Swim Lessons
Fall Session 2 - 2026
October 27th - December 12th
*No classes 11/23-11/28 for Thanksgiving

Tel Hai Retirement Community
StoneCroft Aquatics Center
4000 Tree Line Drive
Honey Brook, PA 19344

Group Lesson Schedule
Sessions include 1 lesson per week

Group Lesson Option	Tuesday	Thursday	Saturday	Session Cost
Swim with Me (9 months-3 years)	10:45-11:15 AM Ms. Samantha	5:15-5:45 PM Ms. Samantha	-	$90
Get Your Feet Wet (3-4 years)	11:15-11:45 AM Ms. Samantha	-	-	$108
Beginner Level 1 (4-6 years)	3:45-4:20 PM Ms. Sara	3:45-4:20 PM 4:30-5:05 PM Ms. Sara	8:30-9:05 AM 9:15-9:50 AM Ms. Sara	$120
Beginner Level 1 (7-12 years)	4:15-4:50 PM Ms. Sandi	-	-	$120
Beginner Level 2 (4-6 years)	4:30-5:05 PM Ms. Sara + Ms. Sam	-	-	$120
Beginner Level 2 (7-12 years)	-	4:15-4:50 PM Ms. Sandi	-	$120
Advanced Beginner (7-12 years)	-	5:00-5:35 PM Ms. Sandi	-	$120
Intermediate (7-12 years)	5:15-6:00 PM Ms. Samantha	5:45-6:30 PM Ms. Samantha	-	$150
Advanced (7-12 years)	6:00-6:45 PM Ms. Samantha	-	-	$150

*Highlighted class will be co-taught between Ms. Sara and Ms. Samantha

Private/Semi-Private Lessons available upon request.
6 Lesson Package = Private $180 or Semi-Private $120 per swimmer

Registration opens at 12:00 PM on October 13, 2026
To register, please email the Aquatics Coordinator at Aquatics@telhai.org or call 610-273-9333 ext. 2441

Class Progression

Swim with Me - 30 minutes
9 months - 3 years · Up to 8 participants
Water acclimation and basic safety skills taught through effective play. Sing-a-long and guided learning with instructor. Adult in-water required.

Get Your Feet Wet - 30 minutes
Ages 3 - 4 Years · Up to 4 participants
Gaining comfort and confidence in and around the water through play-based activities. Develop love of the water while preparing for future swim lessons.

Beginner Level 1 - 35 minutes
Ages 4 - 6 Years OR Ages 7 - 12 Years
Up to 4 participants
No swim experience or cannot place their face in water. Assisted floating, introduction to kicks and arms movement, while increasing confidence around the pool.

Beginner Level 2 - 35 minutes
Ages 4 - 6 Years OR Ages 7 - 12 Years
Up to 4 participants
Ability to place their face in water, float unassisted, and coordinated arm and leg motion required. Strokes and kicks, breathing, and unassisted swimming taught.

Advanced Beginner - 35 minutes
Ages 7 - 12 Years · Up to 4 participants
Ability to swim on back and front unassisted and comfort putting face in water and submerging required. Indepedent freestyle with rhythmic breathing and backstroke taught.

Intermediate - 45 minutes
Ages 7 - 12 Years · Up to 5 participants
Ability to independently swim 25 yards freestyle with rotary breathing and backstroke required. Improved stroke mechanics, treading, diving, and breaststroke taught.

Advanced - 45 minutes
Ages 7 - 12 Years · Up to 5 participants
Ability to independently swim freestyle, backstroke, and breaststroke required. Butterfly, flip-turns, and racing techniques taught while improving endurance 50-100 yards.

30 minute Private + Semi-Private
Ages 3+ (Potty training required)
All skill levels beginner through advanced.
Adults and adaptive lessons welcome.

Swim Lesson
Policies & Procedures

Swim Lesson Registration
Registration and payments are made by emailing the Aquatics Coordinator at aquatics@telhai.org or by phone at 610-273-9333 ext 2441.

Credit or Make-Up
Group lessons cannot be prorated, and make-up lessons and refunds will not be offered. We do not offer credits, refunds, or make-ups for missed lessons due to inclement weather, school events, vacations, or illnesses.

Inclement Weather
The Weather Hotline 610-273-4050 will be updated when applicable. If you are scheduled for lessons, please call the Weather Hotline for updates and check your email before arriving to the pool if severe thunder, lightning, or winter weather is present in the area.

Community Rules
Registrants and guardians shall follow all pool policies and procedures set forth by Tel Hai Retirement Community, including but not limited to locker room rules, pool-deck rules, and parking restrictions. All activities, including the use of the pool, have inherent risks. Registrants and guardians assume all risks for the health and well-being related to and by participation in any and all Tel Hai activities. Registrants and guardians must waive, release, absolve, and agree to hold harmless the facility, or any other persons involved with Tel Hai upon registration.

Parent Responsibilities
Please enter our community using the “West Entrance.” Speed limit is 20 MPH. “Reserved” spaces are for residents only. Once parked, please use the “Health Suite” entrance and follow signs. Upon registration you will receive an access code to enter through the health suite doors. Please drop off participants on the pool deck entrance. Please use the bleachers for spectator seating to limit distractions to your swimmer.

Updated 9/30/2026