

YOUR  
FUTURE,  
MADE TO  
ORDER.  
PG. 10

# Bife

Tel Hai

*The Magazine of Tel Hai Retirement Community*

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MAKE YOURSELF  
*at*  
HOME

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WINTER 2018





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Tel Hai Life Magazine  
Winter 2018

**EDITOR**  
Jolene Weaver  
Director of Communications

**CONTRIBUTING EDITOR**  
Karen Horning

**DESIGN**  
Anstey Hodge Advertising Group, Roanoke, VA

**PHOTOGRAPHY**  
The Premise Studio, Lancaster, PA

**PRINTER**  
Progress Printing, Lynchburg, VA

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On the cover: Beverly and Mike Yost in the kitchen of their Maple Knoll Cottage.  
Photo by The Premise Studio.



# A Homecoming

Karen Horning, Exec. VP, Resident Services



Karen backpacking on the Trans-Catalina Trail, which traverses Santa Catalina Island off the coast of Southern California.

I hope this latest issue of *Life* finds you warm and well. In this issue, we’re exploring what makes a home a home.

For me, this issue has special meaning. Over the last two months, we have welcomed “home” more than 100 new residents into our community. They are unpacking their boxes, arranging their kitchens, and meeting new neighbors. I’ve seen their excitement and share in their joy.

Since joining the Tel Hai team in October, I consider my past few months at Tel Hai as a “homecoming.” Just like our new residents, Tel Hai is my home too. Not in the sense of where I lay my head each night, but as in a comfortable, caring and familiar environment.

I’ve experienced Tel Hai’s rich history of providing exemplary service and compassionate care firsthand. From 1984 to 1993, I was honored to serve in various capacities at the community, including Director of Admission, Marketing and Social Services, Volunteer and Activities Program Development Director, and as a member of the Board of Directors. I was blessed to be a small part of the history that shaped Tel Hai into the wonderful community I see today, and I’m excited to be back.

After serving the last 22 years at Garden Spot Village, most recently as Director of Social Services, my decision to return to Tel Hai came after much prayer and discerning God’s direction. One interview

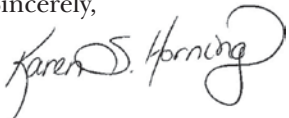
and a step of faith led to the next. Looking back, I feel God was preparing me to accept the wonderful new opportunities at Tel Hai. And I’m so glad I did!

In this issue, you’ll read about the value of a Life Plan Community like Tel Hai. You’ll meet the Yosts, who made the decision to move to Tel Hai while they can enjoy all of the benefits the community has to offer. Their lovely Maple Knoll Cottage is a wonderful retreat that meets all of their needs and wants.

On page 7, we’re checking back with Suzanne Skillen, who we met last year in the summer issue of *Life*. Since then, Suzanne moved to Hillcrest Apartments and is enjoying her new home, and so is her Cavalier King Charles Spaniel named Dutchess. We’ll also look into the planning, preparation and conversion of making a home *Uniquely You* on page 10.

As you read this latest issue of *Life*, you’ll discover that “home” at Tel Hai isn’t just your stuff. It’s a shared experience with your neighbors. It’s a great meal with friends. It’s a cup of coffee with a team member.

I hope you too will come “home” to Tel Hai.

Sincerely,  
  
Karen Horning, BSW, MPC  
Executive Vice President,  
Resident Services

# Q&A Welcoming Back Karen

**What’s your senior living work experience and expertise?**  
I discovered my passion for elder care when I was a broke college student who took a night-shift nurse’s aide job at Fairmount Homes to pay my way through undergraduate school. Those were the days before certification, and most direct care workers were paid \$4 an hour. I believe our calling is when our God-given giftedness and passions intersect, and I knew serving elders was going to be a lifetime calling for me. I served at Fairmount, the Lancaster County Office of Aging, Tel Hai and most recently at Garden Spot Village.

**What’s your role at Tel Hai?**  
My role is to support and empower the Administrators of Meadows Health Care, Lakeview Personal Care, Residential Living and the Director of Therapy to provide a vibrant, caring community. I love our vision of being “an innovative Christian community, to inspire respect and purpose for each individual, and to excel in providing quality service.” We’re focusing our energies on our home-to-home initiatives that support the mission of Tel Hai.

**What excites you about the future of Tel Hai?**  
I’m excited to see us re-envision what it means to “thrive in place.” To find creative and affordable ways to help residents live a purposeful life of their choosing, where they choose, based on what matters to them.



**How has Tel Hai changed since you previously worked here?**  
Residential living has greatly expanded, which will serve the organization well into the future. I miss my earlier Tel Hai days of knowing everybody’s name and stories. Getting to know the residents and team members has been part of the new job joys. What hasn’t changed is Tel Hai’s strong commitment to quality care and compassion. That was—and still is—paramount.

**What’s the joy of your life?**  
My husband Bob and I were blessed with three beautiful daughters. They are all in the medical field and married men who are skilled craftsmen, like their father. Maray and Melissa both worked as CNAs at Tel Hai during their college years and benefited from the Edwin M. and Sarah E. Wright Scholarship Fund. They each have three children, with the youngest being the twins.

Our youngest daughter, Mattie, is studying to become a Physician’s Assistant at Philadelphia University. We love being “Gammy and Boom Pop-Pop” to our 6 grandchildren, all under the age of 6.

