



Life

Tel Hai

The Magazine of Tel Hai Retirement Community



Convenience & Worry-Free Living

A HALLMARK OF THE TEL HAI LIFESTYLE

**SNOWBIRDS &
GLOBETROTTERS**

**ON-CAMPUS
HEALTH SERVICES**

**MOVE MANAGEMENT
MADE EASY**

SPRING 2017



Tel Hai Life Magazine
Spring 2017

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On the cover: Future residents Dan & Donna Lindley of Honey Brook—who will be moving to Brownstone in December—meet with Tina Cressman, Moving Resources Manager, to review the placement of furniture in their new apartment. Photo by The Premise Studio.

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Tel Hai: At the Intersection of Convenience & Worry-Free Living
Scott Miller,
Director of Facilities Services

W elcome to our latest issue of *Life*. In this issue, we're exploring different aspects of Tel Hai that make people's lives easier.

As a Life Plan Community, we like to think that we're a one-stop shop for retirement living. It's everything you need, when you need it, where you need it. And it's all right here on our campus.

Our goal is to provide residents the worry-free retirement lifestyle they've always expected—reducing their stress and increasing their quality of life.

So what is convenience at Tel Hai?

- On page 4, you'll meet Pat & Cleve Yoder, who are the definition of "snowbirds." They "fly" south each year to Panama City Beach to their home away from home. Prior to their months-long departure, they simply fill out a "Vacation Request Form," lock the doors and head out. Their mail is forwarded and their driveway is shoveled. *That's convenience.*
- It's a resident who hosted Easter dinner but no longer wanted to be burdened with the stress of preparation and, instead, cherished every minute together with her family. Weeks prior, she met with Culinary Services, selected the menu and opted for a 4 pm delivery of dinner for twelve. *That's convenience.*



Brownstone: Conveniences Around Every Corner

B rownstone—the final wing of StoneCroft—has gone up, up and away. Currently under construction, we anticipate welcoming our newest residents in just a few short months.

Brownstone features the essence of convenient living: 45 apartments that connect to StoneCroft Commons, Greystone and Bluestone. That connection brings access to expansive common areas filled with resident functions, amenities and hobby spaces, all without going outside.

Our favorites include:

- NEW 21-Seat Theater
- NEW Sewing Room for Textile Arts
- NEW Indoor Conservatory
- NEW Model Railroad Train Room
- Worship & Performing Arts Center, Seating for 450
- Aquatics Center with Pool, Thermal Spa and Locker Rooms
- Watson Fitness Room & Group Exercise Room
- Health Suite with Private Treatment Rooms
- Stone Hearth Grille & Scalies Private Dining Room
- Art Suite: The Art of Everything, Clark Gallery & Fireside Ceramic Center
- Hidden Hills Salon, Resident Business Center, The Book Nook & Much More



- It's a resident who experienced a recent bout of pneumonia, and his physician ordered a script for a chest x-ray, which was sent to Tel Hai's Social Services staff. They scheduled MobilexUSA, a mobile diagnostic service, to provide an x-ray in his own living room. *That's convenience.*

For more than 24 years, I've had the privilege of serving the residents of Tel Hai throughout our continuum of care. As Director of Facilities, I provide leadership to three dedicated teams in facilities, housekeeping and security.

I know firsthand how our services and programs change lives. Adult children who can sleep well knowing their parents live in a caring community. Future residents like Mr. & Mrs. Egan, who you'll meet on page 8, are surrounded by a helpful support system as they prepare to move to Maple Knoll Townhomes.

As you'll read in this issue of *Life*, residents at Tel Hai value a community where expectations are exceeded, joyful connections are experienced, and where things are convenient!

Sincerely,

A handwritten signature in black ink, appearing to read "Scott Miller".

Schedule a visit today by contacting Ginny at (610) 273-9333, ext. 2144, info@telhai.org, or connect with us online at www.telhai.org.



The Premise Studio

SNOWBIRDS

AND *Globetrotters*

ENJOYING THE 'LOCK AND GO' RETIREMENT LIFESTYLE

“Footloose and fancy-free.” We’ve all heard the saying, but have you experienced the feeling? Carefree. Unconstrained. Limitless. Unencumbered.

Instead, have you been burdened by the ‘what’ and ‘who’? What will happen if there’s a bad snow-storm? Who will shovel? What will happen if the pipes freeze and we’re not home? Who will fix it?

“We want residents to enjoy every aspect of their life right here at Tel Hai. But when they choose to depart from campus—whether it’s a short, long or extended stay—we want them to enjoy their travels, not worry about their home,” shared Scott Miller, Director of Facilities. Lock your doors and off you go.

At Tel Hai, we offer convenient, complimentary services to ensure the safety of a resident’s home during times of travel. Whether it’s a weekend away at the mountains or a month-long cruise to Southeast Asia, we’ve got you covered.

