

Introducing The
**Ready in a
Year Program**
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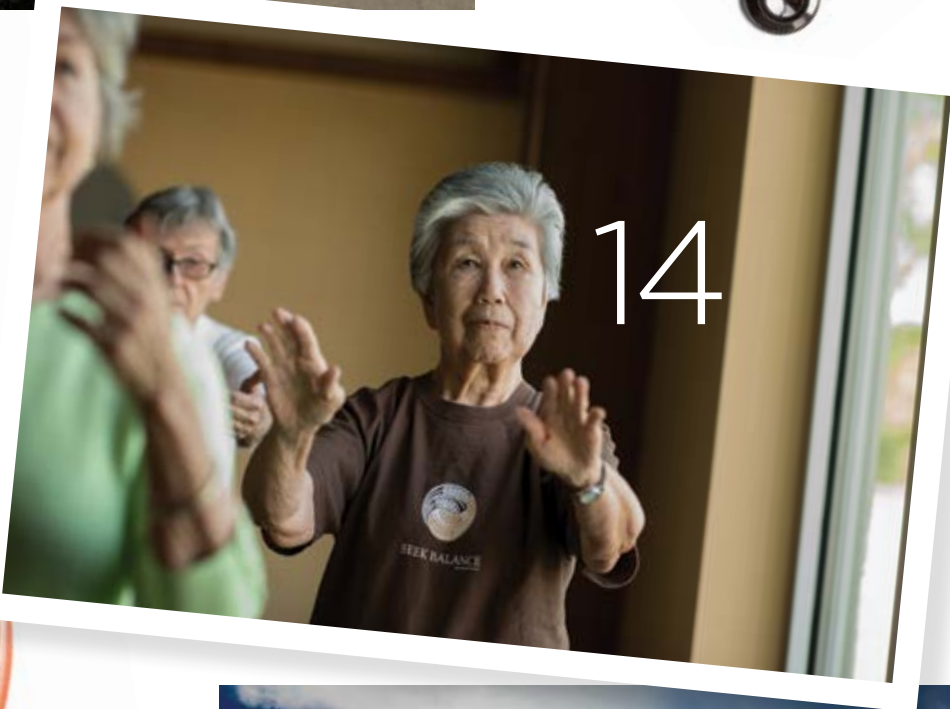
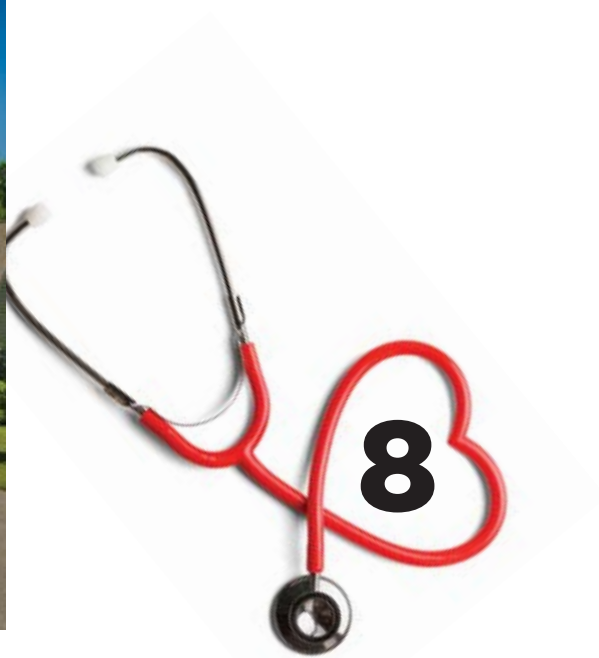


The Magazine of Tel Hai Retirement Community



The Benefits of
MOVING NOW

SUMMER 2018



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Tel Hai Life Magazine
Summer 2018

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On the cover: Residents Sue and Dan MacDonald.
Photo by The Premise Studio.

The Benefits of Moving Now

Sharon Canull, Chief Financial Officer



Welcome to the latest issue of *Life* magazine!

As we wrap up the remaining weeks of summer, life is in full swing at Tel Hai, literally. From pickleball and tennis at The Hillside Amenities of Tel Hai to swing music in the amphitheater, we have jam-packed calendars with diverse events that keep your mind engaged, your body energized, and your spirit lifted.

In this issue, we’re going back to the basics—discussing the benefits and advantages of a Life Plan Community. As a family member and team member for more than 35 years, I’ve experienced the benefits firsthand, and intimately know the peace and comfort that can be found in calling Tel Hai “home.”

When I started as a receptionist for our nursing center in 1982—in the original farmhouse that once stood on our property—I couldn’t have envisioned the vibrant community that we have become. From property acquisitions to expanded offerings, Tel Hai and I have “grown up” together.

Over the last four decades, it’s been a blessing to watch the community grow, refresh, and renew as we stay competitive in changing economic and health care environments.



Above: Sharon (far left) with her stepmom Helen Davis, father Ken Davis, and brother Art (back row, left to right) sisters Lisa and Suzanne. Top right: Sharon (right) leading the charge at the 1989 Tel Hai Cup Golf Outing with former Sr. Exec. VP Finance & Administration Sue Verdegem. Bottom right: Sharon reviewing financial ledgers in the late 1980s.

