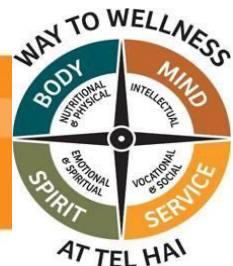


What's New?

A newsletter for Residential Living at Tel Hai Community



Join us for these weekly events:

***Unless otherwise noted by activity coordinator**

Every Monday

- 9:30 – 10:40 AM - Ukulele Band Rehearsal: CWPA Poolside
- 10:00 AM - 12:00 PM – Drop off donations and open for shopping at Resale Shop: HZ
- 1:00 PM – Canasta: Conservatory
- 7:00 PM – Pinochle: HCSR

Every Tuesday

- Trash pick-up day, please have out Monday night
- 9:00 AM - Chime Choir Rehearsal: GR
- 9:00 - 11:00 AM – Clinic Hours with Nurse Sara. Free blood pressure screenings provided: SCHS
- 9:00 AM - 11:30 AM – Woodcraft Shop is open. Bring your items that need a repair: Drop off at WS
- 2:00 - 4:00 PM – Color with Me: DB
- 7:00 PM – Men's Bible Study: HCCR 2nd floor

Every Wednesday

- 1:00 PM – Mahjong – all are welcome to come: Conservatory
- 1:30 PM – Practicing Painters (bring your supplies and enjoy the company of others): AOE
- 7:00 PM – Bridge: DB

Every Thursday

- 10:00 AM – Bible Discussion Group: THSR
- 10:00 AM – Community Bible Study: CWPA, poolside & SPDR (Except Dec. 22 & 29)
- 1:00 - 3:00 PM – Train Room is open for visitors
*Except third Thursday
- 3:00 PM – Mindfulness Meditation: Theater
- 6:30 PM – Canasta: Daily Brew

Every Friday

- 10:00 AM - GriefShare – HCCR

Every Sunday

- 9:00 AM – Chapel Service: Channel 968 and in-person attendance at CWPA (no 9 AM service Dec. 25)
- 10:30 AM – Chapel Service: Channel 968 and in-person attendance at A/C

What's New? For December, 2022

Thursday, December 1

- 10:30 AM – Veterans Coffee Hour: MR
- 2:00 - 4:00 PM – Nimble Fingers – bring your knitting, crocheting, or other needle art projects while enjoying good conversation. All are welcome: Conservatory
- Fulton Play (members only) – depart from the SC at 6:00 PM and GCC at 6:15 PM

Friday, December 2

- 7:00 PM - Movie Night – “Top Gun”: CWPA

Saturday, December 3

- Lancaster Symphony Orchestra (members only) – depart from GCC at 11:45 and SC at 12:00 PM

Sunday, December 4

- “The Many Moods of Christmas” at Calvary Lutheran Church – depart from GCC at 12:30 PM and from SC at 12:45 PM.

Monday, December 5

- 11:00 AM – “Jesus in Galilee” Bible Study with Pastor Dave: GR

Tuesday, December 6

- 1:00 - 3:00 PM – Chess Matches: Conservatory

Wednesday, December 7

- 11:00 AM – Tel Hai Choir Rehearsal: A/C

Friday, December 9

- 7:30 PM – Minor Street Brass & Next and vocal soloists
(Christmas Program) Shuttle from GCC beginning at 7:00 PM: CWPA

Monday, December 12

8:00 AM – Registration begins for next session of Tai Chi, January 5 – February 23. Class hours are 11:45 AM-12:45 PM or 1:00-2:00 PM. Contact Gwynne at gjohnson@telhai.org (preferred) or 610-273-9333, ext. 2441.

