

Life

TEL
HAI

*Online
Explorations*
**Accelerate
Your Retirement
Future**
pg. 8

The Magazine of Tel Hai Retirement Community | Spring 2023



PLANNING

A ROADMAP FOR RETIREMENT



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EDITOR
Jolene Weaver
Director of Communications

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Anstey Hodge Advertising Group,
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PLANNING: A ROADMAP FOR RETIREMENT

Charting your course

Navigating the road of retirement can be tough. So many unknowns and too many questions, not to mention the eventual detours and roadblocks.

Whether it's a spouse or a loved one, the conversations surrounding your options can be equally stressful.

- Why should I move if I'm still healthy?
- How will I know if I can afford it?
- Who should I talk to? Where do I start?

At Tel Hai—a Life Plan Community—it doesn't have to be stressful. We're a good place to start and the time is now.

Why spend another day in your home trying to decide when is the right time to move? Why wait until an unexpected illness, injury or health challenge forces you or your family to make a life-changing decision?

ADVANTAGES OF MOVING

The value of a retirement community like Tel Hai lies in the priority access to the full range of residential accommodations, amenities and continuing care services to enhance your retirement experience and secure your future.

A retirement community is so much more than “continuing care.” We're about giving residents the place and the people to live life to its fullest. Today's seniors

are self-directed planners who aren't looking for “care,” but rather a life filled with possibilities and options.

On a journey where there can be so many distractions and off-ramps, our worry-free lifestyle allows residents to truly embrace the Redefining Retirement™ concept, the heart of Tel Hai.

SECURITY IN AFFORDABILITY

At our fee-for-service community, you have the security of a safety net, which provides access to health services that you pay for only when and if you need them. Having a plan in place allows residents to chart their own course and live life as they choose.

On page 5, you'll see our quick and easy guide to goal, research and move planning. Let us help you shed the burden of worry, lighten your load, and determine that your destination is Tel Hai!



THE FAST LANE TO RESIDENCY: GET YOUR ENGINE STARTED

Redefine retirement your way by replacing today's what-ifs with a clear plan for the future. With our Future Resident List, Ready-Set-Go Program and Moving Resources Program, we've made it easy for you to take the fast lane to become a Tel Hai resident.

FUTURE RESIDENT LIST

The Future Resident List—often called a “waiting list”—brings you the peace of mind and assurance you've prepared for your future at the “Hill of Life.” Upon successful completion and acceptance of your application for residency, you'll be invited to community events and connection activities.

READY-SET-GO PROGRAM

This program is designed to accelerate your preparation in moving to Tel Hai and gives you additional support, benefits and planning timelines to make the move happen. You'll be invited to exclusive events and view available residential living accommodations first, before the Future Resident List or general public!

MOVING RESOURCES PROGRAM

This signature Tel Hai program—available only for those enrolled in Ready-Set-Go—pairs you with essential move-related services. As a complimentary service, we're here to help you with all your questions, no matter how big or small. With our impressive catalogue of vetted, trusted partners and helpful resources, our aim is to minimize your stress and help make your move organized and achievable.

telhai.org/residency



DESTINATION... KNOWN!

Tel Hai gives you endless options of where and how to spend your future on your road to retirement. Encompassing multiple neighborhoods with hundreds of accommodations, our expansive collection of residential living floor plans—ranging from intimate studios to a spacious three-bedroom retreat—offers something for everyone.

785

Residents Enjoying the “Hill of Life”



443

Residential Living Accommodations



192

Cabinetry, Hardware, Countertop, Tile & Flooring Options



148

Acreage of the Tel Hai campus

46

Apartment Floor Plans



6

Residential Living Neighborhoods



LIFE PLANNING MAPPED OUT

Navigating Future Continuing Care Options



As a Life Plan Community, we're at the intersection of where two roads merge—planning and living. It's about having a plan in place to live life as you choose. And it's about knowing you have the security of a health care safety net.

By planning ahead—and choosing Tel Hai—you'll have the full complement of continuing care services available if you ever need it. No matter how long or which level of care you utilize, you only pay for the care services you actually use. If your care needs change, we'll meet you where you are and help you along the way.