Through it all, we have remained true to our one and only mission: motivated by Christ’s love for all, our covenant is to provide a vibrant, caring community that enhances the lives of those served.

In 2014, my father and stepmom moved to a Maple Knoll Cottage from their home near Wagontown, Pa. They were longing to be free from home ownership burdens like yard work, everyday upkeep and shoveling snow. For my siblings and I, we were thankful they made the decision to move to Tel Hai. It meant they were cared for in a comfortable environment with the assurance of assistance if they ever needed it. Fast-forward two years... and they did.

My father required and received skilled nursing care and inpatient therapy services in Meadows Health

Care Center. Prior to his passing in 2016, I witnessed the compassionate care he was provided during his stay. At all times, my stepmom was just a short walk or shuttle ride away from his bedside.

My father became the fifth member of our family to be touched by the continuum of care at Tel Hai. My father’s mother, my grandmother, resided in Lakeview Personal Care and later Meadows—as did my father’s grandmothers, my great-grandmothers, who both resided at Tel Hai. My mother’s mother, also my grandmother, lived in Tel Haven Apartments, and later moved to Lakeview and Meadows. With each, I have special memories tied to their time here.

For some of you, you’ve already taken the first step on your personal journey to Tel Hai. You’ve joined

the Future Resident List, and you’re actively engaged in our community. Now I’ll challenge you to take another step. Read pages 16 and 17 and explore all the advantages of the *Ready in a Year Program*. It’s designed with you in mind.

For others, make today the day. Meet several of our residents in “Timing is Everything,” and take note of the four easy steps outlined on page 7 of how to begin your retirement future at the “Hill of Life.”

We can’t wait to show you what we’ve been up to!

Sincerely,

Sharon A. Canull
Sharon

Discover *the* Benefits

At the “Hill of Life,” we want you to not just live, but thrive. Today’s seniors are self-directed planners who are looking for a future filled with possibilities and purpose.



Resident Bob Davis enjoys volunteer opportunities like painting exterior bridges, railings and fences throughout the community.

As a Life Plan Community, the value of a retirement community like Tel Hai lies in the priority access to the full range of residential accommodations, amenities and services to enhance and secure your retirement experience.

It’s found at the intersection of planning and choice. Having a plan in place allows you to live the life you choose, on your terms, as you wish. Coupled with the security of a continuing care safety net, you have time to enjoy all the abundant programming, outstanding amenities and perks.

Our serene country setting is the ideal backdrop to start an exciting new chapter in your journey of life. Whether it’s pursuing a new passion or discovering a new talent, the deep sense of community-connectedness at Tel Hai is the perfect complement to a life filled with independence, convenience, and choice.

We know that planning for a move to a retirement community often takes considerable research and planning, but the benefits are plentiful. Accessing the resources you need and getting started is easy. Let us help you!

THE WORRY-FREE LIFESTYLE

Life at Tel Hai is rooted in our covenant to provide a vibrant, caring community that encourages a purposeful and worry-free lifestyle. Residents truly embrace the Redefining Retirement™ concept and create a retirement experience that is all their own. Surrounded by friendly neighbors and exceptional team members, they have shed the stresses of home ownership and spend each day doing the things they enjoy, like serving others. Just like our residents, isn’t it time to give yourself the peace of mind that you’re in control of your future? Let’s fill that future with independence, convenience, and choice.

THE CONTINUUM OF CARE

If your care needs change, our commitment to maximize your independence and enhance your well-being does not. We’ll meet you where you are and help you along the way. Those services may include personal care, respite care, memory care, adult day services, health care, home care services, home health services or even inpatient and outpatient therapy services. Together, Tel Hai’s compassionate team of expert health care professionals provides all services onsite, within our community. That means familiar faces and places, eliminating unnecessary and difficult moves if your care needs change.

THE FEE-FOR-SERVICE ADVANTAGE

As a “Fee for Service” contract community, residents pay a one-time entrance fee and monthly service fee to gain access to Tel Hai. The full complement of residential services and amenities are provided. If continuing care is required, the resident’s monthly fee will increase to reflect the market rate for the care received. In contrast to “Modified” or “Life Care” contracts, our “Fee for Service” advantage means you only pay for the services if and when you need them.



Access Resources

Thinking about cleaning out, listing your home and taking the next step toward the retirement future you’ve always wanted? Preparing for a move shouldn’t be adding more balls to your juggling act. You have enough to think about.

That’s where Tel Hai’s Moving Resources Program comes into play. The program pairs you with essential move-related services when you need them the most. We’ll provide access to the resources that serve your needs, no matter how big or small.

Together, we’re here to help you overcome the hurdle of moving. With our impressive catalogue of vetted and trusted partners and helpful resources, our goal is to make your planning process stress-free, organized, and convenient.



THE HURDLE: *Rightsizing*

At Tel Hai, we don’t call it “downsizing.” We call it rightsizing: making the right decision to keep the right things that serve a purpose or give you joy. Say goodbye to the riding mower and hello to the perfect nook for your dining room credenza. Let us pair you with professional organizers, stagers, and movers who can assist in determining what to keep, what to trash, what to sell and what to bring with you to Tel Hai!

