <b>Aqua Spin</b> <b>2:30- 3:15pm</b> Pre-registration required</p> <p><b>GCCP:</b> <b>Ai Chi</b> <b>(water Tai Chi)</b> 1:15-1:45pm</p>	<p><b>SCAC:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am <b>NEW</b> <b>Circuit/Interval class</b> 2:15pm-2:45pm <b>Aqua Spin- Staff</b> 3:30pm-4:15pm 4:30-5:15 Pre-registration required</p> <p><b>GCCP:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><b>SCAC:</b> <b>Aqua Spin</b> 8:00-8:45am Pre-registration required <b>Deep Water</b> 9:15-10:00am</p> <p><b>GCCP:</b> None</p>	<p><b>SCAC:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p> <p><b>GCCP:</b> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><b>SCAC:</b> <b>Deep Water</b> 9:15-10:00am</p> <p><b>GCCP:</b> None</p>	<p><b>SCAC:</b> None</p> <p><b>GCCP:</b> None</p>
<b>Volley Ball</b>	None	<b>GCCP: Resident</b> <b>2:30-3:30pm</b>	None	<b>GCCP: Resident</b> <b>2:30-3:30pm</b>	None	None	None Updated 2/20/2025
<b>Swim Team Lessons</b>	None	<b>Lessons</b> 3:45pm-5:50pm	None	<b>Lessons</b> 3:45pm-5:50pm	None	<b>Lessons</b> 8:00am- 11:30am	None

# March 2025 – Land Fitness Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9:00– 10:00am</b>  <b>10:30– 11:30am</b>            Gentle Flow Yoga            SC Group Exercise Room  <i>Fee to participate; contact Gwynne</i></p>	<p><b>10:30 –11:15am</b>            Tune Up Time            GCC Gathering Room</p>	<p><b>10:00am – 12:00pm</b>            Pickleball            Tel Hai Camp</p>	<p><b>10:30– 11:30am</b>            Chair Yoga            CWPA</p>	<p><b>10:00am – 12:00pm</b>            Pickleball            Tel Hai Camp</p>
<p><b>10:00am – 12:00pm</b>            Pickleball            Tel Hai Camp</p>	<p><b>11:15am –12:15pm</b>            Ping Pong            GCC Gathering Room  <i>Advanced competition</i></p>	<p><b>1:15 –2:00pm</b>            Resident Zumba            SC Group Exercise Room</p>	<p><b>10:30 –11:15am</b>            Tune Up Time            GCC Gathering Room</p>	<p><b>10:15 –11:15am</b>            Strengthen &amp; Tone            SC Group Exercise Room</p>
<p><b>10:30am– 11:30pm</b>            Chair Yoga            CWPA</p>	<p><b>1:15 – 2:00pm</b>            Total Body Toning            SC Group Exercise Room</p>	<p><b>2:00 – 3:00pm</b>            Strength &amp; Balance            GCC Gathering Room</p>	<p><b>10:30 –11:15am</b>            Drums Alive            SC Group Exercise Room  <i>Registration required; contact Josh X2142</i></p>	<p><b>3:30 – 4:30pm</b>            Corn Hole            Grandview Commons</p>
<p><b>11:00am</b>            Shuffleboard            Tel Haven</p>		<p><b>3:30 – 4:30pm</b>            Line Dancing            GCC Gathering Room</p>	<p><b>11:15am –12:15pm</b>            Ping Pong            GCC Gathering Room  <i>Open to all levels of play</i></p>	<p><b>Personal Training Sessions</b>            Fee based 1-on-1 training is available for those who want to improve their mobility, increase body awareness, and get back their freedom of movement. And for those seeking help and guidance with weight management through nutrition. Please consider contacting Josh X2142 or <a href="mailto:jbooker@telhai.org">jbooker@telhai.org</a></p>
<p><b>1:00 – 2:00pm</b>            Strength &amp; Balance            SC Group Exercise Room</p>	<div style="text-align: center;">  <p><b>Food Connects Us</b>            2025 NATIONAL NUTRITION MONTH®            A Campaign by the Academy of Nutrition and Dietetics</p> </div> <p>**Commit to trying a new fruit or vegetable each week during National Nutrition Month®.            **Plan to eat more meals with friends or family during National Nutrition Month®.            **Try new foods and/or recipes during National Nutrition Month®.            **If you watch TV, take breaks during commercials to be physically active.            **Practice mindful eating by limiting screen time at mealtime — including phones, computers, TV and other devices.            **Bring out the flavors of food by trying new herbs and spices.  <a href="https://www.eatright.org/national-nutrition-month">https://www.eatright.org/national-nutrition-month</a></p>		<p><b>11:45am – 12:45pm</b>  <b>1:00 – 2:00pm</b>            Tai Chi            CWPA  <i>Fee to participate; contact Gwynne x2441</i></p>	
<p><b>3:30 – 4:30pm</b>            Line Dancing            GCC Gathering Room</p>			<p><b>2:15 –3:00pm</b>            Drums Alive            SC Group Exercise Room  <i>Registration required; contact Josh X2142</i></p>	
<p><b>Contact Information</b></p> <ul style="list-style-type: none"> <li>• Corn Hole: Steve 570-313-4431</li> <li>• Line Dancing: Bunny 610-960-4154</li> <li>• Pickleball: Lesley 484-722-8436</li> <li>• Ping Pong: Chris 484-340-0395</li> <li>• Shuffleboard: Fritz 610-273-4163</li> </ul>				
			<div style="text-align: center;">  </div>	<p><b>FITNESS ROOMS</b>            Cardio and strength machines are available 24/7 to residents who have been cleared by their physician and have been oriented to the use of the rooms. Call Josh X2142 or Gwynne X2441 for information.</p> <p>Watch 965 for updates            2/18/25</p>