11:00 AM – “Jesus in Galilee” Bible Study with Pastor Dave: GR

Tuesday, December 13

12:00 PM – WEL (Widows Enjoying Lunch): MDR
12:00 PM – Newbies Lunch: Grandview Commons

Wednesday, December 14

7:00 PM – “Sounds of The Season” Christmas Concert featuring Tel Hai Choir, Chime Choir, and new Drama ministry: CWPA – Shuttle begins from GC at 6:30 PM

Thursday, December 15

10:30 AM – Veterans Christmas Brunch: MR
Free Tai Chi. Either 11:45 AM - 12:45PM or 1:00-2:00 PM. No registration needed

2:00 PM - Catholic Mass: A/C
2:00 - 4:00 PM – Nimble Fingers – bring your knitting, crocheting, or other needle art projects while enjoying conversation. All welcome: Conservatory

► Submissions for the January What’s New? are due by today. Submit articles to whatsnew@telhai.org

Friday, December 16

9:00 AM - 1:00 PM – Resale Shop open
2:00 PM - “Healthy Living for Your Brain & Body”: CWPA
7:00 PM – CWPA Movie Night featuring “Nativity” Theatre

Monday, December 19

7:30 PM – LanChester Chorus Christmas Program: CWPA – Shuttle from GCC at 6:30 PM

Tuesday, December 20

8:45 AM “check in” with Judy for departure to American Music Theater Christmas Program and lunch at Hershey Farms (advanced sign-ups required) – departure from Grandview Commons

Wednesday, December 21

1:00 - 3:00 PM – Chess Matches: HCSR

2:00 PM - An Afternoon of Song, Christmas popular music and carols singalong: CWPA

Saturday, December 24

3:00 PM – Christmas Candlelight Service: CWPA

Sunday, December 25

10:30 AM – Chapel Service: CWPA

Tuesday, December 30

8:45 AM “check in” with Judy for departure to American Music Theater Christmas Program and lunch at Hershey Farms (advanced sign-ups required) – departure from Grandview Commons

Saturday, December 31

7:00 PM - CWPA & Garrett Community Center – New Year’s Eve party

GENERAL ANNOUNCEMENTS

Reminder of Room Reservations for

Resident-Use: As we head into the holiday season, we wanted to remind residents of our Room Reservation procedure, as outlined in your Resident Handbook. Residents, family of residents, and team members may reserve Tel Hai facilities for private parties or functions. This includes community rooms and amenity spaces. Reservations may be made by contacting Amy Stanton, Administrative Assistant to the President/CEO, at Ext. 2005 or Jessica Martin, Residential Living Administrative Assistant at 610-273-9333 Ext. 2091 or the StoneCroft Front Desk at Ext. 2442

Train Room Holiday Open Houses-

Tel Hai’s Train Club welcomes you to their holiday open house on Saturdays December 10, December 17 and Thursday, December 29 from 11:00 AM to 2:00 PM, featuring extensive displays of HO-, S-, G-, and O-gauge railroads and delightful miniature communities. Residents are invited to bring their families, children and grandchildren to explore all the railway

communities within the detailed tablescapes! Also, view the newly completed 30-foot mural, showcasing the Chester County countryside, by professional artist and Tel Hai resident Loretta Englerth! (Train Room is located in StoneCroft, Brownstone, 1st Floor).

Calling all RL bakers

Please consider donating a dozen cookies or any type of baked good for the Lakeview Holiday party on Dec 19th at 11:00 AM.

Bake goods can be dropped off to Jennifer Goossen on Dec 18th between 10:00AM - 1:00 PM in the Lakeview office located at the Lakeview main entrance first door on the left!

Christmas Veterans Brunch

Thursday, December 15, at 10:30 AM in the Garrett Dining room. Fun with Santa Claus and presenting the Tel Hai Ukulele Band! Spouses are encouraged to attend.

The Veterans Coffee Hour

Thursday, December 1, at 10:30 AM in the Magnolia Dining Room. Do we have stories? Do you have one? Come join the group and enjoy free coffee and donuts!

Library Committee Announcement

We appreciate your support of the Garrett Library and the Book Nook at StoneCroft. If you decide to donate magazines, please donate current issues. Please do not bring catalogs (ie. Lands End, LL Bean, etc.) Thanks for helping us keep the space orderly and neat.

Book Nook DVD Collection

The DVD collection in the Book Nook in StoneCroft has added many new titles. They are on the first set of shelves before the paperback books. Borrow one or two and return them when you finish watching them.

