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Tel Hai

The Magazine of Tel Hai Retirement Community

## The Misconception Issue

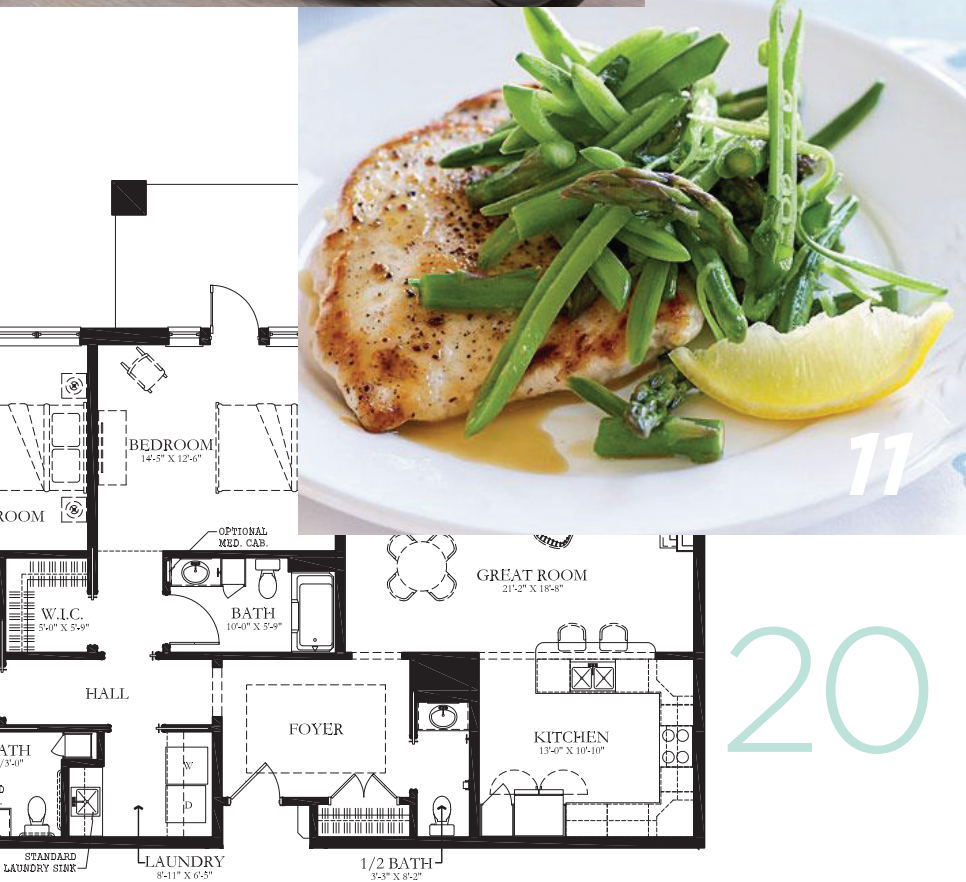
**THE MOVING  
MISCONCEPTION**

**THE TRUTH  
ABOUT TEL HAI**

**STONECROFT  
EXPANSION:  
BROWNSTONE  
APARTMENTS**

SPRING 2016





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Join us as we debunk the most commonly heard falsehoods and myths of retirement communities. We're setting the record straight on what life is *really* like at Tel Hai!

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Brownstone—Tel Hai's latest expansion effort—is the final wing of accommodations adjoining StoneCroft, featuring 44 apartment homes, under-building parking and expansive common spaces!

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#### EDITOR

Jolene Weaver  
Director of Communications

#### CONTRIBUTING EDITORS

Eric Cressman, Tina Cressman, Alicia Guthrie,  
Bruce Hartshorne, Sybil Oswalt, Joseph J. Swartz

#### DESIGN

Anstey Hodge Advertising Group, Roanoke, VA

#### PHOTOGRAPHY

Jeremy Hess Photographers, Lancaster, PA

#### PRINTER

Progress Printing, Lynchburg, VA

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# The Misconception Issue

Joseph J. Swartz, President & CEO

Welcome to our latest issue of *Life: The Misconception Issue*. Have you had your own preconceived notions of what the retirement lifestyle at Tel Hai is all about? Join us as we debunk what we've heard and what you've heard. It's mythbusters—Tel Hai style.



Richard Boyd

In this issue, it's our hope that commonly heard myths and misconceptions of retirement communities do not become future mistakes. As you read in the last issue of *Life: The Planning Issue*, exploring all your retirement options can be overwhelming.

However—with proper planning AND an educated approach—your wishes and needs can be met throughout your retirement.

We've heard them all at Tel Hai... the questions, the rumors and the fears. Let us address several of the most commonly heard misconceptions we often hear from future residents, family members or even those exploring our community for the first time.

I welcome you to meet Mr. and Mrs. Rigg—two residents who truly defy the stigma of a retirement community as an 'old folks' home.' Far from spending hours on a rocking chair on their front porch, they are vibrant seniors who are speeding into the future—on three wheels!

Also, this issue introduces 'Life Plan Community,' a new concept in senior living that is replacing the 'Continuing Care Retirement Community' terminology. Spearheaded by LeadingAge, new verbiage allows 'planning' and 'living' to merge and depicts the essence of Tel Hai and this magazine... *life!*

Stale? No... we're fresh!  
Alone? No... we're together!  
Old? No... we're young at heart!

From shopping for treasures in our ReSale Shop to getting pampered in the Hidden Hills Salon, connect with us today and discover the REAL Tel Hai!

# Digitally Explore Life at Tel Hai!

Do you enjoy reading about Tel Hai stories, happenings and events in *Life* magazine? Don't want to wait for our next quarterly publication to be delivered to your mailbox?