- First-class mail forwarding and mail hold service
- 24-hour security checks, including vehicle and foot patrols
- Maintenance visitation to lower thermostats/hot water heater, check pipes, extinguish natural gas pilot light, etc.
- Routine interior maintenance of home
- Outdoor maintenance care, including lawn, shrubbery, and snow/ice removal
- As-needed repairs, such as fixing clogged spouting or securing patio furniture in high winds

“We recently had a cottage resident who experienced a failure with their hot water heater. We had the repairs completed and the water heater replaced before they got home from their trip,” shared Scott.

Meet a few Tel Hai residents who head out of town and on the road to their next adventure.



PAT AND CLEVE YODER

From 22 days in China to a 27-day cruise from the North Sea to the Black Sea, Pat and Cleve Yoder have traveled the world many times over.

Combined with 17 winters at the Edgewater Beach & Golf Resort in Panama City Beach, Florida, their traveling lifestyle is anchored by one word, “Security,” shared Cleve.

“Before we moved to Tel Hai, we had to pay someone to plow and clean up a yard full of tree limbs at our home in West Chester. One year, we came home and a gutter had backed up with ice. We had water damage in an upper bedroom,” commented Cleve.

Now the Yoders join many other resident who “lock and go.” They leave the stress, worries, and work behind.

When in Florida, “We enjoy catching up with our friends, dancing, participating in water aerobics, karaoke, and adult education classes on Fridays,” shared Pat. As for Cleve, an active pickleball player at Tel Hai, he enjoys use of the outdoor tennis courts and claiming a few victories over his Florida friends.

“Even when we stop traveling, we know we’ll be ready for that new stage in life because of all the activities that are right here for us,” commented Pat.

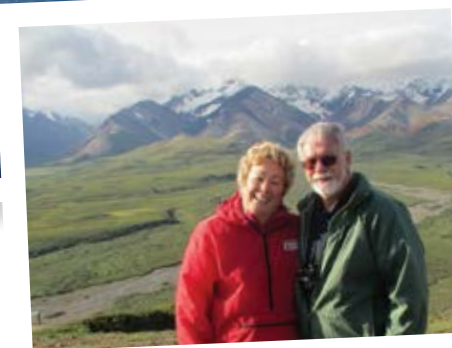


Top: (L to R) Grandparents Cleve Yoder, Pat Yoder, Fran Atkins, Harold Atkins and their triplet grandchildren and traveling companions (L to R) Hannah, Elizabeth and Jared.

Middle & Bottom: Pat & Cleve Yoder traveling the world from London to Paris.



The Atkinses adventuring out on a snorkeling excursion in Hawaii and enjoying the view of Mt. Denali at Denali National Park in Alaska.



HARRY AND VEANNA BAXTER

Snowbirds Harry and Veanna Baxter, who travel each winter in search of warmer climates and sunny skies, landed in North Fort Myers, Florida.

“Our adventures to Florida began when our children were old enough to enjoy the sights and sounds of Disney World. For Christmas in 1972, the Baxter family embarked upon our first trek to the South, which began a decade-long tradition of traveling until the kids were married,” shared Veanna. “However, we were still drawn to the place where we formed those unforgettable memories as a family.”

The Baxters find freedom in security, knowing their cottage is routinely visually checked by Tel Hai’s 24-hour security team members. From fire prevention to the removal of a stray newspaper on the porch, their home is secure.

“Since moving to Tel Hai in 2010, our preparation for our four-month stay in Florida has become almost painless. We simply pack our bags, close the door, and let Tel Hai babysit the house for the winter,” commented Harry. “We are relaxed knowing that our home is being maintained by caring people.”

“We’re always ready to return home, where we are surrounded with friends and family. Tel Hai provides the opportunities to participate in events and activities that challenge us to maintain healthy minds, bodies and souls. This is the secure life, the Tel Hai life,” shared Veanna.

FRAN AND HAROLD ATKINS

For Tel Hai residents and globetrotters Fran and Harold Atkins, who moved to Tel Hai in 2010, their travel partners are their next-door neighbors. And those neighbors? It’s Pat & Cleve Yoder, their grandchildren’s other set of grandparents.

Are you confused yet? The Atkinses’ daughter Michelle is married to the Yoders’ son Scott. Coupled with triplet grandchildren—Jared, Elizabeth and Hannah—the families have become an exploring entourage.

“Since moving to Tel Hai, we have been to Europe and the Mediterranean three times, Alaska once, Hawaii once, and have taken several extended and short trips to Florida, some with the Yoders,” said Fran.

Enjoying peace of mind when they travel, the Atkinses leave their home without the common stresses of burst water pipes, shoveling snow, and mowing the lawn.

“We know everything at home is in good hands, and that makes it a lot easier to go away. We fill out a “Vacation Form” with residential living, lock the door, and drive to the airport. It’s that easy,” shared Harold.

“It is always fun to leave the snowdrifts at home and walk the beaches of southern Florida,” commented Fran. “My arthritic knees complain less when asked to toy with the surf along the black sand beaches of Hawaii.”

