

# May 2024 Aquatic Schedule

**SCAC** = StoneCroft Aquatics Center      **GCCP** = Garrett Community Center Pool



For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's Facebook.

**Memorial Day 5/27 GCC will have open pool only 7:30am- 11:00am no classes running. SCAC will be open 7:30am -12:00pm with no class running.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Pool &amp; Lap Swim</b>	<p><u>SCAC:</u> 7:30am-12:00pm</p> <p><u>GCCP:</u> 7:30am-9:30am</p>	<p><u>SCAC:</u> 7:30am-12:00pm 1:00pm-6:00pm</p> <p><u>GCCP:</u> No Lap swimming due to class running</p>	<p><u>SCAC:</u> 7:30am-12:00pm 12:30pm-6:00pm</p> <p><u>GCCP:</u> 7:30am-9:30am</p>	<p><u>SCAC:</u> 7:30am-12:00pm 1:00pm-6:00pm</p> <p><u>GCCP:</u> 1:15pm-2:15pm</p>	<p><u>SCAC:</u> 7:30am-12:00pm 12:30pm-3:00pm</p> <p><u>GCCP:</u> 7:30am-9:30am</p>	<p><u>SCAC:</u> 7:30am-12:00pm</p> <p><u>GCCP:</u> 9:00am-11:00am</p>	<p><u>SCAC:</u> Closed</p> <p><u>GCCP:</u> Closed</p>
<b>Spa</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Open to Close</b>	<b>Closed</b>
<b>Water Fitness Classes</b>	<p><u>SCAC:</u> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p> <p><u>GCCP:</u> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><u>SCAC:</u> <b>Aqua Spin</b> 8:00am-8:45am Pre- registration required <b>Deep Water</b> 9:15-10:00am <b>Aqua Spin</b> <b>2:30- 3:15pm</b> Pre-registration required</p> <p><u>GCCP:</u> <b>Water Tai Chi</b> 1:15-2:00pm</p>	<p><u>SCAC:</u> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am <b>Aqua Spin- Staff</b> 4:30-5:15 Pre-registration required</p> <p><u>GCCP:</u> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><u>SCAC:</u> <b>Aqua Spin</b> 8:00-8:45am Pre-registration required <b>Deep Water</b> 9:15-10:00am</p> <p><u>GCCP:</u> None</p>	<p><u>SCAC:</u> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p> <p><u>GCCP:</u> <b>Aqua Aerobics</b> 9:30-10:30am <b>Arthritis</b> 10:30-11:30am</p>	<p><u>SCAC:</u> <b>Deep Water</b> 9:15-10:00am</p> <p><u>GCCP:</u> None</p>	<p><u>SCAC:</u> None</p> <p><u>GCCP:</u> None</p>
<b>Volley Ball</b>	None	<u>GCCP:</u> Resident <b>2:30-3:30pm</b>	None	<u>GCCP:</u> Resident <b>2:30-3:30pm</b>	None	None	None <small>Updated 4/17/2024</small>
<b>SCAC Lessons</b>	None	<b>3:45pm-5:50pm</b>	None	<b>3:45pm-5:50pm</b>	None	<b>8:30-9:05am</b> <b>10:15-10:50am</b>	None