

Life

TEL
HAI

The Magazine of Tel Hai Retirement Community | Fall 2021

Coming Soon...

**LAKEHOUSE
MEMORY SUPPORT**

pg. 4

*It's time...
to make every
day count*

*It's time...
to age well*

*It's your time
for the future you
imagined to come to
life at the Hill of Life*





Tel Hai Life Magazine
FALL 2021

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DESIGN

Anstey Hodge Advertising Group,
Roanoke, VA

PHOTOGRAPHY

The Premise Studio, Lancaster, PA

PRINTER

Progress Printing, Lynchburg, VA

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**On the cover: Photo by
The Premise Studio.**

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It's time
to make every day count



“Tel Hai is beautiful and peaceful. The residents are warm, welcoming and willing. You can participate in as much or as little as you choose... it was the right decision.”

Patricia DeSpirito
Tel Hai Resident since 2021

A freedom-filled lifestyle of convenience and choice

Your time should be spent doing what you want, when you want and where you want—driven by independence, convenience, and choice.

As a Life Plan Community, the Tel Hai lifestyle is built on the foundation of freedom. It's freedom from the physical and financial burdens of home ownership. Home maintenance worries and yardwork are never on your “to do” list.

And with the freedom to customize the “where” of your retirement future, our inviting residences can be customized to reflect you—your style, your passions and your life.

Our wide selection of apartments, cottages and townhomes features stylish details and distinctively unique floor plans that are spacious and inviting. No matter where they're located on our expansive campus, you're centrally located with access to

dining venues, fitness areas, pools, resident gathering spaces and amenities.

Plus, you'll have the security of a safety net, which provides access to health services that you pay for only when and if you need them.

Isn't it time to make every day count? Let us help you get started on your freedom-filled future with the Moving Resources Program.

Moving Resources Program

The Moving Resources Program pairs you with essential move-related services when you need them the most—while planning and preparing for your move to Tel Hai. As a complimentary service, we're here to help you with all your questions, no matter how big or small.

This unique program—which features an impressive catalogue of vetted, trusted partners and helpful resources—is aimed at minimizing stress and making a move organized and achievable.

Perhaps you may have been “rightsizing” for years and only need assistance with finding a qualified mover. Or you may want to explore hiring a professional organizer, stager, or auctioneer. Our goal is to pair you with the people, services, and resources you need to make moving possible.

We're here to help make every day count, one small (organized) step at a time!

Apply for residency today to gain access to our Moving Resources Program.

HIGHLIGHTS INCLUDE:

- Complimentary home visit including program overview, introduction to services and future needs & wants
- Access to recommended qualified realtors, movers, stagers, professional organizers, auctioneers, appraisers, etc.
- Access to recommended short-term housing providers, financial partners, lending institutions, etc.
- Relationship management with essential service providers to enable a smooth transition
- Assistance with furniture placement and ¼-inch scale drawing of floor plan
- Support and advice on appliance, flooring, cabinetry, paint, countertop and additional selection offerings within Tel Hai's signature Custom Design Center



Equipping & Inspiring:

MEET KAREN, MOVING RESOURCES MANAGER

A dedicated team member since 2014, Karen Cochran serves future residents of Tel Hai as our Moving Resources Manager. She provides valuable moving-related resources and rightsizing services to help bridge the gap from “I don't know where to start” to “I did it.”

“I love to help people realize that they can be unburdened from the chains of their stuff, their too-big home and the overwhelming weight of moving. At Tel Hai, we give you the tools and resources to make the move happen, and to enjoy a simplified future,” shared Karen.

Contact Karen today at kcochran@telhai.org or (610) 273-9333, ext. 2160, and see how she can partner with you to make a move a reality.

Lakehouse

MEMORY SUPPORT

at Tel Hai

*Coming Soon:
Newly expanded dementia care*

At Lakehouse, we take care of your loved one like they're family... because they are. We understand that with a dementia diagnosis, the future care needs of your loved one can be a complex and worrisome challenge.

We're committed to providing personalized memory support care through all the bends and turns of the dementia journey. Like you, we want your loved one to live an active and engaged life in a safe and intimate home-like environment. Let us help you navigate the waters of change at Lakehouse.

