

The Magazine of Tel Hai Retirement Community

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A Continuation of the Tel Hai Lifestyle:

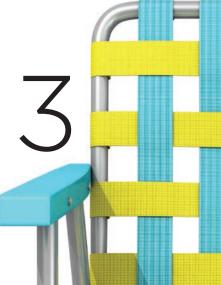
Functional, Flexible and Fun

PLUS:

The Hillside Amenities of Tel Hai









*Tel Hai Life* Magazine Summer 2016

Redefining Retirement

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On the cover: On Cue Billiards, located in StoneCroft Commons, has already become a destination for a friendly game of eight-ball. During your next visit to Tel Hai, you just may see a competitive tournament between couples, neighbors or even their grandchildren. Photo by The Premise Studio.

### CONTENTS

### **6** Brownstone: A Continuation of the Tel Hai Lifestyle

Brownstone—Tel Hai's latest expansion effort—is the final wing of accommodations adjoining StoneCroft. The unique four-story structure features 45 apartment homes ranging in size from 954 to 2,182 square feet, with underbuilding parking for 28 vehicles.

### The Retirement Transition Team: Dedicated to Your Journey

Meet Tracy Weaver and Tina Cressman. They will help you explore your retirement options and make the move to Tel Hai easier, smoother and worry-free!

### **14** Brownstone: Functional, Flexible and Fun

Meet Brownstone architect John Houck as he discusses some of the exciting new design features, common spaces and additional floor plan options available as a part of Tel Hai's latest expansion effort.

- A Letter from Leadership
- 3 Advantages of Community
- 10 Community Outreach
- 11 Culinary Adventures
- 16 Come to Life
- 18 Philanthropy
- Value Spotlight

### Brownstone

Bruce Hartshorne, CASP, Executive Vice President, Operations

Welcome to our latest issue of Life: Brownstone. Have you heard? Tel Hai's been under construction! And we're not done yet. We've been hard at work on Phase IV of our campus master plan and we've hit the ground running.



ast summer, Tel Hai announced plans to begin the fourth phase of our construction effort, including the construction of 19 additional Woods Edge cottages on Bay Tree Court. Featuring three floor plans including the popular *Chester, Lancaster,* and *Berkshire* models, we've completed these cottages and have welcomed 38 new residents to the community.

This summer, The Hillside Amenities of Tel Hai have come to life. From our upcoming inaugural outdoor amphitheater concert in September to spirited games of tennis and pickleball, this venue will provide residents an even greater enrichment experience... right here on the campus of Tel Hai.

Next, we are eager to share that site work has already begun as we anticipate vertical construction for Brownstone in September. The final wing of 45 apartments at StoneCroft features nine distinct floor plans, ample and diverse community spaces and amazing views.

I welcome you to meet Mr. and Mrs. Stevens, Mrs. Huber and Mrs. Jakatt, all future residents who are among the first to select their new homes in Brownstone. They're excited for their move, and the next 16 months will go fast. Welcome to the Tel Hai family!

Also, this issue introduces the Tel Hai retirement transition team including Tracy Weaver, Retirement Counselor, and Tina Cressman, Moving Resources Manager. Learn more about their roles within our community and how they can assist you on your retirement journey.

It's my hope that as you read this latest issue of *Life*, you'll connect with us today and stop by for a visit.

Let's chat—I'd love to treat you to a cup of coffee at the Daily Brew and share with you what we're up to!



### The Hillside Amenities of Tel Hai

Electrifying Performances and Energizing Activities



"Let's play a game of tennis! Doubles?"



"Let's enjoy the concert tonight! Don't forget your lawn chairs!"



"Let's Savor the delicious tomatoes from the garden!"

With construction concluding in September, The Hillside Amenities of Tel Hai is a highly anticipated, dynamic community space that provides an additional venue for activity programming, events and gatherings.

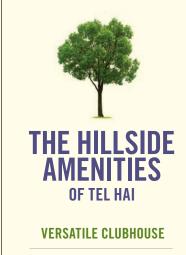
e provide exceptional health and wellness services to help residents experience a quality of life filled with inspiration, joy and activity.

We focus on preventive health and implement comprehensive wellness services, programming and professional guidance," shared Sarah Sullivan, Director of Wellness.

"The Hillside Amenities of Tel Hai offers residents another venue

to implement wellness activities into their own lives. From enjoying a summer concert with their family to playing a game of bocce ball with neighbors, it's a perfect pairing for a healthy lifestyle," she commented.

Let's explore the features and functions of the newest addition to the Tel Hai family...



OUTDOOR AMPHITHEATER & PERFORMANCE SPACE

**TENNIS & PICKLEBALL COURT** 

**MULTIPURPOSE EVENT LAWN** 

**RESIDENT GARDENS** 

**WALKING PATHS** 

**ADDITIONAL PARKING** 

### **VERSATILE CLUBHOUSE**

The clubhouse acts as the anchor for The Hillside Amenities. Featuring meeting space for up to 44 people and a private conference space for up to 10, the fireplace and kitchenette are a perfect pairing for small group meetings, gatherings or potluck dinners with friends and families. The clubhouse is surrounded by covered porches on three sides and provides a unique space to sit, relax, converse and enjoy the view.

