Now Open LAKEHOUSE MEMORY SUPPORT pg. 4

The Magazine of Tel Hai Retirement Community | Winter 2022

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Life at Tel Hai



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Tel Hai Life Magazine WINTER 2022

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COVER IMAGE: Tel Hai Residents. Photo by The Premise Studio.





COMMUNITY • CULTURE • CONNECTIONS



At Tel Hai, we hear the same comment often: "I should have moved sooner."

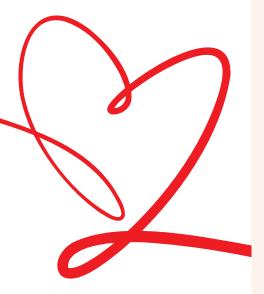
Whether it's a Friday night cookout with neighbors or a pick-up game of bocce ball, resident conversations reflect the when and why of their move to the "Hill of Life."

Reflections almost always include the same sentiments. They could no longer keep up with the house. Their spouse's health began to decline. They wanted a plan for future care needs. They wanted financial security and safety.

No matter the when or the why, they're glad they did. Because they're loving life at Tel Hai.

Tel Hai cottage resident JoAnne Kirn with her miniature Goldendoodle Abby.





ife at Tel Hai is centered on community, culture, and connections. It's the experience of living in a place where you're surrounded by people who care about you and encourage you. It's the moments of fun, joy and delight, and sharing them together with friends and neighbors.

Throughout our recent years of growth, we've been intentional about creating and renovating spaces for the community to come together. From entertaining summer concerts in our outdoor amphitheater to enriching wellness classes in our gyms, we offer the places, the people and the programming for memory-making moments. It's those moments that you just can't simply get staying at home. The history of these moments combined—spanning more than six decades—has resulted in an undeniably unique Tel Hai culture. One that stands firm on the pillars of our foundation of faith. We're rich in heritage, with a legacy of exemplary service and care. It's just who we are.

A continuing care retirement community like Tel Hai affords you the opportunity to experience life to the fullest. Exactly how you choose to spend it. It's enjoying the advantages of living "in-community" in a way that matches your interests, your passions and your comfort.

It's never too early to begin exploring what future awaits you at Tel Hai. Start with us; start today.

And like our residents, you'll be glad you did. Let us welcome you home to Tel Hai.

the Experience

ike many of our Life Plan Community peers, Tel Hai partners with Pinnacle Quality Insight to survey the experience of residents on a monthly basis.

The purpose of the survey is to understand the resident experience and identify opportunities for improvement. We identify, analyze and apply the feedback to enhance our core service areas, from lunch service to mail delivery.

Let's take a look at what they're saying.

⁶⁶ Tel Hai is a warm and caring community. People support each other and we just have a lot of fun living here. ⁹⁹

⁶⁶ I love the friendships and connections I've made with neighbors. It's just a neat place to live. ⁹⁹

⁶⁶ Staff respects my independence, but they are a call away if I need something. I like knowing I have support when I need it.⁹⁹

⁶⁶ Living at Tel Hai is like being on a cruise ship... but I never have to get off!⁹⁹

 ⁶⁶ This community is filled with peace, serenity, security and safety. It's everything I desired since I live alone.

66 We have fun! What's better than that? It's a beautiful community—right next to the golf course—and it's clean, well-managed and you're never bored. ??

Your Pets

Pe know that beloved pets can be an integral part of your family. Don't let Fido stop you from exploring your retirement options at Tel Hai. We're a pet-friendly community and can't wait to welcome your pet "home" to Tel Hai. We love cats, pups, birds, rabbits and creatures big and small! Dogs are permitted in cottages, townhomes and ground-level, private-entrance apartment units.

You'll start to see the "Pet Friendly" logo on many of our communications. If you have a specific pet-related question, contact Tracy Weaver, Residential Living Counselor, at (610) 273-9333, ext. 2700 or email tweaver@telhai.org. Now Open

Lakehouse MEMORY SUPPORT *at Tel Hai*

The newest addition to our full complement of continuing care services has opened, and we've welcomed residents "home" to Lakehouse Memory Support at Tel Hai. Discover more about what they—and their families—are loving about Lakeview.



We understand that with a dementia diagnosis, the care needs of your loved one can be a complex and worrisome challenge. We provide personalized memory support care through all the bends and turns of the dementia journey.

• The *care*: Residents are living an active and engaged life in a safe and intimate home-like environment at Lakehouse. With a dementia-trained clinical team providing 24-hour person-centered care in a secure space, residents are experiencing supportive, dignified living with a robust nutrition and wellness program based on their individual choices, cognitive abilities and interests.