Are you burdened by home obligations? Are you seeking to reduce your “to-dos” and increase your joy? Do you want to experience stress-free living while you’re out exploring the world? Join the Yoders, Baxters, Atkinses and many others who benefit from the convenience and security of the Tel Hai lifestyle.

So what are you waiting for? Call Ginny at (610) 273-9333, ext. 2144, to schedule an appointment today.

MAPLE KNOLL TOWNHOMES



The Premise Studio

When first learning of Maple Knoll Townhomes—Tel Hai’s new opportunity of providing additional lifestyle options—Jim and Carol Egan shared, “It just feels like home.”

To the Egans, there are many similarities between state-of-the-art new construction in Tel Hai’s oldest and most mature neighborhood and their current 4-bedroom, 2 ½-bath home on a 1.25-acre wooded lot in Coatesville.

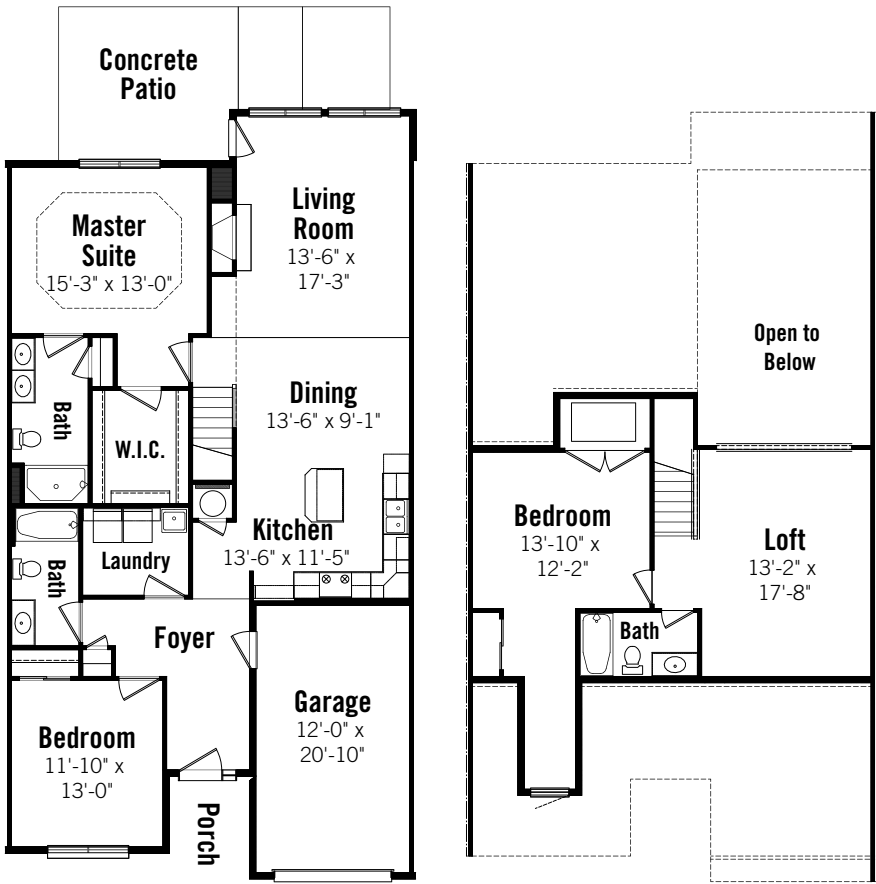
“From the mature trees to the view, the design and location of the townhomes are perfect for us,” commented Carol. “Our current kitchen is similar in size, and our first floor has a very open floor plan.”

Ranging in size from 1,745 to 2,409 sq. ft., the townhomes offer customizable living in two expansive two-story floor plans, the Yorkshire

and the Montgomery. Different from cottage and apartment home living, townhomes are perfect for those desiring main-floor living with a customizable, second-floor space.

Positioned to maximize natural light and privacy, the loft-living concept features versatile floor plans with ample space to entertain guests. “We look forward to using the loft space in the Yorkshire as an office, library and craft/sewing area. Additionally, we will have extra storage space,” shared Carol.

First-floor living options include one- or two-bedroom floor plans featuring a master suite, 1 ½-bath or two full bathrooms, living room, dining



THE YORKSHIRE

**All square footage is approximate.*

room, custom kitchen, and an optional four-season sunroom with a cathedral ceiling. Second-floor living options include a spacious multipurpose open or closed loft with endless possibilities.

Just outside your door, you’re well connected to the heart of the community, all within walking distance to dynamic amenities, socialization opportunities and dining venues.

“It’s convenient because everything we need is right here, like the swimming pool, art lessons and physical therapy, and they’re all available to us. Plus, there are many choices of dining venues for

when we don’t feel like cooking,” said Jim.

New for Maple Knoll Townhomes, a 75% entrance fee refund option is available in addition to the traditional refund option and guaranteed 90% entrance fee refund option, offering you the flexibility to customize your new home at a price that works for you.