### OUTDOOR AMPHITHEATER & PERFORMANCE SPACE

Tel Hai envisions the amphitheater will become the hotspot for concerts, plays and performances. With multi-tiered grass seating areas to accommodate 400 people and designated handicap seating for 50, an adjoining patio extending from the clubhouse serves as the staging area for events at the venue.

### TENNIS & PICKLEBALL COURT

The International Tennis Federation regulation-sized tennis and pickleball court is constructed on a post-tensioned concrete slab and has line markings for both tennis and pickleball. Additionally, after-dusk down lighting has been installed to accommodate evening play. Design plans for this space include provisions for a second tennis court to be added in the future.

### **MULTIPURPOSE EVENT LAWN**

The event lawn features a level, grassy venue to accommodate tents for special functions such as weddings, galas and receptions. The back portion of the lawn has a regulation bocce court.





### RESIDENT GARDENS

The resident gardens contain flower and vegetable plots that are made available to residents of Tel Hai. Several residents have already shared their bounty with others, including their Tel Hai neighbors and individuals receiving emergency food at the Twin Valley Food Pantry and Honey Brook Food Pantry.

Left: Permanent flower and vegetable garden plots are made available to Tel Hai residents.

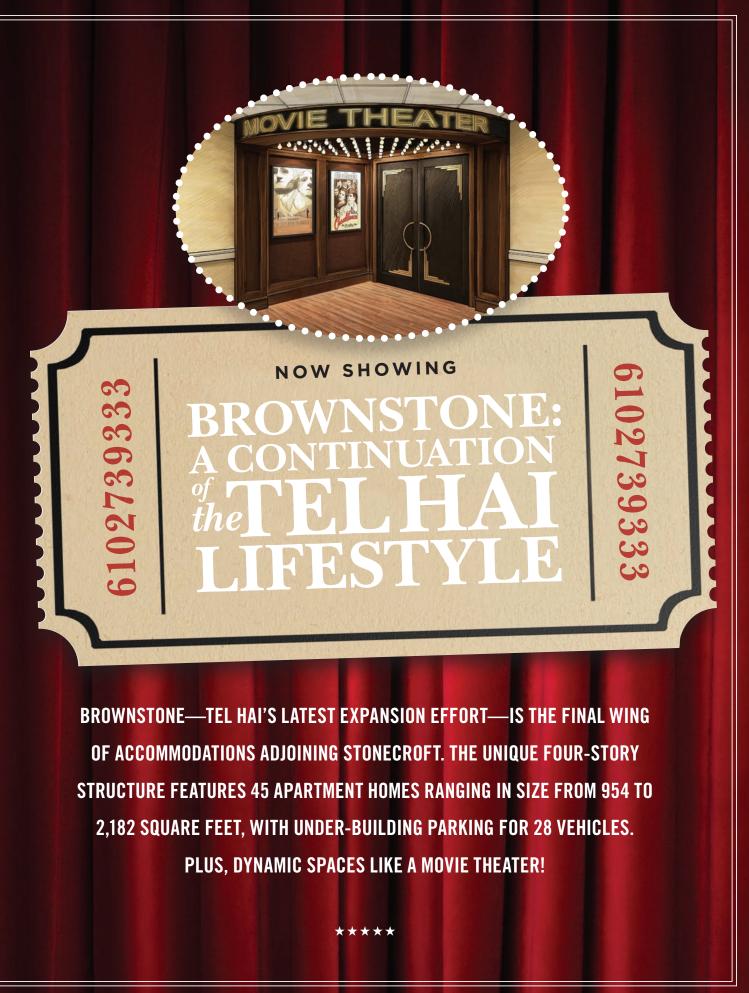
### **WALKING PATHS**

The additional walking paths that were added throughout The Hillside Amenities venue have increased the total distance of designated paths on campus to well over three miles. Whether hiking solo or with a group, residents enjoy the variation of paths from wooded areas to open fields.

### ADDITIONAL PARKING

The expansive parking area accommodates more than 100 vehicles and is available for residents, team members, families, visitors and guests of Tel Hai who are enjoying use of The Hillside Amenities. Additionally, these spaces are used as overflow parking for events hosted in the adjacent StoneCroft Commons.

Above: Land planners rendering of The Hillside Amenities of Tel Hai, a dynamic community space that provides an additional venue for activity programming, events and gatherings.





ncompassing more than 103,500 square feet, site work on Brownstone has already begun and vertical construction will commence in September. Tel Hai anticipates welcoming our newest residents starting the end of 2017.

Incorporated into the design of Brownstone are five distinct common spaces—spanning 3,900 square feet—which are dedicated to additional amenity, hobby and resident functions.

A multipurpose conference room will serve as a meeting location for resident clubs and groups, along with family celebrations and events.

A train room will offer the model railroad club the space to build and tinker with their trains and tracks.