Afternoon of Song

An Afternoon of Song is being held in the CWPA, on Dec. 21st, featuring a Christmas program. Transportation will be from Garrett, starting at 1:15 PM; 3 persons at a time until all have been taken to StoneCroft. At the end of the program the return to Garrett will be done the same.

2022 Disclosure Statement

The 2022 Disclosure Statement is available to view on the Resident Portal as well in the GCC library and the SC Book Nook.

Beginner's Ping Pong Program

If you would like to learn to play ping pong or renew your youthful skills, come join us Thursdays in the Gathering Room from 11:15 AM - 12:15PM. This is an 8 week trial period from January 5th through February 23, 2023, to see if interest exists. Equipment is available. Those who play well, please take part in ping pong activity on Tuesday morning at 11:15AM QUESTIONS: 484-340-0395

Tel Hai's Love Offering To The Homeless

Once again Tel Hai will be collecting necessities for the homeless of Chester County, that will be distributed by Human Services, Inc. The drive will run from February 1st to February 14th. When individuals or families who come from a shelter or motel or living with relatives are placed in a home, they arrive without the basics to start living in their new home. With your new gifts of requested items they will be able to cook a meal, make their bed, and take a shower. Lists of needed items will be placed in resident mailboxes the first week of December. Thank you in advance for your generosity. The Volunteer Engagement Committee

Alzheimer's Association Lecture

On Friday December 16th from 2:00 -3:00 PM in the CWPA, Brad Trout from the Alzheimer's Association will be here. The topic is called "Healthy Living for Your Brain & Body".

What's New? Deadline

The LAST DAY to submit articles for the January What's New? is Thursday, December 15. Email your article to whatsnew@telhai.org.

WORSHIP

Sunday Chapel Services in the A/C have resumed to in-person. All Residents must screen at the Chapel Lobby and are required to wear a mask.

Holiday Services - Please join us for the following holiday services and celebrations:

Christmas Tree Lighting Ceremony, our traditional kick-off to the season of light featuring refreshments and caroling in the Grandview Commons on Wednesday, November 30th at 5:00 PM.

Christmas Program of music and Readings featuring our Tel Hai Choir, Chime Choir and residents on Wednesday, December 14th at 7:00 PM in the Stonecroft CWPA.

Christmas Eve Candlelight Service, our traditional service to be held on Saturday, December 24th at 3:00 PM in the Stonecroft CWPA.

Christmas morning combined service will be held in the CWPA not the Chapel at 10:30 AM on Sunday, December 25th. There will not be a 9:00 AM service.

New Year's Day combined service will be held in the Auditorium Chapel at 10:30 AM on January 1st. There will not be a 9:00 AM service.

HEALTH & WELLNESS

Tai Chi Free Day

Mark your calendar and save the date: December 15 will be a 'free day' for anyone to try Tai Chi. If you're unfamiliar with Tai Chi, this is a perfect opportunity to try it out! If you're an avid fan of Tai Chi - come! Two class times: 11:45 AM to 12:45 PM or 1:00 to 2:00 PM. No registration needed.

Tai Chi Class

Tai Chi will continue from January 5 - February 23. This 8-week session will be \$30 and will be billed directly to your Tel Hai account. All classes will be held on Thursday, 2 time options (11:45 AM - 12:45 PM or 1 - 2 PM). Registration begins Monday, December 12, 8:00AM. Registration must be made with Gwynne and will be determined by the time of receipt. Please communicate class preference when registering. Email is preferred: gjohnson@telhai.org or by phone at extension 2441.

Water Volleyball

The residents play Water Volleyball with a beach ball every Tuesday and Thursday from 2:30 to 3:30 PM in the Garrett pool. New to Tel Hai? We are always looking for more players. A very fun exercise.

Mindful Meditation

Mindfulness meditation is a practice that helps the body and mind relax by resting the attention on an object like the breath or bodily sensations. Practicing meditation regularly for as little as three minutes a day can offer benefits. Research has shown that some possible benefits of meditation include things such as reducing stress, anxiety, high blood pressure and improving attention. Some people find that it helps them sleep better. If you

have any questions or are interested in a morning time for a weekly meditation, please feel free to contact Judy LaDrew at 484-722-8395 or judyldrew@gmail.com

Would you like to learn the Electric Slide for New Year's Eve?

