

Life

TEL
HAI

The Magazine of Tel Hai Retirement Community | Fall 2022

*Online
Explorations*

**START YOUR
JOURNEY TO
TEL HAI NOW**

pg. 8



LIVING
Fully



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Tel Hai Life Magazine
Fall 2022

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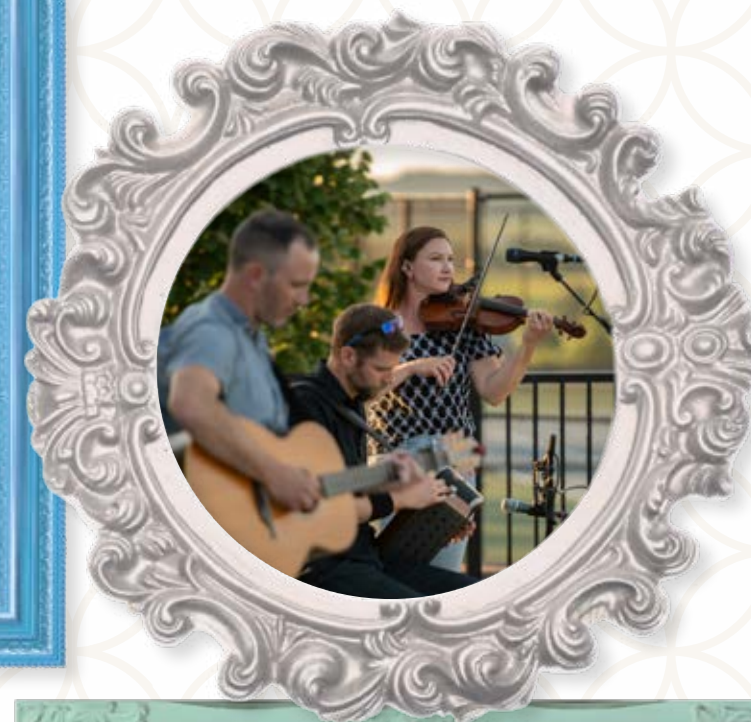
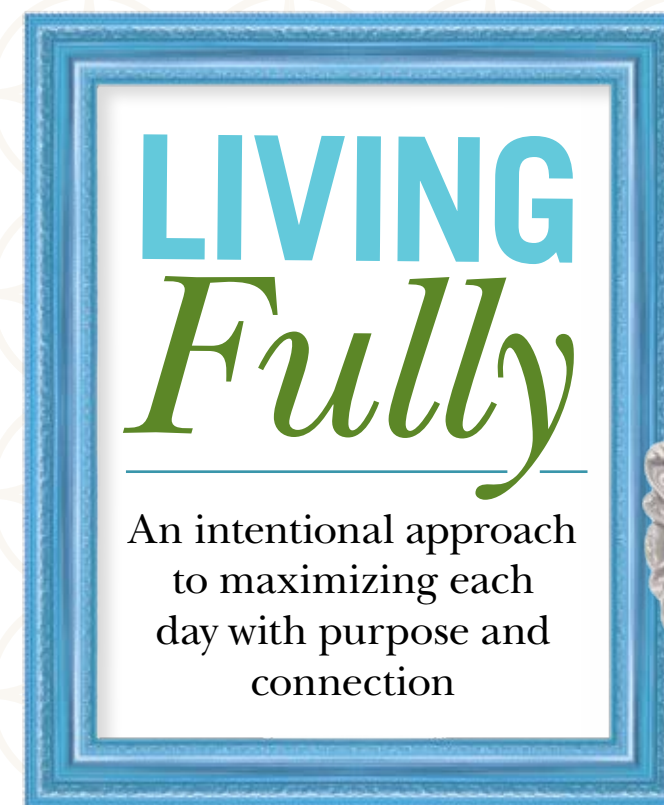
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Are there stones unturned and memories that have yet to be made? What do you want to achieve? What does your future hold?



At Tel Hai, a full-service Life Plan Community, we thrive on a collective, community spirit of being in the moment, awake and present. It's about doing today—in the here and now—the activities that spark joy and acts of service that inspire.