THE HURDLE: *Selling*

What’s your home’s value? What work needs to be completed prior to selling? Preparing your home to list on the market can be overwhelming, but we’ve worked with many qualified and trusted agents who have a proven track record of success. They know how to get your house ready, listed and sold! Best yet, they know all about Tel Hai, settlement dates, financing and timelines.

THE HURDLE: *Financing*

What about entrance fees, bridge loans and lines of credit? What about accessing your investments without incurring a penalty? Through our established relationships with local banks and financial planners, we can play matchmaker in getting you the guidance and support you need. Planning ahead always pays off, so let’s discuss the next steps to preparing financially for your future move.



Get Started

1 REQUEST INFORMATION www.telhai.org/information

Request our detailed brochure, which includes information on our vast array of continuum services, amenities, a variety of accommodations, refund options and pricing. Additionally, we can personalize your information packet with specific floor plans that may interest you.

2 SCHEDULE A VISIT www.telhai.org/visit

We encourage future residents and their families to visit our community. We want to meet you and explore together your wishes for the future. We’ll discuss the services, programs and accommodations at Tel Hai and tour the spaces and places that interest you.



3 APPLY FOR RESIDENCY www.telhai.org/residency

Upon successful completion and acceptance of your application for residency, you’ll join the Future Resident List. You will be invited to community events and special connection activities, and have access to our Moving Resources Program. Also, you’ll be eligible to join the Ready in a Year Program (see page 16 and 17)—exclusive to members of the Future Resident List!

4 CONNECT WITH US www.telhai.org/connect

From enriching volunteer opportunities to energizing aquatics classes, there are countless ways to begin connecting within the community. We encourage you to reconnect with old friends, meet new ones and become immersed in life at Tel Hai, even before you move here.



CLICK AWAY!

Starting with just a click or swipe on your tablet, computer or mobile device, you can view floor plans or even download the application to start the residency process. Make sure to explore our community online at your leisure and view all the exciting events and happenings at the “Hill of Life!”



WANNA TALK?

We’d love to! Give us a ring at (610) 273-9333 ext. 2144 and ask for Ginny. We’ll send you the information you desire, schedule your visit, and share with you upcoming events, news and happenings to get you connected with the community.



IN THE NEIGHBORHOOD?

Stop on over! The Welcome Center is open 8 am to 4:30 pm, Monday through Friday, and is located in Cottage 304, adjacent to the Hertzler Apartments. Once you enter our campus at the East Entrance off Beaver Dam Road, simply follow the signs and we’ll be waiting for you.



Tel Hai’s Board of Directors and key management team members are shaping the future of the community through the development and execution of an ongoing, strategic plan called 20/20: Gaining Perspective.

The theme addresses our desire to gain insight, perspective and clarity on three key priorities that will further strengthen our offerings to current and future residents.

We’ve made significant strides over the past few months to implement portions of this plan, and wanted to share exciting news regarding our progress.

PRIORITY /1/ *Growing Team Member Culture*

We think Tel Hai is a great place to both live and work. With a workforce of more than 480 valued team members, we employ individuals with a vast array of professional experiences, educational achievements and backgrounds. Together, we have a passionate team who is mission-inspired to provide a vibrant, caring community.

Our areas of focus to grow team member culture include reducing turnover, increasing employee

satisfaction and devising a pay grade structure. In addition to conducting “stay interviews” with new team members to ensure they feel welcomed, work teams are hard at work to improve areas of weakness identified in the Gallup Poll Survey results on employee engagement and satisfaction.

In July, we unveiled a new “Compensation Program” that couples team members’ job descriptions and workload with pay grades. This program provides

a systematized wage and salary procedure, which will ensure equitable, competitive compensation packages and benefit offerings to existing and new team members. Additionally, the program gives team members the ability to explore — clearly and openly—all the career paths available within the community.

We’re also revising existing policies to be more team member friendly and flexible to set us apart from our employment competitors.

PRIORITY /2/ *Re-Envision Health Care Services*

Resident choice and empowerment are critical components in the delivery of services and care to those living at Tel Hai. Throughout the continuum, residents have the opportunity to live a purposeful life based on what is important to them.

Included in our effort to re-envision health care services and increase resident choice, we are addressing our health services infrastructure and the care and services provided in those areas.

In response to resident feedback and market demands in a rapidly changing health care environment, we are converting 11 semi-private rooms to private rooms.

Currently, health care and inpatient therapy services are provided in Meadows, a two-story structure built in 1982. In response to resident feedback and market demands in a rapidly changing health care environment, we are converting 11 semi-private rooms to private rooms. With thoughtful planning and support from the Tel Hai Board of Directors, we’re moving forward in implementing this effort to deliver a greater degree of resident choice while increasing customer satisfaction.

As an organization, we’re continuing to educate team members, residents and their family members on what it means to “thrive in place” as a resident ages. We’ve established a Dementia Team that is defining “*dementia-friendly campus*” criteria. We are focusing on providing additional dementia education, identifying environmental modifications to support a “*dementia-friendly campus*” and planning on how to implement those modifications.