**What activities and hobbies do you enjoy?**  
I’m actively involved and a lifetime member at Conestoga Mennonite Church, Morgantown. I’m an Elder on the Pastoral Team, and served in youth and young adult ministry, in addition to short-term international construction mission trips and spiritual retreats. We love visits to our family cabin near Raystown Lake, which I call a “happy place.” Bob and I enjoy day hiking and backpacking, especially when our children can join us. Our favorite memories include our adventures in the Wind River Range, Glacier National Park, Grand Canyon, Trans-Catalina Trail, and Big Bend National Park.





# HOME vs HOME

HOME IS NOT YOUR STUFF.  
IT'S NOT YOUR FAVORITE CHAIR,  
YOUR PATIO OR YOUR KITCHEN COUNTERTOPS.  
IT'S NOT YOUR WALK-IN CLOSET,  
TWO-CAR GARAGE OR ROSE BUSHES.

INSTEAD, HOME IS AN  
INTEGRAL PART OF YOUR LIFE.  
IT'S WHERE RELATIONSHIPS ARE FORGED,  
MEMORIES ARE MADE AND  
ADVENTURES BEGIN.

When discussing the advantages of a Life Plan Community like Tel Hai, we often hear from seniors that they just aren't ready to "give up their home." They like their home, their neighborhood, and their stuff... right where it is.

Despite our wonderful amenities, compassionate caring services and vast residential living options, we cannot compete with your home. But we can offer you an alternative.

A new beginning with an opportunity to rediscover what you first loved about your home. Making it your own. Personalizing it to your taste. Living with safety and security. Meeting your neighbors. Starting a new story.

Now, just think of that new home—without all the headaches. Remove the yardwork. Say goodbye to the shoveling. No more costly home repairs.

As you'll discover with residents Beverly and Mike Yost, their new home was everything they could want or need. A move meant relaxation and renewal. For Suzanne Skillen, it's more time to do the things she loves, and nothing she doesn't.

Like Dorothy said, there's no place like home. And there is NO place like Tel Hai.

## YOUR HOME vs HOME AT TEL HAI

A VALUE COMPARISON WORKSHEET

The value of a retirement community like Tel Hai lies not just in the residential accommodation that best serves your needs and wants, but also in the access to the full range of continuing care services.

Explore how living at Tel Hai is more affordable and flexible than you think. With proper research and planning, in addition to the community amenities, activities, programming, and professional services, you'll discover that the value of the Tel Hai lifestyle is unmatched.

We encourage you to explore your retirement options by utilizing the worksheet to the right to compare the monthly costs of your current home versus a cottage, apartment or townhome at Tel Hai.

Put them in the ring and find out who wins!

AT TEL HAI, YOU'LL HAVE THE SECURITY OF KNOWING HEALTH SERVICES ARE AVAILABLE AS NEEDS ARISE. PRICELESS!

### MONTHLY COSTS

#### I. HOUSING

Real estate property taxes (PILOT-payment in lieu of taxes)	\$_____	✓ Included
Homeowners/renters insurance (personal liability & contents not included)	\$_____	✓ Included
HOA/Condo association fees	\$_____	✓ Included

#### II. HOUSEHOLD & PROPERTY MAINTENANCE

Utilities (water, water softener, sewer, trash, electricity- apts.)	\$_____	✓ Included
Digital starter cable television service	\$_____	✓ Included
Street lighting & security patrol	\$_____	✓ Included
24-hour on-site emergency response system	\$_____	✓ Included
Outdoor maintenance care (lawn, shrubbery, snow removal)	\$_____	✓ Included
Home repair/appliance & building maintenance	\$_____	✓ Included
Pest control	\$_____	✓ Included

#### III. LIFESTYLE & AMENITIES

Flexible dining dollars (5 on-site dining venues)	\$_____	✓ Included
On-campus and local transportation	\$_____	✓ Included
Comprehensive wellness & aquatics centers	\$_____	✓ Included
Outdoor amenities, walking paths, amphitheater	\$_____	✓ Included
Social, cultural & educational programming	\$_____	✓ Included
Worship, recreational and volunteer opportunities	\$_____	✓ Included
Art, hobby & creative suite with studios	\$_____	✓ Included
Dynamic concerts & musical groups	\$_____	✓ Included
Resident-led interest groups & fellowship	\$_____	✓ Included
Access to social services support, therapy services, medical services, and professional services	\$_____	✓ Included

TOTAL \$\_\_\_\_\_ UNSURPASSED VALUE



# HOME AT Tel Hai

We can relax.

**F**or Beverly and Mike Yost, they knew Tel Hai was going to be “home” long before it was. Combining the value of a Life Plan Community with their desired accommodation, it just “made sense.”

“One main reason we chose Tel Hai was my mother resided in personal care for three years. They took such good care of her. I was impressed at the help and loving care they gave her,” commented Beverly.

“Ultimately, we decided to come here so our kids wouldn’t have to worry about us as we get older. We got to choose how and where we spend our future. It was a great choice!” shared Mike, a retired PECO employee.



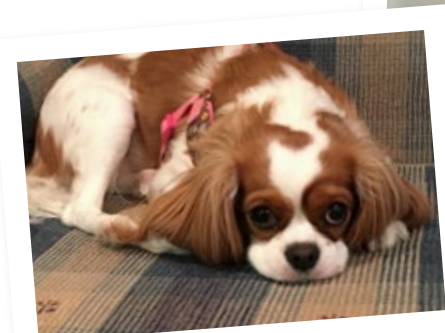
Moving to a 1,322-sq.-ft. Maple Knoll Cottage with a full basement, Beverly stated, “We chose our home because of the floor plan. All the rooms are perfect. It’s just what we needed and wanted, and the basement was an added bonus.” Customary for a renovated accommodation such as a cottage, the Yosts selected custom finishes to suit their tastes, from the cabinets to the appliances to the flooring. “I LOVE my kitchen,” Beverly said, reflecting on the spacious and warm interior.