From the Academy Awards to the Super Bowl, the 21-seat theater room will serve as a perfect location for special event screenings, lectures, and movie showings.

The sewing room will become home to the Sew Creative, and will accommodate textile crafts including quilting, looming and knitting.

The conservatory, an indoor garden room, will feature a skylight, gas

fireplace, and intimate seating arrangements for support groups, socialization opportunities and quiet time.

Pass through the halls of StoneCroft and you'll find many residents who have contemplated the same questions you may have... Should I move? Am I ready? Why now?





Preliminary conceptual architectural renderings of the conservatory (top) and theater (left and opposite page). Subject to change.

Tel Hai is already accepting reservations from future residents who are ready to take advantage of apartment living with direct access to dining venues, fitness areas, an aquatic center and resident gathering and enrichment spaces. They have decided to call Brownstone home... will you join them?

To explore accommodations in Brownstone, schedule a visit today by contacting Ginny at (610) 273-9333, ext. 2144, info@telhai.org or connect with us online at telhai.org/ brownstone.

Brownstone offers nine spacious floor plans, four(\*) of which are new to Tel Hai's vast array of offerings:



### THE JADE\*

One Bedroom, 1½ Bath, 954 square feet

#### THE SAPPHIRE

One Bedroom with Den, 1½ Bath, 1,062 square feet

#### THE ONYX\*

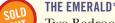
One Bedroom with Den, 11/2 Bath, 1,080 square feet

#### THE OPAL

One Bedroom with Den, 1½ Bath, 1,206 square feet

### THE PEARL

Two Bedroom, 2 Bath, 1,206 square feet



### Two Bedroom, 21/2 Bath, 1,532 square feet

Two Bedroom with Den, 2 Bath, 1,604 square feet

Two Bedroom with Den, 2 Bath, 1,786 square feet

#### THE CRYSTAL\*

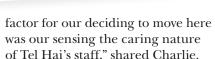
Two Bedroom with Den, 21/2 Bath, 2,182 square feet



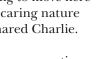
Moving to Tel Hai in 2015, StoneCroft residents Charlie and Joann Huntington (right) downsized from a two-story colonial in Paoli.

"We wanted to make the move while we are healthy and able to enjoy living in this community. We don't want to be a burden to our sons and their families," commented Joann.

"We feel grateful and blessed to be at Tel Hai. An important motivating



"After living here a year, we continue



to feel this was the right move with an engaging lifestyle, nice neighbors, good food, quality construction, and the welcoming and accommodating nature of the staff."

### HERE THEY COME! THEY'RE DIVING IN, THEY'RE TAKING THE PLUNGE AND THEY'VE MADE THE CHOICE! WELCOME TO OUR FUTURE RESIDENTS WHO ARE AMONG THE FIRST TO SELECT THEIR NEW HOMES IN BROWNSTONE.

### MRS. RUTH HUBER

Resides in: Glen Mills, PA Future resident since: 2009 **Future home:** Opal

"Back in 2009, my husband and I visited several senior living communities. We decided on Tel Hai because of the location. It's surrounded by farms and gives me the feeling of country living with all the beautiful accommodations and landscaping.

Initially, we decided on a cottage. After my husband passed, my visit to Tel Hai convinced me that apartment living was what I desired. Brownstone is not only new construction, but it's available within my time frame.



I can relax and know I have plenty of time to sell my house and scale down 58 years of accumulating stuff. I am content with my decision and my family supports me!"

### MR. & MRS. ROBERT AND **GERTRAUTE STEVENS**

Reside in: Downingtown, PA Future residents since: 2013 Future home: Ruby

"We chose to move to Tel Hai because we've seen the hands-on care our family members received in both Adult Day Services and the Meadows Health Care Center. After years of coming here, we fell in love with the staff. It doesn't matter who we speak to, they are loving, caring, compassionate and convey happiness.

After joining the Future Resident List in 2013, we had a 5-year plan to move. As it turned out, Brownstone fell perfectly into that plan, as we're set to move at the end of 2017! We wish we could move tomorrow. We are ready to go now. We want to go up with a shovel and start digging if it would help us move in sooner.

We're excited to move close to our friends and enjoy the pool, volunteer opportunities, walking trails, and diverse dining venues. And... we have underground parking for our red Corvette! Our whole plan is coming together and God made it work!"

### MRS. MARIA JAKATT

**Resides in:** West Brandywine, PA Future resident since: 2014 Future home: Ruby

"Tel Hai has a phenomenal reputation. I saw it firsthand when my mother was in Meadows Health Care Center for four years. When my husband and I were talking about downsizing, we wanted to alleviate

any burdens to our three children and five grandchildren.

After my husband passed in 2014, I wasn't ready to move just yet. Now the timing is better and I look forward to the sense of safety, community, and socialization that I want and need in order to remain healthy and active.

I'm looking forward to moving to Tel Hai and to begin volunteering at Tel Hai and with the Volunteer English Program in Chester County, mentoring those with English as a second language. I know this was the right choice for me."