We invite you to virtually connect with us online, using a multitude of social media tools to help you stay informed, educated and in the know about life at Tel Hai.

Social media—in its simplest form—is a way for us to communicate with you, and for you to communicate with us. Whether it's on your computer or mobile device, drop us a comment on our blog, 'Like' us on Facebook or read testimonials on our website from residents, visitors and family members.

We want to hear from you, and another way for us to connect is to do it online. Here's how:



**WEB:** [www.telhai.org](http://www.telhai.org)  
Check out upcoming events and RSVP for concerts, seminars and more. From pictures of construction progress to daily dining venue menus, we are always adding content. Visit often and tell us your thoughts! Add us to your 'Favorites' or short-cut our website to your desktop.



**BLOG:** [www.telhai.org/blog](http://www.telhai.org/blog)  
Read our blog, which is often authored by Tel Hai residents, staff, volunteers and friends of the community. It's an informational posting that shares useful, interesting and often fun facts about subjects related to Tel Hai! From 'Tips on Downsizing' to 'The Importance of House Plants,' it's an easy and fast read.



**FACEBOOK:**  
[www.Facebook.com/HillofLife](http://www.Facebook.com/HillofLife)  
'Like' us on Facebook and 'Follow' our feed! Daily posts include event photos, campus news and sneak peeks at upcoming programming! 'Subscribe' to our event listing and never miss a notification!



**TWITTER:** @HillofLife  
Give us a shout-out and follow our Tweets! Twitter is a quick and easy way to explore 'Life on the Hill' in 140 characters or less! Retweet our messages and use our new signature hashtag, #LifeAtTelHai

# Life Plan Community: *We've joined the movement!*

*Tel Hai Retirement Community is proud to be part of a nationwide initiative to rename the senior living term 'Continuing Care Retirement Community' to 'Life Plan Community.' You will begin to hear and see the term used often, so we wanted to share why.*



**“From expansive residential cottages to creative enrichment programs, our worry-free lifestyle allows residents to truly embrace the *Redefining Retirement*<sup>™</sup> concept... that is the heart of Tel Hai.”**

**L**ife Plan Community. This renaming effort is designed to help communicate that retirement communities—like Tel Hai—are about so much more than care: We are about LIFE, and living life to its fullest.

The term ‘Continuing Care Retirement Community’ was coined nearly 35 years ago to describe the growing number of communities that provided a continuum of living and care options for older adults. Just like Tel Hai, these communities also offered apartments and cottages in which residents could live independently, and then provided assisted living and skilled nursing services if and when their health needs ever changed.

While Tel Hai is certainly proud of our history, heritage and excellence in providing healthcare services, we offer so much more, and being a *Life Plan Community* will help us communicate that concept.

From expansive residential cottages and apartments to creative enrichment programs, a worry-free lifestyle allows residents to truly embrace the *Redefining Retirement*™ concept... that is the heart of Tel Hai.

The selection of the name *Life Plan Community* is the result of a multi-year effort led by LeadingAge, the national association of non-profit senior living organizations, and Mather LifeWays, a non-profit organization that owns and operates two CCRCs.



In conjunction with a task force consisting of five leading marketing and research firms that specialize in senior living, this team blazed a path to discover a new senior living industry term to replace CCRC.

Hundreds of ideas for a new name were submitted by CCRCs around the country through a national ‘NameStorming’ process, and the top names were then tested for consumer understanding and acceptance through a series of surveys and focus groups. More than 4,100 people nationwide responded to the surveys, and more than 250 people participated in 34 focus groups.

Why are we excited to be a *Life Plan Community*? As you know, the senior living field is preparing for the tremendous wave of adults that will start turning 75 in about five years, and you may even be one of them.

Research has consistently shown that this next generation of future residents does not respond positively to the term ‘Continuing Care Retirement Community.’ They are self-directed planners who aren’t



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looking for 'care,' but rather want a life filled with possibilities and options.

As you read in the last issue of *Tel Hai Life*, people who move to communities like Tel Hai tend to be planners. They are people who like to know they've made the right decision to ensure a solid plan for their future. A *Life Plan Community* like Tel Hai provides just what they need.

As a *Life Plan Community*, we allow “planning” and “living” to merge. Having a plan in place allows residents to live life as they choose. It’s about the security of a safety net, which provides access to healthcare services if needed, and being relieved of homeownership worries and tasks.

This terminology change gives us a chance to have conversations with future residents that are expansive and aspirational—something that’s been a challenge with a category name like ‘Continuing Care Retirement Community.’

*For more information on the evolution of the name “Life Plan Community,” please visit [LifePlanCommunity.org](http://LifePlanCommunity.org).*



# *The* Moving Misconception



Jeremy Hess

WHEN YOU THINK OF RETIREMENT  
LIVING, WHAT COMES TO MIND?  
THE IMAGE OF A FRAIL, WHITE-HAIRED  
SENIOR SITTING IN A ROCKING CHAIR?

HOW ABOUT TWO BEST FRIENDS,  
CRUISING DOWN THE PACIFIC COAST HIGHWAY  
ON A BRILLIANT PURPLE 1996  
HONDA GOLDWING?

NAH, WE DIDN'T THINK SO EITHER...





Jeremy Hess

For residents Joan and Bill Riggs, who joined Tel Hai in 2015, the common misconception of “We just aren’t ready yet!” impacted their decision of *when* they chose to move.



Jeremy Hess

As Honey Brook natives, the Riggs intimately knew of Tel Hai’s continuum of services, volunteer opportunities, and residential offerings.

