Residential Living

Resident Picture Book	We're looking for an individual willing to help create the Resident Picture book. This would require coordinating with current residents to get their picture and keeping the book up-to-date when new Residents move in. This is a fun and interesting way to get to know your neighbors! Contact Amy at ext. 2010 or awhary@telhai.org.
IT Helpers	The IT Department is looking for tech savvy volunteers to help residents with many computer and technical issues ranging from help with excel to doing a mail merge for cards.
Welcome Board	Take information from What's New and create Welcome Boards; also create Table Tents on tables in the Daily Brew and Stone Hearth Grille. Update Boards and Tents bi-weekly. If you are interested in helping with this, please contact Amy Whary at ext. 2010 or awhary@telhai.org.
Meals on Wheels	Residential Living is looking for substitute volunteers to deliver Meals on Wheels to the local community. If you are interested in this volunteer opportunity, please contact Amy Whary at ext 2010 or awhary@telhai.org.
Desk Position - StoneCroft	StoneCroft Reception desk. Shifts are every weekend (Saturday and Sunday 2:30p-5p), with an occasional weeknight (3-6pm) time slot. Contact Amy at ext. 2010 or email her at awhary@telhai.org.
Desk Position	Residential Living is looking for substitute volunteers to cover the Garrett Community Desk. The time frame would be from 8:00 till 12:00, 12:00 till 4:00 and 4:00 till 6:30. Contact Amy at ext. 2010 or email her at awhary@telhai.org
Shuttle	Residential Living is looking for substitute shuttle drivers to drive the shuttle van during the week from 9:00 till 12:30 and 12:30 till 4:00. Contact Amy at ext. 2010 or email her at awhary@telhai.org
Package Delivery	Central Supply is looking for volunteers to deliver packages once a week for the Central Supply area to Meadows Health Care, Lakeview and Residential Living. For more detail contact Amy Whary @ Ext 2010 or awhary@telhai.org
Escorting Residents	We are looking for a few volunteers who would be willing and able to push our residents in StoneCroft to and from their therapy appointments in the Health Suite. Available times are Mondays, Wednesdays and Fridays from 9:30am-11:30am. If interested, please contact Amy Whary at ext 2010 or awhary@telhai.org

Lakeview Personal Care

Slice of History	Do you like to write? Do you like to learn about people's history? Lakeview is looking for volunteers to sit with residents to find out "their story" and get to know them for a Slice of History. This would take approx. 30 minutes per resident, and can be completed at your own pace. Please contact Amy at ext. 2010 or awhary@telhai.org for more information.
Hymn Sing - Piano Player and Song Leader	If you can play the piano OR lead the residents in hymn sing, Lakeview could use your help. 2 Sundays per month, from 6pm-7pm. Please contact Barb Hartung at ext. 2014 or bhartung@telhai.org
Evening Visits	Lakeview is looking for individuals available after dinner to sit with a few residents on the Lakeview front porch or in the Library to enjoy chatting and just enjoying your company. If interested, please contact Cherissa Blank at ext. 2015.
Desk Position	Lakeview is looking for substitute volunteers to cover the Lakeview Desk. The time frame would be on Saturdays from 10am-1pm and Sundays from 1pm-3pm. Contact Amy at ext. 2010 or email her at awhary@telhai.org
Men's Group Leader	Lakeview is looking for an individual to lead their monthly men's group on discussions and today's hot topics. Please contact Cherissa Blank at ext. 2015 or email her at cblank@telhai.org
Chair Dancing Leader	Do you love to dance? Lakeview Is looking for someone who would like to teach and lead residents in chair dancing. Ideally this would be once a week or twice a month. Contact Barb Hartung at ext. 2014 or bhartung@telhai.org
Refreshment Cart	Lakeview Wellness is looking for a volunteering to assist a wellness staff member with serving refreshments to the residents, door to door on Sundays from 3:00-4:30pm. Contact Cherissa Blank at ext. 2015 or email her at cblank@telhai.org
Friendly Visiting	Lakeview is looking for volunteers who like to visit with people. Contact Barb Hartung at ext. 2014 or email her at bhartung@telhai.org.
Movie Group Leader	Lakeview Wellness is looking for someone to serve as a movie monitor on Saturday evenings from 5:45—8:00. You would adjust the volume of the movie as necessary, and turn off equipment and lights after the movie is finished. You would also contact Lakeview staff if residents needed any assistance. And don't forget you have a chance to attend Saturday Night at the Movies in the process! Contact Cherissa Blank at ext. 2015 or email her at cblank@telhai.org.
Walking Group Leader	Lakeview Wellness is looking for a Walking Group Leader. This would involve leading a group on a walk inside or outside, depending on the