Summer 2016 9

## Beyond Our Campus: The Twin Valley Food Pantry

Did you know that one in 10 of our Chester County neighbors skips a meal each day because they can't afford food? Did you know those neighbors include the elderly, unemployed, under-employed and individuals with a disability?



ith an aim to provide a supplemental food source and ensure there are no undernourished children in the local community, the Twin Valley Food Pantry (TVFP) was formed in 1994 as an outreach ministry and has been housed by Conestoga Mennonite Church since 2009.

Located in Morgantown, the pantry serves approximately 125 families on a distribution night, has no paid staff and operates solely by volunteer "Our volunteers are key to our operations and help in every aspect of the pantry. Volunteers forge new relationships with the individuals we serve and with each other. It's rewarding to watch those relationships evolve," shared Howard Moss, TVFP Director and former chairman of the Tel Hai Board of Directors.

Considered an 'emergency food supply' source according to the Federal Emergency Management Agency, recipients receive enough nourishment to last seven days.

The pantry purchases the majority of the food distributed from the Greater Berks Food Bank at a significantly reduced price, helping to maximize purchases. Other suppliers include the Central Pennsylvania Food Bank, valued local partners, grocery stores, and food distributors who donate food, personal hygiene items,

pet food and dietary-restrictive items like gluten-free pasta.

Individuals served at the pantry primarily live in the Twin Valley School District, but encompass a regional area including Lancaster, Berks and Chester counties. The TVFP uses the Emergency Food Assistance Program guidelines in accordance with the United States Department of Agriculture policy to income qualify self-declared recipients.

Tel Hai resident and TVFP volunteer Jane Kerr reflected, "There is a great need to serve at the pantry. We serve all kinds of people... young and old. After volunteering for six years, they all know me on a first-name basis, and I know theirs." From stocking shelves to distributing coffee and soup, "I feel I get as much out of volunteering as they do, although they are getting the food they need," shared Jane.

In addition to providing essential nourishment, the TVFP also becomes a conduit for other healthand job-related efforts such as hosting job fairs, a PA Department of Health flu shot inoculation site, and a tax preparation site.

**Donate:** Financial contributions, non-perishable food, baby items, personal hygiene items and paper products are always welcome. Financial contributions can be made securely online through twinvalleyfoodpantry.org or by calling

(610) 286-9124.

**Volunteer:** Individuals with a servant heart for 'distribution day' are needed anytime from 3:30 pm to 8:30 pm on the fourth Tuesday of each month (January-October) and the third Tuesday of each month (November and December only).



Celebrate the Past | Embrace the Future Our Diamond Jubilee

#### A TEL HAI HISTORY MOMENT

Did you know that Tel Hai turned 60 in 2016? This year, we're celebrating the past of Tel Hai as we journey back in time, starting in 1950.

The beginnings of Tel Hai are first traced to the purchase of 120 acres of farmland by Maple Grove Church and Conestoga Mennonite Church.

On April 26, 1950, the first "frolic" was held as the congregations prepared the property for church activities and as a campground for children from nearby inner cities. Tel Hai means "Hill of Life," a Hebrew phrase that reflects the original partnership of the camp and the American Board of Missions to the Jews.

The "Hill of Life" grew as volunteers tilled the rich soil. harvesting tomatoes, wheat, corn, and hay. The tomatoes were sold to Campbell's Soup. While the profits from farming financially supported the activities of the camp for several years, the Board considered additional uses for the land that remained dormant through the winter months.

In July 1954, the idea of a retirement home blossomed from a mere thought into an exciting, achievable goal. The rest... is Tel Hai history!



### Tomato-Basil Chicken

This speedy sautéed chicken dish features a delicious tomato sauce flavored with garlic, basil and Parmesan cheese.

Adapted from Campbell's Kitchen







Serves

#### **INGREDIENTS**

- 1 tablespoon vegetable oil
- 1 pound skinless, boneless chicken breast halves
- 1 can (10 3/4 ounces) Campbell's® Condensed Tomato Soup
- 1/2 cup milk
- 2 tablespoons grated Parmesan cheese
- 1/2 teaspoon dried basil leaves, crushed
- 1/4 teaspoon garlic powder
- 8 ounces (1/2 of a 1-pound package) ziti, cooked according to package directions (about 4 cups)



**PREPARATION** 

- 1. Heat the oil in a 10-inch skillet over medium-high heat.
- 2. Add the chicken and cook for 10 minutes until it's well browned on both sides.
- 3. Stir the soup, milk, cheese, basil and garlic powder in the skillet and heat to a boil.
- 4. Reduce the heat to low. Cover and cook for 5 minutes or until the chicken is cooked through
- 5. Serve with the pasta

### **Nutritional Information:**

Serving size: 1; Calories 441; Total Fat 8.1 g; Saturated Fat 2 g; Cholesterol 85 mg; Sodium 392 mg; Total Carbohydrate 56.2 g; Dietary Fiber 2.4 g; Protein 34.5 g; Vitamin A 8% DV; Vitamin C 8% DV: Calcium 10% DV: Iron 15% DV



Left: An outgoing delivery of tomatoes headed to Campbell's Soup for processing.