Drop-in classes on Fridays, 3:00 - 3:30 PM in the Gathering Room through and including December 9.

McCormick Chiropractic

McCormick Chiropractic is available for appointments. Call directly to inquire and to schedule an appointment; 610-705-0201.

Dr. Lori Wilde - Podiatry

Mondays in LVHS and Fridays in SCHS. Appointments required. Call Dr. Lori directly to schedule an appointment; 215-696-6078.

Amanda Rock - Financial Planner

Amanda is available for appointments on campus. Please call her directly to schedule an appointment; (800) 626-1190.

OnSite Dermatology

OnSite Dermatology is available for appointments in the SCHS. Call directly to schedule an appointment; 1-877-345-5300.

Massages at StoneCroft Health Suite

Massages are available by appointment only. November dates are: Monday 12/5 & 12/19; Friday 12/9 - these dates from 11:00 AM - 4:00 PM. Tuesday 12/27 from 1:00 PM - 4:00 PM. Please contact Shelly Hansen at shellyinlight@verizon.net or 610-466-7733 to schedule an appointment.

CAMPUS SPECIAL EVENTS

You're invited....

Lakeview Personal Care invites you to celebrate the holiday season with them by attending a holiday concert. Bishop Shanahan High School Choir and Band will be in the A/C on December 19 at 11:00 AM. Join them after the concert for refreshments. Please RSVP to Ginny Crasten at ext. 2144 or gcrasten@telhai.org. Transportation will be provided by the bus beginning at 10:00 AM from SC Commons to the A/C.

Veterans Day Program Recording

The November Veterans Day Program was recorded. We did miss about the first 13 minutes due to technical difficulties, but we did record the rest of the program. We will plan to show this on 968 on two different Saturdays. The first is Dec. 10th and the second date is Dec. 17th. The program will start at 9:00 AM and will run on a continuous loop until 3:00 PM both days.

Resident Angel Wreath

The holidays are approaching and so is an opportunity to share our blessings with others. If you'd like to be an angel to a Meadows resident, please plan to pick a tag from the angel wreaths thru Dec 18th. Wreaths are located in the StoneCroft & Garrett lobbies. Please see the wreaths for more information.

SAVE THE DATE: Friday January 20th for Dinner and a Magic Show. Fellow resident Hunter Gaul and his magician friends will perform following a delicious dinner served (5:00 pm) in the CWPA. Use your Dining Dollars for dinner; donations will be graciously accepted for a spectacular magic show.

New Year's Eve Party - 7:00 to 10:00 PM

CWPA - we have hired a DJ for a Dance Night. Tables will be set up by noon on Saturday, Dec.

31. Come and decorate your table and bring a snack to share at your table.

Garrett - Frank Starr plans to bring his keyboard near the fireplace and bring a snack to share at the Daily Brew. Come for a social time to bring in the new year, sing along to the music, or bring a game.

Book Club

The December selection of the StoneCroft Book Club is "The Cellist of Sarajevo" by Steven Galloway. Our meeting is Monday, December 19, 2022 in the Conservatory at Brownstone at 7:00 PM.

WEL (Widows Enjoying Lunch)

Tuesday, December 13, 12:00 PM: Magnolia Dining Room. Come and meet some of your neighbors, make new friends, share stories together, and have a laugh or two. We meet on the 2nd Tuesday of the month at noon. Please bring your lunch and beverage. To learn more about this social group, and to make a reservation, contact fellow resident Bebe Holland at 610-999-7907 or email bebeholland28@gmail.com.

Newbies Lunch

Welcome to Tel Hai's newest residents. Those residents who have joined our community in the last few years are the *Tel Hai Newbies*.

The Newbies meet and mingle once a month. At these get togethers we have learned from each other and made new friends. Our next events are scheduled for:

Tuesday, December 13th at Noon

Monday, January 16th at Noon-Guest Speaker Scott Burkholder, VP Facilities & Project Management. We meet at Grandview Commons. (Grandview Commons is the Club House across from StoneCroft. You'll need your badge for entry.)