weather. Contact Barb Hartung at ext. 2014 or email her at bhartung@telhai.org

Meadows Health Care Center

Transporting—Hair Care Meadows Health Care is requesting help with transporting residents to the Hair Salon in Health Care Center. Volunteers are need for the following days and times: Monday's 12:45pm-3:30pm or Wednesday 8:45am-11:45am. Contact Amy at ext. 2010 or email her at awhary@telhai.org

Play Poker Meadows Health Care has a few residents interested in playing poker once a week. If you're interested, please contact Amy at ext. 2010 or awhary@telhai.org.

Desk Receptionist Meadows Health Care is looking for a volunteer to cover the Main Desk. The time frame would be from 4:30 until 7:30 PM on the weekdays, 10:00 until 2:00 PM on Saturdays, and 2:00 until 5:00 PM on Sundays. Contact Amy at ext. 2010 or email her at awhary@telhai.org

Transporting--Dining Meadows Health Care is requesting help with transporting residents to breakfast, lunch and dinner in Health Care Center. A volunteer would be needed at 7:30 AM for breakfast, 11:30 AM for lunch and at 5:30 PM for the dinner crowd. Contact Sue at ext. 2139 or email her at smcginley@telhai.org

Holiday Clerical Assistance Meadows Health Care is looking for volunteers to help with clerical work and to transfer calls to residents and direct family members from the Nurses Station on Meadowbrook and Meadowridge during the holidays. Contact Megan Simpson at ext. 2444 or msimpson@telhai.org.

Transporting—Appointments to Medical Suite Meadows Health Care is requesting help with transporting residents to the Lakeview Medical Suite. Volunteers needed from time to time when the Doctor or Dentist has scheduled appointments. Contact Amy at ext. 2010 or email her at awhary@telhai.org

Friendly Visit Meadows Health Care is requesting a volunteer to do some friendly visiting Contact Diane at ext. 2137 or email her at dkabbeko@telhai.org for more information.

Activity Helper Adult Day is looking for a volunteer to help on Fridays from 10am-2pm. This volunteer helps with activities, setting up, serving and clearing lunch, and afternoon activities. This is a very interactive opportunity with lots of fun people. If interested, please contact Amy Whary in the Volunteer office at 610-273-9333 ext. 2010 or awhary@telhai.org.

Afternoon and Evening Helpers Adult Day could use afternoon and evening volunteers from 4-6pm on Thursdays. The Afternoon helper responsibilities would include talking with residents, playing games, crafts – generally keeping them company. The evening helper responsibilities would include supper help (table setting,

serving & cleaning up).

Men's Group Leader Adult Day is looking for a gentleman to lead a monthly men's group. No prior group experience necessary. Someone who likes to talk about sports, history, their favorite past times and more! And someone with a good sense of humor and friendly disposition would be perfect! Contact Amy Whary at ext. 2010 or awhary@telhai.org for more information.

Community Opportunities – Many Tel Hai residents spend time volunteering in the surrounding Honey Brook and Twin Valley communities. Below you'll find opportunities in the area that are always looking for volunteers.

Twin Valley Food Pantry If you would like to help during their monthly distribution, there is a monthly opportunity on the 4th Tuesday at 4pm.
If you would like to help stock the pantry in a fast paced environment, join them on Wednesdays from 7pm-9pm.
Please contact the food pantry directly at 610-286-9124 or hamoss@ptd.net

Meals on Wheels Drivers The Chester County Meals on Wheels in looking for drivers for their Honey Brook route. The driver would pick up meals at Tel Hai Retirement Community around 11am and the delivery will take approximately 1 hour. They are asking for a commitment of either once per week or every other week. If you are interested, please contact Amy Whary in the Volunteer Office at ext. 2010 or awhary@telhai.org.