• The *home-like environment*: Lakehouse hosts various environmental features that improve accessibility for residents with dementia, including spacious resident rooms and bathrooms, secure outdoor spaces, paint color palettes to assist in wayfinding, and private, quiet spaces.

• The *training*: Team members at Lakehouse are specifically trained and certified in the delicate care of individuals with dementia through the Alzheimer's Association EssentiALZ curriculum. All Lakehouse team members incorporate evidence-based dementia care to enhance person-centered, quality care to residents.

Are you in need of Memory Support for a loved one? We're here to help. Contact our Admissions Coordinator at (610) 273-9333, ext. 2446, email info@telhai.org, or learn more at telhai.org/Lakehouse. Explore Personal Care & Memory Support

SATURDAY, MARCH 26, 2022

9 AM - 12 PM =====

Do you have a loved one who requires extra support to remain independent yet safe and secure? Learn how the team at Lakeview Personal Care and Lakehouse Memory Support can meet their changing needs now and into the future.

At this open house event, you'll explore:

- Our all-new Lakehouse Memory Support neighborhood, which assists those living with a dementia diagnosis. Residents live an active and engaged life in an intimate and secure home-like environment.
- Our Lakeview Personal Care neighborhood, which provides the freedom and amenities of residential living paired with clinical support. Person-centered support allows residents to thrive in place and enjoy a worry-free lifestyle.

Event begins at Lakeview Personal Care. Enter the community at 1200 Tel Hai Circle, Honey Brook, off Beaver Dam Road. Follow signage on Tel Hai Circle to Lakeview. Parking is available adjacent to the entrance.

at Tel Hai

COVID-19 Precautions: The well-being of all individuals visiting, working and living at our community is our first priority. We follow guidelines set forth by the CDC. All visitors will be screened prior to entry.

Space is limited, and guided tours will be provided at 30-minute intervals. RSVP required by March 11 by calling the Admissions Coordinator at (610) 273-9333, ext. 2446, emailing info@telhai.org, or registering online at telhai.org/Lakehouse.

Lakeview Personal Care at Tel Hai & Lakehouse MEMORY SUPPORT



Distinctively and any insthemated

Distinctively unique and conveniently connected



How much space do you really need? Do you have rooms you rarely use? Is your basement filled with boxes of unused items?

L's time to consider the advantages of apartment living... it offers everything you need, and nothing you don't. It means having enough room to entertain the family or host a weekend guest without useless spaces that create more cleaning and more work.

With apartment living at Tel Hai, your options are endless. Encompassing two neighborhoods totaling 206 accommodations, our expansive collection of floor plans ranges from an intimate studio or one-bedroom residence to a spacious two-bedroom and den retreat.

From customized quality finishes to special features like vaulted ceilings and spacious closets, apartment living offers the perfect combination of rightsizing your home and maximizing your retirement future.

With just one visit to our campus, you'll see residents loving apartment living. They're living life outside of their homes by enjoying all the amenities, public spaces and communal benefits of a Life Plan Community.

- All apartments are located with direct access to dining venues, fitness areas, pools, resident gathering spaces and additional amenities. With everything under one roof, apartment living is the essence of convenience!
- From a round of tennis with girlfriends to a mahjong tournament with neighbors, residents are engaging physically, socially, spiritually and emotionally at the "Hill of Life" each and every day.
- Coupled with large balconies and spacious closets, apartment living offers ample space to live with an equally affordable entrance fee and monthly fee to match.

• Every apartment accommodation includes a temperaturecontrolled private storage unit perfect for oversized and seasonal items that you still need and want, but don't desire within the walls of your home.

Don't be deterred by the task of rightsizing prior to a move to Tel Hai. Apartment living just might be for you, and we can help show you how.

After joining the Future Resident List, you'll have access to our Moving Resources Program, which features an impressive catalogue of vetted and trusted partners and helpful resources aimed to make your move stressfree, organized, and convenient.

Schedule an apartment tour today. Get started at **telhai.org/visit**



Online Explorations Start planning your future today!

Residents at Tel Hai love living with purpose and enjoyment. Their todays and tomorrows are filled with freedom, inspiration, impact and endless potential. Will you join them?

It's time to secure the future you've always wanted. We're a community like no other; inviting spaces, outstanding amenities, and wonderful neighbors. With our new e-brochure, you can experience a preview of the Tel Hai campus and get a sneak peek of the Hill of Life.

It's easier than ever to discover what makes Tel Hai such a special place. Download it today to get started on your tomorrow!