PRIORITY /3/ *Strengthen Financial Performance*

After our rapid expansion over the last several years, Tel Hai is focused on our financial performance and achieving positive financial margins. As a non-profit, we refer to gains or profits as a positive margin, as funds gained are held for future use and reinvested back into the organization. June marked the end of the 2017-2018 fiscal year with a positive net income.

The Board of Directors approved a 2018-2019 budget that surpassed our previous operating margin goal while increasing resident offerings and services.

In preparation for the future, we’re increasing the amount of cash we’re holding in investments, growing investment cash and reducing our debt through the advanced payoff of short-term loans and construction loans.

TIMING is EVERYTHING

“We’re just not ready yet.”

“We have too much to do.”

“We don’t know where to start.”

There is no handbook, no instruction manual, and no green light on when it’s time to move to a Life Plan Community like Tel Hai.

No one can make the decision for you. It’s a personal decision that should be well thought out, planned for and researched.

No one likes a crisis—to be in one or to make decisions surrounding one.

For some, it was a health setback. For others, it was losing a spouse. Whether it was an unexpected turn of life events or diving headfirst into a new beginning, planning is a constant theme that always pays off. Planning brings assurance, security and peace of mind.

In meeting and speaking with residents of Tel Hai, you’ll come to learn that they all have a different story of how they came to the community. It may be a different story but it’s a similar journey. Like you, they often wondered if the time was right. How will I know? When should I move? But all too often, you’ll hear “I wish I would have moved sooner,” after residents experience the benefits of living at Tel Hai.

The question of timing isn’t about interest rates or home values. It’s about time. Time to enjoy all the campus amenities that are only a short walk or shuttle ride away. Time to develop new relationships, rediscover old ones and experience interactions that bring you joy and a sense of community. Time to renew your body, mind and spirit with programming that is entertaining, challenging and thought-provoking.

Isn’t it time?





An UNEXPECTED TURN



For the MacDonalds, all their planning efforts in anticipation of their move to Tel Hai in 2015 couldn't have prepared them for one of life's unexpected turns: an illness.

Married for 45 years, the MacDonalds shared a lifetime of ministry together. Dan, as a full-time pastor and later interim pastor at Parkesburg Baptist Church, and Sue, serving in Women's Ministry and currently with the American Baptist Churches of Pennsylvania and Delaware.

With Dan leading a Thursday night Bible study at Tel Hai and friends already living in the community, "We knew when we were exploring different communities that Tel Hai just seemed like home to us," shared Dan. After two years on the waiting list, they reserved a Maple Knoll Cottage in late 2014. Shortly after, Dan was hospitalized for 2 months with a serious, life-threatening illness.

"Dan always plans ahead. He's a planner. Even with Dan's advance planning, no matter what happened, God was going to take care of me. I knew I was going to be OK," Sue said. Between serving as his health advocate through hospitalizations, rehabilitation and a short stay in Tel Hai's Meadows Health Care

Center, Sue also had to juggle finalizing selections, sell their Strasburg home and pack up for the move.

One week after moving in, Sue welcomed Dan home to their cottage at Tel Hai. Blessed with a second lease on life, Dan was healing, recovering and gaining back his strength. "Looking back, it was such a blessing. So many people came into our lives helping us and praying for us on this journey. It wasn't the start we were planning for, but now we have the security, convenience and access to services if we ever need them," shared Sue.

Today, the MacDonalds are hard to track down. Between leading Biblical educational tours to Israel, senior softball, bowling and horse-shoe leagues, and guest preaching, they're out, about, and on the move. "Our days are busy doing the things we enjoy," shared Dan. "God has blessed us over the years; and now, we are blessed to call Tel Hai Retirement Community our home." Together, they experience a carefree lifestyle of a maintenance-free home with the flexibility to travel, worship and volunteer.

And if you do find them at home, you just might see them out in their yard, pushing one of their five grandchildren on their tree swing!



A NEW BEGINNING

High school sweethearts, best friends, life companions.

The love story of Norma King and Warren Mansur can be traced back to the hallways of Phoenixville High School. It was 1945, and Norma and Warren were in ninth grade. "We grew up together," shared Norma. "It's really hard to even think about what life was like before him. I look back on life and all my memories started with Warren."

During 10 years of dating, Norma pursued an English degree from Penn State University and started her career in elementary guidance. Warren joined the U.S. Navy, studied music education with the Navy Band, and served during the Korean Conflict. He later attended West Chester University and graduated with an English degree. They then wed in 1956.

Residing in Downingtown for 42 years, where they raised their son Andy, their 4-bedroom home was filled with music and laughter. "Warren was an amazing French horn player," Norma said. With professional stints in public education, real estate, and banking, Warren always made time for music. He played and arranged music with many groups, including the Lukens Band, Red Hill Band, Main Line Symphony and served as director of the Lancaster Senior Center Orchestra.

Long after Norma's retirement in 1991 from Tredyffrin Easttown School District, "It was time to get rid

of our big house. It was bittersweet but it was time," shared Norma. "We were both retired but we were busy. We had Bible class at church, we were Meals on Wheels volunteers, Warren was still playing in the band and arranging music."

"When researching retirement communities, we knew we still wanted to attend our church, Olivet United Methodist in Coatesville," commented Norma. "I remember after one of our first visits to Tel Hai, we drove out to the site of what would be our Woods Edge cottage. It was thick woods with one barely drivable dirt road. We liked that we could plan around new construction and a timeline. We were ready to downsize and make the move."