Highlights include:

- Encouraging enriching & dignified living through the changes of dementia
- Private and shared studios where residents create a home highlighted by memory-sparking personal belongings
- Wellness program based on the resident's cognitive abilities, previous interests and physical needs
- Team members with specialized education, certified in the delicate care of individuals with dementia through the "Alzheimer's Association essentiALZ" training curriculum



Services include:

- A dementia-trained clinical team provides 24-hour person-centered care in a secure environment
- Training and program in place for discreet monitoring of a resident's safety while retaining dignity
- Three well-balanced meals prepared daily through collaboration with our chef and registered dietitian
- Medication management, administration and monitoring
- Laundry services of personal clothing, linens, towels
- Weekly housekeeping services



*Are you in need of
Memory Support for a
loved one? We're here
to help. Contact our
Admissions Coordinator
at (610) 273-9333,
ext. 2446, email
info@telhai.org, or
learn more at telhai.org/
Lakehouse*





It's time *to age well*

At Tel Hai, our holistic wellness approach is focused on you. No matter your current or future stage of life, we provide the opportunities and guidance to live well as you age well.

Whatever your interest, passion or pleasure, our dedicated crew of team members is here to support, guide and encourage you along the way. Together, we'll help you maintain and

improve your health, optimize your satisfaction, and live the vibrant lifestyle you've always wanted.

We provide the backdrop to make your dreams of retirement living come to life. From social opportunities to fitness instruction, there are endless combinations of how to spend your days. You'll be surrounded by a network of engaged neighbors who are just like you—



ready and eager for what lies ahead.

With two pools—including our 8,500-sq. ft. StoneCroft Aquatics Center, which sports a six-lane, 25-yard Olympic-sized competition pool, thermal spa and locker rooms— and two fitness rooms, our dynamic spaces are a great place to get connected.

From one-on-one personal training sessions to group classes,

it's never been easier to get and stay active. Our seasoned fitness professionals include Certified Personal Trainers, Lifeguards, Certified Yoga Instructors, and Certified Group Fitness Instructors. Our skilled team knows how to assist with areas of weakness like balance, range of motion and arthritis.

We make it easy for you to live well at the Hill of Life.



Interests, Passions & Connections

Tel Hai is uniquely positioned to engage residents and the greater community through an extensive array of established clubs and committees. Their direct input, involvement and feedback shape the programming and offerings within our community. Here are just a few...

- Trips Committee
- Bridge & Pinochle Card Club
- Performing Arts Committee
- Crossword Puzzle Club
- Ladies' Luncheon Committee
- Devotional Prayer Club
- Resale Shop Committee
- Farmers' Club
- Life Enrichment Committee
- Fiber Artist Quilting Club
- Resident Advisory Council
- Train Club
- Ukulele Club

Discover all our clubs and committees at telhai.org/community-life



It's your time
for the future you imagined to
come to life at the Hill of Life



We're about living life to its fullest. A future filled with freedom, inspiration, impact and endless potential. Our worry-free lifestyle allows residents to truly embrace the Redefining Retirement™ concept, the heart of Tel Hai.

It's time to secure the future you've always wanted. A future filled with purposeful living, outstanding amenities, convenience and community set in a backdrop of warm, inviting spaces with wonderful neighbors.

With our new e-brochure, you can experience a preview of the Tel Hai campus and get a sneak peek of the Hill of Life. Coupled with our extensive catalogue of online virtual community and accommodation tours, it's easier than ever to discover what makes Tel Hai such a special place.

Download it today to get started on your tomorrow!

It's time to get started today

With these four easy steps, you'll be well on your way to calling Tel Hai home. If you have specific questions, we recommend speaking with our Residential Living Counselor directly to explore all financial options and accommodations that may interest you.

Step 1: *Download the E-Brochure*

Request our online e-brochure or a detailed mailed brochure, which includes information about the Tel Hai lifestyle, services, amenities and pricing.
telhai.org/information



Step 3: *Apply for Residency*

Upon successful completion and acceptance of your application for residency, you'll join the Future Resident List. Also, you'll be eligible to enroll in the Ready-Set-Go Program and access our Moving Resources Program.
telhai.org/residency



Step 2: *Schedule a Visit*

We encourage future residents and their families to visit our community. We'll discuss what life is like at Tel Hai and tour the spaces and places that interest you.
telhai.org/visit



Step 4: *Connect with Us*

There are countless ways to begin connecting within the community virtually or in person. We encourage you to explore our upcoming events and become immersed in life at Tel Hai before you even move in!
telhai.org/connect