• HOME CARE & HOME HEALTH

An essential piece of the continuing care puzzle, home care (non-medical) and home health (medical) pair in-home services with residents' needs, so you can maintain your independence safely and stay in your home longer.

• PERSONAL CARE

For individuals who require daily assistance to remain independent, safe and secure, personal care provides the amenities of residential living paired with 24-hour, resident-centered nursing support.

• RESPITE CARE

Short-term respite stays are 7- to 30-day visits and include all the features and services provided within personal care. The visit includes a fully furnished private accommodation with an en-suite full bathroom.

• MEMORY CARE

Our new, secure memory support neighborhood offers resident-centered nursing support for those with memory changes. Led by a dementia-trained care team, the programming provided matches the needs and wants of each resident.

• HEALTH CARE

When medical needs advance to requiring 24-hour skilled nursing care, our compassionate, expert team of health care professionals is just a step away. Residents experience the highest quality of life in a setting that preserves their dignity and personal choices.

• SHORT-TERM REHAB

After an unexpected illness, injury or a planned surgery, we're here to help you get well and get back to your life.

• OUTPATIENT THERAPY

We're equipped to handle a variety of physical, mental and medical rehabilitative needs in our Outpatient Therapy Health Suite, including things like falls, pain management, joint replacements, balance issues, memory enrichment training, and low vision.

Mapping Your Journey

THE PLANNING

CHECKLIST

A good time to start is now. A great place to start is here. Fast track your journey to residency by clipping out this quick-access checklist to help avoid future gridlock. You can do it. We can help.

GOAL PLANNING: WHAT IS MY PLAN?

- Define your lifestyle needs and wants.
- Discuss your preferences for future care.
- Secure a financial advisor and establish a financial pathway.
- Begin exploring communities that interest you.
- Schedule visits to taste, tour & try.

Get started by scheduling a visit:
telhai.org/visit

RESEARCH PLANNING: HOW AM I GOING TO GET THERE?

- Join several waiting lists and narrow your residency options.
- Bring order to your finances and personal documents.
- Explore your home sale options and interview realtors.
- Prepare your home for listing and begin rightsizing.

Get started by joining the Future Resident List and Ready-Set-Go Program:
telhai.org/residency

MOVE PLANNING: AM I READY?

- Volunteer, attend events and develop relationships with current residents.
- Utilize the Tel Hai Team to help and guide you.
- Update your application and finalize financial assets needed.
- Tour your new home at Tel Hai and confirm your selections.
- List your home for sale.
- Secure a mover and get packing!

Get started by utilizing the Moving Resources Program:
telhai.org/MRP

Questions? Please contact us at (610) 273-9333, extension 2144, to schedule a personalized visit to our campus to explore life at Tel Hai.





GET IN GEAR

Explore our Holistic Wellness Approach

Living life to the fullest now begins by focusing on preventive health for tomorrow. At Tel Hai—with our comprehensive package of wellness services, programming, and professional guidance—it’s never been easier to stay well and fill up your tank!

Our holistic “way to wellness” approach centers on four key areas including body, mind, spirit and service. Our endless variety of activities and events provide you the opportunity to participate in select programming before you even move to the “Hill of Life.”

In partnership with our trained and specialized wellness team members, we help residents—and future residents—maintain optimal health and live a vibrant lifestyle.

With two pools—including our 8,500-sq.-ft. StoneCroft Aquatics Center, which sports a six-lane, 25-yard competition-sized pool, thermal spa and locker rooms—and two fitness rooms, our dynamic spaces are a great place to get connected.

From one-on-one personal training sessions to group classes, land and aquatic wellness programming highlights include:

- Tennis & Pickleball
- Yoga & Tai Chi
- Zumba® & Line Dancing
- Cardio & Strength Training
- Ping-Pong, Shuffleboard and Bocce
- Water Volleyball
- Aqua Aerobics and Aqua Arthritis
- Aqua Deep Water



LEARN MORE: Contact the Physical Wellness Supervisor today at (610) 273-9333, ext. 2441 or wellness@telhai.org to learn more about our Community Membership Program.