This is a "Brown Bag" lunch visit and you are encouraged to bring your lunch from home or

pick something up at Stone Hearth Grille before the meeting. Please bring along any questions you have about Life on the Hill. We'll share information and get answers to your questions. Questions? Contact: Margaretmary Sommar, 484-364-0837 psommar@comcast.net

Christmas Pool Tournament

8-ball, Dec. 6-20

Contact Bob LaDrew at bonkersboy@gmail.com
484-722-8395

Coming in January: Women's Novice Billiards

8 weekly sessions

Class limited to 4 students

Bob LaDrew bonkersboy@gmail.com
484-722-8395

ART TASK FORCE DISPLAYS December

Garrett Community Center- Gingerbread and Cookie Decor

StoneCroft - Winter/Christmas Decorations

Clark Gallery - Diana Kornet

MOVIES

Friday December 2nd, 7:00 PM, CWPA:

Top Gun: Maverick After thirty years, Maverick is still pushing the envelope as a top naval aviator, but must confront ghosts of his past when he leads Top Gun's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it. Tom Cruise, Miles Teller. 2022. PG-13. 2hr 11min.

Friday December 16th, 7:00 PM, CWPA:

Nativity! Grade school teacher Paul (Martin Freeman), charged with directing his school's Nativity play, puts himself in a comedic bind when he boasts -- falsely -- that his ex-

girlfriend plans to turn the production into a film. Martin Freeman, Marc Wootton. 2009. PG. 1hr 45min.

Friday January 6th, 7:00 PM, CWPA: Elvis. Elvis's story is seen through the prism of his complicated relationship with his enigmatic manager, Colonel Tom Parker. As told by Parker, the film delves into the complex dynamic between the two spanning over 20 years, from Presley's rise to fame to his unprecedented stardom, against the backdrop of the evolving cultural landscape and loss of innocence in America. Central to that journey is one of the significant and influential people in Elvis's life, Priscilla Presley. Austin Butler, Tom Hanks. 2022. PG-13. 2hr 39min.

Friday, January 13th, 7:00 PM, CWPA: Thirteen Lives. In this dramatization of a harrowing plight and daring rescue mission, a Thai youth soccer team and their coach find themselves trapped in a flooded cave for 18 days as international efforts are mounted to save them. Viggo Mortensen, Colin Farrell, Joel Edgerton, Tom Bateman. 2022. PG-13. 2hr 22min.

TRIPS

** Brochures for trips are available in the Resident Business Centers. **

The Many Moods of Christmas - Sunday, December 4 traveling to Calvary Lutheran Church. Featuring Chancel, a Children's Handbell Choir, Piano, Organ & Orchestra. A few of our residents are performing in the program. Tel Hai will be providing transportation which leaves from the Garrett at 12:30 and from StoneCroft at 12:45 for the 2:00 PM performance. Call Judy at 610-273-9333, ext. 2154 for sign ups. There are no registration forms. The only cost for the day is transportation.

Taste Buds - We will be going to the Culinary School at Lancaster County Career & Technology Center in Mt. Joy. We will be served by the students in their Infusions Restaurant. It is planned for January 12th. Please arrive at Grandview Commons by 9:45 AM for a 10:00 AM departure. The menu will include hot and cold drinks (unlimited), soup OR salad, and your choice of one of 7 entrees (Steak, Salmon, etc). Bread is included as well as a starch and vegetable of the day. A dessert tray will be presented at the end of the meal for your choice. The cost for the coach and the meal is \$38.00 and will be billed on your monthly bill. Driver gratuity is included and there will be a tip jar for the students. The meal should be 1.5 hours and we will return directly to Tel Hai afterwards. Sign ups are in the RBC and there is a waiting list.

Virginia Tattoo Trip, April 19-21

Brochures will be coming out soon through Elite Coach.

Adirondack Trip

The exact dates haven't been solidified, but we are looking at the last week in September. Brochures are in process.