After two years of planning and organizing, Norma and Warren were set. "Warren had everything worked out. We were cleaning out, little by little, closet by closet, to get ready to move. We made the reservation on our new cottage, listed our house and it sold in one day," shared Norma.

Six weeks prior to moving, Norma would be challenged to start a new beginning in her life. Not feeling well and unable to sleep, Warren got up in the middle of night. By morning, Warren had passed.

"The good Lord took care of me during that time. When I look back now, I see the gifts Warren gave me. He prepared me, he planned for me, he worked everything out. He was smart and organized," reflected Norma.



Since moving to Tel Hai in 2012, Norma's new beginning evolved into continued worship opportunities at her church, serving on resident committees and entertaining one of her favorite houseguests—her sister from Florida.

Sharing her advice to others, Norma commented, "Don't wait to move, do it now. Do it while you are both healthy and can enjoy all there is to do together."



Definition of Tai Chi:
noun (pronounced \ 'tā-'chē \):
an ancient Chinese discipline
of movements practiced
as a system of exercises that
combine slow, deliberate
movements, meditation and
breathing exercises.

Calming. Wonderful. Fun. Relaxing.

All are words describing the experience of residents participating in Tel Hai's newest addition to the wide array of land wellness offerings: Tai Chi!

At its core, Tai Chi aims to improve your circulation, balance, flexibility, and alignment through the execution of low-impact moving meditations. The movements—led without pause by instructor Rich McKenzie—looks like a slow, graceful dance that keeps the body in constant and controlled

motion. Circular in flow and never forced, the movements encourage muscles to be relaxed rather than tensed, and joints to be bent rather than fully extended.

Last year, the Wellness Department gauged the interest of the campus community by offering four classes. "Fifty-three people showed up for the first class; we just knew it was going to be popular!" commented Gwynne Johnson, Physical Wellness Supervisor.

Now, in its fourth season of classes at Tel Hai, Rich has found quite a following. Studying Tai Chi since 1977 and teaching since 1982, Rich is a seasoned instructor of classes and workshops ranging from Temple



University to Rosemont College. Studying under Master Dee Chao, Dr. Tze Chao, and Professor Charles Sweeney, "His demonstrated experience and knowledge are unmatched," shared Gwynne.

According to the Centers for Disease Control and Prevention, one in three older adults experience a fall each year. Falls are the leading cause of death among adults over the age of 65, while they are also the largest preventable cause of death and injury among older adults. In addition to improving balance, flexibility, and mental agility, Tai Chi has been shown to directly correlate to a reduction in falls by participants.

"Tai Chi is easily adaptable for anyone, including those with limited mobility or recovering from an injury or surgery," shared Gwynne. "It's been such a pleasure to watch residents in their 60s to residents in their 90s participate. I've seen residents recovering from strokes, or those who have vision impairments, enjoy the class while strengthening their bodies and minds."

Interested in joining the next class of Tai Chi? If space allows, Tel Hai welcomes individuals from the outside community to participate (fee charged). Contact Gwynne Johnson at (610) 273-9333 ext. 2441 or email gjohnson@telhai.org.

The Benefits of Tai Chi for Seniors

Studies have shown that regularly practicing Tai Chi benefits seniors in a number of ways:



Improves balance
and stability



Improves symptoms of arthritis
and Parkinson's disease



Effectively reduces
physical effects of stress



Provides overall
pain relief



Improves feeling of
overall well-being



Improves
flexibility



Lowers blood
pressure



Statistics courtesy of The Harvard Gazette and the Centers for Disease Control and Prevention.



INTRODUCING THE

Ready in a Year Program



Encourage & Equip

Why spend another day in your home, trying to decide when is the right time to move to Tel Hai? Now is the time and the *Ready in a Year Program* is going to help you make it happen!

We've created this new program to put you on the "fast-track" in preparing for your move to Tel Hai. From members-only programs to special access into workshops and entertainment events, you'll have a unique opportunity to experience life at Tel Hai and connect with residents who live here. Best yet, you'll be invited to view available residential living accommodations first, before the Future Resident List or general public.

Lose the worry of expensive home repairs, property taxes and unexpected bills. Embrace the worry-free lifestyle that Tel Hai residents enjoy, with an active social life and a secure plan for your future with full access to the continuum of care.

Together, let our team of expert's help you prepare to move now. When an accommodation that meets your preferences becomes available, we want you to say with confidence and excitement, "I am moving to Tel Hai!"

WHAT IS THE READY IN A YEAR PROGRAM?
The program is designed to encourage you and equip you in preparation for your move to Tel Hai. Instead of joining the Future Resident List and waiting for your preferred accommodation to become available, the *Ready in a Year Program* gives you additional support, benefits and planning timelines to make the move happen. The program turns the "I can't be ready" excuse into "I am ready. This is the home I've been waiting for!"

HOW DOES THE READY IN A YEAR PROGRAM WORK?
When joining the Future Resident List—often called a "waiting list"—you have the additional opportunity to enroll in the *Ready in a Year Program*. Ultimately, our goal is to pair you with the accommodation of your desires, your future and your dreams.