Residents spend each day doing, serving, and *living* together. They are bound by a common thread of making every day count. From uplifting dinner conversations with neighbors to world-traveling adventures with widowed friends, it's living fully while living in community.

"We are never bored. Life at Tel Hai keeps us vibrant and aware," shared resident Jack Burmeister. "When we play water volleyball, you'll hear our cheers of gladness and laughter gushing from the pool. It's so rewarding to just have fun!"

Don't let another day pass filled with indecision, self-doubt, or regret.

We've set the stage. The scenery has dropped. It's time to embrace the *living fully* lifestyle.



Community LIFE

The *living fully* concept embraces "community life" connections. Those connections are meaningful relationships with neighbors who become friends and team members who become like family.

It's a community filled with cheerleaders who can support, help and encourage you, no matter the challenge. Rediscover your passion for tennis? Find purposeful volunteer opportunities? Travel to new places? We've got you covered.

And it's those connections—combined with a vast array of unmatched amenities and dynamic programming—that become the perfect backdrop for a new chapter in your life.

Amenities & OPPORTUNITIES

Set on 148 acres, the Tel Hai campus is filled with spaces and places to enjoy while *living fully*. Residents love having it all... the comfort and privacy of home combined with endless amenities and opportunities just outside their front door.



OUTDOOR AMENITIES

- Amphitheater, performance space and event lawn
- Miles of walking, biking, and running paths
- Wellness courts for tennis, pickleball, bocce
- Courtyards, gazebos and wooded memorial garden path
- Resident flower and vegetable gardens

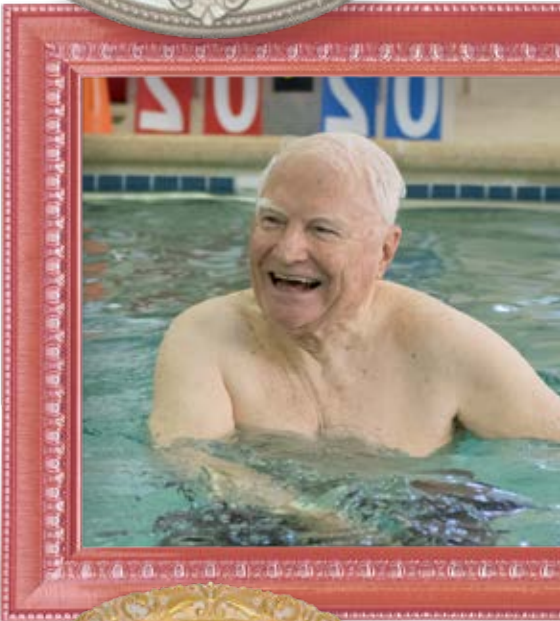
INDOOR AMENITIES

- 340-seat StoneCroft Center for Worship & Performing Arts
- 150-seat auditorium and chapel
- Four culinary services venues featuring sit-down and takeout options
- Multipurpose clubhouse with meeting room and kitchen
- Two aquatics centers with indoor pools and whirlpool spas
- Two comprehensive wellness centers
- Well-equipped hobby, craft and club spaces

- Indoor theater, conservatory, library and reading spaces
- Creative arts spaces, gallery and pottery studio with kiln
- Full-service Hidden Hills Salon and spa

LIFE ENRICHMENT OPPORTUNITIES

- 54 resident-led interest groups and clubs
- Lifelong learning lectures, talks and seminars
- Daily recreational, spiritual life and event programming
- Extensive land and aquatic wellness classes
- Dynamic concerts and performing arts
- Community excursions and international trips
- Enriching volunteer opportunities



Are you ready to experience *living fully* as a Tel Hai resident? Let's start a conversation. Contact us today at info@telhai.org, (484) 796-4262 or online at telhai.org/visit



Personalized LIVING

Person-centered support to encourage independence.



The value of a retirement community like Tel Hai lies in the priority access to the full range of continuing care services available to you. Our commitment is to maximize your independence and enhance your well-being, even as your care needs change. We'll meet you where you are and help you along the way.

Together, Tel Hai's compassionate team of expert health care professionals provides all services onsite, within our community—such as personal care, memory support and respite care.