Accelerate Your Retirement Future

Discover our Interactive Floor Plans



At Tel Hai, we give you all the tools and tips to navigate your retirement future. From scaled floor plans to virtual tours, you can explore our community online before you even step foot on our beautiful 148-acre campus.

By using our Interactive Floor Plan tool, it's easier than ever to envision your life—and your stuff—at home at the “Hill of Life.”

With this new feature, you can “play” with the layouts of 6 select accommodations including cottages and apartments ranging from 790 sq. ft. to 1,890 sq. ft. The tool allows you to quickly and easily drag-and-drop your furniture into your preferred floor plan.

Plus, you can save your floor plan so you can come back later to play some more! So grab your tape measure and get started!

telhai.org/INTERACTIVE

SAVE YOUR FLOOR PLAN

PRINT YOUR FLOOR PLAN

ADD NOTES

ZOOM IN/OUT

RESIZE, DRAG & DROP YOUR FURNITURE

CHOOSE YOUR FURNITURE

LAYOUT FURNITURE FOR EVERY ROOM

Take the on-ramp to Tel Hai!

It's easy to get started. Tracy and Karen are here to help you as you explore what your future will look like at the “Hill of Life!”



Tracy Weaver, Residential Living Counselor, loves developing relationships with future residents and their families. She'll help you navigate your senior living experience at Tel Hai, explore your options and get started on the path to residency. Tracy's a pro on explaining all things Tel Hai, like the benefits of our Life Plan Community continuum of care, amenities and lifestyle.

STEP 1: Download the E-Brochure

Request our online e-brochure or a detailed mailed brochure, which includes information about the Tel Hai lifestyle, services, amenities and pricing. telhai.org/information

STEP 2: Schedule a Visit

We encourage future residents and their families to visit our community. We'll discuss what life is like at Tel Hai and tour the spaces and places that interest you. telhai.org/visit



Karen Cochran, Moving Resources Manager, is here to help you through the moving and selections process. Upon successful acceptance of your application for residency, you'll join the Future Resident List. Also, you'll be eligible to enroll in the Ready-Set-Go Program and access our Moving Resources Program. Karen's excited to equip and prepare you to help make your move manageable!

STEP 3: Preview the Community

Prior to your visit, “go virtual” and explore our extensive online library of virtual tours. Our videos give you a great insight into the homes of residents who are loving life at Tel Hai! telhai.org/virtual-tours

Life ON THE Hill

SUMMER 2023

EVENTS. ENTERTAINMENT. ENGAGEMENT.

Life at Tel Hai is enriching and rewarding! Our calendars are jam-packed with life-enhancing events that will keep your mind engaged, your body energized, and your spirit lifted. We welcome you to attend any of our dynamic events, including educational lectures, entertaining concerts and enrichment opportunities.



American Revolution: Faith & Conflict

Mondays, May 1, 8, & 15, 2:30 PM

Join Ken Sensenig for a three-part educational journey describing uncertain times in the American Revolution. From the casualties of the Battle of Brandywine and the importance of the Ephrata Cloister to a Mennonite preacher and his wife facing a supreme test, you do not want to miss this series. Two centuries almost obliterated this story, but recent decades shed new light on remembering forgotten heroes of the faith.**



Swing Time Dolls

Friday, June 2, 7:30 PM

This all-female vocal group—consisting of three of the area's most accomplished vocalists—shines a new light on the tunes of the American Hit Parade of the '40s and the '60s classics of the Vietnam era. Drawing on inspiration from the Andrews Sisters, the Dolls pride themselves on tight and intricate harmonies that are sure to keep any listener engaged. The Dolls will take you on a sentimental journey back in time with their pinup-styled costumes and energetic choreography.*



Swing Street

Swing Street

Friday, June 9, 7:30 PM

Swing Street is a jazz quartet consisting of vocalist Olivia Marsteller, Chuck Oettel on guitar, Mike Truitt on keyboards, and bassist Pete Bainbridge. The group features a mix of mainstream jazz standards, jazz adaptations of popular tunes and a few adventures into smooth jazz. With over a decade of vocal performance experience, Olivia's smooth, expressive voice is highly complementary to Swing Street's style!*