By joining the *Ready in a Year Program*, you are expressing your desire and intention to move to Tel Hai in the near future. You'll be added to a new priority list within the Future Resident List, meaning you'll "jump ahead" of people who aren't ready to commit to advancing their interest in moving to Tel Hai. Although the program is not a guarantee that you will move in a year, it's our intention to give you the resources and support to do so.

WHAT IS THE COST OF THE READY IN A YEAR PROGRAM?
Upon successful completion and acceptance of your application to join the Future Resident List, there is **NO ADDITIONAL COST** to enroll in the Ready in a Year Program.



Tracy Weaver
Residential Living Counselor
tweaver@telhai.org
(610) 273-9333 ext. 2700

HOW DO I ENROLL IN THE READY IN A YEAR PROGRAM?
Contact Tracy to schedule a personal visit to Tel Hai. During your visit, she'll listen to your needs, wants and desires. Together, you'll discuss accommodation options and view the spaces and places that interest you.

If you're already on the Future Resident List, a new enrollment period begins each quarter throughout the year including January, April, July, and October. Simply contact Tracy to start the process!

Life at Tel Hai is enriching and rewarding. Join us for dynamic events, including educational lectures, entertaining concerts and enrichment opportunities.

COME to Life

CALENDAR of EVENTS FALL 2018

29th Annual Tel Hai Cup Golf Tournament

Wednesday, September 5,
10:30 am - 6 pm
Honeybrook Golf Club

Enjoy a day on the links as we reach closer to our annual goal of 2,162 "Days of Care" in 2018. Through your involvement, all funds raised support the *Care Assurance Fund*. The fund was established for residents whose financial resources fall short of the cost of the services that they receive. For registration or sponsorship information, visit www.telhai.org/golf. Registration is required. Contact Alicia Guthrie, Development Office, at aguthrie@telhai.org or (610) 273-9333 ext. 2036.

Chester County Day Preview

Monday, September 10, 1 pm
StoneCroft Center for Worship and Performing Arts

Learn from Michael Pillagalli about the history, progress and impact of Chester County Day—a home, garden, barn and historic landmark tour held annually on the first Saturday of October. The Day started when a member of The Women's Auxiliary to Chester County Hospital visited a Nantucket house tour in the mid-1930s and brought the idea back with her. This year's tour includes the northeast quadrant of Chester County.

The Gap Male Chorus Concert

Sunday, September 16, 7:30 pm
Chapel

Organized in 1922, the chorus was originally composed of men from different churches in the Gap area of Lancaster County. Today, the chorus has grown to include 50 active members who represent approximately 35 different churches in four counties. The chorus has the distinction of having presented concerts of gospel songs every year for 96 years. The concert will include classic hymn arrangements, Southern gospel songs, and modern worship music.

Antarctica: A Pictorial Narrative

Monday, September 17, 1 pm
StoneCroft Center for Worship and Performing Arts

Join Tel Hai residents Joan and Jim Goshaw as they present a pictorial narrative of their cruise from Ushuaia, Argentina to the Falkland Islands, South Georgia Island, and the Antarctic Peninsula. Learn all about their adventure, which included research colonies, whaling stations, icebergs, penguins, killer whales and fur seals.

Planned Giving Seminar: Estate Planning

Tuesday, September 18, 10 am
Chapel

Estate attorneys from the Lancaster-based firm Brubaker Connaughton Goss & Lucarelli LLC will discuss estate planning, how to protect your loved ones and plan your legacy. The seminar will also include additional time for an informative question-and-answer session. Registration is required by Tuesday, September 11. Contact Michele Dombach, Development Office, at mdombach@telhai.org or (610) 273-9333 ext. 2039.



9/11: An FBI Agent's Perspective

Monday, September 24, 1 pm
StoneCroft Center for Worship and Performing Arts

Hear FBI Special Agent Glenn Booth, a Chester County resident, as he gives a compelling perspective both in words and pictures of his experience on 9/11. Booth was at the base of the World Trade Center on duty for an active investigation when the first tower collapsed. He'll share about his own survival and how the bureau responded to the terrorist attack in the minutes, days, weeks and months following. Booth has been a Special Agent with the bureau more than 20 years, and served in New York City from 1998 through 2003. He's currently assigned to the Philadelphia office and focuses on violent crimes against children.



Hiking the Himalayas

Monday, October 1, 1 pm
StoneCroft Center for Worship and Performing Arts

Tel Hai's President Dave Shenk will lead us through his three-week adventure through the Annapurna mountain range in Nepal. Learn all about his trek and his visit to mountain villages.

Land of the Vikings: Cruising Iceland and Greenland

Monday, October 8, 1 pm
StoneCroft Center for Worship and Performing Arts

Join Tel Hai residents Bruce and Barbara McCleary as they share about their recent 20-day trip on a small ocean liner that set sail from England with stops in Scotland, Ireland, Iceland, and Greenland. Enjoy pictures of their travels as they circumnavigate Iceland in the icy Norwegian Sea.

The Rockingham Male Chorus Concert

Saturday, October 13, 7:30 pm
StoneCroft Center for Worship and Performing Arts

The Rockingham Male Chorus of the Shenandoah Valley of Virginia is a group of volunteer musicians from a variety of careers who welcome the opportunity to travel and to sing the gospel of Christ. Organized in 1966, the chorus is under the direction of David MacMillan, a graduate of Shenandoah University in Winchester, VA.