No longer burdened by the worries and financial pressures of home ownership, “There is no more worry about having something break down. We can just relax,” said Mike. Mike enjoys spending time in the light-infused sunroom catching up on reading while Beverly sews in her dedicated craft room, with plenty of space for all her projects.

“We just love this area. The people here are the best, nice neighbors and great staff,” reflected Beverly.

# HOME AT Tel Hai

An easy transition.



**H**ighlighted in our Summer 2017 *Life* issue, we’re checking back in with Suzanne Skillen, who moved to a two-bedroom Hillcrest Apartment last August. On the Future Resident list since 2011, Suzie prepared and planned prior to her move by rightsizing her belongings, making connections and meeting new neighbors.

So how has she adjusted to life at Tel Hai? “It was an easy transition,” she shared. And it’s been even easier for her Cavalier King Charles Spaniel named Dutchess, who’s often seen taking walks and greeting team members.

Desiring apartment living, which features “under-one-roof” connections to services and amenities like multiple dining venues, “I don’t need to get in my car and drive to dinner. It’s just a few floors down,” she shared.

“I knew exactly where I was going to place my favorite pieces,” Suzie remarked, which made her move from Limerick to her new 1,168-sq.-ft. home easier. Her well-appointed apartment features a dedicated dining space with the perfect place for her antique sideboard and distinctive table and chairs.

A retired AAA Travel Agency manager, she’s been busy as a part-time guide at Winterthur and a docent at General Anthony Wayne’s House in Paoli and the William Brinton 1704 House near West Chester.

“I love my new home but I’m rarely in it. I’m all too often out and about; my calendar is packed!” shared Suzie.

Sounds like the best of both worlds.





# Every End Sees a New Beginning

*January marked the end of a long journey. For team members, one of planning, creativity, cooperation, and dedication. For the residents, a similar one of decision-making, rightsizing, risk-taking and patience.*

Thirteen years after Tel Hai's 63-acre contiguous land purchase in 2005, the campus expansion project that spanned four of five phases, four neighborhoods, and added 78 cottages, 150 apartments, 10 townhomes and countless amenities is now complete.

Starting with Cedar Ridge Cottages in 2009 and Woods Edge Cottages in 2011, new construction efforts continued with StoneCroft Apartments in 2014 and and Bay Tree Court cottages in 2015. Brownstone Apartments—the final wing of accommodations adjoining StoneCroft—began in 2016, followed by Maple Knoll Townhomes in 2017. By all accounts, that's an 8-year span of continuous building.

But as the construction cranes, dump trucks, roof rafters and two-by-fours diminished from view, we joyfully welcomed an additional 94 residents to the Tel Hai community during the months of December and January alone.

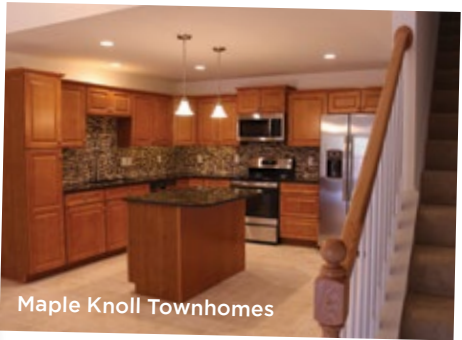
Many of these residents planned and rightsized for years in anticipation of their move to Brownstone Apartments and Maple Knoll Townhomes. For others, it was a recent decision to take the next step and secure the retirement lifestyle they've always wanted.

Either way, we are excited to welcome them home as they start a new beginning at the "Hill of Life!"

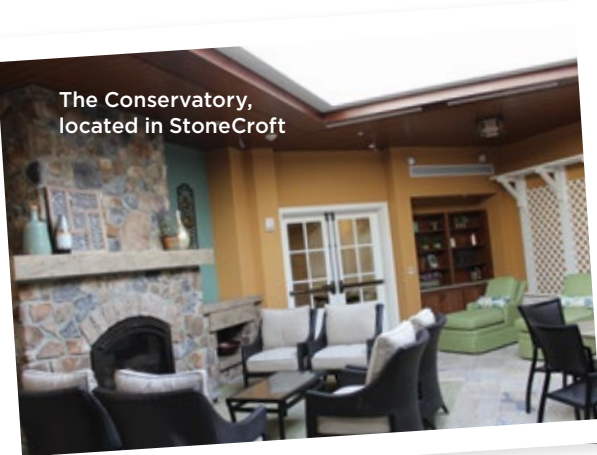
## A WARM WELCOME

*This winter, we've given a warm welcome to the newest residents of Brownstone Apartments and Maple Knoll Townhomes. Let's explore who they are...*

3.7	Average Years, Inquiry to Move-In
16	Single Individuals
39	Married Couples
41	Men
53	Women
55	New Households
76	Average Age
94	New Residents



Maple Knoll Townhomes



The Conservatory, located in StoneCroft

Just like the residents of Brownstone Apartments and Maple Knoll Townhomes, secure the home you've always dreamed of today.

