

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">January 2022</h1> <h2 style="font-weight: bold;">Lakeview at Tel Hai</h2>						<b>Happy New Year! 1</b> 11:00 Wake Up Stretch & Walk   AA 2:00 Saturday Afternoon At the Movie     AA 4:00 Wellness Visits <small>New Year's Day</small>
10:30 Worship Service <b>2</b> Chaplain David Hicks A/C 1:30 Bible Discussion Group           AA 3:00 Noodle Hockey   AA 4:00 Outdoor Walk    FE	10:30 Bible Study <b>3</b> AA w/ Chaplain Tim 1:30 Prize Bingo     AA 3:30 Wellness Visits 4:00 Outdoor Walk    FE	10:30 Wake Up Stretch & <b>4</b> Strength w/weights AA 1:30 Current Events   AA 3:00 Travel to the States- Illinois           AA 4:00 Outdoor Walk    FE	10:30 Worship & Word <b>5</b> with Pastor Dave   AA 1:30 Woodworking     AA 3:30 Exercise         AA Yoga w/ Deron 4:00 Outdoor Walk    FE	10:30 Wake Up Stretch & <b>6</b> Strength w/weights AA 2:00 Nail Spa         AA 4:00 Outdoor Walk    FE 6:00 Cards & Dominoes DR	10:30 Life Saver Bingo <b>7</b> AA 11:30 Fun Facts       DR 1:30 Jewelry Making   AA 4:00 Stretch & Walk   AA	11:00 Wake Up Stretch & Walk    AA 2:00 Saturday Afternoon At the Movie     AA 4:00 Wellness Visits
10:30 Worship Service <b>9</b> Pastor Herb Davis A/C 1:30 Bible Discussion Group           AA 3:00 Horse Racing    AA 4:00 Outdoor Walk    FE	10:30 Bible Study <b>10</b> AA w/ Chaplain Tim 1:30 Prize Bingo     AA 3:30 Wellness Visits 4:00 Outdoor Walk    FE	10:30 Wake Up Stretch & <b>11</b> Strength w/weights AA <b>2:00 Resident Council AA</b> 3:00 Travel to the States- Indiana           AA 4:00 Outdoor Walk    FE	10:30 Worship & Word <b>12</b> with Pastor Dave   AA 1:30 Patti Page Concert AA 3:30 FITnessize       AA Healthy Rewards 4:00 Outdoor Walk    FE	10:30 Wake Up Stretch & <b>13</b> Strength w/weights AA 2:00 Flower Arranging 4:00 Outdoor Walk    FE 6:00 Cards & Dominoes DR	10:30 Exercise Bingo <b>14</b> AA 11:30 Fun Facts       DR 1:30 Colored Pencil Workshop         AA 4:00 Stretch & Walk   AA	11:00 Wake Up Stretch & Walk    AA 2:00 Saturday Afternoon At the Movie     AA 4:00 Wellness Visits
10:30 Worship Service <b>16</b> Chaplain David Hicks A/C 1:30 Bible Discussion Group           AA 3:00 Bulls Eye Toss   AA 4:00 Outdoor Walk    FE	10:30 Bible Study <b>17</b> AA w/ Chaplain Tim 1:30 Prize Bingo     AA 3:30 Wellness Visits 4:00 Outdoor Walk    FE <small>Martin Luther King Jr. Day</small>	10:30 Wake Up Stretch & <b>18</b> Strength w/weights AA 1:30 Current Events   AA 3:00 Travel to the States- Iowa               AA 4:00 Outdoor Walk    FE	10:30 Worship & Word <b>19</b> with Pastor Dave   AA 1:30 Men's Group     AA 3:30 Seated Exercise   AA Easy Tai Chi w/Dagmar 4:00 Outdoor Walk    FE	10:30 Wake Up Stretch & <b>20</b> Strength w/weights AA 2:00 Catholic Mass    A/C 4:00 Outdoor Walk    FE 6:00 Cards & Dominoes DR	10:30 Life Saver Bingo <b>21</b> AA 11:30 Fun Facts       DR 1:30 Watercolor Art   AA 4:00 Stretch & Walk   AA	11:00 Wake Up Stretch & Walk    AA 2:00 Saturday Afternoon At the Movie     AA 4:00 Wellness Visits
10:30 Worship Service <b>23</b> Chaplain Tim Herr A/C 1:30 Bible Discussion Group           AA 3:00 Horseshoes       AA 4:00 Outdoor Walk    FE <small>Activity Professionals Week</small>	10:30 Bible Study <b>24</b> AA w/ Chaplain Tim 1:30 Prize Bingo     AA 3:30 Wellness Visits 4:00 Outdoor Walk    FE	10:30 Wake Up Stretch & <b>25</b> Strength w/weights AA 1:30 Words in a Word   AA 3:00 Travel to the States- Kansas            AA 4:00 Outdoor Walk    FE	10:30 Worship & Word <b>26</b> with Pastor Dave   AA 1:30 The Railway Built Of Gold 3:30 Chair Yoga       AA 4:00 Outdoor Walk    FE <small>Australia Day (observed)</small>	10:30 Wake Up Stretch & <b>27</b> Strength w/weights AA 2:00 Frank on the Piano AA 4:00 Outdoor Walk    FE 6:00 Cards & Dominoes DR	10:30 Exercise Bingo <b>28</b> AA 11:30 Fun Facts       DR 1:30 Craft             AA 4:00 Stretch & Walk   AA	11:00 Wake Up Stretch & Walk    AA 2:00 Saturday Afternoon At the Movie     AA 4:00 Wellness Visits
10:30 Worship Service <b>30</b> Chaplain David Hicks A/C 1:30 Bible Discussion Group           AA 3:00 Lasso Golf       AA 4:00 Outdoor Walk    FE	10:30 Bible Study <b>31</b> AA w/ Chaplain Tim 1:30 Prize Bingo     AA 3:30 Wellness Visits 4:00 Outdoor Walk    FE					

Programs/ Activities are subject to change. Changes will be posted.