West Chester Community Band

Wednesday, June 14, 7:30 PM

The West Chester Band is an all-volunteer Community Concert Band, performing in and around the area since 1986. The band has earned a fine reputation for performing a variety of audience-pleasing music. The evening's performance will include a wide variety of musical genres such as classics, show tunes, jazz pieces, marches, and contemporary arrangements.*

Ben Mauger's Mission Impossible Band

Wednesday, June 21, 7:30 PM

Mauger's new group, Mission Impossible, has a repertoire including Big Band swing, show tunes, Blues Brothers, and Broadway favorites like *Chicago*. The name was picked because it's nearly impossible to find 8 musicians who know all the different styles of all this great music... but Ben found them! This 8-piece band plays everything from the 1920s thru the 1970s!*

Galena Brass

Thursday, June 29, 7:30 PM

Founded in 1995 in Bucks County, the Galena Brass band epitomizes versatility. From classical to Dixieland and rock to polka, a Galena Brass performance is engaging and energetic. They've performed at Longwood Gardens, Christmas at the Stadium in Reading, Peddler's Village, Phoenixville's Dogwood Parade and Malvern's Memorial Parade.*



Galena Brass

West Chester Swing Kings

Wednesday, July 12, 7:30 PM

The West Chester Swing Kings are a nineteen-piece big band featuring music from the "Golden Years" of the 1940s by artists like Glenn Miller, Woody Herman, Tommy Dorsey, Count Basie and Duke Ellington. They also play contemporary tunes by artists like James Brown, Brian Setzer, and Big Bad Voodoo Daddy.*



Chaney

Marcus Chaney

Thursday, July 20, 7:30 PM

Possessing a lengthy performance resume second to none, Chaney brings to life multiple genres of entertainment for an evening of fun and music. A veteran of professional theatre from Broadway to lengthy cruise ship productions, he is the quintessential song-and-dance man.*



Coon

Pianist Jeffrey Uhlig & Vocalist Jeffrey Coon

Friday, July 28, 7:30 PM

Tel Hai favorite Uhlig is back with theatre artist and producer Jeffrey Coon. Performing in more than 100 professional productions all over the country, Coon was most recently seen at the Fulton Theatre as Colonel Arbuthnot in *Murder On the Orient Express*. He is the co-creator and Executive Director of *The Summer Club*, a nightclub cabaret show featuring musical standards, stand-up comedy and a 17-piece big band.*

Twisted Roots

Wednesday, August 2, 7 PM

Twisted Roots is a Philadelphia-area rhythm & blues and rockabilly band with John Colgan-Davis—legend in the Philly area blues scene—on harmonica and vocals. John has been playing in the area since the '60s and is a founding member of the Dukes of Destiny. John is joined by Rich McKenzie on bass, Scott Shore on drums and Charlie Gombar on guitar and lead vocals.*



Zahm

An Evening of Song: Charlie Zahm & Tad Marks

Wednesday, August 9, 7 PM

Baritone Zahm—a popular Celtic festival musician and Tel Hai favorite—is back with fiddler Marks to provide a musical evening of traditional acoustic music, including selections from Ireland and Scotland, songs of the sea, cowboy favorites and many others sure to get you singing! Of both Scottish and Irish blood, Zahm's heritage is reflected in his performance, as he brings his authentic love and respect for Celtic songs to the stage.*

The Resale Shop

The Tel Hai Resale Shop features a vast array of donated items available for resale to the public. Extremely affordable—and many times "one-of-a-kind"—items featured in the shop include jewelry, pottery, glassware, collectibles and endless treasures. Located in the Hertzler Apartment Building, all sales support residents who outlive their ability to pay for the care they require. Visit telhai.org/resale for details.

We're Open, 9 AM - 1 PM

Friday, May 19 Friday, June 16
Friday, July 21 Friday, August 18

Artscapes

Tel Hai boasts an impressive array of professional and in-house resident artists' work on display in the Clark Gallery, located within StoneCroft Commons. The resident-led Art Task Force welcomes the public to enjoy the gallery and discover more about the featured artist, their technique and each curated collection.