# A Campus of Neighborhoods

*Through our expansion effort, Tel Hai has created a campus community of what we call "neighborhoods," each offering unique advantages. With something for everyone, our wide selection of apartments, cottages and townhomes feature stylish details and distinctively different floor plans.*



23  
Cedar Ridge  
Cottages at Tel Hai

55  
Hillcrest  
Apartments at Tel Hai

10  
Maple Knoll  
Townhomes at Tel Hai

87  
Maple Knoll  
Cottages at Tel Hai

150  
StoneCroft  
Apartments at Tel Hai

74  
Woods Edge  
Cottages at Tel Hai

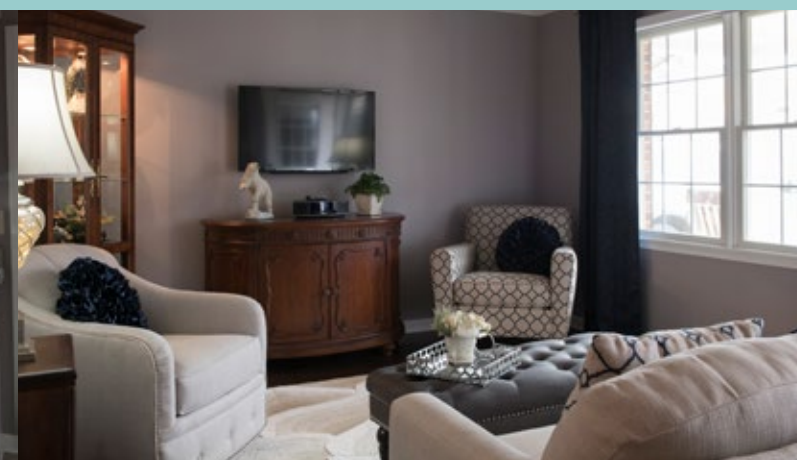
To explore any of our accommodations, schedule a visit by contacting Ginny at (610) 273-9333 ext. 2144, [info@telhai.org](mailto:info@telhai.org) or connect with us online at [www.telhai.org](http://www.telhai.org)





# Uniquely You.

YOUR FUTURE, MADE TO ORDER.

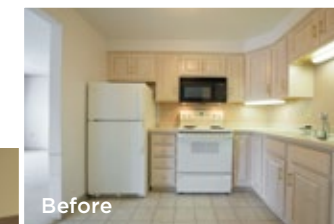


*It's Friday night; you're hungry and ready for a great meal with friends. You visit your favorite steakhouse. You'll have the Delmonico, medium-well, with a side of the garlic mashed potatoes. You know exactly what you want and how you want it.*

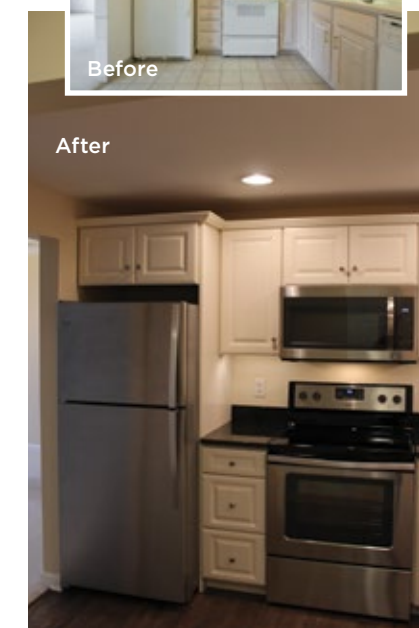
*Wouldn't it be great if everything in life were that easy or tasted that good? You place your order and know the result will be satisfying, just what you wanted.*

*What if your next home could be made to order? Just like that steak.*

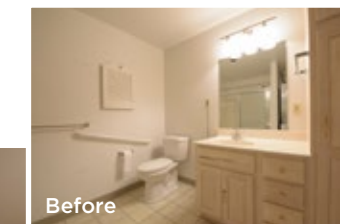
*What if you had a team to help you with all your questions? Just like that waiter. The wheres and whens and hows. Breaking it down into small, bite-sized pieces.*



Before



After



Before



After

We understand that you are uniquely different. What you desire for your future is also different. Sometimes vastly different from your own spouse or even your friends. What's common is we all have the desire to have a home where we feel comfortable, safe and loved.

Over the last few years, we've greatly expanded our campus community to include new "places, faces and spaces." Jointly, we've expanded our residential living options to meet the needs, tastes and wants of a future generation of residents who desire a wide selection of living options, from daylight basements to a loft for the grandchildren.

We also understand that today's seniors are looking for more. They are looking for beautiful, customizable homes, rich entertainment and programming, and security found in priority access to the continuum of care.

Why can't your future be made to order? At Tel Hai, it can. Let us help you transition from your house to your future home. The one that you've always wanted. Uniquely You.





## The Custom Design Center



*“I love meeting with future residents when they get to ‘play’ in the Custom Design Center. It’s fun because they get to choose custom finishings that reflect their style.”*



**Y**our home reflects you, your style, your taste and your life. For some, the thought of rightsizing their belongings, preparing for a move, and designing their new home at Tel Hai is overwhelming. And it doesn’t have to be. Whether it’s new construction or the renovation of an existing cottage or apartment, we have a solution.

It’s our best kept secret, the on-campus Custom Design Center. Within the center, Tina Cressman, Tel Hai’s Moving Resources Manager, walks you through the selection process where you can touch, feel and compare your options. From appliances to trim color, the combinations are endless.