### The Retirement Transition Team: Dedicated to Your Journey



Future residents of Tel Hai are often greeted with a warm handshake and many times a hug from Retirement Counselor Tracy Weaver.
With more than 10 years of service in the Marketing & Communications Department, Tracy is the first point of contact for individuals exploring their retirement options.

#### What role do you serve at Tel Hai?

"As a Retirement Counselor, I listen to an individual's needs and desires. That is always the most important thing I can do. When people arrive at Tel Hai for the first time, it's about them. What do they want to accomplish, what are their goals, and how do they want to enjoy their retirement?"

### What can prospective residents expect when they arrive for a visit?

"First, I listen and answer any questions they may have. I love when people come prepared with general or specific questions. Next, I share why residents say Tel Hai is a wonderful place to live. We discuss the history, culture, services and amenities of our community. We discuss residential living options and explore their interests. We also review the benefits and advantages of choosing a fee-for-service Life Plan Community like Tel Hai."

### What's the most common thing you often hear from residents?

"That they wished they would have moved 10 years earlier. For many it's the fear of change. Moving doesn't have to be a hard or fearful experience. We are here to help. I enjoy watching residents who move to Tel Hai in their 60s... they get to maximize their experience!"

### What's a misconception you often hear?

"The misconception that they cannot afford Tel Hai and that it's cheaper to stay in their home. From increased property taxes to unpredictable home repairs and utility bills, when you actually sit down and crunch the numbers, people are often surprised by the financial advantages of living at Tel Hai."

### What's one thing people would be surprised to know?

"That Tel Hai is exceptionally blessed to have an extensive waiting list, and all too often, you can't move in immediately. We help prospective residents as they plan for their future and throughout their retirement journey. Don't wait for a crisis to hit and then determine your plan of action. Do it now, let us help you."

Tracy resides in East Earl, Lancaster County, with her husband Randy and two children, Taylor, 22, and Zachary, 18. She enjoys spending time with her family, relaxing in the sunshine, serving at her church and loves helping people plan for their future.

Start your conversation with Tracy today at (610) 273-9333, ext. 2700, or tweaver@telhai.org.



When should I rightsize?
What should I ask when
interviewing a realtor? What
moving companies are highly
recommended? For the
answers... ask Tina Cressman,
Moving Resources Manager.
Joining Tel Hai in 2008,
Tina links prospective
residents with the resources
they need to make their move
to Tel Hai easier, smoother
and worry-free!

### What role do you serve at Tel Hai?

"As a Moving Resources Manager, I serve prospective residents by acting as a liaison between them and moving resource providers. I assist them with locating realtors, financial lending institutions, movers, short-term housing providers, stagers, auctioneers, storage facilities, appraisers, etc. I then help them customize their new home in our 'Custom Design Center,' from choosing paint colors to countertops."

### What can prospective residents expect when you meet with them?

"When future residents utilize the Moving Resource Program, I serve them by performing a home visit. If they reside within 3 hours of Tel Hai, I'll visit their home. We measure their current furniture and I help them through the process of discovering what they want to sell, donate, or take to their new home. We discuss furniture arrangement options and rightsizing techniques. It's fun because it brings their decision to a tangible reality."

### What's the most common thing you often hear from residents?

"The same as Tracy... that they wished they would have moved 10 years earlier. That they love their custom selections, their view, their neighbors, and that they made their cottage or apartment into a 'home.' They realize that they should have done it years ago."

### What concerns do you hear from future residents?

"That all too often, future residents stress about the small details. Choosing to move to Tel Hai is a big step and a big decision. It's about living in a community that offers the full continuum of care, if and when you should ever need it. It's about the big picture of security, life enrichment and fellowship. Trust that we will take care of the small details for you."

### What's one thing people would be surprised to know?

"That I organize and host connection events throughout the year for those on our Future Resident List. These exclusive, invitation-only events allow you to explore our community in greater depth, learn about our moving resource services, and develop relationships with our team members, current residents and future neighbors. It's a great way to connect."

Tina resides in Honey Brook, Chester County, with her husband Eric and two children, Caitlin, 19, and Colby, 15. She enjoys teaching Sunday school at her church, spending time at the beach with her family and friends, taking cruises, and watching her children grow and succeed.

Looking to rightsize and don't know where to start? Contact Tina today at (610) 273-9333, ext. 2160, or tcressman@telhai.org.

## Brownstone: Functional, Flexible and Fun A Discussion with Architect John Houck



### What new apartment features were included in the design of Brownstone?

Brownstone—as the last and final wing of StoneCroft—is externally a visual continuation of Bluestone and Greystone. The features will blend well as if the building was constructed as one. However, on the inside, we created four new apartment floor plans for this project (shown below).

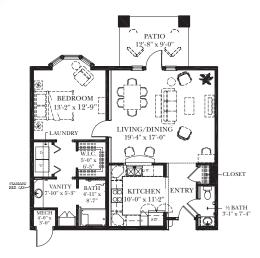
### What excites you about the positioning of Brownstone?