Iceland



John and Abigail Adams

John and Abigail Adams

Mondays, October 15, 22, 29
and November 5 and 12, 1 pm
StoneCroft Center for Worship and Performing Arts

Join Gerald McNeff on the campus of Tel Hai for a five-week course tracing the lives of "America's First Power Couple," John and Abigail Adams. Learn about their lives through their extensive letter writing to each other, which provided a detailed and invaluable account of the Revolutionary War. Fee charged.

Thanksgiving Eve Service

Wednesday, November 21, 7 pm
StoneCroft Center for Worship and Performing Arts

Join us as we rejoice together in a celebration of Thanksgiving. With such abundance in our own lives, we'll thank God for his blessings upon our community and world. All are welcome to attend this joyous Thanksgiving service. Our non-denominational services welcome individuals of all faiths.



Cashore Marionettes

Cashore Marionettes

Friday, November 30, 7:30 pm
StoneCroft Center for Worship and Performing Arts

The Cashore Marionettes bring art to life with an engaging program that encompasses a broad range of themes, each delivered with a simplicity that expresses the essence of the moment. Enjoy the magic and wonder of this unique, interesting and inspiring performance.

Tribute Celebration

Wednesday, December 5, 6 pm
StoneCroft Center for Worship and Performing Arts

Remember and celebrate the lives of your loved ones by attending our annual Tribute Celebration. Registration is recommended by Tuesday, November 27. Contact Alicia Guthrie, Development Office, at aguthrie@telhai.org or (610) 273-9333 ext. 2036.

Visit www.telhai.org/connect for additional programming highlights.

QUESTIONS? Contact Judy Schweitzer, Community Life Coordinator, at jschweitzer@telhai.org or (610) 273-9333 ext. 2154





WALK THROUGH THE BIBLE: BIBLICAL STUDY AND ADVENTURE TOUR

Tel Hai Retirement Community invites the community to join Chaplain David Hicks for a 10-day "Biblical Study and Adventure Tour" of Israel from February 24 - March 6, 2019. In conjunction with The Jerusalem Center for Biblical Studies with instructor Dr. Willis Britt, registration is now open and seating is limited. Trip highlights include visiting Nazareth, the Sea of Galilee, the Dead Sea, Jericho, Bethlehem, Mount of Olives, Mt. Zion, Temple Mount and the Garden Tomb.

Trip cost includes guided sightseeing, on-site lectures, round-trip international airfare, fuel surcharges, government taxes, administration fees, entrance fees, gratuities and program fees, buffet breakfast and dinner daily, deluxe motorcoach, and first-class hotels.

For additional information, pricing and registration, please contact Chaplain Hicks at dhicks@telhai.org or (610) 273-9333 ext. 2443.



September 13 - December 13, 2018 13 | Consecutive Weeks
Thursdays, 1 pm to 2:30 pm | Hillcrest Conference Room

GriefShare is a special seminar and support group designed to help you rebuild your life after losing a loved one. Through this group, you will have friends to walk alongside you through one of life's most difficult experiences.

If you've lost a spouse, child, family member, or friend, you've probably found there are not many people who understand the deep hurt you feel. It may be a confusing time when you feel isolated and have many questions about things you've never faced before. You don't have

to go through the grieving process alone. Participants can join us for all thirteen weeks, or select workshops of interest.

Led by caring members of the Pastoral Care team, sessions include video seminar with experts, support group discussion, and focus on personal study and reflection.

Registration is recommended. Contact Chaplain David Hicks at dhicks@telhai.org or (610) 273-9333 ext. 2443. Nominal fee charged.



GOT STUFF?

Are you taking the next step in preparing for your move to Tel Hai? Perhaps cleaning out your basement, closets or garage? Let us help!

Tel Hai graciously accepts donations from future residents and the greater public. Donations can be dropped off every Monday (except holidays) at the shop from 11 am - 12 pm. Visit www.telhai.org/resale for details.

TREASURE HUNT!

On the hunt for a treasure? Maybe a granddaughter is moving out on her own and needs kitchen supplies. Or you're searching for a replacement lid for an oldie-but-goodie Tupperware container.

The Resale Shop, located in the Hertzler Apartment building, features a vast array of donated items at extremely affordable prices. Many "one-of-a-kind" items featured in the shop include jewelry, porcelain, pottery and much more. All sales support the *Care Assurance Fund*.

OPEN HOURS

9 AM TO 1 PM
Friday, August 17
Friday, September 21
Friday, October 19
Friday, November 16
Friday, December 21

11 AM TO 1 PM
Tuesday, August 21
Tuesday, September 25
Tuesday, October 23
Tuesday, November 20

CONNECTING *with the* COMMUNITY

Community life at Tel Hai is a perfect mix of engaging experiences and meaningful connections. Along with a few of our annual favorites, we're planning one-of-a-kind events for the fall and winter seasons.

Save the date now, because you're invited!