AUGUST & SEPTEMBER 2023
Featuring *Dr. Stephen Smith*

Throughout his 42-year career as a dentist, Stephen utilized photography for case documentation, education, lecturing and scientific publications. In addition to his dynamic photography, he added contemporary and abstract paintings to his portfolio, utilizing high-intensity alcohol inks and luminous heat-embossed crystals in mixed-media.

Meet Stephen on Friday, September 29 from 1-3 PM in the gallery.

JUNE & JULY 2023
Featuring *Loretta Gable Englerth*

Loretta—a self-taught artist born and raised in Chester County—uses her talents to impart a calming and nostalgic feeling to her viewers through her artwork. While having a personal love and expertise in watercolor, her broad range of mediums includes pen and ink, pastels, acrylics and oils.

Meet Loretta on Friday, July 28 from 1-3 PM in the gallery.

The Clark Gallery is located at 4000 Tree Line Drive, Honey Brook. Parking is available adjacent to the entrance of StoneCroft Commons.

Destinations



Israel: Walk Through the Bible
a biblical study and adventure tour
13-Day Trip: March 2024
OPEN TO THE PUBLIC

Are you ready to reignite your passion for travel, learning and culture? Join **Chaplain Dave Hicks** as he leads residents and friends on a 13-day "Israel: Walk Through the Bible Tour" in March 2024.

In conjunction with Educational Opportunities Tours and The Jerusalem Center for Biblical Studies, Chaplain Dave will provide an exceptional biblical and geographical perspective to the Holy Land with a time for reflection at the most significant sites.

For additional information and to be added to the interest list, please contact Dave directly at dhicks@telhai.org or (610) 273-9333, ext. 2443. telhai.org/israel

Day in the Country OPEN HOUSE

Saturday, May 6
10 AM-2 PM

Get off the beaten path and discover the joy of inspired living at Tel Hai! We're a close-knit community where the robust and rewarding lifestyle you want today meets the assurance of continuing care services for your future.

From fun wellness programming like Tai Chi to outstanding entertainment acts, we're a community that's redefining what retirement living is and having fun while doing it!

It's the ideal day to explore your interests with a self-guided tour. Discover our full range of expansive amenities, accommodations including cottages and apartments, and health services like personal care.

Lunch Available For Purchase

Event registration begins at StoneCroft Commons, located at 4000 Tree Line Drive, Honey Brook. Follow Beaver Dam Road to the West Entrance of Tel Hai, then turn onto Tree Line Drive and follow signs to StoneCroft. Parking is available adjacent to the entrance.

Scan the QR code below for more!



RSVP requested by April 28. Call Marketing at (484) 796-4262, email info@telhai.org or register online at: telhai.org/DIC



Join Us on Campus at the “Hill of Life”



Day in the Country
OPEN HOUSE

Saturday, May 6
10 AM-2 PM

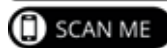


Get off the beaten path and discover the joy of inspired living at Tel Hai! We’re a close-knit community where the robust and rewarding lifestyle you want today meets the assurance of continuing care services for your future.

It’s the ideal day to explore your interests with a self-guided tour. Discover our full range of expansive amenities, accommodations including cottages and apartments, and health services like personal care.

Event registration begins at StoneCrest Commons, located at 4000 Tree Line Drive, Honey Brook. Follow Beaver Dam Road to the West Entrance of Tel Hai, then turn onto Tree Line Drive and follow signs to StoneCrest. Parking is available adjacent to the entrance.

RSVP requested by April 28.
Call Marketing at (484) 796-4262,
email info@telhai.org or register
online at: telhai.org/DIC



Lunch available for purchase



“Taste of Tel Hai” Luncheons

A TASTE of
Tel Hai

Join us for a delicious meal where you’ll learn about residential living options. Each luncheon begins at 11 AM in the StoneCrest Center for Worship & Performing Arts.

- Thursday, May 4 *RSVP by April 24*
- Tuesday, June 20 *RSVP by June 9*
- Thursday, July 13 *RSVP by July 3*
- Tuesday, August 29 *RSVP by August 18*

Seating is limited. RSVP required.

telhai.org/TasteofTelHai

Unless otherwise noted, events held at StoneCrest, located at 4000 Tree Line Drive, Honey Brook. Parking available adjacent to entrance.