The fourth floor of Brownstone is positioned as the highest point on the Tel Hai campus, and actually sits 11 feet higher than the fourth floor of Greystone. The building will offer unique views of the surrounding Chester County area, and many apartments will have

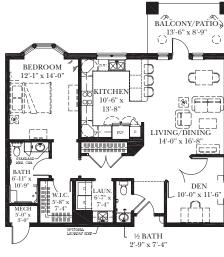
southern exposure to the lake and mountains. Also, we included under-building parking for bikes, golf carts and 28 vehicles, which will be a nice benefit during the winter months.

### What community common spaces will be found in Brownstone?

The design is flexible, functional and fun. These common spaces were designed to make Brownstone a destination that everyone will enjoy, not just the residents who live there. These spaces will be used by families, friends, guests of the community and volunteers and will include a conference room, train room, theater, sewing room and a conservatory.



**THE JADE**, featuring one bedroom, 1½ baths, with 954 square feet.



**THE ONYX**, featuring one bedroom with a den, 1½ baths, with 1,080 square feet.

### What design features are included in each common space?

### **CONFERENCE ROOM (Ground Floor)**

The conference room will be multifunctional and was designed to be flexible. You can alter the room's setup to be used for different functions for classes, lectures, conferences, and small group meetings, or even configure for a party or reunion. We also included a buffet table that will be perfect to display food and refreshments.

### TRAIN ROOM (First Floor)

The train room was designed with an entrance and exit, so when hosting an open house or holiday display, visitors can flow through the room easily. Additionally, we've included dimmable task lighting and large windows surrounding the perimeter of the space for easy viewing of residents as they work on the trains.

### **THEATER** (Second Floor)

The 21-seat theater was designed for maximum visibility. The stationary screen will be framed by a luxurious curtain, mimicking a traditional art-deco movie theater. With movable and comfortable plush chairs with cup holders, there won't be a bad seat in the house. But don't forget to stop by the snack and refreshment station and grab some popcorn!

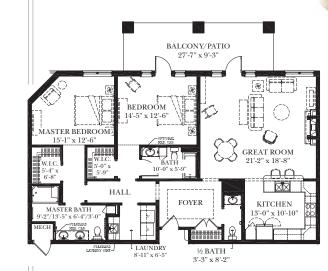
### **SEWING ROOM** (Third Floor)

The sewing room features an open workspace for a multitude of sewing projects. Surrounded by ample storage closets, storage cabinetry and plenty of electrical outlets, the space will accommodate sewing, quilting and looming projects with bright task lighting.

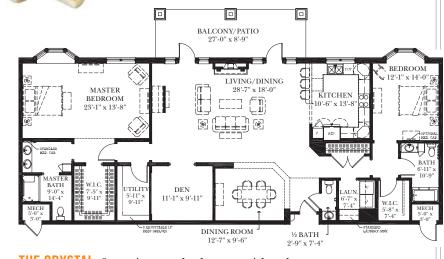
### **CONSERVATORY** (Fourth Floor)

This indoor garden room was designed with a 15-foot by 15-foot skylight that will flood the space with natural light and warmth. From the lounge seating to the gas fireplace, it will be a space that can be utilized for quiet reflection and large fellowship gatherings.

John Houck, II, AIA, is a Project Architect with Reese, Lower, Patrick & Scott Architects (RLPS). John graduated magna cum laude with a bachelor's degree in Architecture from Drexel University. He's a registered architect and a member of the American Institute of Architects.



**THE EMERALD**, featuring two bedrooms, 2½ baths, with 1,532 square feet.



**THE CRYSTAL**, featuring two bedrooms with a den, 2½ baths, with 2,182 square feet.

Plan to join us for these fascinating events, including educational lectures, entertaining concerts and dynamic enrichment opportunities. Visit us at www.telhai.org/connect for additional programming highlights. Experience 'Life on the Hill' today!





### From Opera to Broadway to Ragtime: A Tel Hai **Concert Series Event**

CALENDAR of EVENTS

Saturday, September 10, 7:30 pm StoneCroft Center for Worship & Performing Arts

Pianist Jeffrey Uhlig returns to Tel Hai for a captivating evening of music with Meryl Dominguez (Soprano), Aaron Keeney (Baritone), and Mark O'Kain (Marimba/ Xylophone). As a resident artist at the Academy of Vocal Arts in Philadelphia, where she studies with William Stone, Dominguez is a recent graduate from Oberlin College and Conservatory, where she was named the first Marilyn Horne Rubin Scholar.

The New Holland Band **Jazz Combo** Friday, September 16, 6 pm

FALL 2016

The Hillside Amenities of Tel Hai: Outdoor Amphitheater

Join us for our first concert in our new outdoor amphitheater! Founded as a fife and drum band in 1829 as part of a regional militia unit, the New Holland Band is composed of professional and nonprofessional musicians along with college and high school student musicians. Remember to bring your own blanket, refreshments and lawn chairs.