“We started volunteering 7 years ago when our daughter-in-law was working here, and we’ve been doing it ever since,” shared Joan.

From Bill transporting Meadows Health Care Center residents to medical appointments and Joan offering companionship to Lakeview Personal Care residents, the Riggs have witnessed compassionate care being provided throughout the campus.

“Before my mother passed away, we moved her 5 times in 3 months. We needed to get her the care she needed, and that’s when we brought her to Tel Hai. She was here until she passed. The care she received was wonderful, and I will never forget that,” commented Joan.

Bill’s father also spent time at Tel Hai seven years ago while receiving therapy services.

### Waiting

Despite understanding the value of a fee-for-service contract like Tel Hai’s, or the range of accommodations and living choices, the Riggs came close to moving in two years prior.

Left: Prior to their move to Tel Hai, Joan (left) and Bill transplanted plants from their garden to their son’s nearby property. Yielding more than 50 quarts of tomatoes alone just last summer, the Riggs’ cupboards are still plentiful and delicious!

A former postmaster in Brandamore, Joan retired in 2000 after 34 years with the United States Postal Service. Bill worked 12-hour days, 7 days a week, for many years in Downingtown in the printing business until his retirement in 2002.

“We just weren’t ready. I still had the tractor and we wanted to continue to garden,” shared Bill. With a three-car garage, a 1,150-square-foot home, and a massive garden with more than 100 tomato plants alone, “We grew everything and anything!”

With her prize-winning strawberry jelly from the New Holland Farmers Fair and cupboards of homemade tomato sauces, Harvard beets and pickles, “Joan is a very good cook. There is nothing of hers I don’t like,” said Bill.

And with all of it grown in their own gardens, that’s something the Riggs wanted to continue, even after a move to Tel Hai. Joan and Bill understood and valued what provided them enjoyment—down to every last jar.

### Choosing

Fast-forwarding two years, “We sat down one day and said that we needed to move to Tel Hai. We needed to do this while we are still able. Our kids aren’t going to do this for us. It was our choice,” added Joan.

With four sons and daughters-in-law, 13 grandchildren, 6 great-grandchildren and two on the way, the Riggs found independence in choosing their retirement future without becoming a burden to those they love.

**“AFTER WE MOVED TO TEL HAI, OUR CALENDAR HAS NOW FILLED UP WITH EVENTS AND ACTIVITIES... MORE THAN IT EVER HAS IN OUR 56 YEARS OF MARRIAGE!”** -Joan Riggs

As volunteers for Meals on Wheels in the Honey Brook and greater Morgantown area, they visit several homes each month to deliver meals and offer companionship. “It’s nice to talk to the folks and visit them,” shared Bill. “You get to know them by name and hear their stories.” Stories good *and* bad.

On a recent delivery, the Riggs visited a single woman who had fallen in her bathroom. “I heard her yell out. She couldn’t get up. I don’t know what she would have done if we wouldn’t have been there,” said Joan.

“I’m so glad we are here. Tel Hai is quaint and very private, especially in the cottages. But you can be around neighbors or go one building over and be in the middle of activities,” shared Joan. “I enjoy the friendships we’ve made and having lunch or dinner with my neighbors.”

### Benefiting

Reflecting on the ‘moving’ misconception, Bill commented, “I know now that people need to come before it’s too late... while you can enjoy it!”

The Riggs greatly enjoy the Trip Committee programming offered to residents of Tel Hai, allowing them to travel with their neighbors and friends. They’ve hit the road to various cities, restaurants and entertainment venues, including Pittsburgh, American Music Theatre and Plain & Fancy, just to name a few.

Three cross-country motorcycle trips and 8,500 miles later, the Riggs had no intentions on stopping the active lifestyle they enjoyed prior to moving to campus.

“We’ve seen every wonder,” shared Bill. “From the Pacific Northwest to Canada, our bike has taken us across the continent.”

Whether it’s an overnight trip to their son in Gettysburg or a scenic country drive, you can still find the Riggs rolling out onto Beaver Dam Road, headed for their next stop.

Even though their destination may not be as far, the Riggs are *moving* because their ‘big move’ was already made!



**Don't let common retirement misconceptions steer your decisions that can become future mistakes—reasons why you can't move, why you're not ready, and why now is not the time.**

**Start with a call to schedule a visit, enjoy a meal at the Stone Hearth Grille or stop by on a Saturday night for a Tel Hai Concert Series event.**

**You ARE ready! You CAN do this! Make the next move, take the next step and join us today.**



# Beyond Our Borders: Serving Others Through Living Love Ministries

From combating hunger in Honey Brook with a food drive to providing housing to orphaned children in Africa, residents often connect with team members and the greater community to advance a humanitarian cause. This is when generosity and cooperation meet and reach beyond our borders.



Tina Cressman, on location in Ol Kalou, Kenya.

*“Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.”*

– Matthew 25:40

Tina Cressman, Moving Resources Manager in the Marketing & Communications Department at Tel Hai, recently traveled to Ol Kalou, Kenya on a mission trip with Living Love Ministries through her church, Hopewell Christian Fellowship of Elverson.

Utilizing her resident relationships at Tel Hai, Tina connected with the Sew Creative volunteers for their help. As an amazing Tel Hai club that creates hundreds of handmade items annually to support various causes, Tina jumped at the opportunity to partner a need with a solution.

Living Love Ministries, a Christ-centered children’s home established

to address the multifaceted needs of orphaned children, provides essential housing, education and life services to formerly homeless street children. Opened in 2010, financial and supplemental support from generous donors has been essential to the continuation of programming.

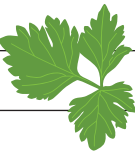
Donated materials such as clothing, shoes, sunglasses, education materials, and craft supplies were transported and delivered during their mission trip in November 2015.