“We wanted to make this choice for ourselves, so our family will not have to make those decisions for us. We don’t want them to worry about us as we age, and they know we’ll have access to the continuum of care,” shared Carol. “We chose Tel Hai because of the closeness

“It’s convenient because everything we need is right here, like the swimming pool, art lessons and physical therapy, and they’re all available to us. Plus, there are many choices of dining venues for when we don’t feel like cooking,” said Jim.

of the community. Everyone is always smiling and happy. We are looking forward to volunteering, experiencing exciting activities, and becoming an integral part of life here.”



**Like the Egans,
start your journey to
Tel Hai and ask Ginny at
(610) 273-9333, ext. 2144,
to schedule your
appointment today.**

So what are the most common move-management providers that Tina pairs with future residents?

Realtors: For many, it's their biggest asset and their biggest stress, but it doesn't have to be. Tina will recommend no fewer than two Realtors for you to interview. "Remember, they are going to work for you. Ask for a marketing plan on how they intend to sell your home," shared Tina. What's their strategy for selling your home? How will they perform a comparative market analysis? Will they network with other agents and host a brokers' open house?

Movers: From the fine handling of a cherished grandfather clock to temperature-controlled storage units, the movers do just that—pack, store and move your items to a temporary storage area or your new home. "Don't forget about PODS®, which are portable on-demand storage units that are brought to your home prior to your move. It's a great option for those who want to clean out, rightsize and stage their home for sale," said Tina.



Tina Cressman, Moving Resources Manager, with future Brownstone resident Donna Lindley.



The Premise Studio

Senior Move Managers: These are the helpers who can assist with organizing, rightsizing, and packing. They specialize in offering recommendations on what to give, sell or dispose of. They also know the ins and outs of consignment shops, appraisers and auction houses.

Short-Term Housing & Financial Providers: Contingent on the sale of your current home and the availability of your new home at Tel Hai, future residents may choose to utilize short-term housing if they don't have a second home or seasonal housing. Additionally,

future residents may also require a line of credit or short-term financing. "I can assist in pairing them with local housing providers and financial lending institutions that match their needs," Tina commented.

Prior to the conclusion of the home visit, Tina completes a thorough walk-through of the residence with the future residents. She takes an inventory of their current furniture, measures all pieces and discusses what they would like to take to their new home.

"The walk-through is absolutely delightful. It's fun to hear the stories behind their favorite pieces and their plan for their new home. When I return to the office, I then use that inventory information and provide the future resident with a dimensional, ¼-inch scale drawing of the layout of their new home, and potential furniture placement ideas," shared Tina.

The Moving Resources Program also provides a bevy of local resources often needed as future residents approach their move-in date. This includes the transfer of prescriptions to a local pharmacy, banking and insurance providers, or even vendors who make custom drapes.

Simply put, Tina shared, "Our goal is to make it as convenient, painless and as worry-free as possible to transition from your current home to Tel Hai. We have a support structure, relationships and resources in place to help you."

Rightsizing 101

At Tel Hai, we don't say downsizing. Downsizing is being forced to sell, give away or part with your beloved antique lamp collection. It's hard, it's emotional and it's cringeworthy for many.

right-size /'rīt,sīz/
verb
convert (something) to an appropriate or optimum size.

Rightsizing, however, is right up your alley. With time, support and great resources, it's the process of choosing your favorite possessions: those you need and those you want. It's about keeping items that warm your soul, enrich your life, and bring you joy.

Then, it's about giving or selling the remainder as a blessing to others. Whether it's a grandchild who inherits the family hope chest or a spoon collector who's now one step closer to a complete collection, rightsizing is "paying it forward."

No matter where you are on your retirement journey, start implementing these tips and you'll be on the right track and ready to move to Tel Hai when the opportunity arises.

1 Create a wish list. This first simple step is often overlooked. Before you start moving boxes down from the attic and purge that basement closet, stop. Grab a pen, paper, and clipboard and take a walk. Literally, walk around your home and compile a list of the items you value above all others and can't part with. This becomes the basis for all other decision-making regarding what comes with you to Tel Hai.

2 Involve your loved ones. Next, bring your children, grandchildren and loved ones into the decision-making process. Perhaps your great-niece has always admired your dry sink, or your grandson has become an avid hunter and can snag his next buck with Grandpa's rifle. It's time to discuss openly and honestly what your loved ones like and desire.

3 Ask the professionals. When it comes time to sell big-ticket items, ask professionals—such as auctioneers and appraisers—to view items in your home that you may want to sell. You may be surprised that your exclusive carnival glass collection is not so exclusive after all, or that an old crock on the mantel for the last 50 years may be worth thousands.

4 Bless through donating. This is where you will keep the memories and banish the clutter. Keep a donation box in each room. If the shoes no longer fit, put them in the box. If you found that panini maker that you only used once and realized you don't even like paninis, put it in the box. When the box is full, bless the charity of your choice. If you itemize deductions on your federal tax return, you are entitled to claim a charitable deduction, so don't forget to ask for documentation of your gift.