Through understanding a resident's desires and preferences, our person-centered approach to care ensures that an individualized care plan suits their abilities while preserving their dignity, comfort and level of function.

Residents enjoy a robust nutrition and holistic wellness program that is based on their individual choices, cognitive abilities and interests. Stimulating activities are aimed to increase movement and fellowship among their neighbors and team members.

Personalized living... just another advantage of living "in community" at the Hill of Life.



PERSONAL CARE SERVICES

Lakeview Personal Care at Tel Hai offers 24-hour, person-centered nursing support coupled with a variety of social, recreational, and educational enrichment opportunities. Residents enjoy intimate accommodations that range in size from a small private room with bath to a spacious suite. Personal care team members encourage a worry-free lifestyle by supporting the resident with three meals daily, weekly housekeeping, laundry service and assistance with activities of daily living.

MEMORY SUPPORT SERVICES

Lakehouse Memory Support at Tel Hai offers personalized memory support care where residents live an active and engaged life in a safe and intimate environment. With a dementia-trained clinical team providing 24-hour person-centered care in a secure space, residents experience supportive, dignified living coupled with robust, dementia-focused programming for individuals at all ability levels.

SHORT-TERM RESPITE STAYS

Short-term respite stays—provided within Lakeview—are 7- to 30-day short-term respite stays for individuals requiring additional supportive care. If you are the caregiver for your loved one or you're currently utilizing home care services, a respite stay provides the caregiver much-needed relief for a vacation or break, while the individual receives care in a supportive and safe environment. Short-term respite stays include a fully furnished private accommodation with en suite bath and all the features and services provided within Lakeview.

VISIT US Explore Retirement Living Open House

Featuring Lakeview Personal Care

**Saturday, October 15:
10 AM – 4 PM**

Join us for a tour of Lakeview Personal Care as we participate in the "Explore Retirement Living Open House"—a community-wide day of visitation and exploration. In addition to several open residential living accommodations, you can meet Lakeview residents, visit amenities and common areas and learn more about the full continuum of care services, including memory care and health care services. **RSVP online at telhai.org/ERL**

Are you in need of Memory Support for a loved one? Thinking of exploring Personal Care options? Contact an Admissions Coordinator today at (610) 273-9333, ext. 2446, email info@telhai.org, or learn more at telhai.org



Customized LIVING

Creating the home
you've always wanted

At Tel Hai, customized living means providing you with the options and resources needed to make your new home everything you want it to be. Perhaps it's a light-drenched apartment with an expansive kitchen. Or a cozy cottage with a large primary bedroom and en suite, spa-like bathroom.

"We pride ourselves on coordinating selections and custom design work that truly captures the personality, wants and needs of residents moving to an apartment, cottage or townhome," shared Moving Resources Manager Karen Cochran. "It's about pairing an accommodation with a future resident's vision, and then working on the important details that make their house a home."

Our on-campus Custom Design Center is the home to thousands of combinations of high-quality products such as flooring, cabinets, paint colors and fixtures... available in every accommodation throughout our community.

Resident-requested design trends that have been featured in recently renovated homes include:



- Installing luxury vinyl planking through the entire accommodation to reduce dust, pet allergies and need for carpet cleaning
- Upgrading kitchen features such as an enameled cast iron farm sink and durable quartz countertops
- Installing smart, Wi-Fi-enabled space-saving appliances such as front-load wash towers
- Combining wood stained and painted cabinetry in bathroom and kitchen build-outs

ADVANTAGES OF APPLYING FOR RESIDENCY

Applying for residency at Tel Hai has never been easier. Starting with just a simple click, you can download, complete and remit the application to start the residency process.

Upon successful completion and acceptance, you'll join the Future Resident List, often called a "waiting list."

In addition to the Custom Design Center, you'll have access to two additional unique and exclusive Tel Hai programs.

The Ready-Set-Go Program: This complimentary program puts you on the "fast track" in preparing and equipping you for your move to Tel Hai. From members-only programs to special access to workshops and entertainment events, you'll have the opportunity to experience life at Tel Hai and connect with residents who live here. You'll also be invited to view available residential living accommodations first, before the Future Resident List or general public.