All 48 children received a ‘Snappy Bag’ hand-sewn by the Sew Creative volunteers, which housed their new goodies! This one-of-a-kind satchel, both resourceful and reusable, was “one of the highlights of the trip,” commented Tina.

“The trip was exhilarating and rewarding. Tel Hai volunteers brought happiness and sheer delight to children living 7,000 miles away,” shared Tina.



Donations included “Snappy Bags,” hand-sewn by Sew Creative volunteers.



# Chicken Scaloppine with Sugar Snap Peas, Asparagus & Lemon Salad

*The flavors of mint, asparagus and peas are highlights for this fresh spring dish.*

Adapted from Cooking Light  
May 2009

INGREDIENTS

- 3 cups julienne-cut trimmed sugar snap peas (approx. 1 lb.)
- 2 cups (1-inch) slices asparagus (approx. 1 lb.)
- 6 (6-ounce) skinless, boneless chicken breast halves
- 3/4 teaspoon salt, divided
- 1/2 teaspoon freshly ground black pepper
- Cooking spray
- 1 cup fat-free, less-sodium chicken broth
- 1/3 cup dry white wine
- 1 tablespoon butter
- 1 tablespoon chopped fresh mint
- 2 1/2 tablespoons extra-virgin olive oil
- 1 teaspoon grated lemon rind
- 1 1/2 tablespoons fresh lemon juice
- 6 lemon wedges

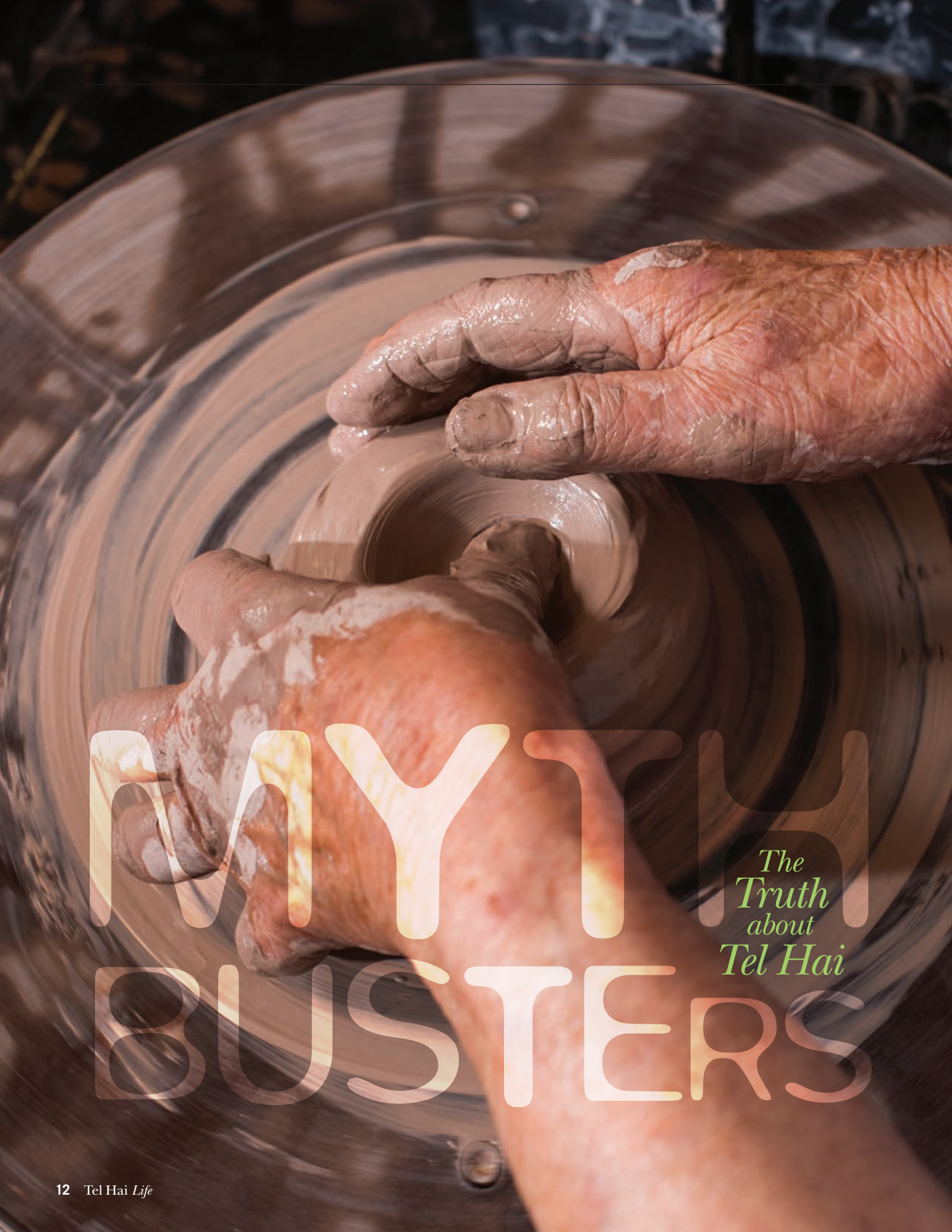


PREPARATION

- 1. Steam peas and asparagus, covered, for 4 minutes or until crisp-tender. Rinse pea mixture with cold water, drain and chill.
- 2. Place each chicken breast half between 2 sheets of heavy-duty plastic wrap; pound to 1/4-inch thickness using a meat mallet or small heavy skillet. Sprinkle chicken evenly with 1/2 teaspoon salt and pepper.
- 3. Heat a large nonstick skillet over medium-high heat. Coat pan with cooking spray. Add 2 breast halves to pan and sauté 2 minutes on each side or until done. Repeat procedure twice with remaining chicken.
- 4. Add broth and wine to pan. Bring to a boil, scraping pan to loosen browned bits. Cook until reduced to 1/2 cup (about 5 minutes). Remove from heat and stir in butter.
- 5. Combine remaining 1/4 teaspoon salt, mint, oil, rind, and juice, stirring well with a whisk. Drizzle oil mixture over pea mixture and toss gently to coat. Serve pea mixture with chicken and sauce. Garnish with lemon wedges.