“I love meeting with future residents when they get to ‘play’ in the Custom Design Center. It’s fun because they get to choose custom finishings that reflect their style. It’s the kitchen of their dreams or beautiful tile floors that they’ve always wanted in a home,” Tina shared.

“For some, this is the first time they have ever had the opportunity to customize their home. It’s so rewarding to watch the process,” commented Tina.

Ultimately, individuals preparing to call Tel Hai home have the help they need to make their move easier. Best yet, they’re excited to see the new home (and future) they’ve created.



## The Wow Factor



**“W**e know future residents have invested their time, money, patience and effort in how they wanted to customize their new home. Our approach is to make sure we deliver on a promise to give them ‘the wow factor’ by making it shine,” commented Jaclyn Bean, Housekeeping Supervisor. “Prior to move-in, we provide a complimentary deep-cleaning.”

Following a detailed 50-point checklist, 2 residential living housekeeping team members—from a campus-wide team of 26—extensively clean each unit prior to occupancy. Whether it’s new construction or a renovated unit, the cleaning covers every aspect of the home, including floors,

ceilings, windows, trim, appliances and even storage units.

“It feels great knowing we’re providing them a beautiful, sparkling clean accommodation that’s just waiting to be made into a ‘home.’ It’s our standard to exceed their expectations,” reflected Jaclyn. “From fresh ice in their ice-maker to a sanitized doorbell, we’ve cleaned it!”

After residents settle into their new home, they may desire services such as weekly housekeeping or floor care. This transition to continue cleaning services is easy and readily available through Home Care at Tel Hai.

*“It feels great knowing we’re providing them a beautiful, sparkling clean accommodation that’s just waiting to be made into a ‘home.’”*





# Stronger Together

## Support Groups at Tel Hai

*From navigating the progressive symptoms of a serious illness to grieving the loss of a spouse, residents of a Life Plan Community like Tel Hai are never alone.*

**R**esidents at Tel Hai have the security of knowing that when they need encouragement, prayer and a listening ear, they have access to an extensive variety of support groups led by compassionate team members.

A function of Pastoral Care and Residential Living, these facilitated groups provide an opportunity for shared information, experiences and coping strategies.

### CAREGIVER SUPPORT GROUP

This group provides mutual support and coping skills from fellow caregivers in a confidential and caring environment. You will gain a working knowledge of Alzheimer's disease and related dementia types. You will receive information, resources and referrals to assist you in your caregiver role.

**MEETS:** Monthly, Fourth Friday  
2:30 pm - 3:30 pm  
Hillcrest Apartments  
Conference Room, 2nd Floor

### PARKINSON'S SUPPORT GROUP

This group provides mutual support for those whose lives have been impacted by Parkinson's disease. You will discuss trials, concerns, and questions and ultimately feel supported by others who are experiencing similar symptoms.

**MEETS:** Monthly, Fourth Tuesday  
2:30 pm - 3:30 pm  
Auditorium/Chapel

### CANCER SUPPORT GROUP

This group provides a caring environment for those who have had cancer, those who are currently in treatment, or a family member or friend of someone whose life is/has been impacted by cancer. Hosted by Bayada Home Health Care, you'll have access to information and resources to assist you in your cancer journey.

**MEETS:** Monthly, Second Wednesday  
2 pm - 3 pm  
Hillcrest Apartments Conference Room, 2nd Floor

## OPEN TO THE GREATER COMMUNITY.

*Did you know that  
all our support groups  
are open to future  
residents, family members,  
friends and the  
greater community?*

*Inquire today to  
find out how a Tel Hai  
Support Group can  
enhance your life by  
providing you a  
compassionate place to  
share your story.*

**LET'S GET STARTED.**  
*Contact Katie Dougherty,  
Residential Living  
Resident Services  
Coordinator, at  
(484) 796-4260  
or kdougherty@telhai.org*

# GriefShare

## Providing Support After a Loss

*GriefShare is a  
special 13-week seminar  
and support group  
designed to help you  
rebuild your life after  
losing a loved one.  
Through this group,  
you will have friends  
to walk alongside  
you during one of  
life's most difficult  
experiences.*



**I**f you've lost a spouse, child, family member, or friend, you've probably found there are not many people who understand the deep hurt you feel. It may be a confusing time when you feel isolated and have many questions about things you've never faced before. You don't have to go through the grieving process alone.

Led by caring members of the Pastoral Care team, sessions include video seminar with experts, support group discussion, and focus on personal study and reflection.

Each week, the group watches a video seminar featuring top experts on grief and recovery subjects. After viewing the video, the group members spend time discussing what was presented in that week's video seminar and what is going on in their lives. During the week, group members have the opportunity to use their workbook for further personal study of the grieving process and to help sort out emotions through journaling.

To sign up for an upcoming GriefShare series, contact Chaplain David Hicks at (610) 273-9333 ext. 2443 or email dhicks@telhai.org



Chaplain David Hicks





Life at Tel Hai is enriching and rewarding. Join us for dynamic events, including educational lectures, entertaining concerts and enrichment opportunities.

# COME to Life

## CALENDAR of EVENTS

WINTER & SPRING 2018

### Earth, Wind, Fire and Ice Rock

Wednesday, February 28, 1 pm  
StoneCroft Center for Worship and Performing Arts

Hosted by the Nature Group, Jason Barrowclough will lead us on an exploration of geology by viewing minerals, rocks and gemstones in this educational lecture. A University of Delaware graduate, Jason will discuss the science behind the classification of minerals, the formation and development of rocks and the world of gemstones.