The Moving Resources Program: Also complimentary, this program pairs you with essential move-related services. We have access to an impressive catalogue of vetted and trusted partners—and helpful resources—aimed to make your move organized, convenient and less stressful. From hiring a real estate agent to finding a moving company, we're here to help.

ONLINE EXPLORATIONS

Start your journey to Tel Hai now!

From the comfort of your couch, it's easier than ever to discover what makes Tel Hai such a special place.

As a uniquely positioned community located in the heart of Chester County, we've got inviting spaces and outstanding amenities that pair perfectly with a worry-free lifestyle.

And with our expansive online library of virtual tours—including cottages and apartments—you can experience a preview of the Tel Hai campus and get a sneak peek of the Hill of Life.



GET STARTED TODAY

Step 1: Download the E-Brochure

Request our online e-brochure or a detailed mailed brochure, which includes information about the Tel Hai lifestyle, services, amenities and pricing. telhai.org/information

Step 2: Schedule a Visit

We encourage future residents and their families to visit our community. We'll discuss what life is like at Tel Hai and tour the spaces and places that interest you. telhai.org/visit

Step 3: Preview the Community

Prior to your visit, "go virtual" and tour the spaces and places that interest you. Our videos give you a great insight into the homes of residents who are loving life at Tel Hai! telhai.org/virtual-tours



The Woodcraft Shop Club

Power Tools, Paint Colors & Partnerships

Living "in community" at Tel Hai means endless opportunities, meaningful connections and fun activities await you beyond the walls of your home. Shared interest groups—like the Woodcraft Shop Club—allow residents to collaborate and enjoy their hobbies together.

Decades of residents have said "goodbye" to their basement wood shops or garage workbenches, and "hello" to a fully equipped, properly ventilated, and expansive wood shop that's at their disposal whenever they choose.

Featuring 2,100 sq. ft. of dedicated space, the shop includes a sanding and paint room, extensive collection of tabletop power tools,



lathe, dust collection system, lumber storage and craft supplies. The 32-member-strong club has a formal structure including foreman, assistant foreman, foreman-at-large and secretary.

"The Woodcraft Shop Club is about camaraderie. We help each other—and the greater community—on projects and have a great time doing it," shares resident Rich Toscano.

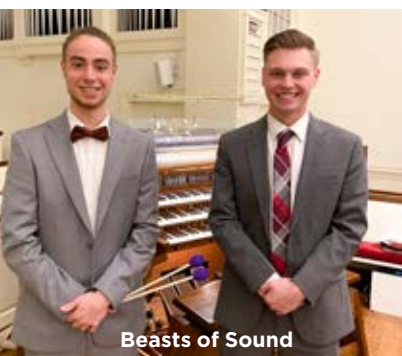
And those project lists are extensive! Residents work on their own personal projects, but also share their time and talents in performing repairs for the Resale Shop. Also, residents and team members drop off items for repair, refinishing or touching up, like lamps, tables, television cabinets and chairs. To date, the club has completed 80 projects in 2022.

Life ON THE Hill

FALL 2022

EVENTS. ENTERTAINMENT. ENGAGEMENT.

Life at Tel Hai is enriching and rewarding! Our calendars are jam-packed with life-enhancing events that will keep your mind engaged, your body energized, and your spirit lifted. We welcome you to attend any of our dynamic events, including educational lectures, entertaining concerts and enrichment opportunities.



Beasts of Sound

Beasts of Sound Percussionist David Sabella and Organist Reid Simmons

Friday, September 16, 7:30 PM

Beasts of Sound is a musical duo featuring David Sabella (percussionist) and Reid Simmons (organist). They enrich their audience by performing exciting, diverse new repertoire written and arranged for multi-percussion and organ. *(A Tel Hai Performing Arts Series Event)*



Author Barbara Shamp

Monday, September 26, 2:30 PM

We'll hear from author Barbara Shamp, who penned the contemporary mystery/suspense novel *Third Haven* and a sequel called *The Grist Mill Bone*—a finalist for the Next Generation Indie Book Award. Shamp's most recent entry to the book market is a highly researched work of historical fiction set on the Delmarva Peninsula. *(A Life Enrichment Committee Event)*