**Nutritional Information:** Serving size: 1 chicken breast half, 1 cup pea mixture, 4 teaspoons sauce, and 1 lemon wedge. Servings per recipe: 6. Amount per serving: Calories 315; Total Fat 10 g; Saturated Fat 2.6 g; Monounsaturated Fat 5.2 g; Polyunsaturated Fat 1.4g; Protein 43.4 g; Carbohydrate 10.3 g; Fiber 3.7 g; Cholesterol 104 mg; Iron 4.1 mg; Sodium 495 mg; Calcium 98 mg





# MYTH BUSTERS

*The Truth about Tel Hai*

*AS A LIFE PLAN COMMUNITY, TEL HAI OFFERS A FULL ARRAY OF PROGRAMS, SERVICES AND AMENITIES THAT PAIR PERFECTLY WITH SENIORS WHO CHOOSE TO LIVE OUT THEIR RETIREMENT ON THEIR TERMS.*

**T**hose who understand the benefits of having priority access to the continuum of care, the value of security and safety in a campus environment and the enrichment provided through meaningful relationships embrace the concept of retirement community living. However, there is always one bump in the road often experienced as individuals, couples, and families first explore life at Tel Hai—overcoming the myths of retirement communities. Today, let us debunk the most commonly heard (and contagious) falsehoods and set the record straight.

## MYTH:

**Retirement communities are too expensive and I won't be able to afford it.**

## TRUTH:

Say 'goodbye' to depleting your financial resources with unexpected home repairs, ongoing maintenance costs and rising property taxes. For many, the burden of homeownership, upkeep and physical demands makes the expense of remaining in their home LESS cost-effective.

We hear it time and time again from current residents that moving to Tel Hai was not only financially smart, but also allowed them to experience the retirement they always wanted—flexible and worry-free!

At Tel Hai, our goal is for you to maintain the same lifestyle you currently do in your home, or even enjoy more savings with our financial options. The enrichment activities, day trips, and service committees are offered to enhance your quality of life. Start working on your bucket list today.

With an expansive range of entrance fees, many accommodations at Tel Hai feature a 40% or 90% estate preservation refund option, which can be transferred to another level of care on our campus, if needed, or returned to your estate.

A move to Tel Hai is the first step in preplanning your financial future. A comprehensive, affordable monthly service fee includes water,

sewer, trash removal, snow removal, lawn and maintenance care, PILOT (payment in lieu of taxes), and much, much more. Some monthly service fees also include cable television, electric, heating, cooling and a monthly 'Dining Dollar' allocation for meals through our campus dining venues.

## MYTH:

**I'm too young and healthy to move now.**

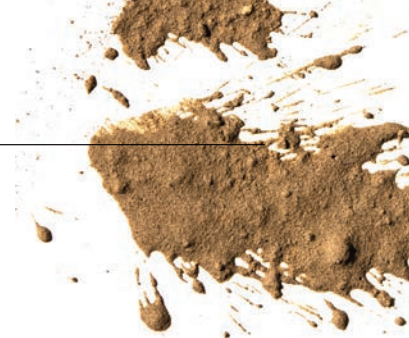
## TRUTH:

Ask yourself this question: Looking back over the last twenty years, is maintaining your home easier or harder? Raking the fall leaves, shoveling after the last snowstorm, and how about every trip up and down the stairs?

The time is now. While you are healthy and able, free yourself from the physical, emotional and financial demands of homeownership. It's NEVER too early to move to a retirement community.

Many consider the security of Tel Hai as 'crisis prevention.' As you age, it's inevitable your care needs will also change.

**Opposite:** One of Tel Hai's newest amenities—the Fireside Ceramics Center—offers residents an opportunity to explore pottery, ceramics and textile arts.







Enjoying each other's company, a ladies group assembles each Tuesday night at Tel Hai to share dinner, stories and laughter.

Jeremy Hess

**“IT’S ALL ABOUT BEING TOGETHER. WE ENJOY THE COMPANY AND THE FELLOWSHIP. IT’S ABOUT LAUGHTER... LOTS AND LOTS OF LOUD LAUGHTER!”**

Preplanning before a change in care happens allows YOU to make the decision regarding your future... not your children, your grandchildren, a relative or Power of Attorney. YOU choose where you want to spend your retirement.

Tel Hai embraces the concept of ‘living in place.’ Another advantage to living in a supportive retirement community is that it’s OUR commitment and responsibility to provide YOU access to the services required to keep you healthy, active and safe as you live and age independently.

We want you to not only maintain, but enhance your overall healthy, active lifestyle for even longer. With new friends and a calendar full of activities awaiting you, come join us now.

### MYTH:

**I’m going to lose my independence and be alone.**

### TRUTH:

Life at Tel Hai is just the opposite!

Independence at Tel Hai means YOU are in control of your life. You decide what, when, where and how you choose to spend your days.

Whether working full-time or escaping to Florida during the winter months, just because you move to a retirement community doesn’t mean you lose your independence. Personal choice is key to your happiness and our success as a community... together to enrich lives.