### **Chester County Day Preview**

Monday, September 19, 1 pm StoneCroft Center for Worship & Performing Arts

Learn from Michael Pillagalli about the history, progress and impact of Chester County Day a home, garden, barn and historic landmark tour held annually on the first Saturday of October. The day started when a member of the Women's Auxiliary to the Chester County Hospital visited a Nantucket house tour in the mid-1930s and brought the idea back with her. The tour includes the southwest quadrant, including Marshallton and Kennett Square, and will begin with a fox hunt.

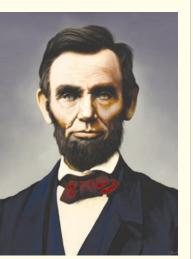


Right: **New Holland Band Jazz** Combo

#### **Medicare & Supplemental Health Care Choices**

Thursday, October 6, 1 pm Auditorium/Chapel

Trained Medicare specialist and Berks Encore volunteer John Vogel will provide an update on Medicare programs and benefit changes. As the Medicare Open Enrollment period approaches, all participants will be keenly interested in learning about the program and benefit changes that may affect your selections for 2017.



#### **Osher Lifelong Learning Institute: Lincoln**

Mondays, October 10, 17, 24, 31 & November 7, 1 pm StoneCroft Center for Worship & Performing Arts

Frontiersman, lawyer, politician, writer, negotiator and president. Join Gerald McNeff on the campus of Tel Hai for a five-week course tracing Lincoln's childhood, self-study program to learn the law, entrance into politics, and his marriage to Mary Todd. Learn about his evolving view on slavery and his handling of complex issues before and during the Civil War. Fee charged.



#### **Diamond Deux**

Friday, October 28, 7:30 pm StoneCroft Center for Worship & Performing Arts

Enjoy a magical evening by Delaware natives and flutists Maureen McDermott Cannon and Kathleen Smith. Earning her bachelor's degree in Flute Performance from Wilkes University and her master's in Performance from Syracuse University, McDermott Cannon teaches elementary band and performs regularly in Delaware and Maryland. Smith earned her bachelor's degree in Music Education from West Chester University and her master's in Performance from the University of Delaware and performs regularly with the Papillons Woodwind Quintet.

### 20th Annual Merchants & **Community Services Faire**

Thursday, November 3,  $10 \ am - 2 \ pm$ StoneCroft Center for Worship & Performing Arts

This unique, free educational faire offers attendees the opportunity to explore and meet local business and professional service providers; health care service providers; community, civic and service organizations; and local government/public agency representatives.



Wyeth's

### The Comical Side of **Andy Wyeth**

Thursday, November 17, 1 pm

Helen Sipala returns to Tel Hai to share her close, personal friendship with renowned realist painter Andrew Wyeth. Sipala and her husband, George, posed for Marriage (1993) in their former 1856 Italianate-style home in Chadds Ford.

#### The New Holland Swing **Band: A Tel Hai Concert Series Event**

Friday, November 18, 7:30 pm StoneCroft Center for Worship & Performing Arts

An auxiliary group to the New Holland Band, the Swing Band performs both classic and contemporary swing tunes that will surely put a pep in your step.

### **Holiday Nutrition**

Monday, November 21, 1 pm StoneCroft Center for Worship & Performing Arts

Tel Hai's registered dietician, Sybil Oswalt, will provide insightful nutrition facts and techniques for choosing healthier meal options during the holiday

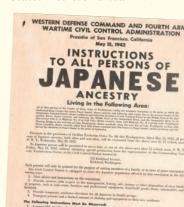


Andrew

### **Internment of Japanese Americans**

Monday, December 5, 1 pm StoneCroft Center for Worship & Performing Arts

Tel Hai residents Herb and Miiko Horikawa will share their personal experience of the evacuation of Japanese and Japanese Americans into internment camps in 1942 following the entrance of the United States into World War II.



### Gifts That Bring Life

There are times that, through no fault of their own, seniors may outlive their ability to pay for all of the care they require. This is why Tel Hai—a Life Plan Community—created the Care Assurance Fund. This fund serves as a financial safety net to ensure residents in need of care will always receive it.

re you looking for a meaningful and permanent way to remember or honor a special person or occasion in your life?

You may consider several opportunities to express remembrance, honor, or appreciation of a loved one at Tel Hai Retirement Community by purchasing an inscribed brick or stone paver, or a personalized tribute for a campus bench.

### **BRICK PAVERS**

Brick pavers are available at the flagpole at the Meadows Health Care Center entrance and the soon-to-be-installed flagpole at the StoneCroft Commons building entrance and parking lot. Inscribed brick pathways surround the gathering area around the flagpole. Brick pavers range in size from 4 inches by 8 inches to 6 inches by 9 inches and can be inscribed with up to three lines of text.



### PERSONALIZED TRIBUTES

Personalized tributes can be placed on one of the benches located on the campus. Your personalized plaque is exclusive to that bench and you can choose from a number of predesignated locations. Benches are limited and reservations are taken on a first-come, first-served basis.