5 Shred the paperwork. Time to shred all unnecessary receipts, bills, and tax returns from decades ago. Is there a box in the attic with your old college textbooks or maybe diaper service delivery bills for your now-52-year-old son? Separate your critical investment documents, policies and homeowner-related files from the rest. Shred all documents with sensitive information such as your full name, date of birth, social security number or policy numbers.

6 Trash It. If it's broken beyond repair, soiled, torn, chipped, or generally unusable, it should be discarded. Remove hazardous household waste to your local county disposal site. Discard large items by taking advantage of bulk trash collection services or contact a local scrap-metal recycler to realize potential earnings.

Convenient & Close: On-Site Clinical and Health Services

Within a Life Plan Community like Tel Hai, community-based and in-home services are provided to make your life easier and more convenient.

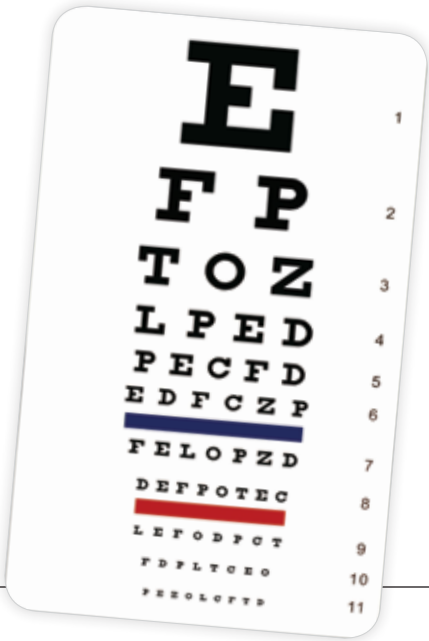


Katie Dougherty, Residential Living Social Services Coordinator, pairs residents with essential clinical and health service providers, right here on the Tel Hai campus.

The Premise Studio

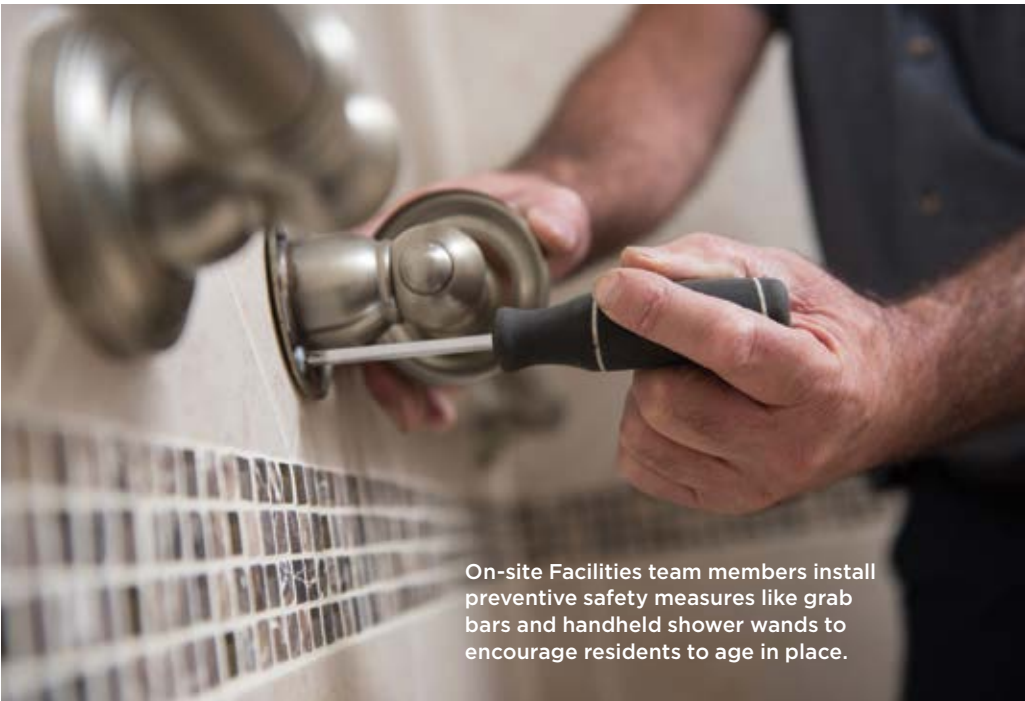
Each day, hundreds of Tel Hai residents enjoy essential services that aid in their independence and overall wellness, bringing value to their decision to live in a continuing care retirement community. Without having to leave campus (or for some, even their building), residents utilize a multitude of health-related offerings.

“All of our on-campus, living-in-place clinical services enhance the ongoing safety and security of residential living residents,” shared Katie Dougherty, Residential Living Social Services Coordinator. “We want to provide those services you need and desire, right here on campus.”