STEP 1: Download the **E-Brochure**

Request our online e-brochure or a detailed mailed brochure, which includes information about the Tel Hai lifestyle, services, amenities and pricing.

telhai.org/information

STEP 2: Schedule a Visit

We encourage future residents and their families to visit our community. We'll discuss what life is like at Tel Hai and tour the spaces and places that

interest you. telhai.org/visit

STEP 3: Apply for Residency

Upon successful completion and acceptance of your application for residency, you'll join the Future Resident List. Also, you'll be eligible to enroll in the Ready-Set-Go Program and access our Moving Resources Program.

telhai.org/residency

STEP 4: Connect with Us

There are countless ways to begin connecting within the community virtually or in person. We encourage you to explore our upcoming events and become immersed in life at Tel Hai before you even move in!

telhai.org/connect

To Love Is to Share Donating loved items to The Resale Shop

Are you ready to embrace a future filled with less "stuff?" To rightsize your belongings in preparation for a future move? It's time to sort through your closets and basement boxes and say goodbye to once-beloved items that no longer spark joy nor serve a purpose.

Let us help you on your journey to declutter and rightsize. The Resale Shop graciously accepts donations from future residents and the greater public who have unused items they no longer find value in or need.

ITEMS ACCEPTED INCLUDE:

- furniture and lamps · household and kitchen items
 - (in good working condition)

• small appliances • tools, mechanical items and cabinets • framed prints and art

The shop is located in the Hertzler Apartment Building, and all sales support the Care Assurance Fund that provides financial assistance to residents who outlive their ability to pay for the care they require.

The Resale Shop is open every Monday from 10:00 AM - 12:00 PM to accept donations, excluding holidays, or by appointment. To make an appointment, contact Alicia Guthrie at aguthrie@telhai.org or (610) 273-9333, ext. 2036.

telhai.org/resale

Shop for a Cause!

In addition to serving as a donation site, The Resale Shop sells a vast array of donated items at extremely affordable prices. Many "one-of-a-kind" items featured in the shop include jewelry, porcelain, pottery, and endless treasures. Perfect for first-time home buyers or to share with those in need. The Resale Shop is open to the public on the following dates from 9 AM to 1 PM:

FRIDAY, FEBRUARY 18 FRIDAY, MARCH 18 FRIDAY, APRIL 22 FRIDAY, MAY 20

COVID-19 Precautions: The well-being of all individuals visiting, working and living at our community is our first priority. We follow guidelines set forth by the CDC.



The Daughters of Yalta Mondays, January 17 through February 14, 2:30 PM

Gerald McNeff's fiveweek course will focus on The Daughters of Yalta. The three young women-Sarah Churchill, Anna Roosevelt, and Kathleen Harriman-accompanied their fathers to the Yalta conference in 1945. They played key roles at the conference which impacted the world for years to come. Nominal fee charged.

10 Tel Hai Life

WINTER & SPRING 2022

EVENTS. ENTERTAINMENT. ENGAGEMENT.

Life at Tel Hai is enriching and rewarding! Our calendars are jam-packed with life-enhancing events that will keep your mind engaged, your body energized, and your spirit lifted. We welcome you to attend any of our dynamic events, including educational lectures, entertaining concerts and enrichment opportunities.

Pianist Anna Alexander Science: Fun & Practical Friday, January 21, 7:30 PM Monday, February 21, 2:30 PM

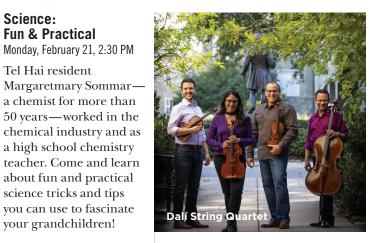
your grandchildren!

Jim Corren

Join us for an evening of sacred music performed Tel Hai resident by classically trained pianist and vocalist Anna Alexander! She'll be sharing gorgeous arrangements of timeless a high school chemistry hymns and will perform a cello/piano duet with about fun and practical a very special guest! science tricks and tips

Pianist Jim Correnti Friday, January 28, 7:30 PM

Pianist Jim Correnti studied at New York City's Juilliard School and has been a soloist with the Garden State Philharmonic Orchestra and the Plainfield Symphony, New Jersey He is presently Director of Keyboard Activities at Eastern University and also teaches piano at Philadelphia Biblical University.



Dalí String Quartet Friday, February 25, 7:30 PM

The Dalí Ouartet is acclaimed for bringing Latin American quartet repertoire to an equal standing alongside the **Classical and Romantic** canon. The award-winning Dalí Quartet tours Classical Roots, Latin Soul programming to enthusiastic audiences across the U.S., Canada and South America.