### End-of-Life Planning Workshop Series

Mondays, March 5, 12, 19, 26 and April 2, 9 from 1 pm to 2:30 pm  
StoneCroft Center for Worship and Performing Arts

Living well, aging well and dying well all require planning. Join Pastoral Care for a six-session workshop series to equip you with the tools necessary to prepare yourself and your family for the future. We will look at the benefits of advance planning, how to make an advance care plan for a peaceful end of life, and ways to make your wishes known in advance. Registration is recommended by contacting Chaplain David Hicks at dhicks@telhai.org or (610) 273-9333 ext. 2443.



New Holland Swing Band

### New Holland Swing Band: A Tel Hai Performing Arts Series Event

Friday, March 9, 7:30 pm  
StoneCroft Center for Worship and Performing Arts

An auxiliary group to The New Holland Band, the Swing Band brings modern arrangements of classic music from the swing era like Glen Miller and Count Basie. Prepare for a great evening of entertainment and fellowship with a new pep in your step!



### Donor Advised Funds: A Planned Giving Seminar

Tuesday, March 27, 10 am  
StoneCroft Center for Worship and Performing Arts

Hosted by the Development Department, join us for a planned giving seminar on donor advised funds, or DAFs. Explore the benefits of DAFs, such as avoiding capital gains and receiving tax deductions now while contributing to your favorite charity or church.

### Rizzetta's Tones: A Tel Hai Performing Arts Series Event

Sunday, April 8, 3 pm  
StoneCroft Center for Worship and Performing Arts

Rizzetta's Tones is a Celtic and folk band comprising "fraternal twin" hammer dulcimers, silver flute, high and low whistles, and guitars. The group "spices" up their sound with the button accordion, autoharp, Greek bouzouki, mandolin, ukulele, doumbek, cajon, djembe, and other percussion instruments. Their musical repertoire includes music from Ireland and Scotland, along with inspiration from many other lands.



Rizzetta's Tones

### David Kim and Jeffrey Uhlig: A Tel Hai Performing Arts Series Event

Saturday, April 14, 1 pm  
StoneCroft Center for Worship and Performing Arts

Pianist Jeffrey Uhlig returns to Tel Hai for a captivating evening of music with violinist David Kim. You'll experience a wonderful afternoon of extraordinary classical music. As the Philadelphia Orchestra Concertmaster and an acclaimed soloist, Kim graduated from Juilliard, and teaches at several universities and conservatories. Uhlig performs regularly with members of the Philadelphia Orchestra and received his Master of Music degree from West Chester University. He's an in-demand chamber music player, vocal coach and accompanist.



Kim

### Leaving a Legacy

Monday, April 23 and Monday, May 7, 1 pm  
StoneCroft Center for Worship and Performing Arts

What do you want to be remembered for? What inspires you? What do you want to pass on to the next generation? Join us for a two-part educational lecture by Beth and Jim Ruggiero of Ruggiero Law Offices, LLC, as we discuss building and leaving a written family legacy. Jim practices in the area of estate planning, estate administration, elder law, business law and real estate, and his experience includes the use of wills, revocable and irrevocable trusts, IRA trusts, and life insurance trusts.

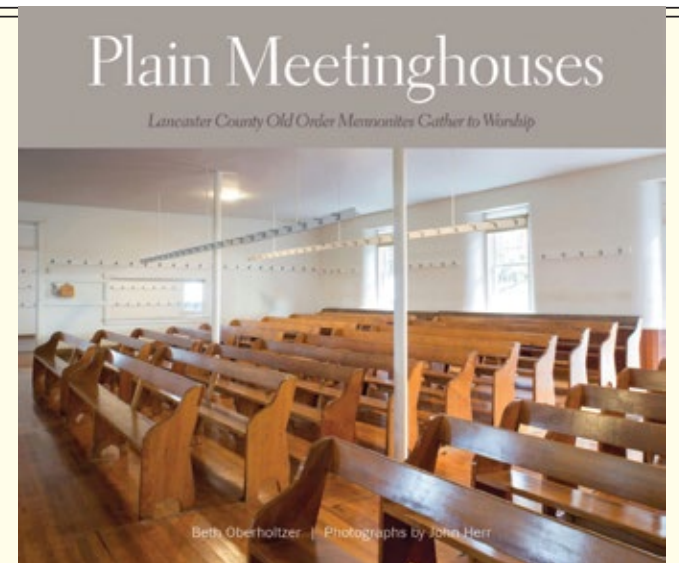


The Chester County Youth Orchestra

### The Chester County Youth Orchestra

Wednesday, April 25, 7:30 pm  
StoneCroft Center for Worship and Performing Arts

The Chester County Youth Orchestra is dedicated to giving young musicians in Chester County the chance to grow musically by performing challenging works from the standard orchestral literature as well as music from the cinema and the Broadway stage. These talented students have honed their performance skills and have gained experience playing music of varied composers, styles, and time periods. The orchestra is composed of approximately 75 students from more than 25 different schools throughout Pennsylvania's Chester and Delaware Counties.



### Plain Meetinghouses: A Book Talk and Signing

Monday, April 30, 1 pm  
StoneCroft Center for Worship and Performing Arts

Old Order Mennonites are deeply faithful, agrarian-rooted, Swiss-German Anabaptists who have called Lancaster County, Pennsylvania home for 300 years. Their meetinghouses silently embody their religious traditions, and yet few outsiders have seen

the startling utilitarian beauty of these rural structures up close. Join author Beth Oberholtzer and photographer John Herr as they share about their rare access to 22 austere houses of worship and discuss their one-of-a-kind book featuring over 300 photos and diagrams that document the meetinghouses, from the design of their benches and buggy sheds to the arrangement of tables central to worship.