On-site services and capabilities include:

- **Laboratory Testing** for blood counts, hemoglobin, enzyme, insulin, urinalysis testing, etc.
- **Pharmacy Delivery** providing daily, door-to-door and emergency delivery of medications
- **Dental Services** for routine dental exams, cleanings, denture assistance, and dental consultations
- **Dermatology Services** specializing in prevention, detection, and treatment of pre-cancer, growths, inflammation, etc.
- **Podiatry Services** specializing in nail care, conditions of the foot and ankle including arthritis, injuries, nerve disorders and orthotics
- **Chiropractic Services** specializing in neuromuscular subluxations, adjustments, manipulations and spinal degeneration
- **Optometrist Services** specializing in routine eye exams, low/binocular vision, prescriptions and glasses fittings
- Access to durable medical equipment, including shower chairs, CPAP and BiPAP machines
- Installation of preventive safety devices such as grab bars, handheld shower wands, and entry/exit ramps



On-site Facilities team members install preventive safety measures like grab bars and handheld shower wands to encourage residents to age in place.

The Premise Studio

Therapy Services at Tel Hai also serves residents within the continuum of care in addition to individuals from the greater community. Located in StoneCroft Commons and Lakeview Personal Care, the Health Suites provide individuals the opportunity to utilize therapy services prior to a planned procedure, after a surgery or unexpected fall, or to continue the relationships built with a therapist during an inpatient therapy stay.

On-staff professional therapists have extensive experience working with physical and medical diagnoses including falls, pain,

joint replacements, urinary continence retraining and balance issues. Services include physical, occupational, respiratory, and speech therapies, plus aquatic therapy in the StoneCroft Aquatics Center.

Additionally, a Health Services Nurse works cooperatively with residential living residents on checking their vital signs and blood sugar, providing medication assistance, communicating with doctors, setting up additional health service providers, changing wound dressings, administering eye drops, etc.

Life at Tel Hai is enriching and rewarding. Join us for dynamic events including educational lectures, entertaining concerts and enrichment opportunities.

COME to Life

CALENDAR of EVENTS

SPRING & SUMMER 2017

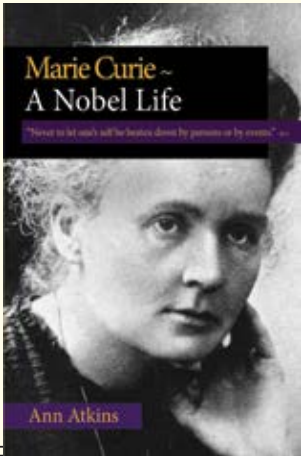


Dave Stahl Sacred Orchestra: Tel Hai Concert Series Event
Sunday, April 23, 3 pm
StoneCroft Center for Worship & Performing Arts

Formed in 1999, the 23-piece studio orchestra—joined by several vocalists—is led by Stahl, who performed with well-known artists like Frank Sinatra, Ella Fitzgerald, and Tony Bennett throughout his long career. Prepare for a wonderful evening as you journey through the decades with music.

Marie Curie Book Talk by Author Ann Atkins
Monday, April 24, 1 pm
StoneCroft Center for Worship & Performing Arts

Author Ann Atkins will return to Tel Hai to share with us her biography of Marie Curie. Atkins's fascinating presentation on the life and accomplishments of Marie Curie will include her childhood in Poland; her passion for science, which leads to the discovery of two elements and two Nobel Prizes; and saving thousands of wounded from suffering and death.



The Chester County Youth Orchestra: Tel Hai Concert Series Event
Wednesday, April 26, 7:30 pm
StoneCroft Center for Worship & Performing Arts

The Chester County Youth Orchestra—composed of approximately 75 students from more than 25 different schools—will perform challenging works from the standard orchestral literature, music from the cinema, and Broadway hits from varied composers, styles, and time periods.

Women's Retreat: Hope in Every Season of Life with Dona Sensenig
Saturday, April 29, 9 am - 2:30 pm
StoneCroft Center for Worship & Performing Arts

Join us for an all-day women's retreat with Dona Sensenig, Director of the Spanish Health Ministry in Kennett Square, PA. Dona will be teaching from God's Word on our great hope in Christ, with uplifting

music by the Ladies' Group from Christian Fellowship Church of New Holland, PA. All are welcome to enjoy fellowship and a buffet luncheon together. Fee charged. For registration, contact Pastoral Services at (610) 273-9333 ext. 2009.

Neanderthal Caves of Southwest France
Mondays, May 1, 8, & 15, 1 pm
StoneCroft Center for Worship & Performing Arts

Dr. Steve Phillips returns to Tel Hai for a three-part educational class on the Neanderthal Caves of Southwest France. The class will explore the origins of cave paintings and the display of human art in the villages and surrounding areas of Southwest France. Dr. Phillips is the Curatorial Research Coordinator of the Egyptian Section at the University of Pennsylvania Museum of Archaeology and Anthropology in Philadelphia. Fee charged.



