January2020 Aquatic Schedule

SCAC = StoneCroft Aquatics Center **GCCP** = Garrett Community Center Pool

SCAC will close at 1:00pm Jan 3 and 17 for scheduled swim meet.

Please note that the pool water temperature will be lowered for the swim meets, likely 24 hours prior to scheduled start.

For SCAC schedule updates check the following sources: Channel 965, Phone Hotline 610-273-4050, telhai.org/pool, SCAC entrance signs, and Tel Hai's FaceBook.

We anticipate changes to the January SCAC schedule. Please check regularly for updates at the sources above.

We apologize in advance for any closures.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Pool & Lap Swim	***SCAC:*** 7:30am-12:00pm 12:30pm-7:30pm ***GCCP:*** 7:30-9:30am 11:30am-1:00pm	***SCAC:*** 7:30am-1:30pm 2:00pm-7:30pm ***GCCP:*** 1:15-2:15pm 3:30-4:00pm	***SCAC:*** 7:30am-12:00pm 12:30pm-7:30pm ***GCCP:*** 7:30-9:30am 11:30am-1:00pm	***SCAC:*** 7:30am-1:30pm 2:00pm-7:30pm ***GCCP:*** 1:15-2:15pm 3:30-4:00pm	***SCAC:*** 7:30am-12:00pm 12:30pm-3:30pm ***GCCP:*** 7:30-9:30am	***SCAC:*** 8:00am-12:00pm ***GCCP:*** 9:00–10:00am	***SCAC:*** Closed ***GCCP:*** Closed
Spa	**Open to Close**	**Open to Close**	**Open to Close**	**Open to Close**	**Open to Close**	**Open to Close**	**Closed**
Water Fitness Classes	***SCAC:*** Aqua Aerobics **9:30-10:30am** Arthritis **10:30-11:30am** ***GCCP:*** Aqua Aerobics **9:30-10:30am** Arthritis **10:30-11:30am**	***SCAC:*** Deep Water **9:15-10:00am** ***GCCP:*** None	***SCAC:*** Aqua Aerobics **9:30-10:30am** Arthritis **10:30-11:30am** ***GCCP:*** Aqua Aerobics **9:30-10:30am** Arthritis **10:30-11:30am**	***SCAC:*** Deep Water **9:15-10:00am** ***GCCP:*** None	***SCAC:*** Aqua Aerobics **9:30-10:30am** Arthritis **10:30-11:30am** ***GCCP:*** Aqua Aerobics **9:30-10:30am** Arthritis **10:30-11:30am**	***SCAC:*** Deep Water **9:15-10:00am** ***GCCP:*** None	***SCAC:*** None ***GCCP:*** None
Volley Ball	***GCCP:*** Staff **4:30-5:30pm**	***GCCP:*** *Resident* **2:30-3:30pm**	None	***GCCP:*** *Resident* **2:30-3:30pm**	None	None	None
SCAC Lessons	**Beginner** 4:30-5:05pm **Adv. Beginner** 5:15-5:50pm	None	**Beginner** 4:30-5:05pm **Adv. Beginner** 5:15-5:50pm	**Mommy & Me** 10-10:35am **Beginner** 10:45-11:20am	None	None	None
Swim Teams	**3:45pm – 8:00pm (2-3 lanes)**				**4:00pm-5:45pm** **2 or 3 lanes**	**7am-9am** **2 or 3 lanes**	None

Updated 12/19/19