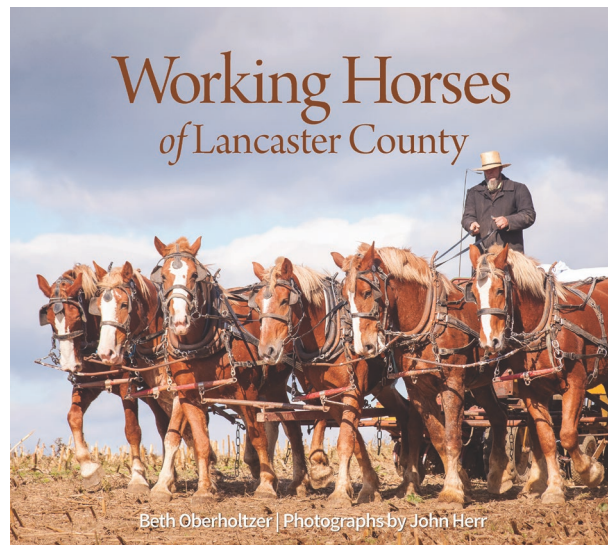


Life ON THE Hill

FALL 2021

EVENTS. ENTERTAINMENT. ENGAGEMENT.

Life at Tel Hai is enriching and rewarding! Our calendars are jam-packed with life-enhancing events that will keep your mind engaged, your body energized, and your spirit lifted. We welcome you to attend any of our dynamic events, including educational lectures, entertaining concerts and enrichment opportunities.



Working Horses of Lancaster County

Monday, October 11, 2:30 PM

Author Beth Oberholtzer and photographer John Herr are back at Tel Hai to share about their newest book—*Working Horses*. They'll share the candid stories of how Plain-sect farm families

care for and train their horses, and photos of horses at work and play—from foals frolicking at their mother's side to six Belgians hitched abreast to harrow a field.

Pianist Michael Faircloth

Wednesday, October 20, 7:30 PM

With more 30 years of experience in music ministry, Faircloth will delight the crowd with his exceptional talents. Faircloth studied music at the University of Maryland and Peabody Preparatory in Baltimore, and currently serves as the pianist for the National Christian Choir since 2011. *A Tel Hai Performing Arts Series Event.*



History of September Farm Cheese

Monday, October 25, 2:30 PM

Founders and owners of the Honey Brook-based family market, bakery and sandwich shop—Dave & Roberta Rotelle—will talk about the history of their farmstead, entering the artisan cheese industry, family life and the making of their signature cheeses.

History of Washing Clothes in America

Monday, November 8, 2:30 PM

Bob Lee, from the Wringer Center for Higher Learning, will present the history of clothes washing from the 1700s to 1940, along with authentic antiques including a Civil War-era washboard.

Octorara Community Band

Monday, November 15, 7:30 PM

Led by Director Rebecca Olson, the band is composed of 25 trained musicians—both graduates and current students from Octorara Area High School—who will delight the crowd with a strong variety of numbers including march classics, patriotic and jazz numbers.