The Brandywine Harp Orchestra: Tel Hai Concert Series Event
Thursday, May 4, 7:30 pm
StoneCroft Center for Worship & Performing Arts

As the nation's premier harp orchestra, The Brandywine Harp Orchestra consists of 12 harpers of diverse ages with seasoned harp skills and extensive musical backgrounds from the Brandywine Valley. Led by Janet Witman, they have delighted audiences at Longwood Gardens, Mt. Gretna Tabernacle, and the Edinburgh International Harp Festival.

Aleithia High School Choir Concert
Tuesday, May 16, 7 pm
StoneCroft Center for Worship & Performing Arts

A concert favorite, the Aleithia Choir returns to campus. This talented group of high school-aged home-schooled students will delight the crowd with this excellent choir vocal performance.

The Forty Niners Chorus
Monday, May 22, 7:30 pm
StoneCroft Center for Worship & Performing Arts

Based in Chester County, The Forty Niners Chorus performs a greatly entertaining show, filled with pop, rock, Broadway and more from legends like Elvis Presley, the Beatles, and Johnny Mercer. Their collection includes classic favorites, new hits and American standards. Take about 50 voices, add a helping of dance steps, a generous dash of humor, and stir well.



JOIN US
The Hillside Amenities of Tel Hai Outdoor Amphitheater for a Concert Series Event



The Mainliners Chorus | Friday, June 16, 7 pm



The Basics of DNA
Mondays, June 5 & 12, 2 pm
StoneCroft Center for Worship & Performing Arts

Dr. Bob Stamper, a biology professor at Muhlenberg College, will provide two educational sessions on the basics of DNA: what it is, how it works and what it does. The presentations will simplify the complexity of chemical systems through which DNA does its work.



Annual Tel Hai Book Sale
Thursday, June 22 (9 am - 8 pm) & Friday, June 23 (9 am - 11 am)
Auditorium/Chapel

Book lovers rejoice. Come early for the best selection of gently used hardcover and paperback books sorted by topic, including biographies, mysteries, children's titles, cookbooks, travel, and gardening.

Tel Hai Concert Series Event: Broadway, Opera, Spirituals & Virtuoso Trumpet
Saturday, June 24, 7:30 pm
StoneCroft Center for Worship & Performing Arts

Enjoy a wonderfully entertaining evening of music by Barbara Dever (mezzo soprano), Markus Beam (baritone), Scott Marino (trumpet), and Jeffrey Uhlig (piano). Debuting at The Metropolitan Opera in 1994, Dever is a seasoned professional and has performed throughout Europe, Canada and South America, while Marino has performed with the New York Philharmonic Orchestra, New York City Opera Orchestra, and the Metropolitan Opera Orchestra.

Visit www.telhai.org/connect for additional programming highlights.

Questions?
Contact Judy Schweitzer, Community Life Coordinator, at jschweitzer@telhai.org or (610) 273-9333 ext. 2129.

Since 1963, The Mainliners Chorus has entertained audiences of all ages throughout the Delaware Valley with their premier a cappella music. From Broadway hits to patriotic tunes, gospel numbers, '50s doo-wop or good ol' fashioned barbershop numbers, there's a song that everyone will enjoy. The Chorus has competed at the Barbershop Harmony Society's International contests in Kansas City, Salt Lake City and New Orleans. Remember to bring your own lawn chair, blanket, refreshments and visor/sunglasses.

Making it Easy to Eat Well

“Convenience is having a cup of coffee with a friend, and not even leaving campus. No driving, no traffic, and no weather concerns.”

“Convenience is hosting Easter dinner for twelve in my cottage, and not having to lift a finger. Culinary Services prepares it and delivers it.”

“Convenience is pre-ordering pies and cookie trays during the Christmas season. They’re a great hostess gift.”

“Convenience is grabbing a ready-to-heat meal or fresh salad from the Daily Brew. Fast, quick and delicious.”

“Convenience is stopping at the General Store for a carton of eggs and a New York strip steak. Talk about easy.”

Beyond the convenience of on-campus catering options and several dining destinations, Culinary Services at Tel Hai knows that great food isn’t enough, it’s just one integral component of the retirement lifestyle experience.

At Tel Hai, the true culinary experience includes preparing a nutritionally balanced meal, educating the consumer on what they are eating, and providing convenient, varied food options.

We pride ourselves on our wholesome menu selections that are made with quality ingredients. Conveniently, our campus is located at the epicenter of a well-sourced culinary community—rich with farmers’ markets, roadside stands, butchers and suppliers.

We serve fresh, made-from-scratch meals throughout campus and follow Cura’s Culinary Gold Standards for food preparation to ensure


resident satisfaction. From using only U.S.D.A. certified beef, pork and poultry to cooking with trans-fat-free oils, we understand that impact of nutrition on a healthful lifestyle.