Reflecting on a rowdy, joyful group of 20 women who dine together each Tuesday night in the Garden Café, Tel Hai resident Karen Runyon commented, “For our group, it’s all about being together. We enjoy the company and the fellowship. It’s about laughter... Lots and lots of loud laughter!”

For more than five years, this informal resident group assembles from various neighborhoods across campus, ages and professional backgrounds to do one thing... enjoy each other’s company.

According to an Age Wave report discussed in *Time* magazine, “Among those over 80, nearly half report suffering from loneliness—twice the rate of younger adults. This typically is compounded when seniors choose to stay in their home and become isolated as friends and family move away.”

At Tel Hai, you will never be alone.

### MYTH:

**I have everything I need right here in my home.**

### TRUTH:

From swimming laps in the aquatics center to visiting your dermatologist in our health suite, Tel Hai offers a vast array of programs and professional services essential to your well-being, right here on campus.

Forget the ice-covered roads and hopping in your car to grab a meal, pick up your prescription refill or mail a package. No more traveling to the gym, the dry cleaner, the bank or even the salon. Yep, we have you covered there too.

The Hidden Hills Salon, located in StoneCroft, is the newest addition to Tel Hai’s full accompaniment of professional services. From a pedicure to color highlights, what a great way to spend your afternoon without having to fill your gas tank!



Jeremy Hess



Jeremy Hess

Our new, state-of-the-art StoneCroft Therapy Suite has expanded our existing rehabilitation services to serve individuals with post-surgical needs or those recovering from a recent fall. Utilize our on-campus shuttle service or simply walk down the hallway for your physical therapy appointment in one of our private treatment rooms.

And dining? Our Culinary Services team can’t wait for you to taste all our signature dishes. From the Stone Hearth Grille’s casual, café-style dining options to the sweet treats on display at the Daily Brew, your next meal is just a step away!

**Left: Resident enjoys a pedicure in StoneCroft’s Hidden Hills Salon. Above: The delicious ‘Antipasto Salad’ featured in the Stone Hearth Grille.**

*Come with your questions and let us debunk YOUR retirement myths! Explore for yourself why Tel Hai is the perfect community for you. Contact Ginny at (610) 273-9333, ext. 2144, or [gcrasten@telhai.org](mailto:gcrasten@telhai.org) to schedule a visit.*





Plan to join us for these fascinating events, including educational lectures, entertaining concerts and dynamic enrichment opportunities. Visit us at [www.telhai.org/connect](http://www.telhai.org/connect) for additional programming highlights. Experience 'Life on the Hill' today!

# COME to Life

CALENDAR of EVENTS SPRING 2016

## Container Gardening for Balconies & Decks Tuesday, April 26, 1 pm StoneCroft Center for Worship & Performing Arts

The Nature Group presents Barbara Brenckman from Graybuck Country Home & Gardens, who will provide essential information on planning your next container garden for your balcony, deck or patio.



The Rockingham Male Chorus

## The Rockingham Male Chorus Sunday, May 1, 2 pm StoneCroft Center for Worship & Performing Arts

The Rockingham Male Chorus of the Shenandoah Valley of Virginia is a group of volunteer musicians from a variety of backgrounds, careers and denominations who welcome the opportunity to travel and sing the gospel of Christ. "The Singing Men" as they are

known, travel hundreds of miles on an annual basis, giving 20-30 concerts covering an area from Pennsylvania to Florida. Organized in 1966, the founder and original director of the Rockingham Male Chorus was Dr. Nelson T. Huffman, a music professor who taught at Bridgewater College. After his retirement in 1987, the Chorus selected David MacMillan as director.

## Ancient Egypt Mondays, May 2, 9, 16 & 23 1 pm StoneCroft Center for Worship & Performing Arts

Dr. Stephen Phillips, Curatorial Research Coordinator of the Egyptian Section at the University of Pennsylvania Museum of Archaeology and Anthropology in Philadelphia, will be the series lecturer on 'Ancient Egypt.' Dr. Steve has been engaged as a teacher, lecturer and featured speaker across eastern Pennsylvania and New Jersey. He has also served as a professional tour guide in Egypt and conducted extensive field and laboratory research. Fee charged.



## Day in the Country: Spring Open House Saturday, May 7 9 am - 4 pm

Please join us for the 10th Annual Day in the Country, our ever-popular spring open house. Registration begins at 8:30 am. Enjoy a self-guided campus tour, participate in the highly competitive pie auction and tour well-appointed cottages and spacious apartment homes! See the inside back page for details.



## AARP Driver Safety Course Thursday, May 12 & Friday, May 13, 9 am - 1:30 pm StoneCroft Center for Worship & Performing Arts

Join AARP for this 8-hour driver course with a new, easy-to-follow format that incorporates adult-learning principles and features reader-friendly print types, full-color pages and videos to supplement course content. Fee charged. RSVP required to Judy Schweitzer at (610) 273-9333, ext. 2154.

## Charlie Zahm & Steve Hobson: A Tel Hai Concert Series Event Friday, May 13, 7:30 pm StoneCroft Center for Worship & Performing Arts

Baritone Charlie Zahm (pictured below)—one of the most popular soloists at Celtic music festivals, Maritime and American Traditional music events



Charlie Zahm

east of the Mississippi—joins forces with guitarist Steve Hobson to bring Tel Hai the songs of John Denver. With a passion for performance, Charlie and Steve bring an authentic love and respect for country music to the stage.

## Aleithia High School Choir Concert Thursday, May 19, 7 pm Auditorium/Chapel

A concert favorite, the Aleithia Choir returns to campus! This talented group of high school-aged, home-schooled students will delight the crowd with this excellent choir vocal performance.