In SEPTEMBER

FESTIVAL OF MUSIC Saturday, September 29

Join us for an all-day, campus-wide music festival featuring various professional groups and genres, from a Caribbean-inspired steel drum band to a toe-tapping big-band concert. You won't want to miss it. Check out the entire musical lineup, locations and times at www.telhai.org/FestivalofMusic



In OCTOBER

EXPLORE RETIREMENT LIVING OPEN HOUSE Saturday, October 20: 10 am - 4 pm Registration Begins at StoneCroft Commons

Visit Tel Hai for the 8th Annual "Explore Retirement Living Open House" as we join several other communities in Lancaster and Chester counties. We'll have several accommodations open to explore as you secure your retirement future at Tel Hai. To RSVP, call Ginny at (610) 273-9333 ext. 2144 or online by visiting www.telhai.org/ERL



In NOVEMBER

MERCHANTS AND COMMUNITY SERVICES FAIRE Thursday, November 1: 10 am - 2 pm StoneCroft Center for Worship and Performing Arts

Learn about diverse resources in our region and explore local businesses at the 22nd Annual "Merchants and Community Services Faire." The faire features more than 55 professional service providers; health care service providers; community, civic and service organizations; and government and public agencies. Plus, you don't want to miss out on the free health screenings and door prizes. View the event details at www.telhai.org/Merchants

HOLIDAY BAZAAR Thursday, November 29: 10 am - 2 pm StoneCroft Center for Worship and Performing Arts

From home-based businesses to skilled craftsmen, our annual "Holiday Bazaar" is a great place to get a head start on holiday shopping. Local vendors display their wares including handcrafted wooden crafts, jewelry, stained glass, pottery, and florals. You'll see all the favorite brands you've come to trust, like Tupperware, Thirty-One Gifts and Scentsy. View the event details at www.telhai.org/HolidayBazaar2018



In DECEMBER

HOLIDAYS AT THE HILL OF LIFE OPEN HOUSE Tuesday, December 11: 1 pm - 3 pm Registration Begins at StoneCroft Commons

Experience the warmth of the Christmas season as we celebrate "Holidays at The Hill of Life." At 1 pm, join us for a short presentation and dessert reception as we hear from residents on why they love holidays at Tel Hai. From 1:30 pm to 3 pm, view beautifully appointed community spaces and residential living accommodations that are all decked out for this joyous time of the year! To RSVP, call Ginny at (610) 273-9333 ext. 2144 or online by visiting www.telhai.org/Holidays2018



Tel Hai Retirement Community | 1200 Tel Hai Circle
P.O. Box 190 | Honey Brook, PA 19344 | telhai.org





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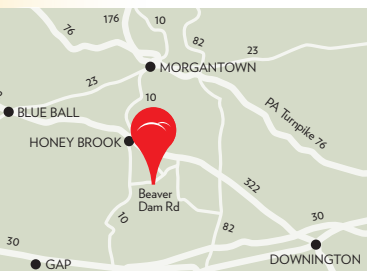
EXPLORE RETIREMENT LIVING OPEN HOUSE

SATURDAY, OCTOBER 20 | 10 AM - 4 PM

Visit Tel Hai for the 8th Annual Explore Retirement Living Open House as we join several other communities in Lancaster and Chester Counties. View www.explore retirementliving.org for a complete listing of all communities participating and plan your visit today!

Take the first step to securing your future by exploring Tel Hai's full range of expansive accommodations, amenities and services. Talk to residents who live at our community and check out a vast array of open homes and apartments.

Enhance your retirement experience and start your journey today! Let us know you're coming, and register by calling Ginny at (610)-273-9333 ext. 2144 or online at www.telhai.org/ERL



Twice Monthly "Taste of Tel Hai" Luncheons

If you haven't already, join us for a "Taste of Tel Hai Luncheon" to learn more about the Tel Hai lifestyle. In addition to a delicious lunch, you'll explore all the residential living options at our community, and hear from the residents who live here. We'll be holding them at 11 am the 2nd and 4th Tuesday of each month.

Tuesday, August 28, RSVP by Aug. 20
Tuesday, September 11, RSVP by Sept. 4
Tuesday, September 25, RSVP by Sept. 17
Tuesday, October 9, RSVP by Oct. 1

Tuesday, October 23, RSVP by Oct. 15
Tuesday, November 13, RSVP by Nov. 5
Tuesday, November 27, RSVP by Nov. 19

Seating is limited for each event, so please be sure to register early! Call Ginny at (610) 273-9333 ext. 2144 today or register online at www.telhai.org/tasteoftelhai



A TASTE of
Tel Hai

THE FIRST STEP: Exploring the Continuum of Care

Join us for an interactive, educational event and take the first step in your journey to Tel Hai, a Life Plan Community. This panel discussion—comprised of Tel Hai's trusted and experienced team members—will explore the entire continuum of care from residential living options to the full range of health services including memory care, personal care, health care, and inpatient and outpatient therapy services.

When navigating onto our campus, please use the "West Entrance" off Beaver Dam Road. Follow event signage for location and available parking. Call Ginny today to RSVP by Tuesday, September 4 by calling (610) 273-9333 ext. 2144 or email at info@telhai.org

WEDNESDAY
Sept. 12
2 pm

Grandview Commons
1100 Tree Line Dr.
Honey Brook, PA