In concert with our partners at Cura Hospitality, Culinary Services at Tel Hai provides a variety of dining experiences, from casual to fine dining. Aimed to exceed the culinary expectations of our residents, friends and visitors, our on-staff team is led by an executive chef, two chef managers and two registered dietitians.

Whether exploring global cuisine or enjoying a childhood favorite, it’s more than food, it’s an experience.

“The flourless chocolate torte that Jim makes at the Stone Hearth Grille is out of this world. Due to my gluten intolerance, the Culinary Services team is always accommodating, from cornstarch breading to flourless sauces. It’s all delicious.”

— Mrs. Lois Thatcher, Resident



The Premise Studio



Kim Dilworth, Cura Manager of the Stone Hearth Grille, meets with resident Karen Good to review a special event catering request.

Made-To-Order

- We accommodate special dietary requests
- We prepare foods without sauces, gravies or spices per your request
- We offer gluten-free items such as breads, pastas, cereals
- We feature sugar-free desserts in our dining venues
- We deliver meals to residents’ homes
- We cater events for residents and guests throughout the campus, including birthday parties, bible studies, coffee clubs, interest groups, corporate meetings, gatherings, weddings and much more.

The Premise Studio

Tel Hai Debuts New Mission & Vision Statement

Last year, the Tel Hai Retirement Community Board of Directors proposed a strategic initiative to review, assess and revise the community’s mission and vision.

A task force composed of team members, residents and board members was created. Their charge was to consider if the current mission and vision statement was reflective of the purpose, philosophy, and core values of the community.

Simply put, we searched to find words that demonstrate who we are and what we strive to do.

After considerable research, deliberation, and discussion, a new mission and vision statement was recommended to the board for final approval in October 2016. In concert, we remain committed to our five original core values as outlined.

We are eager to debut the new mission and vision statement for Tel Hai Retirement Community to the greater community, including our future residents, volunteers, donors, family members and supporting congregations.

MISSION STATEMENT

Motivated by Christ’s love for all,
our covenant is to provide a vibrant, caring community
that enhances the lives of those served.

VISION STATEMENT

To be an innovative Christian community,
to inspire respect and purpose for each individual,
and to excel in providing quality service.

CORE VALUES

Integrity | Compassion | Trust
Stewardship | Community



OPEN HOUSE
SATURDAY, MAY 13

Tel Hai Day
in the Country
11 am to 3 pm

Find the keys to a vibrant, *active lifestyle* at Tel Hai

The residents tell us all the time that they’ve found the keys to a vibrant future by moving to Tel Hai. These keys have opened a carefree, active lifestyle, full of choices and amenities. RSVP today as we turn the keys and open our doors—lots of our doors—so you can truly experience what life is like at Tel Hai. Come visit our full continuum of care including residential living cottages and apartments, Meadows Health Care Center, Lakeview Personal Care, and Adult Day Services. Learn more about our expansive plans, taste our culinary creations and explore our beautiful campus, while discovering all we have to offer. We look forward to showing you the keys to a bright future. Registration begins at Grandview Commons.

To RSVP, call Ginny at (610) 273-9333, ext. 2144, or visit www.telhai.org/DIC

 Peace of Mind &
Worry-Free Living

 Friendships &
Socialization

 Convenience &
Security

 Expansive Floor
Plans & Options

THE MOVING EXPO

WEDNESDAY, MAY 24 | 1 - 3:30 PM
STONECROFT CENTER FOR WORSHIP & PERFORMING ARTS



Curious about rightsizing? Having trouble finding moving resources? Ready to move but don't know how? Mark your calendars. This event will offer valuable information for those who are thinking, preparing or are in the process of moving. From guest speakers who are experts in their field to visiting move-related vendors at their booths, prepare for a jam-packed afternoon that you won't want to miss.

Bring a friend to this complimentary expo and leave with information to ease the transition out of your home and into Tel Hai.

Check-In begins at StoneCroft Commons at 4000 Treeline Drive, Honey Brook, PA. Register online today at www.telhai.org/movingexpo

VISIT US

Friday Open House: Drop In & Visit

Visit Tel Hai any Friday afternoon in the Welcome Center. See the StoneCroft Pearl model apartment and visit the campus from 1 pm to 3 pm. Drop-ins are welcome, and no RSVP is required.

Friday, April 21, 28
Friday, May 5, 12, 19, 26
Friday, June 2, 9, 16, 23, 30
Friday, July 7, 14, 21, 28

Discover the Tel Hai Difference

Learn more about cottage, apartment, and townhome living and all the advantages of the Tel Hai lifestyle. Join us in the Welcome Center for a tour of the Pearl model apartment, followed by an informational program and a delicious lunch.

Tuesday, May 16 at 11 am, *RSVP by May 5*
Tuesday, May 23 at 11 am, *RSVP by May 12*
Tuesday, June 13 at 11 am, *RSVP by June 2*

Note: Seating is limited for each event, so please be sure to register early.
 Register online at www.telhai.org/tasteoftelhai