Pianist Jeffrey Uhlig & Violist Anna Marie Ahn Peterson

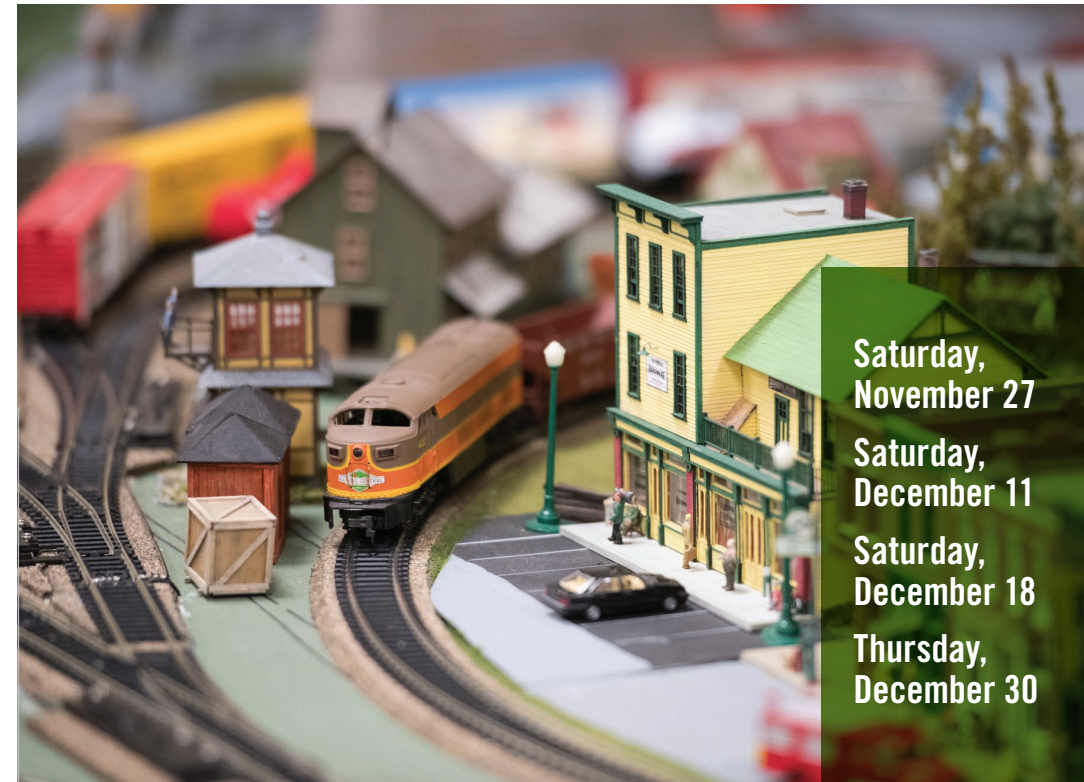
Wednesday, November 17, 7:30 PM

Tel Hai favorite Jeffrey Uhlig returns for a captivating and intimate evening of music with Anna Marie Ahn Peterson. Anna Marie graduated from the Curtis Institute of Music and is currently a violist with the Philadelphia Orchestra, at the Kimmel Center. *A Tel Hai Performing Arts Series Event.*

Holiday Bazaar

Saturday, November 20, 10 AM - 2 PM

From home-based businesses to skilled craftsmen, our annual Holiday Bazaar is a great place to get a head start on holiday shopping. Local vendors display their wares, including handcrafted woodwork, artisan jewelry, artwork, pottery, and florals. View the event details at telhai.org/HolidayBazaar



Saturday,
November 27

Saturday,
December 11

Saturday,
December 18

Thursday,
December 30

Thanksgiving Eve Worship Service

Wednesday, November 24, 7 PM

Join us in worship at our yearly Thanksgiving Eve Service, which is a special service of praise with time for music and meditation. Our non-denominational service welcomes individuals of all faiths.

Candlelight Christmas Eve Worship Service

Friday, December 24, 3 PM

This joyous Christmas Eve service will celebrate the birth of our Savior with guest musical performers. Our non-denominational service welcomes individuals of all faiths.

Train Room Holiday Open House

Tel Hai's Train Club welcomes you to their holiday open house from 11 AM to 2 PM, featuring extensive displays of HO, S and O-gauge railroads and delightful miniature communities. Bring your grandchildren and explore all the railway communities within the detailed tablescapes! (*Train Room is located in StoneCroft, 4000 Tree Line Drive, Honey Brook. Follow signage on campus for parking and entry instructions.*)

The Resale Shop

The Tel Hai Resale Shop features a vast array of donated items available for resale to the public. Extremely affordable—and many times “one-of-a-kind”—items featured in the shop include jewelry, china, pottery, glassware, collectibles and endless treasures. Located in the Hertzler Apartment Building, all sales support residents who outlive their ability to pay for the care they require. Visit telhai.org/resale for details.

WE'RE OPEN 9 AM - 1 PM

Friday, October 22 | Friday, November 19 | Friday, December 17

Destinations

ISRAEL ADVENTURE TOUR

11-Day Trip: March 2022 | OPEN TO THE PUBLIC



Join Chaplain David Hicks for an 11-day “Walk Through The Bible & Adventure Tour” of Israel from March 1-11, 2022. In conjunction with The Jerusalem Center for Biblical Studies with instructor Rev. Willis Britt, registration is now open for the trip and seating is limited.

Rev. Britt will provide an exceptional biblical and geographical perspective to the Holy Land. Trip highlights include visiting Nazareth, the Sea of Galilee, the Dead Sea, Jericho, Bethlehem, Mount of Olives, Mt. Zion, Temple Mount and the Garden Tomb.