Jeffrey Uhlig

## Operatic Baritone & Virtuoso Violin: A Tel Hai Concert Series Event Saturday, June 4, 7:30 pm StoneCroft Center for Worship & Performing Arts

Pianist Jeffrey Uhlig (above) returns to Tel Hai for a captivating and intimate evening of music with Todd Thomas (baritone) and Luigi Mazzocchi (violin). A regular performer with members from the Philadelphia Orchestra, Uhlig is an in-demand chamber music player, vocal coach and accompanist.



## Book Sale Thursday, June 23, 9 am - 8 pm & Friday, June 24, 9 am - 1 pm Auditorium/Chapel

Book lovers rejoice! Come early for the best selection of gently used hardcover and paperback books sorted by topic, including biographies, mysteries, children's titles, cookbooks, travel and gardening.



# A Hidden Gem: The Tel Hai ReSale Shop

*Shopping with a purpose? Who knew shopping could be both satisfying and rewarding!*



Jeremy Hess

**F**ounded in 1997, the Tel Hai ReSale Shop is truly a ‘hidden gem.’ Located on the bottom floor of the Hertzler Apartments, the venue features a vast array of donated items available for resale to the public, team members, residents and the greater community.

Extremely affordable and often one-of-a-kind, many items featured in the shop include jewelry, china, pottery, glassware, collectibles, furniture, lamps, appliances, cabinetry, and endless treasures.

Built on a twofold operational approach of generosity, the ReSale Shop provides an opportunity for Tel Hai residents to volunteer and directly impact the *Care Assurance Fund*. The sale of each item supports the Fund, which, in turn, financially supports residents who outlive their ability to pay for the care they require.



Jeremy Hess

In 2015 alone, the ReSale Shop raised \$30,909, or 259 ‘Days of Care’ for the *Care Assurance Fund*—the highest amount ever raised. Since its inception, more than \$313,000 has been fundraised by the generosity of buyers. What a gift!

An active crew of 35 dedicated volunteers handle the processing, pricing, shelving and staging of merchandise and sale day operations.



Jeremy Hess

“Volunteering at the Shop is wonderful! I look forward to having fun with my friends, but it’s work with a purpose. It’s fun to see what people have treasured over their lifetime and are now ready to share with someone else,” commented resident volunteer Joy Pepperday. “It’s all about giving to others.”

What treasures will you dig up at The ReSale Shop?



Jeremy Hess

## DONATIONS: *The Essentials*

**WHO:** Tel Hai graciously accepts donations from future residents who are downsizing, residents, team members, and individuals in the greater community.

**WHAT:** Items accepted include: collectibles, small appliances (in good working condition), furniture, jewelry, household items, linens/quilts, tools, antiques, cabinets, framed prints and art.

**WHEN:** Donations can be dropped off every Monday (except holidays) at The ReSale Shop from 11 am - 12 pm. If this time is not convenient, call the Shop directly at (610) 273-4738 to make alternative arrangements.

**WHERE:** The ReSale Shop is located on the bottom floor of the Hertzler Apartments, conveniently located on the campus of Tel Hai.

**WHY:** The sale of each item supports the *Care Assurance Fund* that provides financial assistance to residents who outlive their ability to pay for the care they require.

Please note that The ReSale Shop does not accept the following items: clothing, computers, computer components, televisions, books, toys, infant equipment, exercise equipment, typewriters or cameras.



**STOP, SHOP & SAVE:  
VISIT US AT  
THE RESALE SHOP  
FRIDAYS,  
9 AM TO 1 PM**

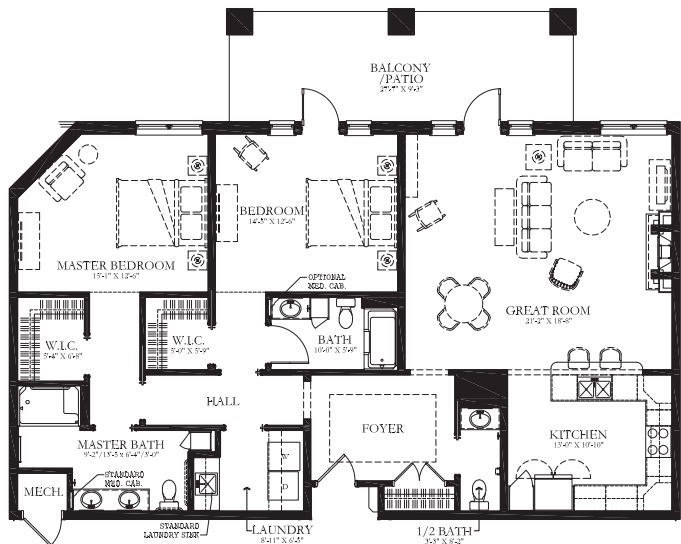
- May 20
- June 17
- July 15
- August 19
- September 16
- October 21
- November 18
- December 16



# StoneCroft: Brownstone Apartments Announced

## Campus Master Plan Expansion Continues

**B**rownstone—Tel Hai’s latest expansion effort—is the final wing of accommodations adjoining StoneCroft. The four-story structure will include 44 apartment homes, under-building parking for 28 vehicles and expansive common spaces for additional amenities, hobbies and resident functions. Encompassing more than 103,500 sq. ft., construction is expected to begin in September 2016, and we anticipate welcoming our newest residents in December 2017!



Above:  
The Emerald floor plan.