#### **STONE PAVERS**

Commemorative 16-inch by 16-inch stone pavers are available on the beautiful outdoor patio at StoneCroft Commons and can be engraved with a personalized message. These special stones make a wonderful gift and are an excellent way to express love and appreciation for family members or friends.

Proceeds from your tribute gift will benefit the Tel Hai *Care Assurance Fund* and play a vital role in financially supporting residents who have outlived their resources.

These gifts not only celebrate the life of someone you cherish, but also give more abundant life to another individual!

For more information on these opportunities, contact the Development Office at (610) 273-9333, ext. 2039, or telhaidevelopment@telhai.org.





The Premise Studie

### Community: Committed to Our Core Values

"Look out for the interests of others." -Philippians 2:4

uilding on the foundation of Tel Hai Retirement Community's Mennonite faith heritage, the services we provide today continue to flow from our Christian faith identity. Exemplified in the love of Christ, our faith guides us to embrace the core value of *community*.

Community: We define this sense of belonging as a place where all feel accepted, where we treat each other with mutual respect, where a connection forged between residents, staff and volunteers empowers us, and where teamwork and fellowship are offered to all.

#### MISSION STATEMENT

Tel Hai Retirement Community provides high quality care and services to enhance personal dignity, autonomy and lifelong enrichment as a demonstration of Christ's love for all persons.

### **VISION STATEMENT**

Tel Hai Retirement Community's vision is to be a distinctive Christian model, inspiring respect for seniors, and setting the standard for quality service.

### **CORE VALUES**

Integrity Compassion Trust Stewardship Community We value the concept of *mutual* respect within our expression of community. We define *mutual* respect as a two-way relationship that develops between people or members of groups after the lines of communication are open and trust develops.

Mutual respect is grounded in cooperation.

We value the concept of *empowerment* within our expression of community. At Tel Hai, we encourage empowerment through the sharing of information, which allows team members to take initiative, solve problems and improve service and performance. Likewise, Tel Hai encourages empowerment of residents, volunteers, neighbors and visitors. We know that often our best ideas come from those who are the receivers of our services. Tel Hai consistently strives to improve, and through empowerment, we bring brainstorming to action.

We value the concept of *teamwork* and *fellowship* within our expression of community. We often work together and live together in the same spaces. Joining forces with residents, volunteers and community groups through creative partnerships is not only necessary, but it is celebrated.

Particularly over the past decade, Tel Hai has continued to grow and expand. New residential offerings, services and amenities have been continually added to meet the growing demand of future residents who choose Tel Hai as their 'home.'

Despite our internal growth, we remain committed to serving neighbors, local school students, nonprofit organizations, business owners, vendors, and volunteers as we live out our value of... community.





## GETTING YOU BACK on TRACK and BACK to BEING YOU.

Located within StoneCroft Commons, the Outpatient Therapy Health Suite provides individuals from the greater community the opportunity to utilize therapy services prior to a planned procedure, after a surgery or unexpected fall, or to continue the relationships built with a therapist during an inpatient therapy stay.

Our professional therapists have extensive experience working with a wide variety of physical and medical diagnoses including falls, pain, joint replacements, urinary incontinence and balance issues. Contact us today to discuss how we can help you on your road to recovery at (610) 273-9333, ext. 2047, or therapy@telhai.org.

#### THERAPIES AND SERVICES INCLUDE:

Physical, occupational and speech therapy

Aquatic therapy in the StoneCroft Aquatics Center New, fully equipped state-of-the-art therapeutic gym

Flexible appointment hours with a wide range of times available Education and training for self-management of an individual's unique medical needs





1200 Tel Hai Circle | P.O. Box 190 | Honey Brook, PA 19344 | telhai.org



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### Preview Your New Brownstone Residence!



Learn more about Brownstone and the Tel Hai lifestyle! Join us in the Welcome Center for a tour of the Pearl model apartment, followed by an informational program and a delicious lunch. To RSVP, select the date that suits you best and register online at telhai.org/tasteoftelhai or call Ginny at (610) 273-9333, ext. 2144, by the dates indicated below:

Tuesday, September 20, 11 am: **RSVP** by September 9 Thursday, October 6, 11 am: **RSVP** by September 26

Note: Seating is limited for each event, so please be sure to register early!

### VISIT US

### Friday Open House

Visit Tel Hai any Friday afternoon in the Welcome Center. See the StoneCroft Pearl model apartment and tour the campus from 1 to 3 pm. If you'd like a personal appointment, please call Ginny at (610) 273-9333, ext. 2144. We look forward to your visit.

### **Explore Retirement Living Open House**

### October 15 | 10 am to 4 pm

Visit Tel Hai for the 6th Annual Explore Retirement Living Open House as we join several other communities in Lancaster and Chester counties.

View exploreretirementliving.org for a complete listing of all communities, and RSVP for your visit to Tel Hai at telhai.org/ exploreretirementliving.





Scan the QR code for a complete listing of participating communities.