REGISTRATION IS NOW OPEN! Trip cost includes guided sightseeing, on-site lectures, round-trip international airfare, fuel surcharges, government taxes, administration fees, entrance fees, gratuities & program fees, buffet breakfast & dinner daily, deluxe motorcoaches, and first-class hotels.

telhai.org/Israel

ALPINE ODYSSEY TOUR FEATURING THE OBERAMMERGAU “PASSION PLAY”

9-Day Trip: August 2022 | OPEN TO THE PUBLIC



Join Chaplain Dave for a 9-day “Alpine Odyssey Tour-Oberammergau Passion Play” in Germany & Austria from August 8-16, 2022. In conjunction with Educational Opportunities Tours, trip highlights include visiting Munich, Innsbruck, Salzburg, Oberammergau & the Passion Play, Rattenberg, and Neuschwanstein.

Explore the quaint villages, beautiful landscapes, castles and communities of the scenic Stubai Valley, Bavaria and Tyrol regions.

REGISTRATION IS NOW OPEN! Trip cost includes guided sightseeing, Passion Play ticket, round-trip international airfare, fuel surcharges, government taxes, administration fees, entrance fees, gratuities & program fees, buffet breakfast & dinner, deluxe motorcoaches, and first-class hotels.

telhai.org/Oberammergau



THE MOVING EXPO

Wednesday, October 27, 1-3:30 PM
StoneCroft Center for Worship & Performing Arts

If you're thinking, preparing or in the process of moving... this event is for you! Learn how to ready your finances, prepare your home to sell, and sort through all your “stuff” to jump-start your retirement future!