Ranging in size from 954 to 2,182 sq. ft., Brownstone offers nine spacious floorplans, four\* of which are new to Tel Hai’s vast array of offerings:

<b>THE JADE*</b> One Bedroom 1½ Bath 954 square feet	<b>THE OPAL</b> One Bedroom w/Den 1½ Bath 1,206 square feet	<b>THE RUBY</b> Two Bedroom w/Den 2 Bath 1,604 square feet
<b>THE SAPPHIRE</b> One Bedroom w/Den 1½ Bath 1,062 square feet	<b>THE PEARL</b> Two Bedroom 2 Bath 1,206 square feet	<b>THE DIAMOND</b> Two Bedroom w/Den 2 Bath 1,786 square feet
<b>THE ONYX*</b> One Bedroom w/Den 1½ Bath 1,080 square feet	<b>THE EMERALD*</b> Two Bedroom 2½ Bath 1,532 square feet	<b>THE CRYSTAL*</b> Two Bedroom w/Den 2½ Bath 2,182 square feet

To explore accommodations in Brownstone, schedule a visit today by contacting Ginny at (610) 273-9333, ext. 2144, [info@telhai.org](mailto:info@telhai.org) or connect with us online at [www.telhai.org](http://www.telhai.org).



## THE HILLSIDE AMENITIES OF TEL HAI UNDER CONSTRUCTION

Later this summer, we’re eager to open the newest addition to our vibrant campus, *The Hillside Amenities of Tel Hai*. Construction started in early April on a dynamic community space that will provide an additional venue for activity programming, events and gatherings.

### FEATURES:

- Outdoor Amphitheatre and Performance Space
- Versatile Clubhouse with Meeting and Conference Spaces
- Tennis, Pickleball & Bocce Courts
- Multipurpose Event Lawn
- Walking Paths
- Resident Gardens
- Additional Parking

10th ANNIVERSARY

# DAY in the COUNTRY

Saturday, May 7 | 9 am to 4 pm | Tel Hai Campus



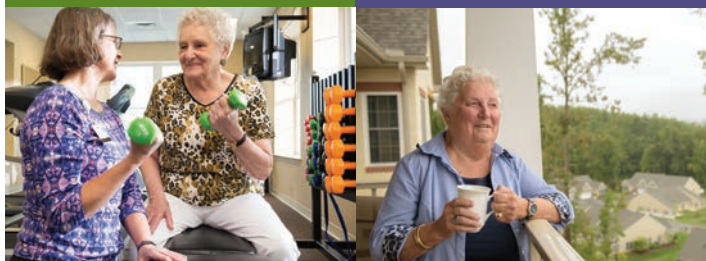
Community

Security



Stability

Affordability



Supportive

Worry-free Living



Companionship

Scenic Campus



Contentment

Volunteer Opportunities

Discover for yourself the top 10 reasons residents love living at Tel Hai and help us celebrate the 10th anniversary of *Day in the Country*, one of our most popular events. As part of our yearlong 60th anniversary campus-wide celebration, explore all Tel Hai has to offer and visit us for a day of fun and fellowship. Registration begins at 8:30 am in the Garrett Community Center.

## HIGHLIGHTS OF THE DAY INCLUDE:

- 9 am Resident-Led Nature Hike
- 9 am - 3 pm Resident Hobby Displays
- 10 - 11 am & 1 - 3 pm Guided Tours of Adult Day Services, Lakeview Personal Care, and Meadows Health Care Center
- 10:30 am - 12 pm Pie Auction
- 11 am - 3 pm Local Food Truck Vendors—Lunch Available for Purchase
- 11 am - 4 pm Arts Suite Demonstrations
- 12 - 4 pm Cottage and Apartment Home Tours

Pre-register today by calling Ginny at (610) 273-9333, ext. 2144. View the full schedule of events and register online at [www.telhai.org/DIC](http://www.telhai.org/DIC).





1200 Tel Hai Circle  
P.O. Box 190  
Honey Brook, PA 19344  
[www.telhai.org](http://www.telhai.org)



## Discover the Tel Hai Difference!



A TASTE of  
Tel Hai

Learn more about the Tel Hai lifestyle and decide if it could be perfect for you! Join us in the Welcome Center for a tour of the *Pearl* model apartment, followed by an informational program and a delicious lunch. To RSVP, select the date that suits you best and register online at [www.telhai.org/tasteoftelhai](http://www.telhai.org/tasteoftelhai) or call Ginny at (610) 273-9333, ext. 2144, by the dates indicated below:

Thursday, May 12, 11 am:  
Tuesday, May 24, 11 am:  
Wednesday, June 1, 11 am:

RSVP by May 2  
RSVP by May 13  
RSVP by May 23

*Note: Seating is limited for each event, so please be sure to register early!*

## More UPCOMING EVENTS

### Day in the Country

**P**lease join us for the 10th Annual Day in the Country, our ever-popular spring open house, on Saturday, May 7, 2016. Registration begins at 8:30 am, followed by a day of exploration, fun and fellowship! Enjoy a self-guided campus tour, participate in the highly competitive pie auction, and visit all levels of living available on our nationally accredited campus—from well-appointed cottages to spacious apartment homes. View the full schedule of events and register online at [www.telhai.org/DIC](http://www.telhai.org/DIC).

### Community Summer Celebration

**A**s part of our yearlong celebration of turning 60 in 2016, we're hosting a Community Summer Picnic on Thursday, August 18, 2016! This finale event will feature our historical connection with Campbell's Soup, whose tomatoes were once cultivated on Tel Hai farmland. Save the date, plan to join us and visit [www.telhai.org/60](http://www.telhai.org/60) for more information. You don't want to miss it!



Celebrate the Past | Embrace the Future  
*Our Diamond Jubilee*



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[www.telhai.org/blog](http://www.telhai.org/blog)