Reporter Chad Umble

Monday, October 3, 2:30 PM

A reporter for *LNP*, Umble will discuss how he landed his job, what it's been like to cover news in his hometown, and how the job has changed since the early 2000s. He'll share insight into how several of his own recent stories were selected and written, and will describe his most memorable experiences as a reporter. *(A Life Enrichment Committee Event)*



From Bach to Barry Manilow Pianist Jeffrey Uhlig & Clarinetist Doris Hall-Gulati

Friday, October 7, 7:30 PM

Tel Hai favorite Jeffrey Uhlig returns for a captivating and intimate evening of music with Doris Hall-Gulati. Hall-Gulati is Principal Clarinet in The Chamber Orchestra of Philadelphia and Bass Clarinetist in The Opera Company of Philadelphia. *(A Tel Hai Performing Arts Series Event)*



Armchair Travelogue: Australia, New Zealand & Fiji

Monday, October 10, 2:30 PM

Join Tel Hai residents Barbara and Bruce McCleary for an armchair travelogue of their trip to the east coast of Australia, beautiful New Zealand and tropical Fiji! Explore the South Pacific waters of Oceania and explore new lands 14,000 miles away. *(A Life Enrichment Committee Event)*

Islam: The Religion

Mondays, October 17-
November 14, 2:30 PM

As our communities grow more diverse, understanding each other becomes increasingly essential. Join Jeff Heim, and members of the Islamic Society of Chester County, for a five-week course on the origins of Islam and an interactive dialogue centered on Muslim beliefs and practices. Heim is a National Endowment for the Humanities Fellow (Arabic Novels in Translation, 1986), Fulbright Fellow (to India, 1989) and Annenberg Fellow (Conference for Teachers of the Middle East, 1994) and a member of the Religious Council of Greater West Chester. *(A Life Enrichment Committee Event)*

Chester County Youth Orchestra

Wednesday, November 16, 7:30 PM

The CCYO provides an opportunity for students in grades 6-12 to experience the joy of making music with a full symphony orchestra and allows them to meet fellow musicians from school districts across Chester, Delaware, and Montgomery Counties. *(A Tel Hai Performing Arts Series Event)*

Tribute Celebration

Thursday, December 8, 6 PM

Remember and celebrate the lives of your loved ones by attending our annual Tribute Celebration. Registration is recommended. Contact Alicia Guthrie, Development Office, at aguthrie@telhai.org or (610) 273-9333, ext. 2036.

Miner Street Brass Next

Friday, December 9, 7:30 PM

The Miner Street Brass Next and vocal soloist will perform arrangements of well-known Christmas tunes as well as Christmas carols. Come and celebrate Christ's birth with us through the magic of music. *(A Tel Hai Performing Arts Series Event)*



The Lan-Chester Chorus

A Christmas Medley: The Lan-Chester Chorus

Monday, December 19, 7:30 PM

Join the Lan-Chester Chorus for an evening of Christmas classics. Founded in 1950, the Chorus consists of 30 mixed voices from communities within Lancaster and Chester counties

and has been meeting in Christiana for the past 70 years. The group has performed several times at the White House for Christmas, the Kennedy Center, the State Capitol in Harrisburg and Open House at the Governor's mansion. *(A Tel Hai Performing Arts Series Event)*



Train Room Holiday Open House

Tel Hai's Train Club welcomes you to their holiday open house from 11 AM to 2 PM, featuring extensive displays of HO-, S-, G-, and O-gauge railroads and delightful miniature communities. Bring your grandchildren and explore all the railway communities within the detailed tablescapes! *(Train Room is located in StoneCroft, 4000 Tree Line Drive, Honey Brook. Follow signage on campus for parking and entry instructions.)*

Saturdays, November 26, December 10,
December 17, and Thursday, December 29

The Resale Shop

The Tel Hai Resale Shop features a vast array of donated items available for resale to the public. Extremely affordable—and many times “one-of-a-kind”—items featured in the shop include jewelry, china, pottery, glassware, collectibles and endless treasures. Located in the Hertzler Apartment Building, all sales support residents who outlive their ability to pay for the care they require. Visit telhai.org/resale for details.

