

Lakeview at Tel Hai Personal Care Implementation Plan for Lifting Restrictions

Updated 9/22/2020

Testing Plan:

Lakeview at Tel Hai entered into an agreement with AccessDx Lab to complete COVID-19 viral testing as of June 1, 2020. Lakeview has reserved adequate number of test kits to complete facility wide testing of 90 residents and approximately 60 staff members. As of 9/21/2020 there are over 150 test kits in our possession. This will allow for 24 hour testing if a resident presents with symptoms of COVID-19. The test kits contain both a nasal and throat swab.

Base line testing for all residents and team members was completed on July 2, 2020. In the event of an outbreak, LPN team members will complete the swabs of residents and team members. A Residential Living RN and multiple Health Care Center RNs and LPNs are available to assist with swabbing staff members and residents, if needed. Non- essential staff would include hair care (an additional 2 team members) which we have adequate test kits to complete. Alternately, team members may seek testing at CVS (locally in Downingtown and Thorndale), Rite Aid or the Chester County testing sites that are available to the public.

Screening testing for residents and team members will be completed based on the Chester County COVID-19 positivity rate which is available on the Department of Health website.

Residents who refuse testing will be placed on transmission based precautions for 14 days. If they become symptomatic, the need for testing will be reviewed a second time with resident and responsible party. Staff who refuse testing will be counseled on the need for testing per Tel Hai Policy.

Cohort or Isolate Residents Diagnosed with Covid-19

An isolation area has been established for COVID-19 positive residents and will be used depending on the individual. This area has a separate “clean” space to don PPE as well as a “dirty” room to doff PPE. It also has a private bathroom/sink. Most residents in Lakeview at Tel Hai are in private rooms and if they are agreeable to staying in their private room, on transmission based precautions, they may reside there. Residents who are sharing a room may be moved to the isolation area. Space for two residents has been established in this isolation area. Alternately, if the resident’s care needs exceed the level that can be provided in Personal Care, they may be transferred to the Meadows Health Care Center or to the Hospital.

Written Screening Protocol

All team members enter and exit through the employee entrance. Prior to starting their shift, each team member is screened for temperature, COVID-19 symptoms, contact with COVID-19 positive persons and recent travel. Team members with symptoms or temperature over 99.9 will not be permitted to work. Visitors, vendors, Compassionate Caregivers, and volunteers, when allowed, will be required to be screened prior to entrance to the building. This will include temperature checks and questions regarding COVID-19 symptoms and exposure. Any visitors, vendors Compassionate Caregivers and volunteers will not be allowed if they do not pass the screening.

Personal Protective Equipment:

Tel Hai has in its possession adequate supplies including: gloves, gowns, hand sanitizer, eye protection, masks, booties, hair coverings, disinfectant wipes, and alcohol swabs (for cleaning reusable eye protection). Tel Hai has been able to replenish these items as they have been used.

Staffing Plan:

Nurses- Lakeview at Tel Hai typically schedules one LPN team leader per shift who acts as an administrative designee. If an LPN is unavailable, a Med Tech who is specially trained as an administrative designee will be the team leader. Additional med techs have been trained as administrative designees since the Pandemic began. To cover a shift when there are nurse call offs due to COVID- 19, all nurses will be contacted, all administrative designees will be contacted, the LPN Health Services Coordinator will be contacted and the Administrator will be contacted.

Resident Assistants and Med Techs- In the absence of multiple Resident Assistants and Med Techs, Adult Day Services team members and Wellness Associates will be pulled to the floor to assist with care and pass medications (when trained in Medication Administration). These team members have been trained in the DHS caregiver education and maintain the yearly DHS training requirements. Other sources of assistance in the event of a staffing shortage include temporary hires, office staff, agency staff and management team at Tel Hai. As a last resort team members may be required to work 12 hour or 16 hour shifts to maintain minimum staffing levels.

Lakeview at Tel Hai has contracts with multiple staffing agencies which are listed in telephone log at the nurse's station. The agencies include Bayada, General Healthcare Resources, Medical Staffing Network, Primary Staffing, Prostat and Dedicated Nurses. If needed, these agencies can be contacted immediately for additional assistance.

As of the writing of this plan, no staffing shortage is being experienced and no team members are under quarantine for COVID-19.

Communal Dining

Target date to begin communal dining is September 22, 2020. Approximately 65 residents will be eating in the dining areas. Lakeview has a large dining room with an adjacent large lobby area. This area will be cleared of all regular furniture and used as additional space for dining tables. Culinary services will purchase smaller tables, if needed, to be able to maintain the social distancing required. One other common area will be converted to dining space, if needed. All dining areas will be situated to maintain social distancing. Team members will help escort residents to the dining area to prevent gathering in the hallways. Residents will be required to wear masks while moving through the hallways and will be allowed to remove these once seated at their table. Staff will ensure sanitizing of hands before residents are served their meals.

Activities

Limited group activity programs of five or less people will be allowed during step one. These limited group programs will be expanded to 10 people during step 2. Social distancing, hand hygiene and universal masking will be required during all group activities. Residents exposed to COVID-19 and those on transmission based precautions will not participate in group activities. Various areas of the facility will be used for programming, depending on the size allowed, including Lakeview Activity Area and Drawing Room.

Visitation

Target date to begin visitation is July 13, 2020. An outdoor patio area with space for 3 separate visits has been established. Canopy tents will provide shelter from the sun. During inclement weather visits will be moved indoors into the Lakeview Activity Area or into the Chapel, which are both large enough to accommodate three groups with social distancing. Visits will be scheduled by the Resident Services Coordinator via telephone. Approximately 60 time slots per week for 30 minute visits have been made available. Visits will be monitored by Tel Hai Management Team or Volunteers. Visitors will be screened outdoors on the patio (or just inside the door if visits are inside) for temperature, respiratory symptoms, exposure to COVID-19 and travel. Individuals who do not pass the screening will not be allowed to visit. Visitors will be required to use hand sanitizer prior to the visit. A six foot table will be between the resident and their

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visitors. Physical contact will not be allowed. Masks will be worn by both residents and visitors. Monitors will ensure that the rules are followed during the visits. An EPA registered disinfectant will be used to wipe down visitation area between visits.

Halt of Reopening Plan

The Disaster Awareness Team is responsible for monitoring the phases of the Governor's reopening plan. If Chester County reverts to the Red phase, all visitation will immediately be cancelled. Group activities will be stopped and meal service will return to in room tray service. Residents and their responsible parties will be notified of the change via website, phone calls and/or written communication. Additionally, in the case of an COVID-19 outbreak within Lakeview Personal Care, all reopening will be halted.