Mushrooms on the Move Monday, February 28, 2:30 PM

Long celebrated as a superfood source of powerful nutrients, fresh mushrooms are a healthy addition to your plate. Presented by Fred Recchiuti-General Manager at Basciani Foods-learn about all of the culinary, nutritional and health benefits of various varieties of mushrooms.

Increasing Your Energy Monday, March 7, 2:30 PM

Dr. Leo McCormick with McCormick Chiropractic will share tips on how to increase your energy, metabolism and immune system. He's treated thousands of patients, helping them attain and maintain a healthy body and an active lifestyle with a primary emphasis on spinal biomechanics and structure.

Armchair Travelogue: Pacific Northwest & The National Parks of the Southwest Monday, March 21, 2:30 PM

Join Tel Hai residents Barbara and Bruce McCleary for an armchair travelogue of their trip to Glacier National Park Mt. Rainier, Seattle and British Columbia in the magnificent Northwest. Next, travel with them on a Grand Circle tour of the amazing National Parks of the Southwest.



Rizzetta's Tones Sunday, March 27, 3 PM

Rizzetta's Tones is a Celtic and folk band comprising "fraternal twin" hammer dulcimers, silver flute, high and low whistles, and guitars. Their musical repertoire includes music from Ireland and Scotland, along with inspiration from many other lands.

Pianist Jeffrey Uhlig & Violinist David Kim Saturday, April 2, 1 PM

Pianist Jeffrey Uhlig returns to Tel Hai for a captivating afternoon of entertainment with violinist David Kim. A regular performer with members from the Philadelphia Orchestra, Uhlig is an in-demand chamber music player, vocal coach and accompanist. Kim is a Philadelphia Orchestra Concertmaster and an acclaimed soloist.



The History of Zook Molasses Company Monday, April 4, 2:30 PM

Sally (Zook) Martinwho grew up in Honey Brook-remembers her dad "making" the large pond you see when you enter Tel Hai's campus. With fond memories of all things Honey Brook, learn about how Sally's father started Zook Molasses Company in 1934. The business has since expanded to include Good Food, Inc., Golden

One of the most sought-after

Brazilian groups of its kind,

Haddad and Patricia King,

Minas features Orlando

who are multitalented as

composers, vocalists and

instrumentalists. With

an impressive grasp of

Brazilian musical idioms,

the duo has a special love

The Faith of St. Patrick Wednesday, March 16, 10:30 AM Meditation with music by the Tel Hai Choir and **Barrel Baking Products** Tel Hai Chime Choir and L&S Sweeteners.



Readings, Pravers & Reflections with music by the Tel Hai Choir and

OPPORTUNITIES

to WORSHIP

Pre-Lenten Worship

Service: Must Jesus

Wednesday, February 23,

10:30 AM

Bear the Cross Alone?

Meditation with music

Tel Hai Chime Choir

by the Tel Hai Choir and

Easter Sunrise Service

The Hillside Amenities of Tel Hai: Outdoor Amphitheater* (Weather Permitting)

> Readings, Prayers & Reflections

Ascension Day Program Wednesday, May 25, 10:30 AM

Meditation with music by the Tel Hai Choir and Tel Hai Chime Choir (* Ascension Day is officially observed on Thursday.)

Our non-denominational services welcome individuals of all faiths.

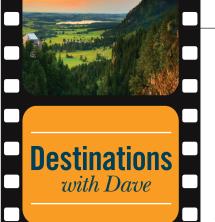
Visit telhai.org/events for additional programming highlights. QUESTIONS? Contact Judy Schweitzer, Community Life Coordinator, at jschweitzer@telhai.org or (610) 273-9333, ext. 2154.

All events are held at Tel Hai's StoneCroft Center for Worship & Performing Arts—4000 Tree Line Drive, Honey Brook—unless otherwise noted.

COVID-19 PRECAUTIONS: The well-being of all individuals visiting, working and living at our community is our first priority. We follow guidelines set forth by the CDC.

Winter 2022 11

Tel Hai Chime Choir **Minas Quartet** Sunday, April 17, 6:30 AM Friday, May 20, 7:30 PM



Alpine Odyssey Tour featuring the Oberammergau "Passion Play" August 1-9, 2022 | OPEN TO THE PUBLIC

oin Tel Hai's Chaplain Dave Hicks for a 9-day "Alpine Odyssey Tour - Oberammergau Passion Play" in Germany & Austria. In conjunction with Educational Opportunities Tours, you'll rest well in a quaint and intimate inn located in the scenic Stubai Valley while exploring historic and beautiful country sites of Bavaria and the Tyrol region.

NEW dates!