We're Open... 9 AM - 1 PM on the Fridays listed below:
September 16 | October 21 | November 18 | December 16



ARTSCAPES

In the Gallery

Tel Hai boasts an impressive array of professional and in-house resident artists' work on display in the Clark Gallery, located within StoneCroft Commons. The resident-led Art Task Force welcomes the public to enjoy the gallery and discover more about the featured artist, their technique and each curated collection.

Meet the Artist: Joni Peters September 23, 1-3 PM

The Clark Gallery welcomes predominantly self-taught professional artist Joni Peters during the month of September. Creating art for more than 30 years, she works in various forms of media including oils, pastels, acrylics, watercolors, colored pencil and mixed media. Her versatile talents range from custom lettering to abstract, illustrative and realism art pieces. She's exhibited locally in the Art Plus Gallery of West Reading, The Gallery on High in Pottstown and Studio B in Boyertown.

The Clark Gallery is located at 4000 Tree Line Drive, Honey Brook. Parking is available adjacent to the entrance of StoneCroft Commons.



GriefShare Workshop Series

Fridays, September 9-December 9, 10 AM
The Hillcrest Conference Room, 2nd Floor

GriefShare is a special seminar and support group designed to help you rebuild your life after losing a loved one. Led by caring members of the Pastoral Care team, sessions include a video seminar with experts, support group discussion, and focus on personal study and reflection. Registration is recommended. Enter at Garrett Community Center. Contact Chaplain David Hicks at dhicks@telhai.org or (610) 273-9333, ext. 2443. Nominal fee charged.

Jesus of Galilee: A Bible Study Series

Mondays, September 26-
December 12, 11 AM
The Gathering Room
Garrett Community Center

Join Chaplain David Hicks for a 12-week, in-depth bible study series on Jesus of Galilee. Using photos, scripture and historical information, we'll explore the ministry of Jesus in the Galilee and what it means for us today. Enter at Garrett Community Center.

Our interdenominational services and programming welcome individuals of all faiths.

Thanksgiving Eve Worship Service

Wednesday, November 23, 7 PM
StoneCroft Center for Worship & Performing Arts

Join us in worship at our yearly Thanksgiving Eve Service, which is a special service of praise with time for music and meditation.

A Night of Music & Reflections

Wednesday, December 14, 7 PM
StoneCroft Center for Worship & Performing Arts

Join us in worship with music led by our Tel Hai Choir, Chime Choir and residents. Event will include time for meditation and prayer.

Candlelight Christmas Eve Worship Service

Saturday, December 24, 3 PM
StoneCroft Center for Worship & Performing Arts

This joyous Christmas Eve service will celebrate the birth of our Savior with guest musical performers.

The StoneCroft Center for Worship & Performing Arts is located at 4000 Tree Line Drive, Honey Brook. The Garrett Community Center is located at 1200 Tel Hai Circle, Honey Brook. Parking is available adjacent building entrances.

You're Invited A Fall Event Preview

Community life at Tel Hai is a perfect mix of engaging experiences and meaningful connections. Mark your calendars for the following upcoming special events and annual favorites. It's a time to learn, explore and connect with the residents who live in our community!

SEPTEMBER



Best Kept Secrets Tour

September 10 – September 24

Stone Hearth Grille, Located in StoneCroft

We're joining Chester County's "Best Kept Secrets Tour" as a featured stop! Enjoy lunch or dinner at the Stone Hearth Grille, one of our signature on-campus restaurants, Monday through Saturday. The Grille features casual, café-style dining in a cozy setting with a fireplace and an outdoor seating area called The Terrace. The menu includes signature made-to-order items, weekly specials, soups, salads and deli sandwiches. Purchase your tour ticket at bestkeptsecretstour.com

NOVEMBER



Merchants & Community Services Faire

Thursday, November 3: 10 AM - 2 PM

Event held in StoneCroft

Learn about diverse resources in our region and explore local businesses at our ever-popular Annual "Merchants & Community Services Faire." The faire features more than 50 professional service providers; health care service providers; community, civic and service organizations; and government & public agencies. Plus, you don't want to miss out on the free health screenings and door prizes. View the event details at telhai.org/Merchants