Announcements Concerning Trips

The Trip Committee met recently, and we are in the process of planning 2023 single and multi-day trips. What we have noticed is how much prices have increased. Coach prices, restaurants, hotels and attractions have increased. As you look at brochures and prices, please keep these realities in mind. We are doing our best to provide affordable trips.

TEL HAI PERFORMING ARTS

Lukens Band

Tuesday, November 29, 7:30 PM, CWPA

The Lukens Band, from Coatesville, PA is no stranger to the Tel Hai Community. Come out and enjoy this 30+ piece band. The program will consist of basic standard selections and Christmas selections.

Minor Street Brass & Next

Friday, December 9, 7:30 PM, CWPA

Shuttle from Garrett at 7:00 PM

The Minor Street Brass Next and vocal soloist will perform arrangements of well-known Christmas tunes as well as Christmas carols. Come and celebrate Christ's birth with us through the magic of music.

Tel Hai Christmas Program - Sounds of the Season Wednesday, December 14, 7:00 PM, CWPA- Shuttle from Garrett at 6:30 PM.

Please attend this special Christmas celebration with Tel Hai residents and staff members participating. The shuttle will begin at the Garrett at 6:30. Please notice the special time of 7:00 PM.

LanChester Chorus Christmas Program

Monday, December 19, 7:30 PM, CWPA

Shuttle from Garrett at 7:00 PM

Join LanChester Chorus for an evening of Christmas Classics. Founded in 1950, the Chorus consists of 30 mixed voices from communities within Lancaster and Chester Counties and has been meeting in Christiana for the past 70 years. The group has performed several times at the White House for Christmas, the Kennedy Center, the State Capitol in Harrisburg and Open house at the Governor's mansion.

Barron Ryan (pianist/entertainer) -

"Classic Meets Cool"

Saturday, January 14, 7:30 PM, CWPA

(an extremely special evening)

Shuttle from the Garrett at 7:00 PM

Barron Ryan's love for music has always been divided. The son of two musicians, he grew up in a house filled with the sounds of artists ranging from Mozart to Michael Jackson. So, when it comes to his own work, he's not content drawing on just one influence. He combines them all into a musical adventure that's vintage yet fresh, historical yet hip, classic yet cool. Expect to be entertained as well as awed by his talent on the piano.

Red Satins

Friday, January 27, 7:30 PM, CWPA

Shuttle from the Garrett at 7:00 PM

The Red Satins specialize in your favorite sound of the 50s and 60s. For more than a decade, they have been re-creating that unforgettable music for grateful audiences across Chester County and beyond. Their harmonies will take you back in time. Songs from the Temptations, Frankie Avalon, Dion & the Belmonts and many more.

An Afternoon of Song

Tuesday, Feb. 8

Jeffrey Uhlig (piano)

Friday, February 10, 7:30 PM, CWPA

Jenn Furman (vocals)

Shuttle from Garrett at 7:00 PM

James Correnti - Pianist

Friday, February 24, 7:30 PM, CWPA

Shuttle begins from Garrett at 7:00 PM

Julliard trained, Jim has been visiting us almost annually for about 30 years. He has become a friend to Tel Hai and a great pianist.

Coming in March: Manor Winds on the 16th and Dr. Jester & the Kings of Swing on the 31st.

Coming in April: By Popular request, we did manage to get David Kim back on Saturday, April 1 at 1:00 PM (this is no April Fool's joke - David is one of the best violinists in the world). Then on Saturday, April 29 a very special

performance by the Wheatland Chorale with a 7:00 PM start time.

LIFE ENRICHMENT LECTURES

Monday, January 9, 2:30 PM, CWPA

Author, Lisa Betz (daughter of Beth Ellis) -

"What's in Your Creativity Toy Box"

Don't let the golden years become the ho hum years. Creative thinking is a vital life skill at any age. Creativity can spice up your life and keep your brain agile by participating in activities that refill your creativity "toybox."

This talk will:

Explain why creative thinking is vital to everybody at any age

Show how to overcome 3 major creativity killers

Explore 5 different categories of creative activities

Challenge listeners to be intentional about adding creative endeavors to their lives—from badminton to board games to basketmaking, and more.