TRIP HIGHLIGHTS INCLUDE:

MUNICH: Enjoy a tour of historic Munich, the Opera House, Hofbrauhaus, and a stop at the Rathaus (Town Hall) to watch the Glockenspiel a historic clock from 1908 that chimes its 43 bells and enchants viewers with its 32 life-size moving figures three times per day.

INNSBRUCK: In the capital of Austria's Tyrol region and the site of two winter Olympics, you'll view Maria Theresa's Imperial Palace and the Triumphal Arch, visit the Hofkirche and tour the Stubai Glacier.

CASTLES & CHURCHES: You'll visit the beautiful Abbey of Ettal and the picture-perfect Church in the Meadow at Wies, and then tour the magnificent Castle of Linderhof, Mad King Ludwig's main residence.

SALZBURG: You'll explore the city of Mozart's birth and visit the Cathedral and famous Horse Fountain, view Hellbrunn Castle and Mirabell Palace, and see Leopoldskron Palace, famous as the film location for *The Sound of Music*.

ACHENSEE TRAIN, RATTENBERG & NEUSCHWANSTEIN: Travel on a narrow-gauge steam cog railway through 50 miles of scenic Tyrolean region to Lake Achensee. Visit the medieval village of Rattenberg—famous for glassblowing—and then off to the fairytale castle that inspired Walt Disney.

OBERAMMERGAU & PASSION PLAY: After the devastating Black Plague left their small village in 1633, the grateful people of Oberammergau promised God that they would show their gratitude by putting on a Passion Play. Now, 389 years later, you'll enjoy this one-of-a-kind, six-hour musical and dramatic performance with reserved seats, a guided tour of the town, motorcoach to and from the play's theater, and dinner in Oberammergau.

REGISTRATION IS NOW OPEN! Trip cost includes guided sightseeing, Passion Play ticket, round-trip international airfare, fuel surcharges, government taxes, administration fees, entrance fees, gratuities & program fees, buffet breakfast and dinner, deluxe motorcoaches, and first-class hotels.

TELHAI.ORG/OBERAMMERGAU



12:30 PM Registration | 1 PM Lunch and Lifestyle Presentation StoneCroft Center for Worship & Performing Arts

As a Life Plan Community, the value of Tel Hai lies in the access to the full range of amenities and continuing care services to secure your future. In combination with our \$ensible entrance fee and refund options, retirement living at Tel Hai is more affordable and flexible than you may think.

During this interactive luncheon, Tracy Weaver—Tel Hai's Residential Living Counselor—will share how moving to Tel Hai makes financial \$ense! You'll be provided a complimentary cost and lifestyle comparison worksheet to help discover how to make \$ense of retirement living.

Best yet, you'll hear from residents who live here and why they love the "Hill of Life."

Tel Hai Redefining Retirement"

Seating is limited. RSVP required by Feb. 18. Call Marketing at (484) 796-4262 or register online at **telhai.org/MakingSense**

Event begins at StoneCroft Commons, located at 4000 Tree Line Drive, Honey Brook. We are only 3 short miles east of Route 10 off Beaver Dam Road to the campus of Tel Hai, then turn onto Tree Line Drive and follow signs to StoneCroft. Parking is available adjacent to the entrance.

COVID-19 Precautions: The well-being of all individuals visiting, working and living at our community is our first priority. We follow guidelines set forth by the CDC.





1200 Tel Hai Circle P.O. Box 190 Honey Brook, PA 19344 www.telhai.org

Join Us on Campus at the "Hill of Life"

Making \$ense of Retirement

Tuesday, March 1, 2022 12:30 PM Registration **1 PM Lunch & Lifestyle Presentation** StoneCroft Center for Worship & Performing Arts

During this interactive luncheon, Tracy Weaver-Tel Hai's Residential Living

Counselor—will share how moving to Tel Hai makes financial \$ense! You'll be provided a complimentary cost and lifestyle comparison worksheet and you'll hear from residents about life at the "Hill of Life"!

Seating is limited. **RSVP** required by Feb. 18.

telhai.org/MakingSense



"Taste of Tel Hai" Luncheons

Join us in 2022 for a "Taste of Tel Hai" luncheon to learn more about the Tel Hai lifestyle. In addition to a delicious lunch, you'll

explore residential living options at our community and hear from the residents who live here. Each luncheon begins at 11 AM in the StoneCroft Center for Worship & Performing Arts.

Tuesday, February 15 RSVP by February 7 Tuesday, March 29 RSVP by March 21 Thursday, April 28 RSVP by April 18 Tuesday, May 24 RSVP by May 13



Seating is limited. RSVP required. telhai.org/TasteofTelHai

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Facebook.com/ HillofLife @HillofLife



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