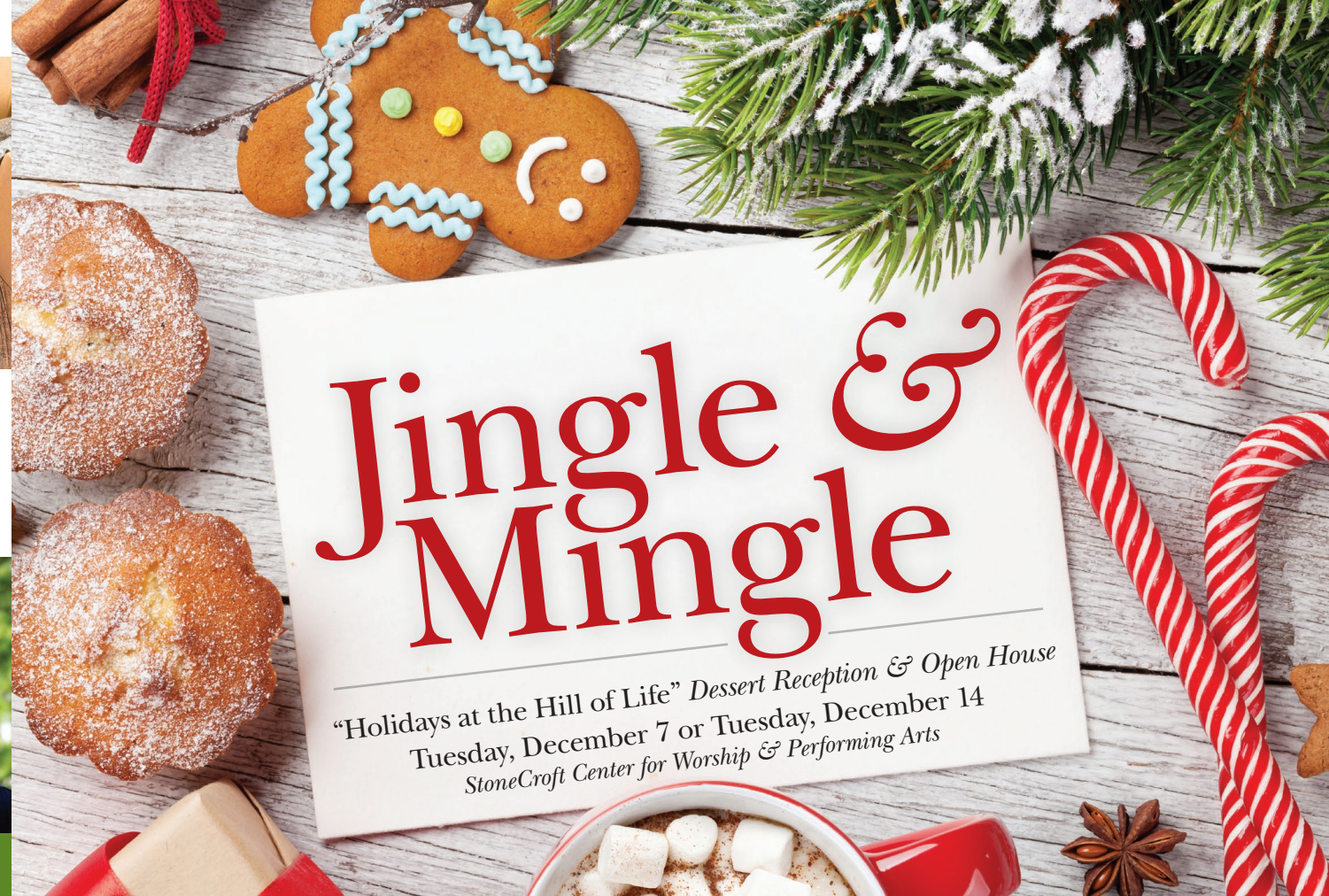
Dawnell Yoder,
Clutter Decline

Gain valuable information from a slate of guest speakers—ranging from realtors to downsizers—and visit a variety of move-related vendors all in one place!

Dawnell Yoder, from Clutter Decline, will provide insightful solutions and sound advice related to “The Downsizing Journey.” She’ll walk you through practical advice on how to sort, give, recycle, and remove your “stuff” in preparation for a move.

Event is hosted in StoneCroft Commons, located at 4000 Tree Line Drive, Honey Brook. Parking is available adjacent to the entrance.

Seating is limited. RSVP required by Oct. 13. Call Marketing at (484) 796-4262 or register online at telhai.org/MovingExpo



Jingle & Mingle

“Holidays at the Hill of Life” Dessert Reception & Open House
Tuesday, December 7 or Tuesday, December 14
StoneCroft Center for Worship & Performing Arts

Experience the warmth and joy of the holiday season at Tel Hai. Join us for a dessert reception, short presentation and tours of community common spaces, amenities and well-appointed residential living accommodations. You’ll hear from residents who live here and why they love the “Hill of Life.”

12:30 PM
Registration

1 PM
Short Presentation
& Dessert Reception

1:30 - 3:30 PM
Open House

Event begins at StoneCroft Commons, located at 4000 Tree Line Drive, Honey Brook. We are only 3 short miles east of Route 10 off Beaver Dam Road. Follow Beaver Dam Road to the campus of Tel Hai, then turn onto Tree Line Drive and follow signs to StoneCroft. Parking is available adjacent to the entrance.

COVID-19 Precautions: The well-being of all individuals visiting, working and living at our community is our first priority. We follow guidelines set forth by the CDC.



Seating is limited. For Dec. 7, RSVP required by Nov. 29. For Dec. 14, RSVP required by Dec. 6. Call Marketing at (484) 796-4262 or register online at telhai.org/Holidays2021





1200 Tel Hai Circle
P.O. Box 190
Honey Brook, PA 19344
www.telhai.org

Join Us on Campus at the “Hill of Life”

Jingle & Mingle

“Holidays at the Hill of Life” Dessert Reception & Open House

Tuesday, December 7 or Tuesday,
December 14 - 12:30 PM
StoneCroft Center for Worship &
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Learn how to ready your finances, prepare your home to sell, and sort through all your “stuff” to jump-start your retirement future! Gain valuable information from a slate of guest speakers—ranging from realtors to downsizers—and visit a variety of move-related vendors all in one place. We make it easy to transition out of your home and into Tel Hai.

Seating is limited. RSVP required by Oct. 13. telhai.org/MovingExpo



A TASTE of Tel Hai

“Taste of Tel Hai” Luncheons

Join us for a “Taste of Tel Hai” luncheon to learn more about the Tel Hai lifestyle. In addition to a delicious lunch, you’ll explore residential living options at our community, and hear from the residents who live here. Each luncheon begins at 11 AM in the StoneCroft Center for Worship & Performing Arts.

**Tuesday,
October 12**
RSVP by
Oct. 4

**Tuesday,
November 9**
RSVP by
Nov. 1

**Thursday,
January 27**
RSVP by
Jan. 17

**Seating is limited. RSVP required.
telhai.org/TasteofTelHai**

All events are held at Tel Hai’s StoneCroft Center for Worship & Performing Arts, located at 4000 Tree Line Drive, Honey Brook, PA.

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