Lisa E. Betz is an engineer-turned-mystery-writer, entertaining speaker, and unconventional soul. She inspires people to become their best selves, living with authenticity and purpose, and she infuses her award-winning novels with unconventional characters who thrive on solving tricky problems.

She and her husband reside in Morgantown, Pennsylvania. Lisa directs church dramas, hikes the beautiful Pennsylvania woods, eats too much chocolate, and experiments with ancient Roman recipes. Visit www.lisaebetz.com. Lisa may have some of her books for sale.

Monday, January 16, 2:30 PM, CWPA "A Touch of Home in the Combat Zone"

Maureen Heyburn, resident of Tel Hai will tell about her work as a Red Cross worker in Viet Nam. She served in the Red Cross from 1967-69. "A Touch of Home in the Combat Zone" is a DVD that the women who served in the Red

Cross developed. Come and hear Maureen's story.

Monday, January 23, 2:30 PM, CWPA "The Witty Ben Franklin"

"The Witty Ben Franklin" Ben Franklin impersonator, Robert DeVitis, researched in-depth to give tribute to this great man. Robert is one of the best Ben Franklin impersonators in Philadelphia. The witty Ben Franklin is a gifted raconteur speaks about his life that earned him the title "The First American." The looks, mannerisms and especially the wit of Ben Franklin come to life as if he were here today. Ben has an informative & humorous talk about his life. He speaks about things never heard before. Answers some of the Trivia questions which will surprise as to what the real answers are. He is the Ben Franklin of today!

Monday, January 30, 2:30 PM, CWPA, "Get To Know You"

Join us for another time to get to know each other better. We will be offering short introductions of new households with a time of refreshments afterwards. Please come and show support to our new folks.

FOR YOUR INFORMATION

** A complete calendar of events is located on the Resident Portal! Check it out on your smartphone, tablet, or computer!

** Tune to **Channel 965** for the daily information slides.

** Tune to **Channel 968** for live streaming of Sunday chapel services. All other programs will be only in-person unless otherwise noted.

**At the time of publication, this edition of *What's New?* is as accurate as possible. Any corrections required, will be shown on Channel 965.

ABBREVIATIONS KEY

Garrett CC, Lakeview and Healthcare Center

A/C – Auditorium/Chapel
ADS – Adult Day Services
AZSQ – Azalea Square Dining Room
DB – Daily Brew
FR – Friendship Room (3rd fl. Hillcrest)
FTR – Fitness Room
GCC – Garrett Community Center
GR – Gathering Room
HCR(2) – Hillcrest Conference Room (2nd floor)
HCSR – Hillcrest Social Room (4th floor)
HZ – Hertzler
LV – Lakeview
LVHS – Lakeview Health Suite
MP – Mantel Pointe (fireplace in GCC)
MDR – Magnolia Dining Room
RBC – Resident Business Center
TH – Tel Haven
THSR – Tel Haven Social Room

StoneCroft (SC) – Ground Floor

SCHS – StoneCroft Health Suite & Therapy area
SCAC – StoneCroft Aquatics Center & Pool
SCWFR – StoneCroft Watson Fitness Room
SCGER – StoneCroft Group Exercise Room

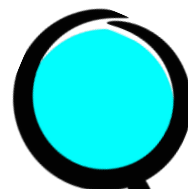
StoneCroft (SC) – 1st Floor

AOE – Art of Everything Room
CP – Corner Pocket
FCC – Fireside Ceramics Center (includes pottery)
SPDR – Scalies Private Dining Room
BN – The Book Nook
CWPA – Center for Worship & Performing Arts
SC Dining Area – SC Grille (informal)
SC Outdoor Patio – The Terrace

Brownstone

Train Room – 1st Floor
Theater – 2nd Floor
Textile Arts Room – 3rd Floor
Conservatory – 4th floor

Grandview Commons (GVC) – across from SC
Hillside Amenities – bocce, tennis, pickleball courts