## THE RESALE SHOP | Open Twice Monthly

Founded in 1997, the Tel Hai Resale Shop features a vast array of donated items available for resale to the public, team members, residents and the greater community. Extremely affordable—and many times "one-of-a-kind"—items featured in the shop include jewelry, china, pottery, glassware, collectibles, furniture, lamps, small appliances, cabinetry, and endless treasures.

The shop is located in the Hertzler Apartments Building. All sales support the *Care Assurance Fund* that provides financial assistance to residents who outlive their ability to pay for the care they require.

Interested in donating to the Resale Shop? Tel Hai graciously accepts donations from future residents who are downsizing, residents, and the public. Donations can be dropped off every Monday (except holidays) at the shop from 11 am – 12 pm. Items accepted include collectibles, small appliances (in good working condition), furniture, jewelry, household items, linens/quilts, tools, antiques, cabinets, framed prints and art. Items **not accepted** include clothing, computers, computer components, televisions, books, toys, infant equipment, exercise equipment, typewriters or cameras.

Visit [www.telhai.org/connect](http://www.telhai.org/connect) for additional programming highlights.

**Questions?** Contact Judy Schweitzer, Community Life Coordinator, at [jschweitzer@telhai.org](mailto:jschweitzer@telhai.org) or (610) 273-9333 ext. 2154.



# PLANNING *for* AGING *in* AMERICA

As part of Tel Hai's ongoing strategic planning process, the Board of Directors and key management team members are currently shaping the future of the community. However, we're not doing it alone.

**W**e've dug deep into resident feedback, industry trends and long-term care statistics. With a focus on financial and operational improvements that will best position Tel Hai, we've begun developing key priorities that will further strengthen our offerings to current and future generations.

We know that customer expectations have changed—and are changing. Today's future residents are raising the bar, and we're going to raise it even higher.

Over the next few months, we'll be developing a rolling plan that addresses key areas of how we care for our residents. In a world of life-changing technology and creative, collaborative partnerships, we feel that the best for Tel Hai is yet to come.

Check back in the next issue of *Life* magazine, where we'll provide an update on the progress we've made.

We're planning our future with you in mind.

## BABY BOOMERS *and* THE FUTURE

Named for the massive uptick in post-World War II births, the baby boomers are a demographic cohort born in the mid-1940s to mid-1960s.

**A**t the end of 1946, there were approximately 2.4 million baby boomers. By 1964, there were nearly 72.5 million baby boomers.

Today, Life Plan Communities like Tel Hai are preparing our campus offerings, amenities and programming to cater to the needs, wants and desires of this group. Coupled with an increased life expectancy and an overall emphasis on wellness, baby boomers will be the first generation to buck the trends previously seen in the long-term care industry.

Every boomer is different. Some want to travel. Some want to continue working. Some are ready to rightsize their homes and lives. Some are ready to recapture the carefree lifestyle they enjoyed earlier in their lives.

What do you want? Are you ready? Let's start the conversation now and begin the journey together.

**Getting started is easy. Here are three ways:**

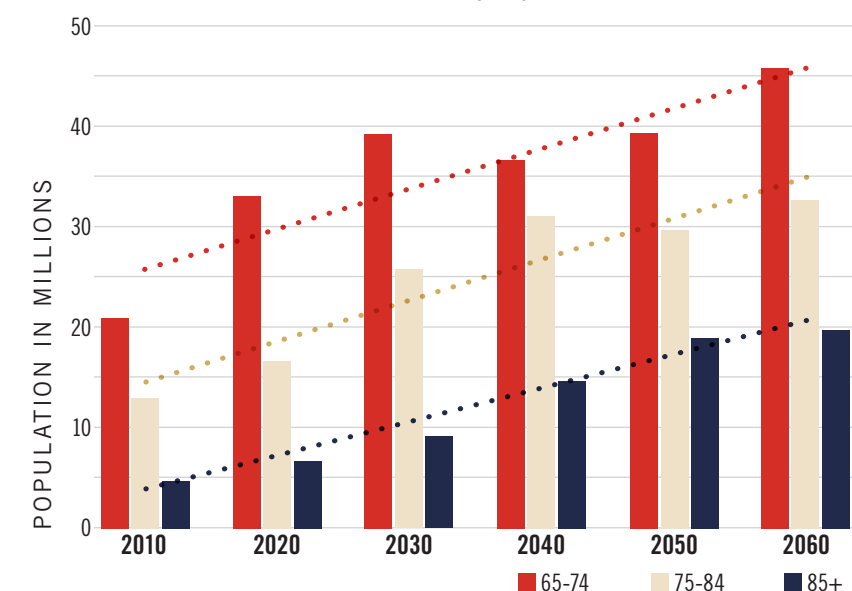
- ☐ Request Information: Request our detailed brochure about services, amenities, accommodations, floor plans and pricing.
- ☐ Schedule a Visit: Let's chat, and we'll take a tour of the spaces and places that interest you.
- ☐ Apply for Residency: Learn about the Future Resident List and all the benefits of joining.