Holiday Bazaar

Saturday, November 19: 10 AM - 2 PM

Event held in StoneCroft

From home-based businesses to skilled craftsmen, our annual Holiday Bazaar is a great place to get a head start on holiday shopping. Local vendors display their handcrafted woodwork, artisan jewelry, artwork, pottery, and florals. You'll also see all the favorite brands you've come to trust and valued local vendors. View the event details at telhai.org/HolidayBazaar

OCTOBER



Explore Retirement Living Open House

Saturday, October 15: 10 AM – 4 PM

Event begins at StoneCroft

Visit Tel Hai for the "Explore Retirement Living Open House" as we join several other communities in Lancaster and Chester counties. We'll have several accommodations open to explore—like cottages and apartments—as you secure your retirement future at Tel Hai. You can also tour Lakeview Personal Care and learn more about our full continuum of care services, including memory care and health care services. RSVP online at telhai.org/ERL

DECEMBER



Jingle & Mingle Dessert Reception & Open House

Tuesday, December 6 or

Tuesday, December 13: 12:30 PM

Event held in StoneCroft

Experience the warmth and joy of the holiday season at Tel Hai. Join us for a dessert reception, short presentation and tours of community common spaces, amenities and well-appointed residential living accommodations. Seating is limited. For Dec. 6, RSVP required by Nov. 25. For Dec. 13, RSVP required by Dec. 2. at telhai.org/Holidays2022



Tel Hai Retirement Community | 1200 Tel Hai Circle
P.O. Box 190 | Honey Brook, PA 19344 | telhai.org





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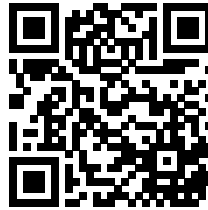
Join Us on Campus at the “Hill of Life”

Explore Retirement Living Open House

Saturday, October 15: 10 AM - 4 PM | Event begins at StoneCroft

Visit Tel Hai for the “Explore Retirement Living Open House” as we join several other communities in Lancaster and Chester counties. We’ll have several accommodations open to explore—like cottages and apartments—as you secure your retirement future at Tel Hai. You can also tour Lakeview Personal Care and learn more about our full continuum of care services, including memory care and health care services.

RSVP requested at telhai.org/ERL



Scan the QR code for a complete listing of participating communities.

Jingle & Mingle

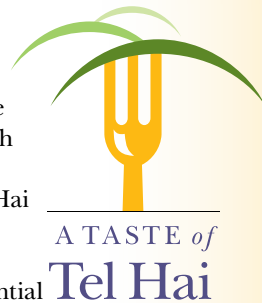
Dessert Reception and Open House
Tuesday, December 6 or
Tuesday, December 13: 12:30 PM
Event begins at StoneCroft

Experience the warmth and joy of the holiday season at Tel Hai. Join us for a dessert reception, short presentation and tours of community common spaces, amenities and well-appointed residential living accommodations.

Seating is limited. For Dec. 6, RSVP required by Nov. 25.
For Dec. 13, RSVP required by Dec. 2. at telhai.org/Holidays2022

“Taste of Tel Hai” Brunch or Lunch

Join us for a “Taste of Tel Hai” brunch or lunch to learn more about the Tel Hai lifestyle. In addition to a delicious meal, you’ll explore residential living options at our community, and hear from the residents who live here.



BRUNCH

Tuesday, October 25, 10:00 AM
RSVP by October 14

LUNCHEON

Thursday, November 10, 11:00 AM
RSVP by November 1

Seating is limited. RSVP required.
Dietary Restrictions: Please notify us if you have a food-related allergy or dietary restriction such as gluten-free.

telhai.org/TasteofTelHai

Events held at StoneCroft, located at 4000 Tree Line Drive, Honey Brook, PA. Parking available adjacent to entrance.

COVID-19 PRECAUTIONS: The well-being of all individuals visiting, working and living at our community is our first priority. We follow guidelines set forth by the CDC.