Watch Out for Wellness

Movie Committee

The Movie Committee is a group of 6+ residents whose primary responsibility is selecting recently released movies to show in the CWPA -- generally twice a month, free of charge to Tel Hai movie-goers. To make it a real movie theater "experience", we also provide typical movie-time snacks - freshly popped popcorn, drinks, and some good old-fashioned junk food. We meet at noon on the first Wednesday of each month. Current committee members are: Patti Barker, Peggy Charnock, Kathy Kay, Sandy & Wendell Koenig, Margaret Lehman, Bob Tully, and Ron Yavorka. We are looking for new members! If you are interested in joining the committee, we would love to have you sit in on a meeting or call one of us to find out more about what we do. Or, if you would like to help us out with movie night set up, we would be happy to have some extra help!

Newbies Group

Do you want to get "Plugged In" at Tel Hai? Do you have unanswered questions about "Life on the Hill?" Come to a Newbies luncheon! Everyone is welcomed!!

We meet one day a month on varying days of the week but always at noon. We meet in GrandView Commons (the Club House) which is across the street from StoneCroft next to the tennis courts. Bring your own lunch and enjoy a time of conversation followed by introductions by each person in attendance and then a time of questions and answers about any topics of interest and occasionally a Tel Hai Team member guest speaker. This is a wonderful way to get involved, meet new faces and find out about all the ins and outs of living at Tel Hai!

For more information contact: Margaretmary Sommar 484-364-0837 psommar@comcast.net or Terry Feisler 484-786-4210 tfeisler@verizon.net

December 2022 Aquatic Schedule

SCAC = StoneCroft Aquatics Center **GCCP** = Garrett Community Center Pool



For schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool. Additionally, for SCAC updates, check SCAC entrance signs and Tel Hai's FaceBook.

Monday December 26, GCCP will be open pool only 7:30am-11:00am, no classes running. SCAC no change in schedule.

SCAC will be closing at 2:00pm Tuesday December 6 and Wednesday December 21 to accommodate BSHS swim meets.

Water temperature will be cooler on these dates.

We apologize in advance for any closures.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Pool & Lap Swim	<u>SCAC:</u> 7:30am-12:00pm <u>GCCP:</u> 7:30am-9:30am	<u>SCAC:</u> 7:30am-12:00pm 1:00pm-6:00pm <u>GCCP:</u> 1:15pm-2:15pm	<u>SCAC:</u> 7:30am-12:00pm 12:30pm-3:00pm <u>GCCP:</u> 7:30am-9:30am	<u>SCAC:</u> 7:30am-12:00pm 1:00pm-6:00pm <u>GCCP:</u> 1:15pm-2:15pm	<u>SCAC:</u> 7:30am-12:00pm 12:30pm-3:00pm <u>GCCP:</u> 7:30am-9:30am	<u>SCAC:</u> 7:30am-12:00pm <u>GCCP:</u> 9:00am-11:00am	<u>SCAC:</u> Closed <u>GCCP:</u> Closed
Spa	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Open to Close	Closed
Water Fitness Classes	<u>SCAC:</u> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am <u>GCCP:</u> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<u>SCAC:</u> Deep Water 9:15-10:00am <u>GCCP:</u> None	<u>SCAC:</u> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am <u>GCCP:</u> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<u>SCAC:</u> Deep Water 9:15-10:00am <u>GCCP:</u> None	<u>SCAC:</u> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am <u>GCCP:</u> Aqua Aerobics 9:30-10:30am Arthritis 10:30-11:30am	<u>SCAC:</u> Deep Water 9:15-10:00am <u>GCCP:</u> None	<u>SCAC:</u> None <u>GCCP:</u> None
Volley Ball	None	<u>GCCP: Resident</u> 2:30-3:30pm	None	<u>GCCP: Resident</u> 2:30-3:30pm	None	None	None
SCAC Lessons	None	4:30pm-5:50pm	None	3:45pm-5:50pm	None	8:45am-11:45am	None
Swim Teams	3:45pm-5:30pm	None	3:45pm-5:30pm	None	3:45pm-5:30pm	None	Updated 11/19/2022