EVERY DAY FOR THE NEXT **13 years,**  
**10,000**  
**BABY BOOMERS**  
will reach **65.**  
*the age of*

**BY 2021,** *the 75-*  
*and-over*  
**age group**  
**WILL HAVE GROWN**  
**3.8%** *since*  
**2016.**

**BY 2030, Medicare is projected to have more than 80 MILLION BENEFICIARIES, up from 54 MILLION in 2015, ALMOST ENTIRELY MADE UP OF BABY BOOMERS.**

US TOTAL POPULATION TREND BY AGE GROUP (65+)



Statistics courtesy of NIC MAP® Data Service, Pew Research Center and Mennonite Health Services. NIC MAP® Data Service is the premier provider of comprehensive market data for the seniors housing and care sector that provides accurate, unbiased, and actionable market-level data on the entire sector's property types and care segments. Pew Research Center is a nonpartisan fact tank that informs the public about the issues, attitudes and trends shaping the world. Mennonite Health Services Alliance is a non-profit organization that supports Mennonite and other Anabaptist faith-grounded health and human service providers in their leadership and strategic direction.



# Stewardship: Committed to Our Core Values

“Now it is required that those who have been given a trust must prove faithful.”  
—1 Corinthians 4:2

Building on the foundation of Tel Hai Retirement Community’s Mennonite faith heritage, the services we provide today continue to flow from our Christian faith identity. Exemplified in the love of Christ, our faith guides us to embrace the core value of *stewardship*.

*Stewardship: We endeavor to exercise responsibility, care, and discernment in the use of resources entrusted to us through a commitment to vision, creativity, excellence, benevolence, and accountability.*



Since our last issue of *Life* magazine, we are now well into the 2017-2018 fiscal year with a renewed focus on Tel Hai’s financial performance. In essence, this focus on financial performance is a delicate balance of optimizing operational efficiencies while growing and reinvesting resources back into our campus community.

From increasing cash held in investments to completing capital expansion projects such as Brownstone Apartments, Maple Knoll Townhomes and additional amenities, we have identified and implemented various initiatives to stabilize and improve our overall financial standing. Best yet, we have continued our tradition of providing an extraordinary value within our continuum of care offerings, services, and accommodations.

Additionally, we are laser-focused on demonstrating purposeful stewardship with the use of donor funds that we have been so blessed to receive. Whether it’s a special event donation or a planned gift, we always value the donor’s intent to impact change within our community.

Last year alone, uncompensated care for residents who have outlived their ability to pay for the care they require totaled more than \$4.1 million. In part, this care was made possible by the generosity of donors to the *Care Assurance Fund*, designed to assist residents in the greatest financial need.

Through demonstrating purposeful stewardship, we feel our ministry will continue to provide exceptional life-enriching opportunities for residents and future residents.



# LIFE is ADVENTURE.

*Love it like Sam and Liz Wampler.*



High school sweethearts Sam and Liz Wampler inspire others through their sense of adventure and power of positive thinking. As a resident of Tel Hai, you too can discover the joy of fulfilled living as you explore and navigate a new chapter in your journey of life. Read more about the

Wampers’ story at [telhai.org/testimonial](http://telhai.org/testimonial)

Call Ginny at (610) 273-9333 ext. 2144 for an appointment to learn more.







SAVE THE DATE  
**Day in the  
 Country**

*Saturday, May 5, 2018  
 11 am to 2 pm*

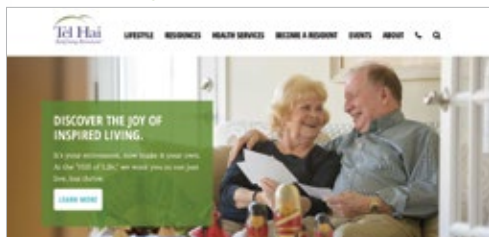
**S**ave the date and plan to join us for the 11th Annual Day in the Country, our ever-popular spring **OPEN HOUSE**, on Saturday, May 5, 2018. Take the first step to securing your future by exploring Tel Hai's full range of expansive accommodations, amenities and services.

Discover the different neighborhoods of Tel Hai and visit residential living apartments, cottages and townhomes. Also, don't miss out on the opportunity to explore our continuum of health care services including Meadows Health Care Center, Lakeview Personal Care, and Adult Day Services.

Enhance your retirement experience and start your journey today! Register online for your visit at [www.telhai.org/DIC](http://www.telhai.org/DIC)

## VISIT US

### *Virtual Visit: Introducing Tel Hai's New Website*



Visit us anytime by accessing our new and improved website at [www.telhai.org](http://www.telhai.org). Explore residential living neighborhoods, download floor plans and navigate health services throughout the community. And don't forget to add us to your "favorites" or shortcut us to your browser bar!

### *New in 2018: Twice-Monthly "Taste of Tel Hai" Luncheons!*

In 2018, we're mixing up our mixers! If you haven't already, join us for a "Taste of Tel Hai" Luncheon to learn more about the Tel Hai lifestyle. In addition to a delicious lunch, you'll explore all the residential living options at our community and hear from the residents who live here. We'll be holding them at 11 am the 2nd and 4th Tuesday of each month.

**Tuesday, February 27, *RSVP by Feb. 19***

**Tuesday, March 13, *RSVP by Mar. 5***

**Tuesday, March 27, *RSVP by Mar. 19***

**Tuesday, April 10, *RSVP by Apr. 2***

**Tuesday, April 24, *RSVP by Apr. 16***

*Seating is limited for each event, so please be sure to register early! Call Ginny at (610) 273-9333 ext. 2144 today or register online at [www.telhai.org/tasteoftelhai](http://www.telhai.org/tasteoftelhai)*

